

JILALAN



SUNDAY 1ST OCTOBER – WANUNGARA FALLS - DAYWALK

**MONTHLY MAGAZINE OF THE
BRISBANE CATHOLIC BUSHWALKING CLUB**

ISSUE N° 636

ISSN: 1836-3121

SEPTEMBER 2023

AUGUST						
23	Wed	Colmslie to Sugar Wharf River #17	Greg		Stroll	
26	Sat	Noosa Trails	Terry		DW	
26-27	Sat-Sun	Hut Working Bee	Iain		BC	
30	Wed	Aspley H'mht to Alban Ck Roghan Rd #2	Greg		Stroll	
31	Thu	Paddington Estate Gardens Very Short Walk	Jeannette		Stroll	
31	Thu	Blue Moon at the Full Moon	Greg		Soc	
SEPTEMBER						
02	Sat	Perseverance Heights	Ken McC		DW	
06	Wed	Coffee Night @ Kafe Meze	Janet G	0419 466 373	Soc	
06	Wed	Mt Vane (Straddie) Wildflowers	Phil	0416 650 160	DW	M23
08-10	WE	Mt Ballow	Matt	0438 720 235	BC	L55
13	Wed	Woolloongabba Branch Line Rail #26	Greg	3351 4092	Stroll	S11
15	Fri	Drinks & Dinner @ Amaretto at Taringa	Sue T	0418 710 371	Soc	
16	Sat	The Archies - HOTA - 100 Years Archibalds	Phil	0416 650 160	Soc	
19	Tue	City Lunch @ Chez Nous	Greg	3351 4092	Soc	
20	Wed	Yeronga Stn to Roma St #2	Greg	3351 4092	Stroll	M11
23	Sat	Minnages Mountain	Iain	0401 429 085	DW	S45
27	Wed	Bethania to Beenleigh Rail #18	Greg	3351 4092	Stroll	S11
29-04	Fri-Wed	Green Gully (NSW) -	Matt	0438 720 235	TW	L55
OCTOBER						
01	Sun	Wanungara Falls	Greg	3351 4092	DW	XL25
01	Sun	O'Reilly's Track	Michele E	0418 708 638	DW	M22
04	Wed	Coffee Night @ Bella Julia Pizzeria	Cath M		Soc	
07	Sat	Somerset Trail	Liz	0414 252 003	DW	M33
08	Sun	Country Lunch @ Dayboro "by train"	Michele E	0418 708 638	Soc	
11	Wed	River #18 Sugar Wharf to Hemmant	Greg	3351 4092	Stroll	M11
14	Sat	Referendum	Anthony	02 6277 7700	Do It	
14	Sat	Little Mermaid Lookout	Khaleel		DW	M24
18	Wed	White's Hill Cct	Greg	3351 4092	Stroll	S23
19	Thu	Mt Coochin by Train	Michele J	0414 635 542	DW	S44
20	Fri	Drinks & Dinner @ The Normanby Hotel	Jan	0401 030 137	Soc	
21	Sat	Retreat	Antonia	0400 571 387	Spiritil	
25	Wed	The Gap – Enoggera Res to Bellbird Gr/Ross	Greg	3351 4092	Stroll	S33
28	Sat	Running Creek Falls	John C	0433 279 771	DW	L68
NOVEMBER						
01	Wed	Coffee Night	Russ	0427 743 534	Soc	
02	Thu	Mt Glorious	Jan	0401 030 137	DW	M22
03-08	WE	Vic Alps – Mt Howitt & Crosscut Saw	Phil	0416 650 160	TW	Var
05	Sat	Albert River Circuit			DW	
08	Wed	Daisy Hill – Buhot Ck	Greg	3351 4092	Stroll	
08-16	Thu-Fri	Great Ocean Road Walk Vic – 8-day walk	Russ	0427 743 534	AT	
11	Sat	Bike Ride West End, CBD, Toowong	Phil	0416 650 160	Soc	
15	Wed	Mt Coot-tha – Thea St to top to Kenmore Tvn	Greg	3351 4092	Stroll	
17	Fri	Drinks & Dinner	Jan	0401 030 137	Soc	
18	Sat	Araucaria Circuit			DW	
20	Mon	November Quarterly Meeting	Michele E	3351 4092	Meet	
20	Mon	Annual Photo Comp	Greg	3351 4092	Meet	
22	Wed	Rail #19 Roma St to Coorparoo Cleveland Ln	Greg	3351 4092	Stroll	
24	Fri	Dinner & Murder Mystery	Jan	0401 030 137	Soc	
25	Sat	Amity to Point Lookout – Stradbroke Is	Phil	0416 650 160	DW	M23
29	Wed	Kenmore to The Gap - Fleming Rd, Mt Coot-	Greg	3351 4092	Stroll	
DECEMBER						
02	Sat	Tamborine Mountain			DW	
06	Wed	Norman Park Stn to Bulimba Ferry	Greg	3351 4092	Stroll	
06	Wed	Broadwater Loop (& Wave Break Island)	Phil	0416 650 160	DW ^T	
09	Sat	Christmas Party	Jan	0401 030 137	Soc	
13	Wed	Western Ck #3	Greg	3351 4092	Stroll	
15	Fri	Drinks & Dinner	Jan	0401 030 137	Soc	
20	Wed	Sandy Ck, Springfield	Greg	3351 4092	Stroll	
27	Wed	River #19 Hemmant to Lytton	Greg	3351 4092	Stroll	

The Calendar is subject to change without notice.

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk

KEY – Walk Types

DW	Day Walk	BC	Base Camp
ON	Over Nighter	CW	City Walk
TW	Through Walk	SOC	Social
TRN	Training	SP	Spiritual Event
FMR	Federation Mountain Rescue	S&T	Safety & Training
SW	Social Walk	AT	Accommodated Trip

KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
Short Under 10km / day	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4 hours walking Or Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking Or Minor Hills
Medium 10-15km / day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	3 - Intermediate - Suitable for fit beginners. Up to 5 hours walking And/Or minor hills
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Intermediate - Suitable for fit beginners. Up to 5 hours walking. And/Or up to 300m gain/loss
Long 15-20 km per day	5 - Rough or rocky terrain with small climbs using hands or rock hopping	5 - Moderate - Up to 6 hours walking And/Or up to 450m gain/loss. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking And/Or up to 600m gain/loss. Agility required
Extra Long Over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	7 - High - Up to 8 hours walking And/Or up to 750m gain/loss. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required	8 - High - Up to 8 hours walking And/Or up to 1000m gain/loss. High fitness. Endurance and agility required
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	9 - Challenging - Up to 12 hours walking And/Or over 1000m gain/loss. Very high fitness. Endurance and agility required

Example: M48 is a Medium distance walk 10 to 15km long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

PRAYER

From your communion of love, the whole cosmos came into being and life sprung forth. On this Earth of overflowing love, the Word was made flesh and went forth proclaiming justice and peace for all CREATION.

Open our hearts to receive the living waters of Your justice and peace, and to share it with our suffering brothers and sisters, all creatures around us, and all CREATION.

Bless us to walk together with all people of good will so that the many streams of living waters may flow all over Earth, bringing restoration and hope.

Let us rejoice in this day You have made. Open our eyes to behold your presence and strengthen our lives, so justice and peace may flow for all of CREATION. Amen.

https://youtu.be/3Za26_pNNfw?feature=shared Season of Creation Prayer 2023 -Wheaton Franciscan Sisters: Water

ANNUAL PHOTO COMPETITION

MONDAY 20th NOVEMBER

At The November Meeting

At Little Kings Meeting Room, Buranda

This is the 9th modern photo competition of our Club.

The categories of the competition are –

1. Landscape this includes all the landscapes, waterscapes, mountains
2. Moods of nature sunrises, sunsets, storm and rain or misty days
3. Nature Close up plants, animals, birds, rocks, leaf litter etc.
4. People and faces portraiture & club character
5. Miscellaneous any photos that do not fit into any other category
6. Best overall awarded to the print deemed to be best overall by the invited judge
7. People's choice the best photo selected by the members.

The Competition Rules

- entry is open to Club members only,
- the photographs must be submitted in two formats,
 - o printed on paper and displayed at the December meeting and
 - o delivered electronically to bcbcjilalan@gmail.com by sunrise on 18th November, In the "Subject Line" show "Photo Comp" and your name - do not forget to make your photos a jpeg attachment with the category, title, Club event photographed and date.
- size - photograph must be able to fit on the front cover of the Annual Report (paper size A5). It may be submitted in a size up to A4 so long as the photograph can be reduced to a size suitable for publication,
- each person may enter 4 photographs per category,
- each photograph must be titled and have the owner's name marked on the back,
 - the photographs must be from a BCBC event (Name of event and date to be supplied). An *Event* is any activity that is officially Club business/on the Club calendar.
 - A *Club Event* does not include personal/non-Club group holidays, etc.
- photographs can be entered on the night of judging but no later than 7.30pm.
- there is no entry fee.
- there will be an overall winning photograph.
 - the winning photograph will go on the front cover of the next Annual Report, and the Peoples' Choice winning photograph will go on the back of the Annual Report.
 - the ownership of each photograph will remain that of the photographer but BCBC has permission to publish the photograph in any of its publications, print or electronic.

ABOUT WALKS

Trips leave from St Brigid's Car Park at 78 Musgrave Rd, Red Hill, unless otherwise advised.

Leaders are asked to print their own *Nomination Forms* and to consult the *Leaders' Guide* on the Club website. <https://bcbc.online/assets/Nomination.pdf>

Leaders Notes are at <https://bcbc.bwq.org.au/assets/leading.pdf>

Pre-Outings: Leaders are to ring Phil, Ph: 0416 650 160, to advise him details of it.

If **changes** are made to walks (date, location, cancelation etc.) leaders are asked to advise Phil Murray on Ph: 5522 9702.

Our Leaders: Our walk leaders only lead walks that are within their ability and experience but are not formally trained or qualified in bushcraft.

Visitors are required to do at least two walks, complete the Application Form and pay the relevant subs before the Committee considers their application for Club membership.

Nominations for walks are needed at least 3 days in advance to allow adequate time to make suitable arrangements such as carpooling.

LEADERS WITH VISITORS

When you get an enquiry about your walk, social or any other Club event from a non-member, please obtain the full name, address, phone numbers and especially the e-mail address. Then, please pass these on to both the Membership Officer, Jon Peake joncath@tpg.com.au, and the Editor, Greg Endicott, bcbcjilalan@gmail.com so we can include these new Visitors in our records.

We like all enquirers/Visitors to receive a response from Jon and a *Jilalan* or two from me; we cannot do this if you don't tell us their e-mail address. Thanks. Ed.

JILALAN PRINTING COST INCREASE

On the last invoice we received for printing the August *Jilalan*, the cost had doubled.

At this rate, we do need to be economical with our magazine. I will have to restrict the number of pages to 24 and refrain from going over this limit. This may mean some severe editing of articles. Please write what you have to, do full descriptions, but be concise. Stick to the facts of the event you are writing about and do not go off on a tangent. I want description and facts of your current walk, social, event or whatever. Thanks.

The Editor. .

COMING EVENTS



WEDNESDAY 13th SEPTEMBER WOOLLOONGABBA WHARVES BRANCH RAILWAY Rail #26 STROLL

Leader: Greg Endicott Ph: 3351 4092
Meet at: Park Road Railway Station PI 1 – on Gold Coast, Varsity Lakes, Cleveland, Cannon Hill, Beenleigh, Coopers Plains & City Lines

Time: 3:02pm
Bus: To the Boggo Road Busway Station, Stop ID 010796
Train or Bus: <https://jp.translink.com.au/>

Cost: Free
Grade: S11
Distance: 7.7km @ 2hr
Height: Max 39m; Min: 2m; Total Height: Gain: 78m; Loss: 84m
Location: Dutton Park, Woolloongabba, Mater Hill, Southbank, City
Home: From South Brisbane Station & Cultural Centre Busway Station
Web: <https://ourstory.moretonbay.qld.gov.au/nodes/view/38273> and zoom in to Woolloongabba

Emerg Off: Greg Ph: 0418 122 995 Bring this number with you

This is another of those historic rail lines that no longer exist – it was ripped up years ago when the wharves along the City Reach of the River were demolished to make way for Expo 88.

Thus, we will have to explore to find the original alignment. Easy enough, just look at the map. The route has been built on (including a freeway and an underground railway station is being built), so there will be a lot of going around, deviating and just using your imagination, There is even an old tunnel to try to locate.

Come along to discover and explore some of our young city's lost history.

FRIDAY 15th SEPTEMBER DRINKS AND DINNER SOCIAL

Contact: Sue Tobin Ph: 3366 3193
Where: Amaretto
Meet at: Ground Level, 32 Morrow St, Taringa, Cnr Morrow & Harrys Sts
Underneath Queensland X-Ray
Time: 4:30pm onwards.
Cost: Menu Prices
Web: <https://www.amaretto.net.au/>

This month we are heading to Taringa for Drinks and Dinner. Come by car, bus or train - all are available to visit Amaretto's. The car park underneath the building offers three hours of free parking; there is also limited free street parking. If you are catching the bus, Stop 19 Taringa is where you disembark with a short walk back to Amaretto's. If you are catching the train, disembark at the Taringa Station, which is just behind the café.

Established in 2018, the café aims to delight and impress foodies and families to an ever-changing menu, to suit not only palates and trends but also to echo the seasons. There is a variety of dishes available with blackboard specials on offer.

Join me on a Friday afternoon in Spring. We will probably be ordering meals around 5:30pm to enable us to have an early evening. Everyone is welcome to come along to a friendly and relaxed meal in Taringa.
Sue.

SATURDAY 16th SEPTEMBER "THE ARCHIES" 100 YEARS OF THE ARCHIBALD PRIZE SOCIAL Art, Culture and Political History

Co-ordinator: Phil Murray Ph: 0416 650 160
Meet at: St Brigid's carpark, Red Hill
Time: 7:30am
Venue: Gold Coast Art Gallery (HOTA), 135 Bundall Rd, Surfers Paradise
Cost: Car travel: \$20
Ticket price: \$18
Web: <https://hota.com.au/>
<https://hota.com.au/news/hota-gallery-celebrates-australias-iconic-portrait-award>
RSVP: Monday 11th September

Please nominate by Monday 11th September as we will probably need to purchase tickets on-line early in the week and also to book our viewing times as it seems the exhibit is very popular.

This exhibition is at the Gold Coast Art Gallery now called Home of the Arts, or HOTA for short. This social is a bit of art, culture and political history.

The Archibald Prize is an Australian competition for portrait painting, generally seen as the most prestigious portrait prize in Australia. It was first awarded in 1921 after the receipt of a bequest from J. F. Archibald, the editor of The Bulletin who died in 1919. All the news services provide an item about the winners each year. (I don't think any other art prize attracts this type of media attention.)

This is a chance to see most of the winners of the last 100 years. The Archibald Prize has been awarded annually since 1921 (with two exceptions) and since July 2015 the prize has been \$100,000.

Most of us rarely go to an Art Gallery but make an exception for this exhibition as it provides a lovely glimpse into art history but, more importantly, a glimpse into societies attitudes and beliefs.

The prize has attracted a lot of controversy and several court cases. The most famous was in 1943, when William Dobell's winning painting, *Mr Joshua Smith*, a portrait of a fellow artist, was challenged because of claims it was a caricature rather than a portrait. Another controversy was a clear example of misogyny back in the 1930's . Max Meldrum criticised the 1938 winner, Nora Heysen, saying that women could not be expected to paint as well as men. Heysen was the first woman to win the Prize, with a portrait of Madame Elink Schuurman, the wife of the Consul General for the Netherlands. Such misogynistic comments defy belief but a commentator said that back in the 1930's.

We will drive down to the HOTA gallery, look at the exhibition for a few hours, have lunch and, for those interested, make a quick trip to the Gold Coast Botanical Gardens for about an hour before heading back early to Brisbane.

Back in the 1960's, a studio group called *The Archies* had a hit with the song. *Sugar, Sugar*. Phil

TUESDAY 19th SEPTEMBER CITY LUNCH SOCIAL



Leader: Greg Endicott Ph: 3351 4092
Meet at: Chez Nous Café
Where: 160 Roma St, cnr Makerston St (below “Abbey on Roma” Apartments).
Time: 12 Noon
Cost: Free – Just pay for your own food from the bain-marie or freshly cooked
Location: Opposite Roma Street Station and ample bus stops in Roma St outside
Web: <https://www.cheznouscafe.com.au>
Emerg Off: Greg Ph: 0418 122 995 **Bring This Number With You**

Don't go out to evening Socials? Don't drive at night? Trains home too late? How about coming to a daylight social and meal for once – a Coffee Night in daylight. For this occasion, why not have a spouse, a friend, sibling, child come with you to make the experience more enjoyable.

Chez Nous is conveniently located opposite Roma Street Station (ground floor of the *Abbey on Roma* Apartments). It is an ideal location for catchups with friends or just a great spot to enjoy a cup of coffee whilst watching the hustle and bustle go by.

We have been here before and enjoyed its convenience, location and good food at reasonable prices.

“Good old-fashioned service, nice coffee and excellent food that represents great value-for-money” – this is the sort of feedback we love to receive from our loyal and valued customers.

The cafe provides a great variety of lunch options. Choose from our popular gourmet sandwiches or hot food that will guarantee to make your mouth water.

So, whether you are wanting a quick coffee, fast lunch option or leisurely dine-in meal, Chez Nous caters to everyone.

WEDNESDAY 20th SEPTEMBER YERONGA STATION to ROMA STREET STATION STROLL

Leader: Greg Endicott Ph: 3351 4092
Meet at: Yeronga Station – on Beenleigh Line
Time: 3pm @ Yeronga

Train: 2.37pm Beenleigh Train Pl 4 at Roma Street Station
Cost: Free
Grade: M11
Distance: 11km @ 3hr
Height: Max 38m; Min: 5m; Total Height: Gain: 111m; Loss: 106m
Location: Yeronga, Dutton Park, Buranda, Woolloongabba, South Brisbane, City
Web: <https://www.google.com.au/maps/@-27.4871799,153.0244264,14z?hl=en&entry=ttu>
Emerg Off: Greg Ph: 0418 122 995 Bring this number with you

This Stroll is not a repeat of any precious *Yeronga to The City*. It is all brand new.

You will be Strolling through parklands, easements, along bikeways, across bridges, along sneaky paths, and more. It may seem a bit long, however it is over easy ground so you can go fast. Hopefully, this time, there will be no blocked paths due to construction or bike-only entrances. There are even a few suburban streets.

Come along with me to see some hidden parts of your City.

SATURDAY 23rd SEPTEMBER MINNAGES MOUNTAIN DAYWALK

Leader: Iain Renton Ph: 0401 429 085
Meet at: St Brigid's, Red Hill
Time: 7am
Cost: \$25
Grade: S45
Location: Between Boonah & Rathdowney south west of Brisbane
Web: <https://mapcarta.com/28681716>
Emerg Off: Greg Endicott Ph: 3351 4092

Minnages Mountain is a 1013m peak on a ridge running west from the Ballow Massif. It is in a wild and beautiful corner of South-East Queensland that is a bit out of the way.

We will be climbing the western ridge which is long and relatively straightforward. Our route will take us through open eucalypt woodland but near the top we will go through a dense patch of rainforest. The summit is open and grassy with great views across to the peaks of the Ballow Massif. We will probably go down a different route (I have yet to do the pre-outing).

It is an off-track walk with a rather steep descent but is within the capabilities of most fit walkers. It is quite a few years since I did this walk, but I remember it as a very attractive walk.

WEDNESDAY 27th SEPTEMBER BETHANIA to BEENLEIGH Rail #18 – The End of *The Beenleigh Line Series* STROLL

Leader: Greg Endicott Ph: 3351 4092
Meet at: Bethania Station – on Beenleigh Line
Time: 3:03pm @ Bethania
Train: 2:07pm Beenleigh Train Pl 4 at Roma Street Station
Cost: Free
Grade: S11
Distance: 8.7km @ 2hr
Height: Max 23m; Min: 4m; Total Height: Gain: 40m; Loss: 45m
Sun: Set: 5:45pm; Twilight ends: 6:08pm
Tides: Low: 5:01pm @ 0.32m
Location: Bethania, Edens Landing, Holmview, Beenleigh
Home: Trains to Roma St @ 5:41pm & 6:11pm – Gold Coast/Brisbane Express
Web: <https://www.openstreetmap.org/#map=15/-27.7044/153.1794>
Emerg Off: Greg Ph: 0418 122 995 Bring this number with you

This is our last Stroll along the Beenleigh Line, taking 7 Strolls to get there from Roma Street Station. Yippee, another Line completed. Unless I decide to Stroll all the way to Varsity Lakes!!!! Or follow the old Beaudesert & Canungra Branch Lines or the old Southport Branch Line from Ernest Junction (with its tunnel), as far as possible – but those are probably Daywalk territory.

This is a remarkably short Stroll (provided all my tracks in fact exist), mainly over paths and bikeways with not much street walking. There is a lot of bush along the way. Go past historic churches, schools, playing fields, new suburbs, parks & gardens, train stations, industrial estates, under mighty bridges, through a town centre, even a river to be seen, and more things I cannot, at the moment, think of.

Come along with us to see our joy at completing another Series of Strolls,
No experience required,
First-timers very welcome.
Join us to get the feeling of what Strolling is all about.

FRI SEPT 29th to WED OCT 4th GREEN GULLY THROUGHWALK

Leader: Matt Palmer Ph: 0438 720 235
Meet at: TBA
Time: Friday morning TBA
Cost: \$300 plus petrol
Grade: L55. Four days of walking and two days of driving
Location: Oxley Wild Rivers NP
Web: <https://www.google.com.au/maps/@-31.0916329,151.9623057,27788m/data=!3m1!1e3?hl=en&entry=ttu>
Emerg Off: Kerry Mulligan Ph: 0421 022 250

Your Green Gully Track takes you deep into the Apsley-Macleay Gorges in Oxley Wild Rivers National Park.

The four days and five nights will bring different challenges and experiences. From awe inspiring ridge top views and towering rock outcrops bouncing with endangered Brush-tailed Rock-wallabies, to fern lined gullies and crystal-clear mountain streams, Green Gully has it all.

We will have each hut to ourselves and may only cross paths with other walkers on the first and last days. The track is a great wilderness experience.

The Green Gully Track is unique in the range of walking experiences on offer. There are no formed walking tracks - the entire track is along management trails, creeks or ridgelines. Days one and four are along four-wheel drive management trails, day two provides opportunities for off-track walking and some navigation skills, while day three is all about water, rock hopping and picking your way through Green Gully gorge.

Day 1 - Cedar Creek To Birds Nest Hut 17km

Your first day is spent walking along a long ridge that separates Green Gully Creek gorge from Kunderang Brook valley. Walking conditions and navigation are relatively easy, as you are walking on a management trail used by National Parks staff to manage the park.

Day one provides a glimpse of what is to come - lots of short, steep climbs and descents with glimpses of spectacular views through tall timber. Birds Nest Hut is located on the banks of Brumby Creek, which you will cross again at the end of day two. Confusingly, you will cross Birds Nest Creek on your last day as you climb out of the gorge. Birds Nest Hut is so named as the general locality is known as Birds Nest, rather than being named after the creek it is next to.

Day 2 - Birds Nest Hut To Green Gully Hut 15km

A relatively easy climb in the morning to the highest point on the track at Birds Nest Trig is balanced by a descent in the afternoon.

Lunch is spent on top of The Rocks, gazing at the walk that awaits along the floor of Green Gully gorge on day three. As you start the descent, we'll stay on top of the ridge.

When you reach the bottom, there are seven creek crossings before you reach Green Gully Hut. We will keep an eye out for Brush-tailed Rock-wallabies watching from the clefts in the rocks as you approach Brumby Pass, where two imposing cliff faces almost meet.

Day 3 - Green Gully Hut To Colwells Hut 13.5km

Time for wet feet, as the track crosses Green Gully Creek at least 35 times today. The amount of water in Green Gully Creek is constantly changing, so conditions can vary enormously. If the first few crossings are over waist deep, we will retrace our steps to Green Gully Hut and walk back up the hill to the junction of The Rocks Trail and Birds Nest Link Trail, then to Colwells Hut.

This section of the walk is nothing short of stunning. You feel like you are in a lost world, hemmed in by impossibly steep slopes. Green Gully Canyon can feel like an impassable obstacle, but there is a narrow gravel bank to provide safe passage before clambering up the rocks. As the creek cascades through many rocky passages, photographic opportunities abound.

Day 4 - Colwells Hut To Cedar Creek 17.5km

Last day on the track. The trail climbs over 600m in the first 3km and has beautiful views over pockets of World Heritage status Gondwana relic dry rainforest. We again cross over Birds Nest Creek which is home to endangered Stuttering Barred Frogs.

Upon reaching Kunderang Trail, we repeat the first 10 kilometres of management trail from the first day. That night is in comparative luxury of Cedar Creek lodge - a hot shower, huge deck, gas barbecue, comfy lounges, thick mattresses, a flushing toilet, and warm fire beckons.

The last day will be taken up driving back to Brisbane with a lunch spot in between.

One of the great parts of this walk is no need to bring tents, mattresses or cooking gear. You can read about someone else's trip here <https://lotsafreshair.com/green-gully-track-trip-report-part-1/>

The walk is only open to six and most spots are taken so please call to put your name on the waiting list.
Matt Palmer

SUNDAY 1st OCTOBER WANUNGARA FALLS O'Reilly's - Border Track Area DAYWALK



Leader: Greg Endicott Ph: 3351 4092
Meet at: St Brigid's Red Hill Carpark (No Coffee at Canungra)
Time: 6.30am
Alternate: 8:30am in the O'Reilly's Carpark
Cost: \$25
Grade: XL25 – about 8hrs walking
Distance: 23.6km @ 7hr without stops – longer than this with breaks
Height: Max 1197m; Min: 910m; Total Height: Gain: 563m; Loss: 569m
Sun: Set @ 5:47pm Twilight End @ 6:11pm
Location: Lamington National Park, O'Reilly's, The Border Track
Web: https://www.alltrails.com/explore?b_tl_lat=-28.24337524343421&b_tl_lng=153.16893294834523&b_br_lat=-28.250964543485644&b_br_lng=153.18513911705537&mobileMap=true

Emerg Off: Antonia S Ph: 0400 571 387

Bring This Number With You

And the good news is: there is a graded track all the way from the O'Reilly's carpark to The Falls.

The bad news is: the first 10.5km of Border Track is rough in places with rocks exposed, some tree roots, the occasional puddle, and then the 0.7km from the Border Track to The Falls has 3 tree falls, 2 land slips, regrowth, one or two washouts and occasional vines; however, not even one creek crossing from start to finish. Otherwise, all good.

I just love rainforest – deep green vegetation with trees of all shapes & sizes: tall palms, short palms, rough tree ferns, smooth tree ferns, Antarctic Beech with all number of trunks, buttress-rooted trees, little ferns & bracken. All the time, sunlight is filtering through the canopy scattering its light across the forest floor, creating light & shade in infinite patterns. And then there are the drops of water clinging to the leaves with light shimmering through them and reflecting off the leaves. Rainforest is wonderful to see, experience, walk through, admire, appreciate, etc.

Our Falls are on the left branch of Canungra Creek, right up at its headwaters. The tracking app on my phone shows not only a map of the route taken, but also graphs of height, speed and slope. Slope is the steepness of the ups & downs for each step taken along the way. Normally, it is jagged; wildly graphing up or down steeply. For the pre-outing of this walk, it was almost flat-lined – showing no major or sudden climbs or descents. The walk is essentially flat – it goes up very gradually, then down very gradually. No surprise hills.

We shall scoot along the 6.75km slightly uphill portion of the Border Track and the 4.75km slightly downhill portion thereafter along the escarpment to get to The Turnoff to Wanungara Falls. This scooting will not be at breakneck speed, just constant walking. The next 0.7km from the Border Track to The Falls is interesting – it is easy to find the old neglected graded track and to follow it; however, the walking is slower because of the obstacles we have to negotiate – mainly treefalls, some scunge, minor track erosion and the regrowth in the middle of the track. It is pretty in this rainforest; close up & personal; the forest along the Border Track to this point is pretty as well, but not as varied and close-up.

It will be a loooong day with some fast walking to get to our objective. It will be tiring. But it is worth it. This is within the capabilities of any average walker. Long & fast is the only problem. NO coffee at Canungra on the way up, and no stopping at lookouts on the drive in. And minimal stops at the lookouts on the escarpment – time & speed are of the essence. I do not want to be walking at 6pm.

The way back is the reverse of the way out. Be prepared to finish on dark – bring a good torch with good battery life.

I do not think the Club has ever been here before; the track has been “lost” for over 30 years. Come with me on this adventure, with a capital “a” on this once-in-a-lifetime walk.

However, If you get tired along the Border Track, there is the possibility you can stay at The Turnoff to the Creek & Falls, and then slowly make your way back to Wanungara Lookout, have lunch and wait for the Falls Party to come back, so we can walk back to O'Reilly's Guesthouse together.

SUNDAY 1st OCTOBER
M^t BITHONGABEL LOOKOUT
O'Reilly's - Border Track Area
DAYWALK



Leader: Michele Endicott Ph: 3351 4092
Meet at: St Brigid's Red Hill Carpark
Time: 6.30am
Alternate: 8:30am in the O'Reilly's Carpark
Cost: \$25
Grade: M22
Location: Lamington National Park, O'Reilly's, The Border Track
Web: https://parks.des.qld.gov.au/data/assets/pdf_file/0022/160825/lamington-green-mts-map.pdf
Emerg Off: Antonia S Ph: 0400 571 387 **Bring This Number With You**

This is the shorter version of the Border Track Walk above - an alternative Lamington/O'Reilly's Walk for those who can't manage the long distance to The Falls and/or those who do not want to walk so far these days. We're trying to cater for all capabilities and preferences, so all can enjoy the bush.

Like Greg, I love rainforest – all those things he wrote about so eloquently in the “I just love rainforest” part of his Wanungara Falls article above. I, too, believe “Rainforest is wonderful to see, experience, walk through, admire, appreciate” and I think these wellbeing effects should be available to ALL our members, even if some now have various physical limitations. So, if you're not as fit or fast as you used to be, that's not a problem. Come along with me for a delightful unhurried daywalk in the rainforest.

We'll all leave Brisbane together, regroup at O'Reillys carpark, then split into two walking parties. Our group will set out on the Border Track, following in the footsteps of the Wanungara Falls walkers. However, they will soon move on, out of sight, while our party will walk as far and as fast as we want to. The aim is to get to Mt Bithongabel and back, a total of 12.5km. However, there is also the option to walk only as far as the Albert River Circuit (Echo Point) turnoff (5.5km) and retrace our steps.

As Greg explained in his article, the Border Track out that way is almost flat – no major or sudden climbs or descents. The track goes up and down very gradually - no surprise hills along the way – just enough variation in height to notice some changes in the vegetation, as we move from sub-tropical to temperate forest. We'll also see good examples of Antarctic Beech growing in the area around Mt Bithongabel. There are two Lookouts, Bithongabel and Toolona, which afford views along the Macpherson Range to Mt Throakban – also to Mt Warning and Murwillumbah.

On the way back and nearer to O'Reilly's, my group will take the Boardwalk turnoff to the Botanic Gardens and the Treetops Walk. After that, most of us will rest at O'Reilly's and await the return of the Wanungara Daywalkers. If some of my party is in vehicles not including The Wanungara Walkers amongst the passengers, they could head off home when they're ready.

Bring the usual daywalk items, plus repellent for leeches and maybe a post-walk snack and cuppa (in a flask), as the O'Reilly's Mountain Café closes at 4pm and we might need something after that, while we're waiting for the rest of our travel party to return from Wanungara Falls. Nominate now!

WEDNESDAY 4th OCTOBER COFFEE NIGHT SOCIAL

Leader: Catherine Morahan Ph: 0402 064 741 or joncath@tpg.com.au
Meet at: Bella Julia Pizzeria, 50 Frasers Road Ashgrove
Time: 6:00pm
Web: <https://www.bellajulia.com.au/>
RSVP: Monday 2nd October by 4:00pm

Bella Julia is Ashgrove's latest restaurant, tucked away in a small shopping precinct on Frasers Road.

We will be dining al fresco in the rustic, candlelight courtyard. The home style cook serves delicious pasta dishes and pizza, using a sourdough base (prices range from \$25 - \$30).

Traditional Italian desserts, tiramisu, calzoncino and castagnole, are also on offer to tempt us.

There is ample street parking with easy accessibility. An easement down the left side of the shops leads to a parking area adjacent to Dorrington Park, a familiar spot for those who attended Pat's birthday celebrations a few years ago.

The restaurant is licensed and will accept separate payments from diners.

**SATURDAY 7th OCTOBER
SOMERSET TRAIL
(Mt Mee)
DAYWALK**



Leader: Liz Little
Meet at: St Brigid's, Red Hill.
Time:
Grade: M33
Cost:
Location: North of Brisbane between Dayboro and Woodford
Distance: 13km
Web: <https://www.trailhiking.com.au/somerset-trail/>
Emerg Off:

The Somerset Trail is a lovely walk up near Mt Mee. The Trail is within the D'Aguilar National Park. The terrain is gently undulating but there are no huge up-hill sections. The walk is a loop, a mix of graded track and gentle bush tracks. The vegetation is a mix of rainforest, woodland and tall eucalypt forest with a small patch of montane heath. We start the walk at the Gantry Picnic Area.

It is a lovely part of the world with a nice view from Somerset Lookout.
Bring the usual daywalk gear.

<https://parks.des.qld.gov.au/parks/daguilar/journeys/somerset-trail>

**SUNDAY 8th OCTOBER
COUNTRY LUNCH ("by train")
DAYBORO CROWN HOTEL
SOCIAL**



Leader: Michele Endicott Ph: 0418 708 638
Where: Crown Hotel, 1 McKenzie St, Dayboro, cnr McKenzie, Bradley & William Sts
Time: 11.30am -2:00pm (The pub restaurant's Sunday opening hours)
Train Option: 11:00am Ferny Grove Station Concourse, Conavalla St side – for shared transport.
Catch 10:22am train from Roma Street Stn. Arr. Ferny Grove 10:57am. 1st Carriage
Cost: Meals from \$15 - \$29. Steaks cost more. All Mains served with salad & chips.
Web: <https://www.crownhoteldayboro.com.au/>
RSVP: Please nominate by Wed 4th Oct, so an accurate table booking can be made.

Our Sunday outing in the country for this second half of the year will be a drive rather than a train trip, as the railway line to Dayboro was unfortunately closed in 1955. It is traditional with our Country Lunch to catch a train to the hotel for comfort and the experience. If you would like to make at least part of your Sunday trip into the country by train, you could catch a modern electric train from the City to the end of the line at Ferny Grove and I could arrange car transport for you from there. It's then just a pleasant 24-minute drive from Ferny Grove to Dayboro, via Samford Village.

Dayboro's Crown Hotel is a classic old Queensland pub, established 1913. It's easily recognisable on the left-hand side of the road as you arrive in Dayboro from Samford, just at the point where Route 22 turns sharp right and heads to Petrie. Two century-old fig trees frame the pub's iconic verandah. We can have our lunch on this famous verandah, inside the pub or out the back in their beautiful beer garden. There's a varied menu prepared by their chef, Nicky, originally from Fiji, who prides himself on his commitment to "source fresh and local produce on a daily basis, supporting our local farmers".



A Steam Train at Dayboro Station
Those carriages were still in use in 1980.

It should be yet another very pleasant Country Lunch on a Sunday in Spring.

Please nominate straight away and let me know if you need – or can help with – transport from Ferny Grove Station to Dayboro.
Michele

WEDNESDAY 11th OCTOBER
MURARRIE to HEMMANT
River #18
STROLL

Leader: Greg Endicott Ph: 3351 4092
Meet at: Murarrie Station, 122 Murarrie Rd; Stop ID: 600259.
Time: 2.20pm @ Roma Street Rail Station, PI 5
Start at: 2:45pm @ Platform 1, Murarrie Rail Station – 3rd Carriage
Cost: Free
Grade: M11
Distance: 14km @ 3½hr
Height: Max 36m; Min: 2m; Total Height: Gain: 90m; Loss: 94m
Sun: Set @ 5:52pm Twilight End @ 6:15pm
Location: Murarrie, Mingoola Park, Metroplex, Gibson Is, Hemmant
Home: Train from Hemmant Station (Yes, there is one.)
5:54pm, 6:09pm, 6:24pm, 6:39pm

Web: <https://www.openstreetmap.org/#map=15/-27.4490/153.1184>

Emerg Off: Greg Ph: 0418 122 995 **Bring This Number With You**

Strolls are simple and easy – just turn up at the designated place at the correct time. There is no need to nominate. Anyone can do a Stroll. It is mainly the communal experience people come for and not just the Strolling. Just try it once.

Your Stroll this week is the continuation of the *River Series* – going from the Bay on the north bank at Cribb Island up stream as far as we could (Pinjarra Hills), and then cross the River (Riverview) and Stroll downstream on the south bank back to the Bay at the Port of Brisbane. This is #18 and we finish at the Port of Brisbane at #21. Thus, we are almost finished this Series, only 3 others to go.

This day, you will start where you finished in August. You will hot-foot it to the River at Queensport Rocks, look at what was the most modern Queensland Newspapers printworks, go deep into Metroplex, Stroll under the Gateway & the Sir Leo Hielscher Bridges, see the River close-up, spy on the factories and chemical works on Gibson Island, look at the ship building & repair facilities and finally check-out a container park. All very interesting.

Come with me to experience the aquatic lifestyle and interesting sights of the lower Brisbane River – you'll probably discover that you never believed such things existed.

SATURDAY 14th OCTOBER REFERENDUM VOTING

Leader: Each and all of us

Time: 8am to 6pm

Cost: Free

Grade: S11

Location: At a school near you

Web: <https://aec.gov.au/referendums/>

Find a Polling Station

<https://aec.gov.au/referendums/vote/find-my-polling-place.html>

What is a Referendum?

<https://aec.gov.au/referendums/>

Early Voting

<https://aec.gov.au/referendums/vote/vote-in-person.html>

The wording:

<https://aec.gov.au/referendums/learn/the-question.html>

Update my Details

<https://www.aec.gov.au/enrol/update-my-details.htm>

This is an opportunity to fulfil your democratic right and rite. Go along to your local polling station to cast your vote. Stay around for a democracy-sausage and cold drink, to make it a social occasion.

If you are going on the Club walk this day, remember to cast your vote early – pre-polling / early voting. That way, you can enjoy the walk with peace of mind.

SATURDAY 14th OCTOBER LITTLE MERMAID MOUNTAIN DAYWALK

Leader: Khaleel Petrus Ph: 0413 314 443

Meet at: St Brigid's Car Park

Time: 7:00am

Cost: \$15 (carpool) \$2 (private)

Grade: M24

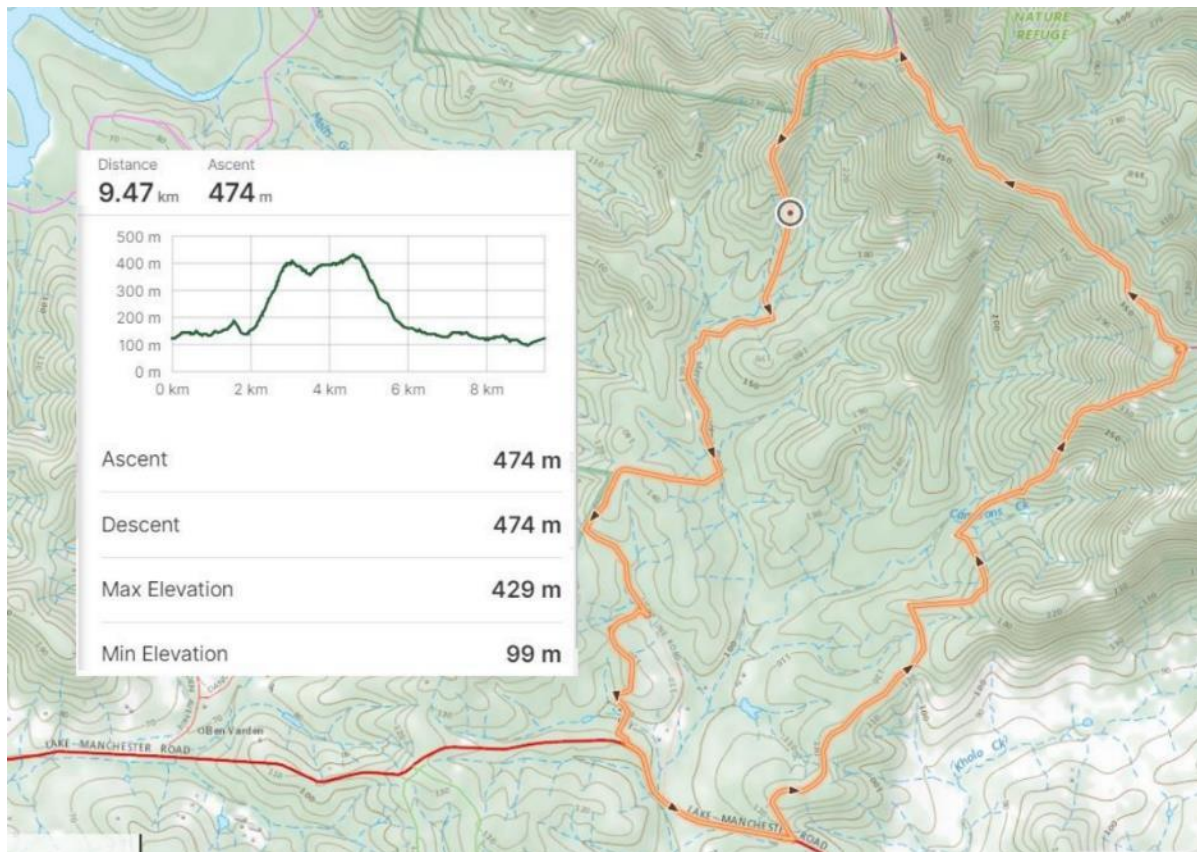
Distance: 9.5km

Location: Kholo

Web: <https://www.gaiagps.com/map/?loc=13.6/152.8013/-27.4875&layer=QTopoMapService>

Emerg. Off: Phil Murray Ph: 0416 650 160

It is a 40-minute drive from Red Hill to the start of the walk. We will do anticlockwise circuit starting at Lake Manchester Rd on a well identified track. First 2km has some undulations of 50m at the most. The following 1km is fairly steep ascend of about 250m to the beautiful lookout at Little Mermaid; here we will have good stop to enjoy the spot then will have our morning tea. The scenes of Lake Manchester, Ipswich and the Scenic Rim are just stunning. This is followed by 1.5km easy ascent towards Mermaid Mountain on fire trail. Then we turn right and descend 1.6km towards Lake Manchester Rd, where we turn right to get to our cars at the starting point. Khaleel



WEDNESDAY 18th OCTOBER WHITE'S HILL CIRCUIT STROLL

Leader: Greg Endicott Ph: 3351 4092

Meet at: Cavendish Rd High School Stop 41, cnr Opal St, Holland Park; Stop ID: 002433 (Put the 6 digit Stop ID into Journey Planner in the Bus Stop enquiry area)

Time: 3:45pm at Stop 41

Bus: 3:20pm @ Queen Street Bus Station, Stop 3a, Route 180 Garden City
Car Parking in Boundary Rd beside the Council Depot

Cost: Free

Grade: S23

Distance: 8km @ 2½hr

Height: Max 100m; Min: 30m; Total Height: Gain: 180m; Loss: 191m – All those little ups & downs added together

Sun: Set @ 5:56pm Twilight End @ 6:20pm

Location: Holland Park, Whites Hill, Camp Hill

Home: Bus from Cavendish Rd at Pine Mountain, Stop 52; Stop ID: 006529
6:07pm; 6:14; 6:22; 6:30; 6:45; 6:55pm

Web: <https://www.openstreetmap.org/#map=16/-27.5145/153.0823>

Emerg Off: Greg Ph: 0418 122 995 Bring This Number With You

You may have done one or several Whites Hill Strolls before; however, they are all different – it is a big park with many, many tracks. We are attempting to Stroll them all over a number of years.

This Stroll will be touching the edges of the reserve, while still managing to go up the 2 hills in the centre of it Try to find *White's Kiosk* on top? The track will be undulating with some hills and declines. The whole time should be on Council tracks, with the occasional improvement of a wooden bridge. There are great uninterrupted views over the south and south-west from the top – just as the sun is setting over in the west – great low light creeping into the scene with that red glow along the horizon.

The earth could be a bit eroded underfoot with minor obstacles along the way – in some places loose gravel underfoot. The Council keeps on closing tracks for regeneration, so there could be some improvisation along the way.

Come along with me and bring your camera for a good Stroll out in the bush.

**THURSDAY 19th OCTOBER
M^t COOCHIN by TRAIN
DAYWALK**



Leader: Michele Johns Ph: 0414 635 542
Meet at: On the Train to Beerwah 3rd Carriage
7.03am Nambour Train from Roma Street Station.
Check Timetable for other starting points or meet at Beerwah.
<https://jp.translink.com.au/>

Cost: \$2 + Train Fares

Grading: S44

Web: <https://www.weekendnotes.com/twin-peaks-mt-coochin-glass-house-mountains/>

Location: Glasshouse-Mountains

Emerg Off: Graham Glasse Ph: 3371 9623

The twin peaks of Mt Coochin are the most northerly of the Glasshouse Mountains. At only 235m, they are a relatively short climb; however, providing the best views of the other mountains in the area.

From Beerwah Station, it is a short 3km walk along roads and through easements to the start of the climb. We will take a steep rough track up the eastern slope of the east peak to the summit where there are great views and plenty of shade while enjoying morning tea.

After a break, the party will make its way down to the saddle following a rocky ridge and up again to the west peak. The climb up is very short and here we will have more views north, south, east and west. We will descend the western slope till we meet up with a fire trail which circles around the peaks until we return to the start of the climb. We will then return to central Beerwah.

There should be plenty of time to have lunch in Beerwah before catching the 2.11pm train home.

This walk is suitable for beginners who want to test their skills ascending and descending rocky slopes. The club doesn't often walk in this area, so come and join me for this classic walk close to Brisbane. Bring the usual day walk requirements, including at least 2 ltr of water. Michele Johns

**FRIDAY 20th OCTOBER
DRINKS AND DINNER
NORMANBY HOTEL**

SOCIAL



Leader: Jan Nelson Ph: 0401 030 137
Where: Normanby Hotel, 1 Musgrave Rd Red Hill
Time: 4.30pm onwards
Cost: Meals from \$18
Web: <https://thenormanby.com.au/>

With the sporting events at Suncorp Stadium having come to an end for the season, it is a great time to visit the Normanby Hotel.

This hotel was established in 1890. It underwent a major refurbishment in 2022 but has retained its character and it has a number of separate indoor dining areas.

The menu is extensive with something to please everybody and with very reasonable prices.

The hotel is very close to the Normanby Bus Station or there is parking available (Entry is at 34 Kelvin Grove Rd).

Come along and join us at this fabulous old hotel.

SATURDAY 21st OCTOBER CLUB RETREAT

(Day of personal spiritual reflection for all)

Leader: Antonia Simpson Ph: 0400 571 387 or antoni12@bigpond.com
Theme: 70 times 7 – Caring for Community
Meet at: St Anne's Church and Hall, 127 Nelson St, Kalinga
Time: 8.30am to 12 noon.
Cost: \$10 - Parking is free. Morning tea provided.
Bring: Hat and water bottle, as some short sessions will be outside.
RSVP: By 8pm, Wednesday 18th October – or preferably sooner
(Please put "Club Retreat" in the email Subject line.)
Web: <https://www.google.com.au/maps/@-27.4093362,153.0445256,18z?hl=en&entry=ttu>
Emerg Off: Michele Ph: 0418 708 638

Although, as bushwalkers, we often spend time away from busy city life and in awe of God's creation, the annual Club Retreat gives us an opportunity to spend some time reflecting in the quiet of our inner environment: on our relationship with God and with each other. Love and mercy are at the basis of God's relationship with us. Just as we feel great peace when we are reconciled with God, our hearts are filled with peace through reconciling with each other and with all of God's creation. There will be time for listening, meditation and prayer. Perhaps it will be like Spring cleaning for our spirits.

For an optional lunch together afterwards, a booking will be made at the Kedron Park Hotel just one kilometre from St Anne's, on the corner of Lutwyche and Kedron Park Roads. There is plenty of parking off the Lutwyche Road entrance. A booking will be made for lunch at 12.15pm.

Let me know if you would like to be included in the booking for lunch. We can car pool from St Anne's to the hotel for those who are coming via public transport. And the Kedron Brook Bus Station is straight over the pedestrian crossing from the Hotel.

Please mark the Retreat date in your diary now!

SUNDAY 22nd OCTOBER

LET'S WALK FOR MENTAL HEALTH COMMUNITY

Co-Ordinator: Mental Health Foundation Australia
Time: 10:30am
Where: See Web Site
Web: <https://walkformentalhealth.mhfa.org.au/the-event>
<https://walkformentalhealth.mhfa.org.au/BrisbaneWalk>
<https://raisely-images.imgix.net/walk-for-mental-health/uploads/brisbane-walk-square-jpg-d2ca48.jpg>

Mental Health Foundation Australia's *Annual National Walk for Mental Health* is being held on the 22nd October at 10:30am in each state and territory of Australia. Our walks are the perfect opportunity for the community to come together to raise awareness and advocate for mental health.

Signing up for the in-person walk is simple, visit the 'Sign Up' page, select the nearest *in-person challenge* and *register* for the in-person Walk event as well. You can create and customize your walk profile, write blogs, create your team and invite others to join in.

Register for the Walk event!

<https://walkformentalhealth.mhfa.org.au/BrisbaneWalk>

Learn how to sign up:

<https://click.mlsend2.com/link/c/YT0yMjgyNTM2NzI5ODA4MjEzMTE0JmM9YjR0NSZIPTM1NjEzMTczJmI9MTE4OTk2MzgyMiZkPXM0eDR3MmQ=.Iq2ASAeNWKavK-7I0DmmGuBQd0hCYHIIYiuollze65M>

At the Mental Health Foundation Australia, we are committed to making a positive impact on the mental health and wellbeing of individuals across Australia. Your generous contribution can help us make a real difference and will us help deliver mental health education and mental health support services to multicultural communities.

Mental Health Foundation Australia
G1, 10 Yarra Street, South Yarra, VIC 3141
admin@mhfa.org.au Ph: 1300 643 287

WEDNESDAY 25th OCTOBER ENOGGERA RESERVOIR to BELLBIRD GROVE STROLL

Leader: Greg Endicott Ph: 3351 4092
Meet at: Park & Ride, The Gap Bus Station at Enoggera Reservoir, 1358 Waterworks Rd; Stop ID: 009990
Time: 2:45pm @ The Reservoir
Bus: 2:19pm @ King George Square Bus Station, 1c, Route 385 The Gap.
OR 2:21pm at Roma Street Busway Station.
Cost: Free
Grade: S33
Distance: 6km @ 2hr
Height: Max 245m; Min: 73; Total Height: Gain: 217m Loss: 181m – All those little ups & downs added together
Sun: Set @ 5:55pm Twilight End @ 6:18pm
Location: The Gap, Enoggera Reservoir, Bellbird Grove
Car Shuffle: At the start to take cars to Bellbird Grove and at the end in reverse – 13km @ 25min return.
Home: Bus from The Gap Bus Station at Enoggera Reservoir
Web: <https://www.openstreetmap.org/#map=15/-27.4365/152.9096>
Emerg Off: Greg Ph: 0418 122 995 Bring This Number With You

Today's Stroll is completely in the bush, following the tracks in the Brisbane Forest Park.

On leaving suburbia in the form of the carpark, check out the damn wall, go under Walkabout Creek, past the beach (no bucket & spade this time), to find and follow the Araucaria Track past two inlets before joining the Duck Creek Track that takes us all up and up the ridge towards Mt Nebo Road. Here we join the Nebo Road Track which eventually joins Holman's Track to cross Mt Nebo Road.

Once across safely, an unnamed track is followed to Bellbird Road, which is soon left to follow the AS1 Track. When the powerline tower is met, head downhill along a washed-out footpad. Then the manicured parklands of the Bellbird Grove Picnic Area can be seen (as well as the cars).

All the tracks are formed paths, most suitable for fire trucks to follow. They can be eroded, washed out, rough, littered with rocks, be steep and have a creek crossing or two. In other words, normal bushwalking stuff.

Short, hilly, steep in places along roads – lots of fun. See you there.

SATURDAY 28th OCTOBER RUNNING CREEK FALLS DAYWALK



Leader: John Carter Ph 0433 279 771
Meet at: Red Hill carpark
Time: 6:00am
Cost: \$25
Grade: L68
Location: Southern Lamington NP, the Rathdowney end
Web: <https://www.wikiloc.com/hiking-trails/running-creek-falls-45158215>
Emerg Off: Michele E Ph: 0418 708 638

You will have an early start as it will be a long walk to the Falls.

The walk is approx. 20km, with 5km each way walking on a track through paddocks. Then the track enters rainforest. We cross Running Creek and the track is rougher. After the England Creek junction there is the final section of rock hopping which can be slippery.

You need to be a confident rock hopper, as the rocks could be wet.

The Falls are spectacular and there will be time for a swim. There is a possibility of going to the top of the Falls.

In 2022 the lower portion of Black Snake Ridge, which we will pass by, was acquired by QPWS and added to the National Park, approximately 150ha.

I plan to check the access route. Please call me to discuss. Usual walking gear. John

THURSDAY 2nd NOVEMBER M^t GLORIOUS DAYWALK

Leader: Jan Nelson Ph 0401 030 137
Meet at: The Gap Park 'n' Ride, Waterworks Rd, The Gap
Time: 8.45am
Distance: 15km
Cost: \$10

Grade: M22
Location: North of Brisbane beyond The Gap
Web: https://parks.des.qld.gov.au/data/assets/pdf_file/0020/162650/south-daquilar-walking-map.pdf
Emerg Off: Michele Johns Ph 0414 635 542

How fortunate are we to have the beautiful walking area of Mt Glorious so close to Brisbane. Our group will do a few shortish walks which are through rainforest and along well-formed tracks. If you are catching a bus to the meeting point, you can catch Bus 385 at 8.06am from Roma St Busway Station.

Firstly, the walkers will be dropped at Jollys Lookout and the drivers will do a short car shuffle. From Jollys Lookout we will walk the Egenia Circuit before following the Thylogale Track to Boombana where the party will have morning tea. From here we will continue on the Boombana Walking Track to where the cars had been left.

Next, we will drive further up the road to Maiala and will walk the Western Window Track from where there should be some good views. We will have lunch in the Maiala Picnic Grounds before walking to Greenes Falls. This walk passes through some beautiful rainforest. There are usually some Pademelons to be seen as you walk along.

This is a fairly easy walk which should be within the capability of most walkers. I hope you can join me.
Jan

FRI 3rd to WED 8th NOVEMBER
VICTORIAN ALPS - CROSSCUT SAW
WALK-IN BASECAMP
Basically 5 Daywalks



Leader: Phil Murray Ph: 0416 650 160
Logistics to be worked out.

This is a great walk. A 6-day trip to Victoria; 5 days in the Victorian Alps and one day on Phillip Island. The first day is a flight and drive there.

Day 1	Fri	3 rd Nov	fly to Melbourne & drive to Macalisters Springs	5km
Day 2	Sat	4 th Nov	Mt Speculation via Crosscut Saw	18km
Day 3	Sun	5 th Nov	Mt Magdala via Mt Howitt	16km
Day 4	Mon	6 th Nov	Bryce's Gorge	8km then drive to Walhalla
Day 5	Tue	7 th Nov	Mt Erica	9km then drive to Phillip Is
		Day 6	Wed 8 th Nov	Cape Woolamai - 8km - drive back to Melbourne fly back to Brisbane and home.

I did this walk back in 2017 and it was a hoot. The Crosscut Saw is a highlight of bushwalking in Australia; it is one of the best daywalks in this country. We are camping 3 nights at Macalister's Springs (height about 1600m) so you need good warm sleeping gear for the cool nights. Monday night at Walhalla (or Rawson) and Tuesday night on Phillip Island. Probably stay in motels for those nights.

Come along and enjoy one of the best bushwalks in Australia. Yep, it is that good. But I should mention it is basically 2 days of hard walks, especially the trip to Mt Speculation.

Robert Rankin in his book *Classic Wild Walks of Australia* (1989) at page 156 commented: "The area around Mt Howitt and the Crosscut Saw provides the most dramatic landscapes of the Victorian Alps".

Sven Klinge in his book *Classic Walks of Australia* (2000) commented at page 195 about the Viking Circuit “given the sheer number of highlights, from dramatic peaks such as Mt Howitt, Mt Speculation, the Razor and The Viking the circuit remains one of the must-do walks for the serious bushwalker” (We aren’t doing the full circuit, just the best bits).

John Chapman in his book *Bushwalking in Australia* (2003) commented at page 206 “To many walkers the Viking is the heart of the Victorian Alps. The rocky peaks, sweeping views across deep mountain valleys, challenging walking and varied track conditions make this Victoria’s finest circuit walk.” (I did the full circuit in 2004 and the highlight of the trip is the Crosscut Saw.)

Glenn van der Knijff in his book *Bushwalks of the Victorian Alps* commented at page 144:- “Arguably, the most popular walking destination in the Howitt region of the Victorian Alps include Mt Howitt and the Crosscut Saw. Considering the natural beauty of the area and the good walking tracks, this is not surprising”.
Phil

SATURDAY 11th NOVEMBER WEST END to CITY & RETURN BIKE RIDE



Leader: Phil Murray Ph: 0416 650160
Meet at: Orleigh Park West End
Time: 8.30am
Distance: 22km
Duration: 3 hours
Web: <https://www.openstreetmap.org/#map=15/-27.4758/153.0039>
Emerg Off: Sue Murray Ph: 0420 510 214

It has been a long time since the last bike ride, which was back in 2018. There were 2 rides that year - one from West End to Newstead & return (21/04/2018) the other from Toombul to Sandgate & return (06/10/2018).

This year the plan is to go from West End to the City and back again. Basically, the route will be along the Riverside Drive, around Kurilpa Point, through Southbank then ride up along the cliffs below Kangaroo Point and then come back to the Ship Inn and go over the Goodwill Bridge, along the gardens up to Botanical Gardens. Then ride along the north side of the walkway out to the Regatta Hotel, catch a Ferry back to Orleigh Park. Expected time frame about 3 hours. Ensure you bring plenty of water. Come along and have a great time.

Due to construction works, the Riverwalk between Waterfront Place and Riparian Plaza will be closed to pedestrians and cyclists/scooters until late 2025. This is the reason we are not riding to New Farm.

The last time we did the trip we started at Newstead and rode to West End and then returned. The date was Saturday 21st April 2018, we started at 9.15am & finished at 11.45am. Those on the trip were :- Michele Johns, Louise & Rusty Jones & Phil Murray.
Phil



MICHELE, RUSTY, LOUISE AND PHIL

FRIDAY 24th NOVEMBER THEATRE NIGHT SOCIAL

Leader: Jan Nelson Ph: 0401 030 137 or jannelson703@gmail.com
Meet at: New Farm Nash Theatre, The Brunswick Room
Merthyr Road Uniting Church, 52 Merthyr Rd New Farm
Time: 7.15pm
Cost: Tickets \$25 adult, \$20 concession
Web: <https://nashtheatre.com/>

Our November social is a theatre night put on by the New Farm Nash Theatre, a community theatre group, who are presenting a classic “whodunnit” written by Agatha Christie – “A Murder is Announced”.



The residents of Chipping Cleghorn are astonished to read that a murder is announced in their local morning paper. Naturally, they are all curious and invite themselves to the “party”.

Tickets can be purchased via the website link above. I suggest you purchase tickets early to avoid missing out. There is plenty of street parking available or the venue is easily accessible by bus (Bus 196 or 199).

If you would like to join us for a meal before the show, the Brunswick Hotel [569 Brunswick St, cnr Kent St, New Farm] offers a 20% discount on meals if you have a ticket for the Nash Theatre for the same night.

When you have purchased tickets, please send me an email or text (email only prior to 7th October) to let me know that you have bought tickets and whether or not you wish to join us at the Brunswick Hotel for a meal prior to the show so that I can make a booking. We will be at the Brunswick Hotel from 4.30pm.

SATURDAY 25th NOVEMBER AMITY POINT to POINT LOOKOUT (North Straddie) DAYWALK

Leader: Phil Murray Ph: 0416 650 160
Meet at: Sealink Water Taxi Jetty, Toondah Harbour
12 Emmett Street Cleveland
Time: 8.20am (could be problems with finding parking)
Please allow time for peak hour traffic
Water Taxi: Catch the 8.55am Sealink Water Taxi
Cost: Taxi - \$20 return or \$10 concession
Bus fares - to be advised – approx. \$10 return
Distance: 14km
Grade: M23
Location: North Stradbroke Island
Web: <https://www.google.com.au/maps/@-27.4164999,153.4854267,7201m/data=!3m1!1e3?hl=en&entry=ttu>
Emerg Off: Sue Murray 0420 510 214

The very tip of North Stradbroke Island is gorgeous with fantastic views. We will catch the ferry over to Dunwich, then get the bus out to Amity Point and walk around a few streets to get access to the beach.

It is then a long beach walk along the northern edge of North Stradbroke Island. First along Flinders Beach, then Cylinder Beach, Deadman's Beach around the point to Frenchman's Beach and up the stairs to Point Lookout. Our party will do the Gorge Walk. We will then catch the bus back to Dunwich at about 4:20pm.

You need to bring your own morning tea and lunch. It is expected to be warm and sunny so bring all your usual daywalk stuff, plus raincoats. Please wear hats, long sleeves and long pants to minimise the chance of sunburn.

The water level will still be high when we start at Amity so will have a longish morning tea at there at 10am. The tide should be going out by the time we start walking and will be rising at the end of the walk.

Other Info

We are catching the Sealink Water Taxi

- Water Taxi to Straddie - Departs Cleveland 8:55am – arrives Dunwich about 9.20am
- Bus to Amity - Departs Dunwich at 9.25am – arrives Amity Point about 9.45am
- Bus to Dunwich -Departs Point Lookout at 4.20pm - arrives Dunwich about 4.50pm
- Water Taxi back to Mainland - Departs Dunwich at 4:55pm – arrives Cleveland 5:20pm

Tides

High Tide	6.36am	1.64m
Low tide	12.57pm	0.28m
High tide	6:47pm	1.35m

Phil



SATURDAY 9th DECEMBER CHRISTMAS PARTY SOCIAL

Leader: Jan Nelson Ph 0401 030 137 or jannelson703@gmail.com

Where: St Anne's Parish Hall, 127 Nelson St Kalinga
(Woolloowin according to Google Maps)

Time: 6pm

Cost: \$30 to be paid to BCBC bank account (details below)

Web: <https://www.google.com.au/maps/@-27.4095966,153.0429669,19z?hl=en&entry=ttu>

RSVP by: Monday 4th December

The end of another successful year for the Club is rapidly approaching and what better way to celebrate than by joining with our friends at the BCBC Christmas Party. This year the event will be held in the hall behind the St Anne's Parish Church in Kalinga. There is off-street parking available in the church grounds.

There will be nibbles, a two-course dinner, tea and coffee and, of course, the traditional trivia. Please BYO drinks and drinking vessel.

For catering purposes, early nominations would be appreciated. Please nominate via phone or email and deposit \$30 into the Club's RACQ Bank Account:

BSB: 514179

Account No: 1567184

Reference: XMAS Surname

Contact me by phone or email if you have any queries. Assistance on the night would be greatly appreciated with setting up, clearing dishes or cleaning up at the end of the night. Russ will lead a

washing up team. If you are able to devote a few minutes to helping out with any tasks, it will be an enjoyable night for all.

Come along for this end of year celebration!

YOUR SAFETY

Emergency Contact & Medical Info Form – what we need to carry with us.

It's a good idea to have a completed/updated form in your wallet/purse or in a daypack outer pocket. <https://bcbc.bwq.org.au/assets/emergency.pdf>

This form was introduced after an accident on a Club trip a few years ago and came in handy early this year when an ambo was called for an injury to a member while not on a Club walk.

Walking as a Group -guidelines to follow on Club Walks

Following some walkers missing a turnoff and wandering by themselves 'into the wilderness' on a recent walk, it is timely for us all to be reminded of the Club's basic walking-as-a-group protocols:

- Keep in sight of those in front of you and those behind you.
- Stop at track/road junctions to let the rest of the party, and the Leader, catch up.
- Do not take short-cuts.
- Know the route by listening to, or asking, the Leader the plan for the day. .
- If there is a map of the walk, have a good look at it.
- Listen to the Leader along the way when the route is mentioned.
- If separating from the party, ask permission from the Leader to do so, and say what you are intending to do.
- If stopping for a comfort stop, let the Tail-End-Charlie know, so someone can wait for you.

PRESIDENT'S REPORT

August has been a busy and significant month for the Club, with our Quarterly Meeting (Including presentation of a new Club Symbol, a Cross, to go with our Staff and Bell) and much more. There's been a good range of walk-types, including not only daywalks in various locations, as usual, but also a Club Hut Working Bee basecamp, several bushland Strolls AND two one-off events for the year, the BWQ Pilgrimage and our Annual Barney Mass, both of which were marvellous occasions. (See separate reports in this *Jilalan*.) We've also had a couple of special one-off Socials, including two of the best-ever attended Socials book-ending the month. Thanks to all those who made these things happen, especially our hard-working Committee Members and the Leaders of this impressive range of events. – and thanks to those who attended/participated.

In the past month, I've been working with Committee – and the members I've been consulting with at every opportunity – to establish some agreed principles and procedures for management of our Club and its program of activities in the future. The overarching principle, as I see it, has to be Synodality – the opposite of hierarchy and control from the top. This is the approach being taken by Pope Francis and being encouraged in the entire Catholic world. (See article in this *Jilalan*: Faith Matters-Synodality) I think it is absolutely the right thing for our Catholic Bushwalking Club, as it means "walking with, listening to"! We already do quite a bit of this naturally, but I would love to see this principle embedded into our formal documentation – and into our practices – so that we become committed long-term to a communal and consultative approach to decision-making in the Club. Each Committee Member still has their special role and responsibilities (and we're gradually documenting all these, too) but as far as possible we try to gain consensus on matters, through walking with and talking with each other, listening carefully to all, with an open heart ... AND listening to the Holy Spirit! Please approach me for a chat about this, as I'd love (in true synodal spirit) to hear even more Club voices on this matter. Let's walk'n'talk.

Looking ahead, there's the Club's Annual Retreat in October, when we come together as a community to reflect on our personal and communal lives. We're trying a new venue and format for our Saturday morning of Reflection this year and would love to see a really good turnout, to try it out and give some feedback. Please save the date now. There's also the Club Photo Comp coming up in November, at our next Quarterly Meeting. I'd encourage everyone to start looking through your Club event photos from 2023 that fit the various categories. (See article at the front of this *Jilalan*. Note that photo title

and category are to be displayed on the front, as usual, but this year, please write your name on the BACK.). I'll look forward to seeing a big turnout – of people and correctly-labelled photos – at the November meeting. Start looking for those prize-winning photos now.

Meanwhile, let's keep "walking with, listening to" each other!

Michele

TREASURER'S REPORT

Balance 30/06/23	\$4164.38
Plus, Receipts	\$ 562.01
Sub Total	\$4726.39
Less Payments	\$ 944.08
Balance 31/07/23	\$3782.31
Term Deposit	\$5000.00

I'm still selling raffle tickets at a dollar each. It has two prizes with the first being an Adventure Gift Set comprising a small aluminium water bottle with a plastic cap and carabiner clip, LED torch (uses 3xAAA not included) and a utility tool featuring a compass, corkscrew, Philips head screwdriver, file, bottle opener, flat head screwdriver along with a knife, and the second prize is an Outdoor Explorer extending walking pole.

Attention new members, we have a small supply of club T-shirts and small metal badges for sale.
Terry.

OUTINGS SECRETARY'S REPORT

Past Walks – Quick Overview For August

AUGUST	DAY	TRIP	TYPE	LEADER	N ^o	Weather
2	Wed	Daves Creek Circuit	DW ^T	Phil	5	Cloudy
5	Sat	The Pilgrimage - Kalbar	BC	Michele E	8	Fine
16	Wed	Barney Mass—Peasants	DW/BC	Terry	Canc	
16	Wed	Barney Mass—North Ridge	DW	Khaleel	Canc	
16	Wed	Barney Foothills	DW	Michele E.	25	Fine
19	Sat	BVRT – Linville to Moore	DW	Louise	12	Fine
26	Sat	Noosa Trails	DW	Terry	11	Fine
25–28	Fri–Mn	Blue Mountains (The Shack)	TW	Phil	Canc	

In August there were the following points of note

- There were 5 walks in total for the month with 3 cancellations - Barney Mass - the 2 ridge walks & the Blue Mountains walk –
- there were 4 daywalks,
- there were no walks cancelled due to weather (rain).
- There was 1 camping trip – the Pilgrimage. (I didn't hear if anyone camped at Larkins for the Barney Mas??)
- There were no throughwalks for August.
- Average number on walks bounced back for the month of August to a monthly average of 13 walkers per walk for the month and a YTD average of 9.3.
- Barney Mass 16th Aug –
 - the plans were changed as the priest advised that he was not able to do the climb up the Mountain as he was concerned about his fitness but also as he had another commitment later that day.
 - So, both the ridge walks (North Ridge & South Ridge) were cancelled.
 - Many members had booked accommodation at Rathdowney or nearby so the decision was made to continue with the event of having a Mass near Yellowpinch. About 25 people attended. And after Mass, most people did the walk to Cronan's Cascades.
- Kanangra Walls trip (Blue Mountains) was cancelled due to family commitments.

Walks Changes

Only one change - Illinbah Circuit changed to Araucaria Circuit as Illinbah track is still only half open.

Walks Needed

Below is the list of spare weekends later in the year. At present we have no walks scheduled for the following dates. Please advise if you have any suggestions.

16 Dec Sat	Spare (suggestion is for the Upper Bellbird Walk at Binna Burra
26 Dec Sat	spare – Boxing Day walk (I have no suggestions)
31 Dec Sat	spare – Perhaps Blue Pool walk

Leader Needed

5 Nov Sat	Albert River Circuit – 21km -A long but easy to walk trip at O'Reilly's
11 Nov Sat	Araucaria Circuit - A medium distance walk up at Binna Burra
.2 Dec Sat	Tamborine Mountain – a series of short walks

Walks Full –

Usually, our Club is able to accept all nominations for walks, but 3 upcoming trips are full due to accommodation restrictions.

- Ballow Basecamp 9-10 Sept – trip is full as only 8 in the cabins
- Green Gully track - trip is full - Only 6 allowed on the walk-.
- Great Ocean Road trip in Victoria – trip is full

Coming Walks

DATE	DAY	TRIP	TYPE	LEADER
SEPTEMBER				
2	Sat	Perseverance Heights	DW	Ken Mc
6	Wed	Mt Vane (Straddie)	DW ^T	Phil
8-10	Fr-Sun	Mt Ballow <i>Trip is full</i>	BC	Matt
23	Sat	Minnages Mountain ##	DW	Iain
OCTOBER				
29 S-4 O	Fr-We	Green Gully (NSW) <i>Trip is full</i>	TW	Matt
1	Sun	Wanungara Falls	DW	Greg
7	Sat	Somerset Trail	DW	Liz
.14	Sat	Little Mermaid Lookout *	DW	Khaleel
19	Thu	Mt Coochin by train	DW ^T	Michele J
21	Sat	<i>Club Retreat</i>	<i>Spiritual</i>	<i>Antonia</i>
28	Sat	Running Creek Falls	DW	John C
NOVEMBER				
2	Thu	Mt Glorious	DW ^T	Jan
3-8	F-Wed	Vic Alps Mt Howitt	TW	Phil
5	Sat	Albert River Circuit	DW	needed
8- 16	W-Th	Great Ocean Walk <i>Trip is full</i>	AT	Russ
11	Sat	<i>Bike Ride -</i>	<i>Soc</i>	<i>Phil</i>
18	Sat	Araucaria Circuit @	DW	needed
25	Sat	Straddie – Amity to Pt Lookout	DW	Phil
DECEMBER				
2	Sat	Tamborine Mountain	DW	needed
6	Wed	Broadwater Loop	DW ^T	Phil
9	Sat	<i>Christmas Party</i>		<i>Soc</i>
16	Sat	Needed (Upper Bellbird Track)	DW	needed
23	Sat	nothing		
26	Tue	needed – Boxing Day walk **	DW	needed
31	Sat	Needed (Blue Pool ??)	DW	Phil

Minnages Mountain - still to do the pre-outing - an alternative walk may be needed. It could be something like Knapps Peak or Mt Greville.

@ Araucaria Circuit – this was the date for the Illinbah Circuit – but the upper track is still closed due to landslides. As the walk is not doable, changed to Araucaria Circuit walk.

Waking Protocols

Just a reminder that traditionally the Club follows the rule/guideline/practice (whatever you want to call it) that the party wait at track junctions so we don't lose people or get separated. On a recent trip a few people didn't wait at a junction for the re-group, they kept going but they went the wrong way. They weren't lost, but just not where they should be and it resulted in a delay of an hour or so. Sometimes waiting around saves a lot of time.

Boxing Day Walk

The Club has a tradition of doing a walk on Boxing Day. This event usually goes out but with not huge numbers. No suggestions received as yet. Below is a list of previous Boxing Day walks held over the last 20 years. Hopefully the list below will spark some interest and lead to further suggestions:-

Year	Date	Day	Trip	Leader	N ^o on walk
2002	26 th	Thu	Mt D'Aguilar	Greg Endicott	8
2003	26 th	Fri	Joyners Ridge (Mt Glorious)	Iain Renton	10
2004	26 th	Sun	Tamborine	Liz Little	15
2005	26 th	Mon	Mt Glorious	Liz Little	10
2006	26 th	Tue	Tamborine (rain)	Greg Endicott	6
2007	26 th	Wed	Laheys, Killarney G. & Marian V	Liz Little	8
2008	26 th	Fri	Purling Brook & Twin Falls	Liz Little	14
2009	27 th	Sun	Purling Brook (rain)	Michele Endicott	13
2010	26 th	Sun	Tamborine	Liz Little	4
2011	26 th	Mon	Purling Brook & Twin Falls	Phil Murray	10
2012	26 th	Wed	Illinbah Tramway & Marion V'y	Rus Nelson	6
2013	26 th	Thu	New Farm to Southbank	Graham G Ray R	7
2014	26	Fri	Northbrook Gorge	Russ Nelson	8
2015	no boxing day walk				
2016	no boxing day walk				
2017	26 th	Tue	Tamborine	Louise Jones	10
2018	26 th	Wed	Tamborine /Marion Valley	Russ Nelson	11
2019	26 th	Thu	Toohey Forest	Louise Jones	11
2020	26 th	Sat	Coorparoo Finger Parks	Greg Endicott	10
2021	27 th	Mon	Enoggera Dam to Newstead	Russ Nelson	8
2022	26 th	Mon	Bridges of Brisbane	Phi Murray	11

Other Notes

Victoria - The Federation Walk Weekend. Our Club recently attended the Pilgrimage at Kalbar. They have a very similar event in Victoria called the *Federation Walk*. Attached is a link to the website. Of note is the amount of organisation on the website is very impressive with a huge amount of detail provided about the walks. <https://fedwalks.org.au/>

Tassie Website Blogs – I was doing some research last year about possible walks in Tassie and came across this private website with a huge number of walks written up and with a lovely collection of super photos. It is definitely worth a look if you are travelling to Tassie. <https://hikinginsetasmania.blogspot.com/>

Another site to visit is <http://tasbushblog.blogspot.com/2012/02/mount-wedge-28th-january-2012.html>

Outings Planning For 2024

- There is a draft plan of the outings Program tabled at the August General meeting (on Monday 21/08/2023). A copy will be posted to the website or sent out with the minutes of the General Meeting.
- An Outings Sub-Committee meeting will be held in September as a zoom meeting, set for Tuesday 19th September at 7.00pm.
- I mentioned I had basically started the planning process and I have completed version 2 of the draft. Why version 2 you may ask – I am already getting input and feedback about walks eg Toowoomba to Allora from Russ, – The Pole Farm walk from Matt. Sue Walsh has given me lots of ideas. Iain Renton suggested a basecamp based on the Club Hut to do walks in the area. Several other people have made suggestions.
- Please feel free to nominate a walk to lead. If so, it will definitely be included.
- Please advise if you have ideas to include or want to nominate to be included in the meeting.

- As regards the planning process: in simple term the usual very flexible framework was applied as follows - each month there are basically 4 weekends and the allocation/classification of walks is:-
 - One weekend for track walks / easy walks
 - One weekend for socials
 - One weekend for harder walks or off-track walks
 - One weekend for throughwalks, basecamps, overnight basecamps and interstate trips and intrastate trips eg Tassie Trip or Rockhampton trip
 - One midweek daywalk
- I mentioned I much prefer to have a draft plan to work from rather than start with a blank page as history has shown me on several occasions that the outings meetings with a blank page become very stilted and unproductive as people just can't come up more than a few ideas at meetings.

Proposed Rockhampton Trip - I mentioned at the August meeting about having an Outing (Accommodated Trip) to Central Queensland, I thought a good idea was perhaps catch the *Tilt Train* to Rocky to use this train facility. The trip might happen in 2024 or 2025. My initial locations for walks include.

- Mt Archer and the Berserker Ranges
- Great Keppel island (stay at Keppel Lodge for a few days)
- Mt Jim Crow (½ DW)
- Mt Etna Caves circuit (½ DW)
- Emu Park to The Causeway
- Yeppoon to the Causeway and return
- Mt Morgan Circuit

There is still a huge amount of work to be done to confirm the viability of doing the trip. I am very keen to do this by using the *Tilt Train*. (if we don't do the Outing by using the Tilt Train, for many members it would be a case of when if ever would they use it).

Quote Of The Month

"Walking is a man's best medicine."

— Hippocrates

Phil, Outings Secretary

MEMBERSHIP REPORT

This month, we welcome two new members to our club - Eva Broadbent and Neil Holm. We look forward to your company during forthcoming walks, strolls and socials.

With the inclusion of Eva and Neil, there is now a total of 110 members on the club's books, the identical number to the end of last year.

Jon, Membership Officer

FEDERATION MOUNTAIN RESCUE

FMR

<https://fmrqld.bwq.org.au/>

Programme for 2023

FMR offers regular training activities, at near-cost, to adult financial members of BWQ-affiliated clubs. These are marked "Member: BWQ Club" in the descriptions below. Please add these to your club's program. Bookings essential.

For more information, email Secretary at fmrqld@gmail.com

Training and Experience Events:

Date	Activity	Member	Contact
TBC 2023	Digital Navigation - GPS devices	BWQ Club	Doug McDonald
TBC 2023	Classic Navigation - map and compass	BWQ Club	Peter Rollings

ABOUT PEOPLE

Gerry Burges, Michael Cashman, Marg. Clarke, Jenny Dancer, Majella Deegan, Gordon Denkes, Michele Johns, Sue Murray, Jon Peake and Paddy Taylor are celebrating their birthdays in September.

Graeme Aldom has just returned from an extensive overseas holiday. Welcome back, Graeme. John Carter along with Mark Daly and Peggy Rutter recently returned from a walk on Hinchinbrook Island.

Rob Cosgrove was a return visitor on Louise's BVRT from Benarkin to Linville. Visitors are always most welcome on any of our activities.

PAST EVENTS

FRI 4th to SUN 6th AUGUST BWQ ANNUAL PILGRIMAGE BASECAMP



The BCBC contingent at this year's BWQ Pilgrimage numbered 8 - including four new members, two returning former members and two long-standing members – or 10 if you count Pat & Jonas, who came on the Sunday morning for a surprise visit. Thanks for dropping in, that was a lovely surprise!

I've already written a bit about the 2023 Pilgrimage in my August President's Report, in general terms, with no names or pictures. So now I'm writing the official past event report, to fill in the details – and also because I wanted to give our new and returning members who came along on the weekend the chance to appear in some photos in *Jilalan*!



I was pleased that we were able to field two teams for the Clubs Trivia Challenge on the Friday night, with 'the Catholics' all donning BCBC Club shirts of various sizes to present a united front!

That night we also perused BBW's wide range of walk offerings for Saturday and Sunday – very impressive! In the end, five of us (Maree & Gordon Denkes, Jodie & Eugene McAteer and I) chose to do Mt Mathieson on the Saturday and the remaining three (Marguerite & Tim Clarke and Greg) did Mt Greville via Palm and Waterfall Gorges – up one way, down the other., with two groups crossing over at the top. On the Sunday morning, Marg & Tim and Jodie also did Mt Edwards - while I attended the Presidents' Meeting (and the others had brunch at a local café in Kalbar!) – fun for all!



It was a most enjoyable weekend and I thoroughly recommend to those who've never been to the BWQ Bushwalkers' Pilgrimage – or haven't been for a long time – to give it a go next year. It will appear on our Club's 2024 calendar, usually scheduled for an August-September weekend, so you'll be able to claim the date when you see it appear there. Do consider coming along!

**WEDNESDAY 16th AUGUST
BARNEY MASS
Club Spiritual Event**



This was the 62nd Barney Mass and one of several that have been held in the shadow of Mt Barney rather than on top. The Celebrant on this occasion was Fr Michael Grace, who has celebrated Eucharist with us a number of times, including at our Mass Rock on top of Mt Barney, as recently as last year. This time, however, Fr Michael was recovering from a recent illness and did not feel suitably fit for the long climb. This turned out to be a blessing in disguise, as re-location of the Mass to Yellowpinch Reserve Park meant that everyone who travelled to Barney that day was able to be present at the Mass, not just those who could do the 4–5-hour climb. There were 25 of us in all – plus a goanna! - gathered around the bush altar at 10:30am to celebrate Eucharist in the midst of nature – with earth under our feet, bush and mountains all around and a big blue sky above.



We placed our new Club Cross in the centre of the altar, asking Fr Michael to bless it at the beginning of Mass. This cross, with its indigenous artwork involving footprints, mountains and waterways, is a symbolic acknowledgement of our connection to the land and waters around 'Brisbane' (Meanjin). Being the central symbol of Christianity and having been acquired at a recent Catholic Archdiocese of Brisbane gathering, it also represents the 'Catholic' part of our Club identity.

During Mass, we listened attentively to the opening prayers and readings; then, just as Fr Michael was beginning his Homily, the goanna made his move! We thought he was going to have one of us for lunch, but then he scurried away and we were able to re-focus on the message of our preacher.



Thanks to Liz, Jan and Jon for reading so capably various Scripture texts or prayers, to Russ for reading the Gospel and assisting with Communion and, of course, to Fr Michael for driving - no, riding (on his motorbike!) – all the way from Brisbane and back, feeling less than 100%, still on strong antibiotics – to preside at our Barney Mass. And thanks to all those who came and joined in with the prayers and hymns, singing unaccompanied – well done! A memorable feature of this open-air Mass was the birdsong, which made us all the more aware of being at one with all creation, as it seemed like the birds were joining in our human songs of praise – just delightful. Michele

WEDNESDAY 16th AUGUST
BARNEY FOOTHILLS WALK
Cronan's Cascades
DAY WALK



After the Mass at Yellowpinch, the 25 who'd prayed together then all set off to walk together in the "foothills" of Mt Barney, towards Cronan's Creek and the Cascades. Jan and Russ led the main, fast-walking group and I brought up the rear with a smaller group who wanted to go at a more leisurely pace, observing the flora and fauna more closely on the way. A third small group, led by Greg, went fairly speedily up Yellowpinch Lookout first and then checked out the track to the beginning of South-East ridge, before catching up to the rest of the party heading to Cronan's Cascades for lunch.





Thanks to all those who joined me in this very pleasant low-elevation Barney Mass Day walk: Fr Michael, Russ, Jan, Liz, Paddy, Pat, Jonas, Terry, Sue, Joe, Paula, Prasada, Jon, Cath, Khaleel, Jas, Benno, Kylie, Russell, Donna, Neil, Greg E. and visitors Paul and Greg. Michele



Mt Barney Eastern Side From Yellowpinch Lookout.

**FRIDAY 18TH AUGUST
DRINKS AND DINNER
THE MONTAGUE HOTEL
SOCIAL**



The Montague Hotel at West End lived up to its recommendation and proved to be a good venue for our Friday gathering. We were seated in a section at the back of the hotel, away from the live music. Cath & Mike joined us via phone from their travels in Western Australia. Liz highly recommended the Lamb Shank on the menu. A venue certainly worth another visit in the future.

Thank you to those who joined me: Michele & Greg E, Liz L, Sue T, Barbara E and Russ N. Jan

**SATURDAY 19TH AUGUST
BENARKIN to LINVILLE
DAYWALK**

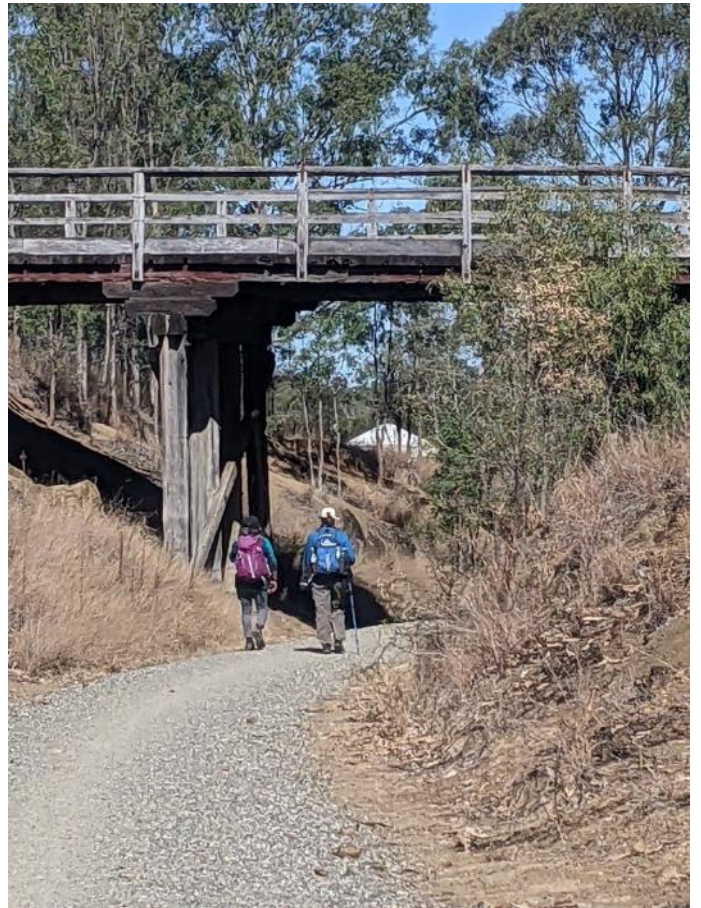


After we were all introduced to each other, we set off. The weather was extremely dry; we do need some rain. After we had walked a few hours, our party found some shade for a well-earned morning tea - no views of anything but we did come across a creek running through a large pipe under the rail line; this creek was beautiful, with reflection in the water.

While on the track, it was safer to keep left, as there were several bike riders going past. Then toward the end, we came across a horse, while Terry & Rusty came up close to a few cows. At Linville, the drivers left briskly to collect the cars, while the rest settled back to listen to an entertainer singing. Greg had a try of the local beer and the rest of us had a coffee.

Thanks to the drivers and the rest of the party for joining me today. Watch this space for next year's instalment, from Yarraman to Blackbutt or even Benarkin.

Thanks to those who came along with me on this beautiful adventure: Eva Broadbent, Prasada, Janell S, Sue Walsh, Jan & Russ, Maria K, Terry, Pat & Jonas, Paddy, Greg, Rob Cosgrove and Rusty.
Louise Jones



NOOSA TRAIL DAYWALK



Ten of us left Red Hill on time in three cars, collecting Sue on the way to the start of the walk where Catherine & Jon joined us. Although the highway traffic was heavier than I expected, we made good time. The car shuffle saw us collect Trevor who had parked at the end of the walk.

There was more cloud than I had hoped, but this made for quite pleasant walking conditions. Just after lunch we had an unexpected and very brief rain shower. Hardly enough to settle the dust on the very dry track. Despite the drought, the area is still quite pretty, particularly with some spectacular trees.

The 15km Trail #7 from Lake Macdonald just outside Cooroy to the showgrounds in Pomona was covered in good time. In Pomona we were just in time to procure some coffee and snacks before the local venues closed. We adjourned to a local park rotunda for a debrief before heading home. Trevor and Jon were able to complete the car shuffle, thus allowing two cars to return directly to Brisbane.

The walkers assured me that they all enjoyed the walk and I look forward to their company again next year when we do our final Noosa Trail in reverse. Thanks to those who joined me:- Sue Walsh, Paddy Taylor, Jan & Russ Nelson, Greg Endicott, Eva Broadbent, Sofia Ramsay, Trevor Kelly, Catherine Morahan, Jon Peake, Jaz Ah-Kiau and Benno Giuliani. Thank you to Michele & Richard Johns who once again helped with the car shuffle on the pre-outing. Also, thanks to my drivers, Russ and Benno and to Russ for being "Tail End Charlie". Finally, thanks to Trevor who did a good job of leading from the front whilst I led from near the rear.

Terry Silk.

SAT-SUN 26-27th AUGUST CLUB HUT WORKING BEE Pt. 2 OVERNIGHTER

On our first working bee in July, we didn't have any motor-mowers, so a second working bee was organised for August. At the earlier one, Michael & Joe had done a great job, working with Joe's brush cutter to cut most of the grass on higher bank that the hut sits on. So, this time we were able to finish it off with the mower. Then the mower tackled the uncut grass in the lower paddock. My mower died fairly quickly in the morning. Michael got it going again in the afternoon but shut it down pretty quickly when the dry grass underneath it started catching fire. Matt's mower did a sterling job getting the

mowing done. Also, more lantana and vegetation were cleared on the other side of the paddock and some small logs behind the hut were cut to length for firewood for the wood heater.

I spent much of the time fitting some new ply sheeting to one of the bunks. The existing ply was getting a bit thin and its top layer was rather weathered. So, the new ply was glued on top of the old and fastened with small nuts and bolts. The ply had been cut to size and undercoated before being brought in to the hut. Once it was all in place it was given a coat of paint on Sunday morning. Another coat will be applied the next time I go in. The ply was purchased with \$100 donated by a club member with a long association with the hut. They sent the money to help with hut maintenance.

The weather was gloriously fine & sunny and we all had a great time at this wonderful spot. Everybody had left by 10.30am on Sunday morning as there were other commitments to meet.

Thanks to our willing workers, Matt, Karen and Michael for joining me. Thanks also for the generous donation.
Iain.

**THURSDAY 31st AUGUST
THE PADDINGTON ESTATE FOREST WALK
STROLL**

This stroll suddenly came up and was advertised through a Fortnightly Update, and you had to nominate online. Governor Young opened her forest to the public to wander amongst her trees.

Our group was part of over 50 people doing this Stroll. Jannette led us clockwise around the extremities of her Estate. The "forest" was open managed eucalypt trees with some undergrowth. There was no commentary or talk on what we were going through.



Thanks to my fellow Strollers: Barbara Eastoe, Susan Ware, Janet Galos, Paula Hill, Paddy Taylor, Prasada

**THURSDAY 31st AUGUST
BLUE MOON at the FULL MOON
SOCIAL**



Over a quarter of our membership attended this traditional Social. Well done all. One couple lived within walking distance, two other couples lived locally, two other members lived close, and a good number live on the north side.

Thirty members came to the Full Moon Hotel to acknowledge the Blue and Super Moon – the last Blue Moon for 2½ years, Dr Google tells me: A super blue moon occurs around once per decade, on average, according to NASA. The next blue moon will occur in May 2026, while the next super blue moon will be in 2029. No more dinners at the Full Moon for a long time.

With the nomination numbers skyrocketing daily, I had to keep adding tables to our booking. We ended up with 4 tables - two on the deck and two inside the dining area. That was a good combination because when the Trivia began, it was a lot quieter inside, so some of us moved in there.

With so many tables, the Blue Mooners kept changing tables to keep in touch with the whole group. Much conversing was had – discussions on wide and varying topics – and an opportunity to get to know some of our newer members, 6 of whom joined us.

After dinner, a number of us went on a delightful short stroll down to the Shorncliffe Pier, taking in the beautiful moonlit water views on the way. We stood at the end of the pier for a while, taking in the sight of the Supermoon, so close to Earth – amazing! Then we all strolled back up the hill to the Full Moon (Hotel!) and said our goodbyes.

It was a wonderful social and I'm so glad so many people were able to join us. Thanks to: Jan & Russ, Cath & Jon, Annette MacK, Paddy, Jodi & Eugene, Sue T, Janet G, Andrea T, Chris C, Graeme A, Trevor, Maree & Gordon D, Marguarite & Tim C, Maria K, Antonia, Geraldine, Barbara, Anne I, Kathleen B, Michael & Richard, Peggy, Mark D, and Michele E Greg.

SATURDAY 2nd SEPTEMBER PERSEVERANCE HEIGHTS DAYWALK

It was a beautiful Spring morning when 8 intrepid walkers gathered at the Hampton Visitor Centre, before driving a short distance to the start of this great little walk, in the less visited southern section of Crow's Nest National Park (I am told this walk is a first for the Club).

We headed down along a fire trail, with a short detour to visit an interesting sandstone cave hidden just off the track. The ridge narrowed and we had filtered views stopping before starting to lose too much height, for smoko (which included some of Jan's delicious cake) at the top of some small cliffs. As we headed off down the ridge, dropping off to cross a dry tributary of Perseverance Creek, we spotted a beautiful blue hued tree snake. We crossed another fire trail after scrambling across the creek and headed up though a bit of overgrowth, ascending a beautiful rocky ridge.

The walkers were fortunate after noticing plenty of scratch marks on tree trunks, to see a Koala and her baby hidden in a eucalypt, which gave us a good reason to stop and catch our breath. We continued up the untracked ridge, enjoying the views, before arriving to our lunch spot overlooking Perseverance Dam. While it was spectacular sitting on the elevated rocks, most of us elected to find some shade as it had become quite warm.

Some of the group was surprised that we were backtracking a short distance after lunch, but once we dropped down through a break in the cliffs the reason was revealed, as we spent the next little while walking and wandering along the base of some amazing sandstone cliffs, enjoying the wildflowers contrasted against the hues of the rocks.

We ascended back up onto the ridge and followed along to the next ridgeline for a short detour out to a natural rock platform with fantastic views over most of our walk. Although we were a little early for the full bloom of the wildflowers, there were still plenty of delights to be discovered including my favourite, Flannel flowers.

Our group then picked up the fire trail which headed back towards the cars. One final adventure was dropping into a dry creek bed, following it up to a dry waterfall/overhang where we enjoyed the birdcalls and cool stillness, before rejoining the fire trail and the final short walk back to the cars.

A special thanks to Phil Murray for being Tail-End Charlie and doing all the organising to get everyone together for the walk. Thanks to Jan & Russ Nelson, Terry Silk and Louise & Rusty Jones for making this such an enjoyable day out. Monica & Ken McCarron





**WEDNESDAY 6th SEPTEMBER
KAFÉ MEZE
COFFEE NIGHT SOCIAL**

Eleven members enjoyed a very convivial evening at unpretentious but welcoming Kafe Meze at Graceville on September 6th. It was a balmy spring evening, perfect for outdoor chatting and dining in a relaxed atmosphere.

The menu was extensive – something for everyone, and reasonably priced. Some shared a platter, and some enjoyed a personal favourite (Souvlaki anyone?). All delicious with pleasant, unobtrusive wait-staff, who happily re-laid the table when Michele overcame health issues and was unexpectedly able to join us with Greg.

After this evening, I really feel there should be a section in *Jilalan* devoted to handy hints and tips for walkers...if a prize could be offered for the best offering, Louise will win. Her tip about the essential addition of nappy pins to your kit, to assist with drying damp undies, (I leave the methodology to your imagination), brought the house down on the night...

Thanks to Michele & Greg , Annette, Paddy, Barbara, Prasada, Cath & Jon, Louise & Rusty for making it such an enjoyable evening
... Janet Galos



**WEDNESDAY 6th SEPTEMBER
M^t VANE & BLUE LAKE
North Stradbroke Island
DAYWALK**

Distance 13.47km
Elevation gain: 349m Max. elevation: 194m
Weather a beautiful day Temperature warmish at 24^o
Start time 9.54am Finish time 2.54pm



A lovely walk on North Stradbroke Island. The wildflowers were out in profusion. The walk went off like clockwork. The water taxi and the land taxi were on time and we had no dramas. We had our first morning tea at the start of the walk (Blue Lake Carpark) as we travelled for a few hours to get to the start of the walk. It was then up along the lovely sandy tracks. The sand was surprisingly firm; presumably there was little foot traffic.

The walk was done in an anticlockwise direction. We zoomed along the Kabul Track. After 20 minutes we turned right to do the spur track to Mt Vane. It was 3km each way. The wildflowers were out in profusion - Boronia, Hibbertias, Patersonias and many more. A highlight was the profusion of the white flowers of the wedding bush shrub.

Very soon we reached the summit of Mt Vane. There is a lovely timber lookout platform to enjoy the views over the Bay and you could see the tall skyscrapers of Brisbane clearly. We could only just see the mountains like Flinders Peak in the misty distance. We had our second morning tea here. It was then back along the track and after about 5km we got to Blue Lake. It was just wonderful bushland. The view of the lake is somewhat muted as you can't get a view of the whole lake at once, but it is nevertheless a lovely view.

From the lake we headed straight back to the car park. I was surprised we had recorded a distance of 13.4km. I had intended going up over to the next ridge along the Dakabin Track to Neembeemba Lookout. But I didn't want to miss our taxi. We could have zoomed along the track but we didn't feel like rushing. However, we will go back soon to visit and identify a few more wildflowers. Actually, it was the best wildflower trip I have done in south-east Queensland.

Another future plan is to get down to the ocean beach at the end of Alfred Martin Way at the Causeway and then walk the 15km up to Point Lookout. According to RACQ Trip Planner, you can walk along the 4WD road just behind the beach - it goes past the Keyhole Lakes. It would be a bit long and a bit boring but would be great to do. Anyhow, I want to go back to Mt Vane and Blue Lake next year to see the wildflowers again.

I know we were on a bushwalk for a bushwalking club but the biggest highlight or wow moment of the day for me was the trip over to Straddie on the water taxi. We were on the upper deck and the views over the very still waters were just magic. We were the only ones up there. Anyhow, I just love little trips on boats.

Those on the walk - Phil Murray and Sue Walsh.

Phil

Some of the flowers spotted included.

Purple Iris	Patersonia sericea
Golden Guinea Flower	Hibbertia fasciculata
Pink Boronia	Boronia rosmarinifolia
Devil's Rice	Conospermum taxiflora
Beaked parrot pea	Phyllota phyllicoides
Conesticks	Petrophile shirleyae
	Homoranthus virgatus
Red Honeysuckle	Banksia serrata
Wedding bush	Ricinocarpus pinifolius



Pink Boronia- *Boronia rosmarinifolia*

FAITH MATTERS: SYNODALITY

www.faith-matters-gsm.com.au

In 2020 Pope Francis wrote a small book called "Let us Dream – The Path to a Better Future". This is a wonderful book and it has a section on just what he believes "synodality" is all about. We know that this is his preferred way forward for the global church and for the local churches. So much so, that he has instigated a synod on the actual process of synodality called "Synod on Synodality".

This Synod is about to begin in Rome after contributions from all the Catholic dioceses across the world during 2020 to 2022. Australian Catholic groups contributed and one of the major ones was the one done by the Australasian Catholic Coalition for Church Reform (ACCCR). All the suggestions from across the world were collated into a document called "The Instrumentum Laboris".

It is composed of an explanatory text and fifteen worksheets that reveal a dynamic vision of the concept of "synodality." It will be the basis for the work of the participants in the General Assembly of the Synod on Synodality, which begins in the Vatican in October 2023 and concludes with a second Assembly one year later.

A copy of the response by ACCCR to the "Instrumentum Laboris" is found on the Faith Matters website (above) under "Plenary Council and Associated Matters" on the home page. Though somewhat lengthy, some parishioners may find it interesting to read.

Note that ACCCR has given its permission for us to distribute this document as indicated by the sentence to be found at the bottom of the document – "Please share this with anyone you think may be interested".

Getting back to Pope Francis' book, "Let Us Dream", he has a wonderful way with words. The book contains a number of themes, but if you want to get to the section on "synodality" go to pages 81-94.

THREE CAPES WALK IN TASSIE

Survey

Has anyone here done the Three Capes Track?

I am doing a PhD project researching experiences in nature on this walk as a four-day self-guided hut-walk.

This anonymous survey should take about 15-20 minutes and I would love to hear your stories.

Just click on the link to complete the survey

https://utas.qualtrics.com/jfe/form/SV_0lpgHc500cEsGii?Q_CHL=social&Q_SocialSource=facebook

This study has been approved by the University of Tasmania Human Research Ethics Committee (H0028376).

Misha Hoo Hiking & Bushwalking in Tasmania

 [ordsSotpenf2u7S](https://www.facebook.com/ordsSotpenf2u7S) :a180tmea05ta4br1m67iP4lt f9 7e5g7e74c09ipM

WANT SOME FREE BUSHWALKING GEAR?

The Club received a phone call from a chap (not associated with our Club) who is giving up bushwalking due to his age. He is giving away his gear.

He has: 2 down sleeping bags, 1 silk sleeping bag liner, 2 packs (large and small), several small camping stoves – gas, metho, shellite – and some other small items for bushwalking or camping.

The items have been collected from him and are at our house waiting to be claimed. We can arrange delivery if you like - via attendance at Club events! *Greg & Michele.*

LETTER TO THE CLUB

Some Thoughts On Walks

Dear BCBC Committee Members,

I am writing to you about something that has been concerning me about the club for a while. As a long term on-again off-again member who never got much above an average bushwalker, I rejoined in 2021 and I have been involved in many of Greg's Strolls but have not done one bushwalk. There are reasons for this.

For health reasons, I really need to do walks that are shorter and I need to take into account how many hills there are. There don't seem to be many of these on the program.

Secondly, I worry about my being slow will hold others up.

Thirdly, I can't always tell from the description if a walk would be suitable for me to do. I have had people say to me after a walk that I could have done it but I hadn't realised it would be easy enough.

My concern is that BCBC is not looking at what it is offering to take into account the aging nature of its members. There may only be one or two of us who are struggling at present but long-term members are getting older and will find it harder and harder to do many of the walks the club is providing at present. I would imagine that some clubs would say that it's not our problem if you get less fit as you get older and accept that you have to give up bushwalking. I think BCBC is better than this. I have always regarded the club as being a family which cares for its members who like going bushwalking. A family tries to be inclusive of all members.

So how could the club respond to this? I can think of several ways:

- Don't think of a bushwalk needing to be long and really away from everything. Bushwalks are about getting out into the bush and appreciating it (even if you can sometimes see houses through the bush). There's still a need for longer walks, sometimes off track and overnighting. If you're worried about mixing "easy" and "hard", call them level 1 and level 2 bushwalks. After all, what's easy for you may be hard for someone else.

- Once a month provide a walk which would suit less capable walkers. These could be half day walks close to Brisbane e.g. around the Chermside Hills (we used to have half day walks when I first started in 2000...don't know what happened to them). They could be walks to somewhere like Tambourine where you could do one walk in the morning, have a sizable break then one in the afternoon. Walkers could do both or one.
- Provide information that makes it apparent that a walk caters to less fit walkers. Things like giving the distance of the walk (or labelling it a short medium or long medium walk). Apps like AllTrails will give you distances for most walks. Describing the hills. Letting people know that slow walkers are welcome and that there will be plenty of time for rests. Many of the medium track walks could be adapted for less confident walkers by breaking the group into two groups, one that goes on at normal pace and the other that follows more slowly. It is my experience that less capable walkers are often able to do moderate walks if given enough time and don't have to worry about slowing others down.

Please note that I am not suggesting that this be instead of the walks that are already organised. I see nothing to stop putting an easy and a hard walk on at the same day. They are appealing to different people. But if you want to give members a chance to continue to enjoy bushwalking as they get older you really need to consider how to do this.

To show that I am prepared to put my money where my mouth is I am prepared to volunteer to take 3 walks over the next 12 month or so, including ones at probably Tambourine and also around Brisbane.

Barbara Eastoe
Sunday, 3 September

BWQ UPDATE

BINNA BURRA LODGE The Re-Build Following The Fire New Lodge Design Latest Consultation Video

<https://youtu.be/Q836z8AeZc8>

Steve Noakes, Chairperson, Board of Directors
1040 Binna Burra Rd | Beechmont
Reception: 5533 3622
Mobile: 0418 774 295
E: steve@binnaburrallodge.com.au
W: www.binnaburrallodge.com.au

THE QLD WALKS GROUP

BWQ is seeing traction on social media with tags from Queensland Parks & Wildlife Service, Health & Wellbeing Qld, Heart Foundation and 10,000 Steps.

All the posts are recommending getting out and bushwalking in national parks, walking their local streets and pathways, seldom walked destinations and the like with the abundance of opportunities for walking.

As Transport & Main Roads, Walking & Cycling Team are working on and responsible for the Qld Walking Strategy, Qld Cycling Strategy, Qld Trails Strategy, and Walking Network Plans, and through the Qld Walking Alliance, investigating a common marketing tool for trails in Qld with Brisbane Valley Rail Trail and Wangetti Trail being focussed to produce marketing toolkits for those trails and then making them available to all organisation developing trails. Part of the marketing toolkit will include use of the Australian Tourism Data Warehouse (ATDW) as all tourism organisations Australia-wide link data from this warehouse for their own websites.

The Qld Walking Alliance includes BWQ, Bicycle Qld, Institute of Architects, Institute of Town Planners, Institute of Landscape Architects, Traffic engineers, RACQ, and many other organisations involved with walking for recreation, walking for health and walking for transport.

A website has also been developed by TMR - called the walk hub <https://queenslandwalks.org.au/walk-hub/> and it will include everything about walking in Qld, from advocacy, safety, lists of all walking organisations in Qld including all bushwalking clubs, plus guidance in reporting issues in relation to walking access and maintenance.

The whole walking space in Queensland is changing and being driven by Transport & Main Roads recognising that pedestrian priority is the direction of town planning with vehicles a lower priority.

With this evolution of the walking space, Bushwalking Queensland advocates for maintenance and safety of walking infrastructure in national parks predominantly, which is the tip of the "walking iceberg" of the advocacy work done by Queensland Walks. Bushwalking Qld ultimately advocates for the bushwalking club members, whereas Qld Walks advocates for all "walkers, rollers, and strollers" in Queensland - essentially the whole population.

Consultation with various bodies suggest *it would be a good idea for Bushwalking Qld merge with Queensland Walks* and become a similar organisation as Walking SA, with their board structured with one board member responsible for walking as a recreation - bushwalking.

Qld Walks is also mainly funded by TMR, and as such a full-time Executive Officer.

Food for thought and **I would appreciate feedback in this important issue** as we must recognise that without proper club recruitment and volunteers for committees, we will end up flogging a dead horse.

Gavin Dale, Secretary, Bushwalking Queensland Inc.

PERMANENT ROAD CLOSURE - RUNNING CREEK ROAD

From: Amy Williams <Amy.Williams@resources.qld.gov.au>

Permanent road closure of an area of part of Running Creek Road, locality of Running Creek, adjoining Lot 184 on WD1539

It is advised that the application for permanent road closure over part of the Running Creek Road, locality of Running Creek, adjoining Lot 184 on WD1539, in the locality of Running Creek, has been finalised and this case has now been closed.

2346 Running Creek Road

<https://www.openstreetmap.org/search?query=2346%20Running%20Creek%20Road%20Running%20Creek%2C%20QLD#map=19/-28.33212/152.97323>

Please find attached correspondence in relation to the abovementioned application for permanent road closure.



Amy Williams, A/Senior Land Officer, Land and Surveying Services | Lands Division
Department of Resources
E: SLAM-Brisbane@resources.qld.gov.au
W: www.resources.qld.gov.au

NEIGHBOURHOOD PLAN FOR DECEPTION BAY

Deception Bay is home to a number of amazing internationally and nationally significant aquatic areas, natural areas and historic sites. These, and many more features, give Deception Bay its unique character, sense of place and help support our vibrant community.

<https://www.google.com.au/maps/@-27.1975875,153.0576821,3608m/data=!3m1!1e3?hl=en&entry=ttu>

Unfortunately, future population pressures pose a threat to these features and the current fabric of our community.

Currently, the Moreton Bay Regional Planning Scheme 2016 allows:

- high-rise buildings to be built across the Deception Bay waterfront
- a 1.18km² corridor of high-rise buildings to be built in Deception Bay
- up to 15,000 more people into this small area of Deception Bay
- up to 384 more people in each affected local street.

Without identification, specific management and protection the unique characteristics of Deception Bay are likely to experience significant degradation and may be lost.

Neighbourhood Planning: Neighbourhood Plans can help identify and protect the characteristics and features that a community believe are important to their neighbourhoods. Neighbourhood Plans require in-depth community consultation and form part of the Council's overall planning guidelines.

Being legally recognised in the Planning and Environment Court of Queensland, Neighbourhood Plans make it possible for Council to further guide property developers and protect existing characteristics and features within a neighbourhood.

Community consultation: To avoid losing the unique characteristics that make Deception Bay special the Deception Bay Residents Group (DBRG) is undertaking a community consultation program throughout late August and early September. Findings from the community consultation will be used to highlight to Council the need for a Neighbourhood Plan for Deception Bay.

Group presentations: We are also able to provide presentations to groups at times and dates that suit you and your members.

Our 20-minute presentations include a PowerPoint presentation that outlines our findings, information sources and enable us to answer any questions your group members may have.

We would be most grateful if shared the link to our 2-minute survey on the ecotourism potential of Deception Bay.

The link to the website is: <https://www.surveymonkey.com/r/2C5S3HV>

You may also like to check our media articles about our community-led consultation published in the Moreton Daily

1. <https://www.moretondaily.com.au/news/deception-bay-the-next-noosa>
2. <https://www.moretondaily.com.au/news/huge-backing-for-deception-bay-plan>

To arrange a group presentation please contact Yvonne Sylvia via email at deceptionbayresidentsgroup@gmail.com.

Learn more: The Deception Bay Residents Group works to celebrate the amazing place that Deception Bay is.

Learn more about us by visiting our Facebook page: <https://www.facebook.com/groups/1185476596188367>

Learn more about our findings by visiting our resource library on Google Drive at: <https://drive.google.com/drive/folders/1jzLqqQC7DSdnRG8OGGpGYsUeZvPMq1E8>

Yours sincerely
Deception Bay Residents Group
Email: deceptionbayresidentsgroup@gmail.com
Facebook: <https://www.facebook.com/groups/1185476596188367/>

BCBC INSURANCE Changes

BWQ secretary@bushwalkingqueensland.org.au
Amended PL policy wording redefining cycling to include e-bikes

Please find attached the amended PL policy that now includes e-bikes in the definition of cycling so cover is extended to e-bikes.

Gavin Dale, Secretary, Bushwalking Queensland Inc.

GLEN ROCK - ESK

Mount Glen Rock - Esk - changes to plan of the area by Somerset Regional Council

This article was published on Facebook by Care4Esk after the Somerset Regional Council proposed a mountain bike park in this sensitive area:

Mount Glen Rock Development Update And Thoughts

It appears that the Mount Glen Rock Adventure Park has been safely packed away...for now anyway. But what can we expect from the newly proposed Mount Glen Rock 'Eco-tourism' Park?

On August 23rd Somerset Regional Council moved to support an Expression of Interest submission for the Queensland Government's Growing Future Tourism Grant funding.

What we do know, as outlined in the minutes from that meeting, is that the Proposed Project would have a value of \$3,168,600 and have the following components:

Lions Park Upgrade
Summit Hiking Trail
Small Outlook – Summit Trail
Eastern Loop Hiking Trail
Southern Escarpment Sport Climbing site
Southern Escarpment Sport Climbing Site Entry (Carpark and Trail)
First Nations Surveying, Story Collection and Historical Research
Interpretive Sign Development (Ecological and Cultural)
Interpretive Sign Fabrication and Installation
Wayfinding Signage Fabrication and Installation
The Growing Future Tourism Program Guidelines clearly states...

'The types of projects to be supported under GFT will be 'the development of new or improved tourism infrastructure products and experiences in the priority areas of:

- coastal and marine tourism
- heritage and cultural tourism
- ecotourism and sustainability'

Care4esK strongly believes that Rock climbing does not fall into the guidelines for potential projects, especially Ecotourism.

The Queensland Government Department of Environment and Science defines Ecotourism as...
'Ecotourism encompasses nature-based activities that increase visitor appreciation and understanding of natural and cultural values. They are experiences that are managed to ensure they are ecologically, economically and socially sustainable, contributing to the wellbeing and conservation of the natural areas and local communities where they operate'.

Care4esK is very concerned that the introduction of any type of Rock climbing on the Mount Glen Rock land parcels, could have an irreversible impact on the Brush-tailed Rock Wallabies and their habitats, which are presently located across the vast majority of that land. This addition of Rock

climbing as a sport, could also have a detrimental effect on several plant species which occur on the rocky outcrops of Mount Glen Rock.

In May 2022, Care4esK were invited by Council, to present our alternative to the Mount Glen Rock Adventure Park. Our proposal was very similar to the newly planned development outlined above. At that stage, there were no recently confirmed sightings of the Brush-tailed Rock Wallabies on Mount Glen Rock.

However, after multiple sightings later in 2022, we amended our proposal to exclude Rock Climbing in any form on the Mount Glen Rock land parcels.

Overall, though, Care4esK is pleased to see this new project being referred to as 'Low-impact' instead of 'Adventure'. We look forward to the development of a Park, that focuses on the value of Conservation, the Environment, Flora and Fauna, and has respect for, and recognition of Cultural Heritage. We will welcome and applaud a development that has been mindfully planned for an ecological and sustainable future."

Bushwalking Queensland Inc. identified the issues with the original plan with the proposed 5 km walking track to the summit had many intersections with mountain bike tracks and although the lookout was a dedicated walking only access lookout, it did not afford a guarantee that mountain bike riders would not access this lookout.

Also, being only 550m away from the Brisbane Valley Rail Trail at Pipeliner Park in Esk and the Esk Train Station to Lions Park, this proposal affords further opportunities for walking in the Brisbane Valley.

Bushwalking Queensland is always on the lookout for future trails especially with advocating work with Qld Walks, the Qld Walking Alliance, Outdoors Queensland, and the various local councils looking at walking infrastructure in the "Walking for Recreation" space.

Gavin Dale, Secretary, Bushwalking Queensland Inc.
BWQ secretary@bushwalkingqueensland.org.au

Magazines From Other Clubs

Sunshine Coast Bushwalking Club
BOSQ
Gold Coast Bushwalking Club
Toowoomba Bushwalkers
Walker's Journal – a commercial quarterly publication

SOME PODCASTS POD CASTS

Hacking and Other Criminal Activities
All In 'The Mind

<https://www.abc.net.au/listen/programs/allinthemind/hacking-humans-social-engineering-influence-psychology/102671476>

Leadership

<https://www.abc.net.au/listen/programs/this-working-life/leadership-and-horses/102671460>

Hacking with a Smile

<https://www.abc.net.au/listen/programs/allinthemind/social-engineering-and-the-psychology-of-influence/13473954>

Ticks & Their Bites

<https://www.abc.net.au/news/2023-08-25/ticks-boom-after-la-ni%C3%B1a-and-bites-could-lead-to-meat-allergy/102588352>

Northern Rivers Rail Trail

<https://www.echo.net.au/2023/08/rail-trail-slated-for-some-of-byron-shire/>

<https://www.echo.net.au/2023/08/significant-challenges-with-sharing-rail-report/>

Fire authorities urged to avoid Grass Trees during burn-offs – Why?

<https://cosmosmagazine.com/nature/plants/avoid-yaccas-during-burn-offs/>

Nature is good for our wellbeing. But how much green space does a community need, before you can see a wellbeing boost?

<https://www.abc.net.au/listen/programs/allinthemind/nature-prescriptions-what-the-doctor-ordered/102726446>

The Next NZ Great Walk

<https://i.stuff.co.nz/travel/news/132892073/the-south-island-trail-that-could-be-new-zealands-next-great-walk>

yoga, meditation and the 12-step plan to heal people afflicted with chemical dependency.

<https://www.abc.net.au/listen/programs/southwestvic-breakfast/father-joe-pereira-catholic-yogi-priest/101683232>

The Petrol Price Rise Cycle

<https://www.racq.com.au/about-us/news-and-media/news/2023/8/south-east-queenslands-fuel-price-cycle-explained>

<https://www.racq.com.au/about-us/news-and-media/news/2023/9/040923-regional-queensland-fuel-prices-explained>

The Great Ocean Walk, Victoria, Page 34

<https://racq.smedia.com.au/magazine/default.aspx>

Health: The Body Mass Index can't tell us if we're healthy. Here's what we should use instead

https://www.abc.net.au/news/2023-09-11/body-mass-index-cant-tell-health-what-we-use-instead/102840520?utm_campaign=abc_news_web&utm_content=link&utm_medium=content_shared&utm_source=abc_news_web

Australian Catholic Women Want Church To Reform

<https://www.abc.net.au/listen/programs/radionational-breakfast/catholic-women/102842768>

HOW WE ORGANISE OURSELVES

OUTINGS

- (a) Always read the *Jilalan* article to check the departure point, date and time.
- (b) Walk departures are usually from St Brigid's Red Hill carpark, 78 Musgrave Rd. Check *Jilalan* to determine the meet-up location, to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost." Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
 - (e) Walks are rarely cancelled. If they are, all nominees will be notified. Do not presume that outings are cancelled – e.g. because of bad weather.
 - (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
 - (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.

All visitors must sign an Assumption of Risk form for insurance purposes.

VISITORS – for general enquiries contact Greg on Ph: 3351 4092.

GENERAL MEETINGS: Meetings are held on the 3rd Monday of February, May, August & November, at 7:30pm. The location is Little Kings, 33 O'Keefe Street, Buranda (Woolloongabba) Parking: Turn off O'Keefe St into Wolseley St, and then down the laneway on the left past the medical centre, just before the small cottage.

VISITORS are always welcome.

EMERGENCY OFFICER: If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or “EO” or “Emerg Off”) for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it. <https://fmrqld.bwq.org.au/bushwalkers-overdue/>

PERSONAL EQUIPMENT: The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following: Emergency Contact & Medical Information form, a first-aid kit, a torch, a parka/raincoat, hat, shirt, 50+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in *Jilalan* and/or by the leader.

MEMBERSHIP FEES - Membership Subscription fees:

There are different amounts for those who want only an electronic *Jilalan* and for those who want a printed version as well.

Ordinary Members - \$27 e-copy & \$52 for printed copy.

Associate Members: \$23 for e-copy & \$48 for printed copy.

Associate Members are those not of the Catholic faith.

Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

CONTACTS

Postal Address	PO Box 31, Red Hill, Qld 4059	
E-Mail	briscathbushclub@yahoo.com.au	
Web	https://bcbc.online/	
President	Michele Endicott	3351 4092 michele.endicott@gmail.com
Vice President	Antonia Simpson	0400 571 387 antoni12@bigpond.com
Secretary	Susan Tobin	3366 3193 briscathbushclub@yahoo.com.au
Treasurer	Terry Silk	3355 9765
Outings Secretary	Phil Murray	5522 9702 bcbc.outings@gmail.com
Social Secretary	Jan Nelson	0401 030 137 jannelson703@gmail.com
Membership Officer	Jon Peake	0422 602 658 joncath@tpq.com.au
General Committee Member	Paulette Schmidt	0414 805 512 paulette.t.schmidt@gmail.com
<i>Jilalan</i> Editor	Greg Endicott	3351 4092 bcbcjilalan@gmail.com
Non-Committee Positions (Volunteers)		
Calendar Keeper	Phil Murray	5522 9702 bcbc.outings@gmail.com
Safety & Training Officer	Phil Murray	5522 9702 bcbc.outings@gmail.com
Coffee Night Co-Ordinator	Russ Nelson	0427 743 534 russnelson52@outlook.com
Drinks & Dinner Co-Ordinator	Jan Nelson	0401 030 137 jannelson703@gmail.com
Strolls Co-Ordinator	Greg Endicott	3351 4092 endhouse@bigpond.net.au
Country Lunch Co-Ordinator	Greg Endicott	3351 4092 endhouse@bigpond.net.au
Web Master	Khaleel Petrus	3375 6976 admin@bcbc.online
Web Content Manager	Liz Little	0414 252 003 lizlittle2017@gmail.com
Club Hut Curator	Iain Renton	3870 8082
Maps Curator	Matt Palmer	0438 720 235
Artist in Residence	Iain Renton	3870 8082
Bushwalking Queensland	Web: https://www.bushwalkingqueensland.org.au/index.php e-mail: secretary@bushwalkingqueensland.org.au BWQ Blog: https://www.aussiebushwalking.com/ BWQ: www.facebook.com/groups/bushwalkingqueensland Twitter: @BushwalkQLD	
Federation Mountain Rescue FMR	http://fmrqld.bwq.org.au/	
Archdiocese of Brisbane Website	https://brisbanecatholic.org.au/	
Qld Govt Covid Site	https://www.covid19.qld.gov.au/	
<i>Jilalan</i> Printer	myprinting@cpl.org.au	

For specific enquiries, contact the committee member (from above) concerned.

For Outings or Socials, contact the leader shown in the calendar or article.

Front Cover: Photo by Greg Endicott

Other Photos: From Club Members & various web sites.

EDITOR'S NOTES

- # The views expressed in *Jilalan* are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.
- # As Editor, I reserve the right to alter, amend, move, shorten or not print articles.
- # If you "borrow" any words or images from another source, please acknowledge that source – author, publication, issue, date, publisher.
- # Look at last month's *Jilalan* and copy that format – especially the "headings" in Comings
- # Type your article as a Word document, then attach it to the e-mail - A4 please, not in Columns.
- # Type Face is "Arial," Font Size is "12", though Date, Name of Event & Type are "14"
- # I need your articles on time. It makes it hard to fit in articles when I have already started formatting.
- # Articles from this publication may be reproduced, provided the source is acknowledged.

DEADLINE NEXT JILALAN

Deadline: 8am Tuesday 3rd October

Use the "Jilalan" style guide below:

<https://bcbc.bwq.org.au/assets/contributing.pdf>

Articles only to bcbcjilalan@gmail.com

INSURANCE

Combined General and Product Liability – includes \$20,000,000 public liability, and \$5,000,000 for club assets.

Personal Accident – All activities associated with bushwalking, Covers out of pocket expenses and compensation for injuries leading to loss of limbs & organs, and loss of earnings.

Association Liability – cover for the administration of the club.

SPECIAL FEATURE

2023 TASSIE TRIP – Part 2

Day 6 Thurs 19th Jan 2023 – The Needles Dist 4km

Following on from last month where I reported on about 5 walks, this month I will mention just one little walk which was probably the best mountain walk I did in Tassie. Why this one – they were lots of other great walks but on this one we basically had it to ourselves all the other trips, especially Cradle and Walls of Jerusalem, there were heaps of other people around.

Today we had planned to do 2 daywalks and a huge drive but we had to settle for just one. The choice was between Mt Wedge and a place called The Needles. The Needles involved less driving and was a shorter walk so it got the tick.

After an easy Wednesday sitting around the Hut on a raining day it was time to get busy. So up early and a quick clean-up of the hut, but it took ages to do and it took even longer to pack up our stuff and load the car.

Anyhow we were out the door around 9ish, Then the drive down the steep dirt road to National Park and then head west into the great south-west. There were excellent views of Mt Field West and Mt Florentine.

We stopped at a little café at Maydeena called "Fika Time Café". It is a Swedish, Austrian and Australian cafe with a mix of all three cuisines on the menu. The cafe also has a general store and petrol station attached. It was lovely and quirky and had great views of the surrounding mountains. <https://newnorfolknews.com/2021/05/maydena-cafe-making-news-and-waffles/> (I didn't actually establish what their interpretation was of Australian cuisine but I got a pie).

We had to ask what is “Fika time”. Well, they explained it as a time out for friends over coffee and cake. On the internet it is explained as “Fika (*pronounced fee-ka*) is a Swedish coffee break ritual. Swedes sit twice a day, about 10am and 3pm . Fika is a Swedish word that roughly translates to “coffee and cake,” but it doesn’t quite capture the essence of the concept”. <https://swedishfood.com/fika> . We had a lovely break and planned out our day. The next task was our bushwalk to “The Needles”, yes, we were on a bushwalking trip not a coffee drinking trip.

I should mention that the Needles is not a well-known mountain (or bushwalking destination) and doesn’t get a mention in the regular bushwalking guidebooks for Tasmania.

100 Walks in Tasmania by Tyrone Thomas & Andrew Close
Daywalks Tasmania – by John Chapman & Monica Chapman.
Top Walks in Tasmania By Melanie Ball

All these books mention the other main walks in the area, namely Tarn Shelf, Mt Field East and Mt Field West but neither mentioned the Needles.

I had another book in my bookshelves called *More Family Walks Around Hobart* by Jan Hardy & Bert Elson which I bought about 10 years ago - this book had a writeup on page 60 as follows.
“The Needles – Surely the most rewarding short climb in southwest Tasmania. Starting from a high point, this brief climb through alpine vegetation and rocky outcrops provides magnificent views”.

With the above wrap I had to put it on the 10-day itinerary. It was our first time to this part of the world and it seemed a good way to get the best outcome for our limited time.

I subsequently discovered that The Needles also get a mention in the book *Walks In Nature: Tasmania* by Anna Carlile & Andrew Bain.

The drive to the walk was uneventful until we got near the mountain. And then it was a huge wall of rock right beside the highway towering over the highway. It was like being beside a 20-story building. I was starting to think it would be a mountain climb, not a bushwalk. But finally, we found the set-off point near a spot known as the “Highest Point on the Road” (it is even listed on Google Maps as such). Anyhow, we stopped the car, got out and surveyed the mountain - it sort of looked doable, but only just.

With considerable trepidation we set off and quickly discovered that it had been burned severely in the last 2 years and the regrowth had started; we missed the first turn. After pushing through scunge for about 2 minutes, Khaleel consulted his GPS and we decided to head right. After a bit of bush-bashing, we found what we thought was the “main track” which was more like a wallaby trail and certainly not a defined track like they have in New Zealand on their Great Walks.

Eventually, as we got higher, the regrowth was very stunted and it was very easy to spot the track. The countryside opened out and it was just amazing. The hillside was basically a moonscape with lots of grey skeletons of burnt shrubs; there was also a huge number of wildflowers coming out. It was the most gorgeous display of Christmas Bells and Purple Trigger Plants I have ever seen. There were thousands of them. It was sublime.



CHRISTMAS BELLS – *Blandfordia punicea*

Up above us we could make out the towering rock spires that obviously had given the mountain its name.



***KHALEEL ON THE TRACK
WITH A ROCK SPIRE OR NEEDLE LOOMING ABOVE HIM***

After about an hour we were on the summit and the views were stupendous. It was a dream come true.



PURPLE TRIGGER PLANTS CHRISTMAS BELLS & THE RANGES OF THE SOUTH WEST

Most of the major peaks of the southwest could be made out. (Well at least we thought so). It was a magic moment. I didn't want to leave but there was a rainstorm approaching from the west so we decided to head back down. The views over the plateau were enticing. The summit was in the top northwest corner of the mountain and there were about 6 major rock spires on the summit ridge/plateau and they were beckoning for us to come visit. If only time would allow.

We sauntered back to the car and then drove 300km north to Mole Creek via Bothwell, the home of Australia's oldest golf club. it was an absolutely lovely drive, but a long one.

In summary, a Goldilock's walk:- a new place, a great hill to climb, a challenging walk, great views, not too long, not too short, interesting gnarly towers and lots of wildflowers - a bushwalkers delight.

[Explore The Needles Track | AllTrails](#) Phil

