

JILALAN



Mt Lindesay From Peasants Ridge - Mt Barney Mass Wednesday 17th August

Monthly Magazine Of The

BRISBANE CATHOLIC BUSHWALKING CLUB Inc

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Under The Guidance of Our Lady of the Way

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August 2011

Date	Event	Leader	Phone	Type	Grade
30	Mt Moon to Mt Alford	James		DW	
30	Knoll 629	Greg		DW	
31	Karawatha Forest Wildflowers	Phil		SW	
Aug 6	Pat's 50 th Anniv Walk – Ivory Rock	Trevor		DW	
13	Stradbroke Lakes	Justin	3366 3193	DW	S34
14	Toohey Forest Wildflowers	Phil	5522 9702	SW	S22
15	BCBC Meeting	Desley	3369 5530	Meet	
15/17	Barney Spur	Matthew	3876 8125	TW	XL88
16/17	Barney Mass	Phil	5522 9702	ON	
17	Barney Mass – South East Ridge	Phil	5522 9702	DW	M56
17	Barney Mass – South (Peasant's) Ridge	Phil	5522 9702	DW	M54
19	JTS – Theodore's	Phil	5522 9702	Soc	
20	Noosa Trails	Terry	3355 9765	DW	M33
21	Bike Ride New Farm to St Lucia	Phil	5522 9702	DR	
26/28	Pilgrimage			BC	Var
26/28	The Marathon	Phil	5522 9702	TW	L66
Sep 3	Coominya to Esk Rail Trail	Desley	3369 5530	DW	XL13
9/18	The Swell Festival at Currumbin Beach				
10/11	Various Training Exercises	FMR		FMR	
11	Echo Point	Kerriane	5597 6160	DW	L35
11	Bridge to Brisbane	Greg	3351 4092	SW	S12
16	JTS – Treasury Casino	Phil	5522 9702	Soc	
17	Tomewin Gate to Tugun	Trevor	3269 4705	DW	L45
17/18	Spring Flower Festival				
19	Talk Like a Pirate Day				
19	BCBC Meeting	Desley	3369 5530	Meet	
24	Tweed River to Kingscliff	Graham	3371 9623	DW	M12
Oct 1	Lunch at the Breakfast Creek (KQ Soc)	Greg	3351 4092	Soc	
2	Fairview Mountain	Justin	3366 3193	DW	M45
8/9	Moreton Island	Trevor	3269 4795	BC	M44
8/9	Moreton Island			TW	M44
15/16	The Obelisks - Great Australian Camp-Out	Phil	5522 9702	ON	M44
21	JTS –German Club	Phil	5522 9702	Soc	
21-28	Great Ocean Road Vic	Chris	0418 739 064	TW	XL35
22	Mooloolah River to Maroochy River	Peter	3205 5982	SW	L23
23	Leaders Training Walk & Map Reading	Greg	3351 4092	Trn	
29	Progressive Dinner by Ferry			Soc	
30	Real Walk			DW	
28/1	Victorian Alps	Phil	5522 9702	TW	L77
Nov 4/6	Nthn NSW Beaches	Paul	0412 339 311	BC	M22
13	Diana's Bath	James	3844 5006	DW	S21
18	JTS – Coffee Club @ Eagle St Pier	Phil	5522 9702	Soc	
19	Bear Foot Bowl at Merthyr Bowl Club			Soc	
20	Dave's Creek	Kerriane	5597 6160	DW	M33
21	Annual BCBC Photo Competition	Phil	5522 9702	Meet	
27	Boombana/Jolly's Lookout	Michele	3353 2822	SW	S22
Dec 4	Barney Falls	Peter	3205 5982	DW	L53
11	Coochie Mudlo	Graham	3371 9623	DW	S11
16	JTS – Cultural Centre Café	Phil	5522 9702	Soc	
17	Christmas Party				
26	Boxing Day Walk	Liz	3356 4874	DW	M32
Jan 2012	Penguin Cradle Trail, Tasmania	Barbara M		FMR	XL57

The Calendar is subject to change without notice

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

KEY – Walk Types

D/W	Day Walk	½ D/W	Half Day Walk
O/N	Over Nighter	B/C	Base Camp
T/W	Through Walk	C/W	City Walk
TRN	Training	S&T	Safety & Training
FMR	Federation Mountain Rescue	SOC/SW	Social/Social Walk

KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
Short Under 10km per day	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
Medium 10-15km per day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	3 - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day
Long 15-20 km per day	5 - Rough or rocky terrain with small climbs using hands or rock hopping	5 - Moderate - Up to 6 hours walking. Up to 450m gain/loss per day. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required
Extra Long Over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	7 - High - Up to 8 hours walking. Up to 750m gain/loss per day. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required	8 - High - Up to 8 hours walking. Up to 1000m gain/loss per day. High fitness. Endurance and agility required
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	9 - Challenging - Up to 12 hours walking. Over 1000m gain/loss per day. Very high fitness. Endurance and agility required

Example: M48 is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

PRAYER OF THE MONTH

Here among our everyday places,
 Here, among our ordinary lives,
 Is the merging of grace.
 Watch, watch, for the signs of God's presence.
 (Source: All Hallows' Staff Prayer, December 2007)

OUTINGS SECRETARY RAMBLES

Just a quick note from the Outings guy.
 Some changes you might notice are as follows

- The Tweed to Kingscliff trip has been changed from Saturday 25th to Sunday 24th
- The Tomewin to Tugun walk has a new leader with Trevor Kelly now the appointed leader.

We have leaders for the following trips

22nd Oct Mooloolaba to Coolum * an easy daywalk along the beach front.
 4th Dec Barney Falls a medium day walk near the Club Hut.
 Peter Constable has agreed to lead both of these trips.

We still need a leaders for the following trip:
 30th Oct a medium daywalk an off track - the options are endless.

The last month there were several walks done and all had a good attendance. The attendance was not huge but as a Club we are still getting out into the great outdoors.. One trip, the Keperra Ridge was cancelled due to issues with scunge, apparently oceans of scunge.

Snapshot of Outings in Retrospect

Day	Trip	Leader	Attendance
2 nd July	Neglected Mountain	Michele	9

9 th July	Mt Mathieson	Graham	10
9 th July	Mt Mitchell Traverse	Justin	8
17 July	Shepherds walk	Terry	15
24 th Jul	Keperra Ridge	Justin	cancelled
30 th Jul	Mt Moon to Mt Alford	James	8
30 th Jul	Mt Alford	Greg	6
31 st Jul	Karawatha Wildflowers	Phil	9

The weather recently has just been ideal for winter walking - nice and dry and after an extremely wet summer we are now starting to have issues with a mini drought and possibly a fire risk coming into the warmer months. Paradoxically we now need some rain.

The walks coming up for the August/September period look great.

Day	Trip	Leader	Type
13 th Aug	Fairview Mountain	Justin	DW
14 th Aug	Toohey Forest Wildflowers	Phil	DW
20 th Aug	Noosa trails	Terry	DW
21 st Aug	New Farm to Uni	Phil	Bike
28/29 th Aug	The Pilgrimage	BQ	BC
28/29 Aug	Blue Mtns – Marathon	Phil	TW
3 rd Sept	Coominya to Esk	Desley	DW
11 th Sept	Echo point	Kerriane	DW
11 th Sept	Bridge to Brisbane	Greg	DW
17 th Sept	Tomewin to Tugun	Trevor	Dw

The scheduled walks for the rest of 2011 are as follows:

VERY EASY WALKS

City Walks or Beach Walks or Track Walks

Aug	14	Toohey Forest Wildflowers	Phil
Aug	28	Bridge to Brisbane	Greg
Sep	25	Tweed River to Kingscliffe	Graham
Oct	22	Mooloolabah to Coolum	Peter
Nov	27	Boombana/Jolly's Lookout	Michele
Dec	11	Coochie Mudlo	Graham
Dec	26	Boxing Day Walk	Liz

EASY WALKS

Medium Track walks and easy off track walks

Aug	13	Noosa Trails	Terry
Sep	3	Coominya to Esk	Desley
Sep	11	Echo Point	Kerriane
Oct	2	Straddie / Blue Lake	Justin
Nov	13	Diana's Bath	James
Nov	20	Dave's Creek	Kerriane

MEDIUM WALKS

Longer track walks and medium Off Track Walks

Sep	17	Tomewin Gate to Tugun	Trevor
Nov	4/6	Conondale Great Walk	Paul
Dec	4	Barney Falls	Peter

MEDIUM TO HARD WALKS

Off track walks - long

Aug	16/17	Barney Mass	Phil
Aug	19	Fairview Mountain	Justin
Oct	30	Off track Walk ?	needed

OVERNIGHTERS & BASECAMPS

Aug	27	Pilgrimage	needed
Oct	8/9	Moreton Island	Trevor
Oct	15/16	The Obelisks – Toolum Falls	Phil
Nov	5/6/7	Northern NSW beaches	Paul

THROUGHWALKS

Aug	15/17	Barney Spur	Matthew
Aug	26/28	The Marathon	Phil
Oct	8/9	Moreton Island	needed
Oct	28/1	Victorian Alps	Phil

Just a quick reminder for leaders if they need to cancel a trip or change a trip just let the Outings Secretary know as soon as possible.

On the Karawatha Forest walk we had a mishap where a walker had an accident and broke her ankle. At the time we weren't sure whether it was broken or just a sprain but with an abundance of caution we decided not to risk moving her. With mobile phones we were able to get in contact with the emergency services very quickly and an ambulance was on its way very quickly. We were very fortunate in that they were able to get the special 4 wheel drive ambulance car to within 20 metres of where the accident happened. The ambulance car then made its way back to the regular ambulance which took her to hospital where they were able to confirm with x-rays our worse fears that it was a broken bone. Without the benefit of the x-rays we couldn't be sure if it was broken and neither could the ambulance officers. But the ambos showed an abundance of caution and treated it as though it was broken until confirmed otherwise. We wish our injured walker a very speedy recovery. The care and attention of the ambulance officers was exemplary.

The planning for next year's "Walk's Program" is under way and hopefully the Outings Sub-Committee will have had their first planning meeting by the time this month's magazine is published. If you have any walks you want to lead or want to have scheduled please contact me and we will try to fit them in. The plan is to have a meeting or two to get the suggestions for walks down on paper and then get committee endorsement for the Walks Program and then to 'table' the Walk's Program at a general meeting later in the year. Next year may sound like a long way away but we need to start planning now.

Also, a special note to Pat Lawton who is one of our life members has injured her knee and I and all the Club wish her a speedy recovery with her knee injury. Phil, Outings Secretary

TREASURER'S REPORT

Balance 20/6/11	\$4244.87
Plus Receipts	\$ 738.28
	\$4983.15
Less Payments	\$ 351.60
Balance 18/7/11	\$4631.55
Term Deposit	\$2415.52

I expect to draw our raffle at the August Meeting. The first prize is a book entitled "Brisbane's Best Bay & City Walks" and the second prize is a Trafalgar Hikers First Aid Kit. Tickets cost a dollar each. Once again, I strongly encourage people not to delay purchasing their club t-shirts and/or metal badges which cost twenty and five dollars respectively. Terry

ABOUT PEOPLE

Marion and Vincent Arthur, John Carter, Julia Cowan, Daniel Keough, Liz Little, Maree Ricketts, Iain Renton, Suzanne Stevens and Andrea Turner are each celebrating their birthday in August.

John Blumke had his daughter, Claire and her cousin, Gabrielle joined him on Graham's Mount Mathieson walk. Roslyn Cassidy and Robyn Savic were enthusiastic visitors on Terry's Shepherd's walk.

Janell Sammon and Marina Grey were welcome visitors at our July meeting and went on Greg's Mt Alford walk.

Recently the club has had enquiries from Kerry O'Neill and Barbara Wenham. Visitors are always most welcome to join us on any of our activities.

Paul Evans recently returned from a trip to the Middle East and even more recently from Darwin where his daughter and new grandchild have settled.

Michael & Catherine Simpson have just returned from a quick trip to Japan. Liz Little has just returned from a cruise on the Mediterranean and a walk in the Cinque Terra in coastal northern Italy.

Welcome back to past members Bernard Ivers and Russell Jones.

COMING EVENTS

TRIPS leave from St Brigid's car park at Musgrave Rd, Red Hill.

The "Leaders Guide" is on the web at:
<http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html>

Leaders: Print your own Event Nomination Form from the Club's web site.

A reminder to visitors that you are required to do 2 walks before Committee officially declared you a Member of the Club.

LEADERS

If you make changes to your walk, such as date, where, cancel it – please tell the Outings Secretary Phil Murray Ph: 5522 9702.

13rd AUGUST, SATURDAY STRADBROKE ISLAND LAKES DAYWALK

Leader: Justin Tobin Ph: 3366 3193
Meet at: St Brigid's Car Park, at 6.15am
Or Cleveland at 7.30am

Limit: 10
Cost: \$25
Grading: S34

Location: In Moreton Bay, east of Brisbane
Web: [http://en.wikipedia.org/wiki/North Stradbroke Island](http://en.wikipedia.org/wiki/North_Stradbroke_Island)

Emerg Off: Susan Tobin Ph: 3366 3193

Saturday Morning the water taxi will take us across the bay to Dunwich. From here we will catch the taxi to Blue Lake and the start of a great days walking.

The track takes us along the ridge to the lookout to gaze out to the great Pacific. Whales, dolphins could be out there somewhere, from here we follow the old sand road down and around to Blue Lake crossing the creek that flows out of Blue Lake twice. Smoko at Blue Lake and a swim for those who want to.

The track takes us past Tortoise Lagoon and back to the car park. Now we are on the bitumen to Mt. Hardgrave, the highest point on Straddie. Great views on the way up, lunch in the shade, a chance to boil the billy and share your Straddie stories before heading to Brown Lake for another swim.

The taxi will take us back to Dunwich for coffee and then it's across the bay to home. It is a great walk, wildflowers, views, swimming and more. Come and discover another part of Straddie with me.

Sunday 14th Aug 2011 Toohey Forest Wildflowers Daywalk

Leader: Phil Murray
Phone 5522 9702 .
Mobile 0413 307580
Email philriver@optusnet.com.au
Meet at: Toohey Forest Carpark
On Toohey Road at Nathan
UBD ref Map 200 – ref D1
Time 10.00 am
Grade : S22
Cost : \$2.00
Emerg Off: Sue Murray 5522 9702

Toohy Forest is a remnant patch of bushland in the middle of suburbia. We will start on the western side of the forest and walk through to the eastern side. There are several patches of forest where we are totally cut-off from views of suburbia so it does have a sense of remoteness from time to time. We will also have a quick look at the university grounds and zip up to Mt Gravatt to enjoy the views over Brisbane.

The highlight of the day is to have a leisurely lunch at the new coffee shop called Echidna Magic. So bring some cash (\$15) for a coffee and a bite to eat.

The main purpose of the day is to look for and identify the wildflowers. In particular we should see the many pea flowers, several wattles and a few orchids.

Although it is an easy wildflower walk we will venture off the tracks to see these little treasures and we will have a few hills and gullies to wander up and down. Make sure you bring the usual day-walk stuff. Because of the late start the expected finish time is 3ish. Phil

ps If anyone needs to use Public Transport to get there – I can pick people up from the Upper Mt Gravatt bus station. Please ring and I will arrange a time to pick you up.

15th AUGUST, MONDAY MONTHLY MEETING

Contact: Desley Ph: 3369 5530

Time: 7.30pm – Doors open & meeting starts soon after

Where: St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks. Ask questions of our leaders about their coming events, so that you can make up your mind as to whether come on the walk. Nominate for a walk. Nominate to lead an outing. Stay for supper. Bring those recent bushwalking snaps.

15th 17th AUG, MON to WED M^t BARNEY WEST PEAK AND MASS via BARNEY SPUR THROUGHWALK

Leader: Matt Palmer Ph: 3664 4179 or 3876 8125

Meet at: St Brigid's Red Hill

Time: 7am

Grade: XL88

Cost: \$20

Location: Start at NSW/QLD border on the road from Rathdowney to Woodenbong

Web: <http://www.southee.com/Bushwalking/Ch13-BarneyBallow.html#label037>

Emerg Off: Kerry Mulligan Ph: 3876 8125

Man has walked on the moon but has he ever walked the Barney Spur?

He probably has but it might almost be as long ago as the moon walk (also some people think that the moon is easier to get to).

I will be walking the Barney Spur to get to the Mass this year; this will be one of the longer possible ways to get to the Mass and one of the more difficult. This walk will require you to take Monday and Tuesday off work for Brisbane people and Wednesday as well if you are in another shire.

The walk will start on Monday morning, driving to Collins Gap where we will follow the State Border to the base of the Barney Spur. The Barney Spur is a very long, trackless, meandering, rollercoaster ridge that eventually leads you onto West Peak. The ridge is interspersed with rainforest and open eucalypt forest (and the often scungy transition zone between), the top part of the ridge will have some heath land areas.

I am allowing 2½ days to get to the Mass to allow for getting through difficult patches, finding water and side trips to close by peaks that I want to bag. Monday night should see us up around 1200 metres and hopefully Tuesday night might be in Rum Jungle.

Following the Mass on Wednesday we will head down with the daywalkers who I am sure will be dying to carry our throughpacks for us. With a little luck they might give us a ride back to the cars.

If you have a sense of adventure, do something physically challenging and would like to walk the remotest corner of South East Queensland then this is the walk for you. Matt Palmer

17th AUGUST, WEDNESDAY BARNEY MASS The 51st Anniversary Mass DAYWALK AND OVERNIGHTER

Leader: Phil Murray Ph: 5522 9702, 0413 307 580, philriver@optusnet.com.au

The Barney Mass is a day for all Club members to celebrate Mass on top of a mountain. This trip is the standout tradition that helps make our Club so special.

Russ Nelson has been busy behind the scenes and has "booked in" a young priest to celebrate Mass for the Club.

I have nominated to lead South East Ridge which includes ascending the summit of East Peak and the views are sensational.

Russ Nelson has agreed to lead the party going up Peasant's Ridge (formerly called South Ridge). There may another ridge done on the day. Stay tuned for late developments.

There is also the "hard" trip that Matthew Palmer is leading. This trip will be coming in from the border fence and along Burrajum Spur and is a 3 day through walk. It will be a once in a lifetime chance to do the trip and enjoy the Barney Mass so it is highly recommended.

There could be other trips up other ridges.

It is a longish day but very rewarding. Most people in the Club can do this trip but you may need to do some fitness training to ensure it is an enjoyable day.

It is a memorable day and is a trip all members should aspire to do. All current and former members are invited to attend. Phil

THE OVERNIGHTER

Contact: Phil M Ph: 5522 9702

In the past, a lot of us would drive down after work on Tuesday and camp at Yellowpinch; so that we could be on the spot in the morning (have a sleep-in). Since they stopped allowing camping there, it has become more difficult – ie: expensive. Now we camp at Larkin's Mt Barney Lodge.

If you want to do the over nighter, let me know. You should try to get a group yourself so that you are not driving alone. You can go down independently of the Club in the one car. Let me know what you decide so we can expect you there in the morning.

THE DAYWALK

We have 3 choices here –

Go down independently (picking up friends along the way):

Leave from Red Hill at 5am;

Or go with the Club and be picked up along the way.

However, Option 3, being picked up, can be difficult to arrange – with members living all over the place the driver will have to get up too early. So, unless you do not have a car, you will have to meet at a central spot.

The Red Hill option will leave at 5am. The walks leave Yellowpinch at the foot of Mt Barney at 7am.

Those travelling independently must be at the Yellowpinch Car Park by 6.45am. This means driving out of Brisbane at 5am. It is approx a 2 hour drive.

Let me know your circumstances and I will see what I can do.

Look at the web site:

<http://summitstories.blogspot.com/2009/05/mt-barney-south-east-queensland.html> and read the general details, and those specifically about South Ridge & about South East Ridge.

SOUTH EAST RIDGE

Leader: Phil Murray Ph: 5522 9702

Meet at & Time: Yellowpinch Car Park at 6.45am

OR Red Hill at 5am

Grade: M56

**Cost: \$20 if travelling with the Club
\$2 if going independently + reimbursing your driver**

Location: South west of Brisbane near the NSW border

Web:<http://summitstories.blogspot.com/2009/05/mt-barney-south-east-queensland.html>

Emerg Off: Michele Endicott Ph: (07) 3351 4092

You walk for half an hour along the old timber road, perhaps getting your feet wet when crossing the Logan River (really a small creek) just before leaving the road. The unformed trail now follows the ridge through the undulating open eucalypt foothills – a series of ups and downs until you get to the ridge proper.

There is a small 2m cliff to get up at the start of the real climb. Then you are going up a 45° or more ridge for the rest of the way. A lot of the way is through rocks in long grass, low scrub, and rock slabs. There are a few rock gullies to cross. And another small cliff to get up. At one point you are walking for a few minutes beside the edge of and above the 1000m cliff of the East Face. After several false tops and some wading over rock slabs and minor cliff lines, you reach the top. Here you are welcomes to stunning 360° views of all the surrounding mountains, peaks & hills.

Then you have to make your way down the saddle to the Mass site. There is a brush trail to follow; now a bit overgrown with low scrub, and some well used cliffs, slopes and slabs to come down.

The total height gain on this ridge is 1000m and you get to the top of East Peak – the top of Mt Barney. It

takes about 5 hours, with a further 1 hour to the Mass site, approx 300m lower.

The way back to the cars is via South (aka Peasant's) Ridge.

SOUTH (Peasant's) RIDGE

Leader: Russ Nelson Ph: 3374 3534

Meet at, Time & Cost: same as for South East.

Grade: M54

Web: <http://summitstories.blogspot.com/2009/05/mt-barney-south-east-queensland.html>

Emerg Off: Michele Endicott Ph: (07) 3351 4092

The walk starts at the same time and with the South East walkers. We stay together till just after the Logan Ck is crossed. The South party stays on the timber track for another 15 minutes, then branches off onto a degraded and washed out minor road. This is followed for 30 minutes through open eucalypt, and some rainforest. Past storms have caused landslides and eroded out the gullies.

At the end of this trail the track then takes a sudden right turn up and up and up. The track is steepish but is dirt in amongst eucalypt, though eroded. It is a constant up with a few flat bits on the ridge and several lookouts along the way.

Half way up there is a 6m steep rock slab to get up – via a crack in the rock. The oldies will help you over this obstacle. Soon after there is a chimney (a large crack in the rock a person can fit in) to go up – just like going up a steep set of steps.

Finally you go down a bit and into Rum Jungle - the rainforest covered saddle. You go through this to the old Uni Hut site and head partly up East Peak – about 100m. Then a bit of bush bashing to get to our rock which is the Mass site – well hidden on the unused side of East Peak.

All this is about a 700m climb taking 5 hours.

Mass first, then a quick lunch.

Coming down South Ridge (Peasants) is the reverse of going up – just that it takes only half the time. The steep bits are manageable. The “steps” are steep and the rock slab you can sit on to work your way down.

The walk out on the trails and road, for the slower ones, will be in the twilight.

What to bring:

Mt Barney is a unique mountain which creates its own weather.

Bring the normal items: morning tea, lunch, goodies, hat, rain protection, torch, something to keep you warm, more water than normal, good shoes with good grip, camera, good night's sleep

Monday, early to bed Tuesday, a decent breakfast, an open mind, willingness to put up with conditions and a sense of humour.

Whatever option you choose to take to get to Yellowpinch on whatever day, and which route you choose to get to the top, let Phil know. We need to know for safety reasons who is on the mountain, where and when.

Every Club member should do a Barney Mass at least once – almost everyone is capable, given time and conditions

Friday 19th August
John Toohey Society Meeting
The Theodore Club

Level 1

333 Adelaide Street Brisbane

Contact: Phil Murray on 5522 9702
or 0413 307580 or 0416 650160

Time: From 4pm till 10ish.

What For: For a chat and a beer and a meal

Emerg Off: Greg Endicott.

For the month of May we are meeting at one of our favourite places the Theodore Club in Brisbane.

This is a very nice establishment and is highly recommended to come into town on a Friday night and feel the buzz of the city and meet up with a group of friends.

So come along and have a chat and a drink and a meal and start dreaming and discuss your next interstate trip or overseas trip. In particular we are interested in those who have beer tasting reports from overseas locales. Phil

20th AUGUST, SATURDAY **NOOSA TRAILS** **DAYWALK**

Leader: Terry Silk Ph: 3355 9765

Meet at: St. Brigid's, Red Hill

Time: 7am

Grade: M33

Cost: \$18.00

Location: Sunshine Coast Hinterland
between Cooran and Pomona

Web: <http://www.sunshinecoast.qld.gov.au/sitePage.cfm?code=noosa-trail-network>

Emerg off: Carol Kelly Ph: 3269 4795

Well, it's that time of the year again when we head north to the beautiful Sunshine Coast hinterland to do another of the Noosa Trail Network for the first time.

This year we are doing Trail #5 which runs for ten kilometres between Cooran and Pomona with some views of Mounts Cooran and Cooroora. It skirts the

Tuchekoi Forest Reserve with a couple of short steepish climbs as well as a couple of minor creek crossings. (These can be managed without getting your feet wet!!) The track is a little eroded in a couple of places but is within the capabilities of all members. The walk is quite pleasant with a height gain of about fifty metres. Most of the walk is under the cover of trees and, consequently, views are limited. Some kangaroos and wild flowers were spotted on the pre-outing.

As this is only a short walk, there is the possibility of an optional bonus extra of the climbing of Mount Cooroora in Pomona which is about two hours return. There is also a five kilometre Noosa trail nearby which we have not done. Naturally, if we do the walk one way a car shuffle is necessary. On the pre-outing we walked back to the start on a slightly different route without any difficulty.

I look forward to your company on this walk in my favourite part of the Great South East.
Regards, Terry.

21st AUGUST SUNDAY NEWSTEAD TO Qld UNI & RETURN BIKE RIDE

Leader: Phil Murray Ph: 5522 9702,
0413 307 580

philriver@optusnet.com.au

Meet at: River end of Commercial Rd,
Newstead

Time: 9.15 am

Grade: Bike ride

Cost: \$2

Location: Along the River on the bikeways
Web:<http://www.brisbane.qld.gov.au/traffic-transport/cycling/bikeway-maps/index.htm>
Emerg Off: Susan Murray Ph: 5522 9702

Many other bushwalking clubs have regular bike rides as part of the Outings program. This will be first bike ride for many years for our Club.

It is a very easy and scenic trip. The hardest part will be avoiding all those pesky pedestrians who have right of way. So get out your bike and bike helmets (and lycra outfits if you have them) and see me at Newstead.

I haven't done the pre-outing yet but I presume it is about 20km of riding which is a good distance to start with.

Bring your own lunch and water and repair kits. I plan to have lunch at Qld Uni. Please note most of the trip is on bikeways but there will be some on road riding. It is a winter ride so it might be a bit cool at times so have a wind jacket handy.

I hope to be able to do at least 2 or 3 trips a year in future. The other trips I have in mind are from Toombul to Sandgate and return. Eight Mile Plains to the City and return. A Sandgate to Redcliffe and return. Murarrie to Pinkenba over the Gateway Bridge.

Like all the Club's activities you undertake this activity at your own risk. Phi

26th to 28th AUGUST, FRI TO SUN FEDERATION PILGRIMAGE BASECAMP

Each year, all SCQ bushwalking clubs meet up for combined camps (the Annual Pilgrimage) - a chance to expand your horizons and your network of fellow bush enthusiasts, and is a walking and social experience. In South East Queensland, the clubs meet each August.

This year Pilgrimage 2011 is being organised by both the Sunshine Coast and Glasshouse Bushwalkers Clubs at the Kenilworth Showgrounds from Friday 26th to Sunday 28th August 2011. A Bush Dance and other social activities are organised throughout the weekend and it is an ideal time to meet and renew friendships with fellow bushwalkers. The activity is run on a non-profit basis.

The Sunshine Coast Bushwalking Club has the Information on their club website:
<http://www.sunshinecoastbushwalkingclub.com/pilgrimage/>

The Festival of The Walks in the Maleny - Montville area will run separately from the Pilgrimage from 19th to 28th August.
<http://www.festivalofthewalks.com.au/>

Weekend registration is \$35 per person. The package includes non-powered camping, walks, bush dance, supper, sausage sizzle, good company. Hot showers require a \$1 coin. [Click here to access the registration form.](#)

The registration form asks if you intend to have the 3 choice set meal at Kenilworth Hotel on Saturday night at a separate cost of \$14.95. It also asks if you require the vegetarian option. [Click here to view the hotel menu](#)

Walks List for the Pilgrimage

1. 7.00am - Baroon Pocket Dam to Kondalilla (Great Walk) 14km \$10 to driver
2. 7.10 - Gheerulla Circuit Thilba Thilba Camp (Great Walk) 14 km return \$10 to driver

3. 7.20 - Summer Creek (Great Walk) 14.2 km return \$10 to driver
4. 7.30 - Mt Boorumba 15km return \$10 to driver
5. 7.40 - Kureelpa Falls 15km return \$5 to driver
6. 7.50 - Mt Gerald 13.5km return \$10 to driver
7. 8.00 - Gheerulla Circuit (Great Walk anti-clockwise) 18 km return \$10 to driver
8. 8.10- Boolumba Creek to Breadknife (Great Walk) 17km return \$5 to driver
9. 8.30 - Mount Allen + Gold Mine (Great Walk) 16km return \$5 to driver
10. 8.20 - Gheerulla Circuit (Great Walk clockwise) 18 km return \$10 to driver
11. 8.40 - Spikes Hut (1) 15km return \$5 to driver
12. 8.50 - Spikes Hut (2) via Mt Allen 15km return \$5 to driver
13. 9.00 - Lobster Creek (off track) 8km return \$5 to driver
14. 9.10 - Boolumba Creek to Mt Allen (Great Walk) 11 km return \$5 to driver
15. 9.20 - Kenilworth Bluff 10 km return \$5 to driver
16. 9.30 - Gold Mine (Great Walk) 8km return \$5 to driver/
17. 9.40 - Boolumba Creek to Breadknife & Wongai Camp (Great Walk) 6km return \$10 to driver
18. 9.50 - Baxter Creek (Great Walk) 4 hours \$10 to driver
19. Branch Creek TBA
20. Figtree TBA

The Marathon

Blue Mountains

Saturday 27 Aug and Sunday 27th August

Leader: Phil Murray

Meet at: the Orient Hotel

Springwood (NSW)

Time: 6-30 pm Friday 26 Aug

Grade: L 66

Cost: estimated cost \$60 each way for airfares and about \$50 for petrol costs.

Contact 5522 9702

0413 307580

philriver@optusnet.com.au

Emerg Off Susan Murray 5522 9702

The Marathon is the annual race to the Club Hut (the Shack) of the Sydney Catholic Bushwalking Club. The Shack is located about 25 kilometres due south of Katoomba and 20 kilometres east north east of Kanangra Walls. This year the plan is to do the trip from Carlon's. (Carlon's is about 15 km south of Blackheath) Total Distance 24 km. For

further details see the article in last month's magazine . There are 2 river crossings so you need to waterproof your packs. There is a big feast on the Saturday night and a great opportunity to meet the many members of the Sydney Club. The walk out on Sunday is much shorter as we should be able to get a lift of about 10 kms.

The Marathon is an event to do at least once in your lifetime. You need to carry a sleeping bag and tent with you. Book your flights tickets asap to get the cheapest prices. I am flying down Friday and flying back on Monday. Phil

3rd SEPTEMBER, SATURDAY COOMINYA TO ESK DAYWALK

Leader: Desley Pedrazzini Ph: 3369 5530

Meet At: St. Bridgid's Car Park, Red Hill

Time: 7.30am

Grade: XL13

Cost: \$18

Location: North west of Ipswich

Web: <http://www.brisbanevalleyrailtrail.org.au/>

Emerg Off: Carol Kelly Ph: 3269 4795

This is a 23.5km section of the 148km Boonah Rail Trail between Wulkuraka and Blackbutt. As it is along the old railway line the walking is easy with no major hills or gulleys – just long.

There should be views of Mt. Hallen and Mt. Glen Rock as we wind our way through native bush land and rural farms but unfortunately no toilets or any other facilities along the way. At least we will appreciate the coffee shop at the end.

Please join me for a walk which the Club has never done before. Desley

10-11th SEPTEMBER, SAT & SUN SEARCH AND RESCUETRaining Mt BARNEY AREA FMR

Contact: fmrqld@gmail.com

**Meet at: Mt Barney Lodge, 1093 Upper Logan Road, Barney View
info@mtbarneylodge.com.au**

Time: 8am

Cost: \$15/day, \$30/weekend

Location: South east Qld, near the NSW Border

Web: <http://www.fmrqld.bwq.org.au/index.html>

This training will not only help you understand how search and rescue for lost or injured bushwalkers is undertaken but also what you can do in the event of

your bushwalking group becoming lost or if someone is injured.

What you will learn:

- Some map reading
- Communication (radios)
- Search strategies – how Police, SES organise a search
- Emergency first aid
- Leadership/group dynamics in stressful situations
- How to stay safe and enhance your chance of being rescued

Program for weekend:

- This will be released closer to the event date
- Training will include talks by Emergency Response personnel, simulated searches in off-track terrain, hands on use of radios, compass, first aid including how to build a bush stretcher.
- Come along for a session, one day or whole weekend
- If coming for the weekend arrange and pay your own camping/accommodation at Mt Barney Lodge

What to bring:

- Usual day walk bushwalking gear including map and compass, GPS and radio if you own one

How to register:

- Email - fmrqld@gmail.com

**11th SEPTEMBER, SUN
ECHO POINT – ALBERT RIVER Cct
DAYWALK**

Leader: Kerriane Pearce Ph: 5597 6160, 0411 165 868

Meet at: St Brigid's Red Hill

Meet Time: 6.30am Red Hill,
8am O'Reilly's car park

Grading: L35

Cost: \$20

Location: Lamington National Park, Green Mountains section.

Web: <http://www.oreillys.com.au/index.php?page=full-day-walks>

Emerg Off: Jason Pearce Ph: 0407 148 373

This walk is a full day; approximately 7- 8 hours. Echo Point is along the Albert River Circuit. It is a beautiful walk with several waterfalls. We follow the Border Track for about 5kms before turning off to the Albert River Cct and a short descent before we hear the rushing water of our first falls - Jimbolonggerri Falls. The track zigzags past several falls before we cross Lightning Creek. We will stop at one of the falls for a morning tea, before heading up to Echo Point for lunch. There are magnificent views on a clear day to Murwillumbah, Mt Warning,

Byron Bay and Coolangatta. There should be many orchids in flower at this time of year. And there are some lovely copses of Antarctic Beech trees. We may also be lucky to spot the Albert River Lyrebird.

We will then follow the border passing Crominan Lookout before starting downhill to again reach the Border Track, where we will retrace our steps to Green Mountains.

This walk is on a graded track with the usual obstacles and a few narrow creek crossings. It is fairly easy walking however it is almost 21km in length so be prepared for a long day. Well worth it though.

Please bring 2-3 litres of water, food, rain jacket and a torch or headlight.

Looking forward to seeing you in this very pretty part of the world. Kerriane

**11th SEPT, SUNDAY
BRIDGE TO BRISBANE
SOCIAL WALK**

Leader: Greg Endicott Ph: 3351 4092
Meet at: The ex-Mobil Petrol Station, Lytton Rd, Murarrie

Time: 6am

Grade: S21

Cost: \$39.50

Location: Murarrie to the Exhibition Grounds, Herston

Web: <http://www.bridgetobrisbane.com.au/>

Emerg Off: Greg Endicott Ph: 0418 122 995

Registration is now open. Log onto the website. For First Time Entrants you need to choose an easily remembered password.

Your e-mail address is your user name.

The e-mail address can be used for more than one entrant, the password is different for each and this distinguishes you.

Then enter the site and complete registration.

You will need to put in your identification details.

For those not first timers, log in by clicking on the other button.

Use last year's username – your e-mail address, and password.

By using this button to enter, they link up your past records – personal details and race results.

If you have changed e-mail addresses or forgotten the password, you probably have to register as a new entrant.

Everyone:

Our **Team Number is 41868** You will be asked to enter this on the first page, instead of nominating for the 5km or 10km event.

41868 is called "The Also Rans" because, as well as everyone else, we also entered the B2B – which is a Fun Run.

The Event: 10km fun run;

If you want to do the 5km, you cannot use the Team Number which is for the 10km only – Courier Mail rules!

I'm doing the Grey walk. You can choose any category.

In the registration you will be asked your organisation, so type in Brisbane Catholic Bushwalking Club.

Cost: entry \$32.50, Bus Ticket \$4; Post Kit out \$3. Total \$39.50.

Pay by your credit card. If you want added security, you will have to go to the Race Office at Eagle Farm to pay in person.

I recommend you buying the Bus Ticket. Depending where you live it will be the bus to the start OR the bus back to your car at the start after the walk. There are a set number of bus tickets and they do run out – get in early.

Have the Race Kit posted out to you as it saves the hassle of you going to Eagle Farm, queuing up and collecting it yourself.

Tick the boxes admitting liability etc.

The bus to the event leaves the Ekka Grounds in Costin St, near the Gregory Tce end, between 4.45am and 5.15am.

Mobil have closed all their petrol stations, so the one at Murarrie is an ex-station. It could be a 711 (7-Eleven) now since they bought a lot of the sites.

Registration closes: by post on 19th August; in person & on-line by 9th Sept.

The Race Office is at 1/120 Fison Ave West, Eagle Farm. Ph: 1300 55 55 77 or e-mail: info@bridgetobrisbane.com.au

After we finish, those who want to can move down to breakfast to a café in Brunswick St in the Valley Mall. I will book places. I need to know who is staying for Breakfast.

Thanks and register as soon as possible. Greg

Friday 16th September
John Toohey Society Meeting
The Premier's Bar at the Treasury Casino
Queen Street Brisbane

Contact: Phil Murray on 5522 9702
or 0413 307580

Time: From 4pm till 8ish.

What For: For a chat and a beer and a meal

Emerg Off: Greg Endicott.

For the month of September we are meeting at the Treasury Casino which is one of the most

impressive examples of Victorian architecture in Brisbane.

This is an old favourite as the views and ambience are exceptional.

So come along and have a chat and a drink and a meal and start dreaming and discuss your next interstate trip or overseas trip. In particular we are interested in those who have beer tasting reports from overseas locales. Phil

17th SEPTEMBER, SAT **TOMEWIN BORDER GATE TO TUGUN** **DAY WALK**

Leader: Trevor Kelly Ph: 3269 4795

Meet at: St Brigid's Red Hill

Time: 6:15am ready to depart at 6:30am

Cost: Petrol - \$20-00 + Bus fare approx \$6 depending on numbers

Grade: L45

Or Meet bus at: Don Paxton Park, Tugun (toilets available) - (entrance via Station Street – NOT Atkin Street)

Bus time: 8am SHARP

Location: Along the border in the Gold Coast hinterland

Web: <http://maps.google.com.au/maps?q=Tomewin,+qld&hl=en&ll=-28.240617,153.377475&spn=0.054846&sll=-27.639592,153.094628&sspn=1.124101,1.755066&z=14&layer=c&cbll=-28.240617,153.377475&panoid=K2IUNYbyZAHHiONn1V-1AA&cbp=12.0,.0.0>

Limit: 21 (bus capacity)

Water: 2 litres

This is a great walk which I had the pleasure of doing early this year. Come along with me on 17th September, and we will walk from Tomewin Border Gate (upper Currumbin Valley) to Tugun approx. 20km.

The walk will start at the Tomewin Border Gate and we will follow the border all the day to Tugun. The border fence has been in place for almost 200 years and is part of the history and pioneering days of the area.

The walk is mainly downhill, however there are several long steep climbs along the way. We will pass through forest, farmland, banana plantations, avocado and citrus trees amongst the rolling hills. There are great views along the way, especially looking down to the coast. After a final steep hill (down) we will cross the Tugun Bypass via a bridge and it will then only be a short walk back to the cars.

I have arranged for a bus to take us to the start of the walk. This will save a long car shuffle. Cost TBA but probably no more than \$6. The bus only

seats 21 people so nominate early to book your seat.

Come along and enjoy this great walk, which is within the capabilities of most bushwalkers.
TK

19th SEPTEMBER, MONDAY INTERNATIONAL TALK LIKE A PIRATE DAY SOCIAL

Leader: Capt'n Jack Sparrow
Meet at: Anywhere
Cost: A chest of 8
Grade: Steep
Location: At home, on public transport, at work, at a meeting
Web: <http://www.talklikeapirate.com/piratehome.html>
Emerg Off: Desley Ph: 3369 5530

This year the "Day" will be where ever you are. Just start speaking like a pirate: <http://www.talklikeapirate.com/howto.html#basic> It is really that simple. It is all up to you. Just talk like a pirate and it automatically becomes Talk Like a Pirate Day. Amaze those around you by your multiculturalism and bilingualism. Surprise family, friends, work mates, strangers beside you.

Follow the simple guidelines on the web site and all will be well. Follow the Advanced instructions and appear to be the expert that you aren't.

Arrange a pirate themed lunch at work. Become the social butterfly for once.

Do not be afraid that others will laugh at you – it is not Dress Like a Pirate Day, so you do not rally have to wear a red scarf around your head or wear a cutlass – unless you usually go around like that. All you require is the parrot on the shoulder.

19th SEPTEMBER, MONDAY MONTHLY MEETING

Contact: Desley Ph: 3369 5530
Time: 7.30pm – Doors open & meeting starts soon after
Where: St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks. Ask questions of our leaders about their coming events, so that you can make up your mind as to whether come on the walk. Nominate for a walk. Nominate to lead an

outing. Stay for supper. Bring those recent bushwalking snaps.

24th SEPTEMBER, SATURDAY TWEED RIVER TO KINGSCLIFF DAY WALK

Leader: Graham Glasse Ph: 3371 9623
Meet at: St Brigid's Car Park, Red Hill
Time: 7am
Grade: M12
Cost: \$20
Web: <http://www.maps.com.au/Localities/RegionDetail.asp?RegionID=35>
Location: On the coast south of Tweed Heads

This daywalk will begin at Doppys Beach on the Tweed River, where there are good views of the highrise of Tweed Heads. After a short walk beside the rock wall to South Head, we shall begin our beach walk. At Fingal Head township, we shall leave the beach and have lunch in a park.

A short bushwalk will take us to Dreamtime Beach south of the township. On the way we shall detour to visit the lighthouse. There are good views from the headland both up and down the coast, as well as views of Cook Island and Mt Warning. We shall head down Dreamtime Beach to Kingscliff, leaving the beach near the Bowls Club to avoid the restoration work at the southern end of Kingscliff. We shall finish the day with coffee at one of the many local cafes.

This is an easy walk (about 12k) in a part of the world that the club doesn't often visit. Don't miss this opportunity! Graham

1st OCTOBER, SATURDAY LUNCH AT THE BREKKIE CREEK HOTEL SOCIAL

Leader: Greg Endicott Ph: 3351 4092
Meet at: Breakfast Creek Hotel, 2 Kingsford-Smith Dr, Albion
Time: 12 noon
Cost: \$20 to \$40 for mains.
Location: at the Breakfast Ck Bridge at the mouth of Breakfast Ck
Web: <http://www.breakfastcreekhotel.com/index.html>
Emerg Off: Greg Ph: 0418 122 995
RSVP: Fri 30th Sept

Spend an enjoyable few hours with us on a nice warm Spring afternoon. Sit outdoors in the shade of an umbrella in the fresh air casually talking with friends. Break out the spring florals – throw the winter black back into the back of the wardrobe and find the bright colours.

Bring along recent photos. Talk about future plans, what you will do throughout summer, past or coming holidays. Ask others about their plans.

The Creek not only cooks steaks, but has chicken, salads, fish – look up the menu on the web.

I need to book numbers as it is popular on weekends and race days – so nominate to me.

**1st OCTOBER, SATURDAY
THE ACTIVE OUTDOORS EXPO 2011**

Leader: QORF
Time: 9am - 3pm
Where: Bayside Park, Fairlead Cres, Manly
Web: <http://www.qorf.org.au/01 cms/details.asp ?ID=1558>
Cost: Free

The Active Outdoors Expo is the only event designed to showcase the range of outdoor activity opportunities we have in Queensland and to encourage active healthy participation in the outdoors.

There's something for everyone at the Active Outdoors Expo with an action packed, fun filled day of activities, demonstrations and exhibitions... like: mountain biking, orienteering, rock climbing, raffles, canoeing, competitions, skipping, walking, trampolining

And best of all - it's all FREE - so come along and enjoy a great day out!

BWQ normally have a stall and need volunteer bushwalking club members to man the stall.

It is a large open site with easy access, large grassy area for activity demonstrations and come & try activities, a small beach on Moreton Bay (High tide is expected to be at 12.15 pm on the day), trees for shade, good parking locally, great food and coffee across the road at the Manly shops and cafes, good public transport with Manly railway station only a few minutes away

QORF
Sports House, 150 Caxton St, Milton QLD 4064 Ph: 07 3369 9455
email: industry@qorf.org.au

**8th - 9th OCTOBER, SAT & SUN
MORETON ISLAND
BASECAMP**

Leader: Trevor Kelly 32694795
Cost: TBA
Location:
Web: http://en.wikipedia.org/wiki/Moreton_Island

Come with me on a Moreton Island Adventure; enjoy the wildflowers wildlife and pristine lakes that is Moreton Island. Book early and secure your seat in the taxi. All details will be in Septembers Magazine. Trevor Kelly

**The Obelisks
Northern NSW**

Saturday 15 & 16 October
Leader: Phil Murray
Meet at: Red Hill Church carpark
Time: 7-30 am
Grade: M 44
Cost: estimated cost \$25.
Contact 5522 9702
0413 307580
philriver@optusnet.com.au
Emerg Off Susan Murray 5522 9702

The Obelisks are in northern NSW. There is south obelisks also called the beehive and North Obelisks also called Coutts Crown.

They are 2 little mountains just south of the border near the town of Woodenbong. You get a great view of these mountains from Mt Barney.

The plan is to climb south obelisk on the Saturday and North Obelisk on the Sunday and if time permits we might even try to climb Edinburgh Castle as well.

We will camp at Toolum Falls on the Saturday night.

I wasn't going to bother with a trip to Woodenbong unless Australia is in the Rugby World Cup Quarter Finals on the Saturday night. Phil

**The German Club
Opposite the 'Gabba**
John Toohey Society Meeting
Friday 21st October
416 Vulture St
Kangaroo Point, QLD 4169

Contact: Phil Murray on 5522 9702 or 0413 307580
Time: From 5pm till 10ish.
What For: For a chat and a beer and a meal
Emerg Off: Greg Endicott.

For the month of October we are meeting at the German Club to join in the festivities of the Oktoberfest to try out the German beers. The Alpenrosen Dance Group is a traditional dance group and in particular they perform the Schuplattler (Shoe-Slapping). This dancing comes from Upper Bavaria and Tyrol. They also perform the traditional Ringing of the Cowbells (Glocken)

which consist of large and small sets of bells that are musically tuned. They play 250 songs ranging from German, Australian, Italian etc. Phil Ps the actual name of the Club is "Brisbane Deutscher Turnverein".

**21st to 28th OCTOBER, FRI TO FRI
GREAT OCEAN WALK VICTORIA
THROUGHWALK**

Leader: Chris RAHMANN Ph: 0418 739 064
Meet at: Melbourne
Time: Around midday 21st October
Cost: \$120 camping fees on hike. (I am working on around \$500 all up including flights etc).
Location: Apollo Bay, Victoria.
Web: http://www.parkweb.vic.gov.au/1process_details.cfm?place=238

Victoria's Great Ocean Walk is from all reports an enjoyable 98km stroll along Victoria's South West Coast from Apollo Bay to the Twelve Apostles. Highlights include the Cape Otway Lighthouse, Wreck Beach and the 12 Apostles not to mention the two national parks and two marine parks.

I have decided to do this walk as a warm up to the club's Victorian Alps Trip. The 21st will be a travel day with hiking/camping for 6 days/5 nights from the 22nd to 27th and then back in Melbourne by midday on the 28th to meet up with the Victorian Alps trip. There will also be two nights in Apollo Bay (one each before and after the walk for logistical reasons).

If anyone is interested give me a call and I can provide further details.

Cup Weekend Walk in the Victoria Alps

Friday 30st October to Tuesday 3rd November 2008

Contact: Phil Murray (5522 9702 or 0413307580)

This is a joint walk with Catholic Walking Club of Victoria. I am a member of the Victorian Catholic Walkers and I am leading these trips.

The plan is to visit the 2 highest mountains in Victoria namely Mt Feathertop and Mt Bogong. There are two throughwalks each of 2 days duration. We are doing Bogong first and Feathertop second as it allows more time for the return to Melbourne.

At this stage I have 6 definites for the trip and I am mindful of keeping the party to a reasonable size so if you want to come contact me soon. Phil

**LEADERS
THE "LIABILITY FORM"**

Leaders – each non-member has to complete the "Acknowledgment of Risks and Obligations by Non-Members (Visitors)" which is on the BCBC web site <http://www.bcbc.bwq.org.au/page14.html> under "The Forms We Use"/"Acknowledgment of Risks and Obligations by Non-Members (Visitors)". Please print out a form for each non-member.

A Non-Member includes visitors, persons under 18 (which includes children of members) and anyone invited to our event –ie the priest for the Barney Mass.

The form should be completed by the non-member themselves without any hint of what to put on the form. They complete the whole form themselves in their own handwriting. They have to write "Yes" or "No" in the boxes – a tick, "Y", "N" or anything else is not good enough.

When asking them to complete the form, ask them to read the whole form, then to complete it.

Do not tell them what to write.

Do not fill out anything on the form yourself – except your signature as the Witness.

Make sure the event (trip) name and date are clear enough and correct.

Make sure they include all the information at the bottom of the form.

Make sure they sign the form.

Each non-member completes a separate form – 2 people cannot sign the same form – ie: husband & wife, parent and child.

You as the Leader are the "Witness".

If the non-member is under the parent or guardian must countersign the form, and the Leader is still the witness. Anyone under 18 cannot come on a Club event if not accompanied by someone responsible for them.

Read the form after they complete it and before you countersign it. Check all the answers.

Have the form completed before the event/trip leaves Brisbane. If they answer "No" for any of the questions, they cannot come on the event/trip.

If anyone meets you along the way, have them complete the form when you meet them. If they

answer "No" for any of the questions, they cannot come with us.

Hand the forms to Terry with the Trip Nomination Form.

The Form is needed for all trips, and any other event where we are providing the service – not at a restaurant or the Meeting. Though it would be wise at these events. Greg E

PAST EVENTS

Campbell's Folly daywalk
Sunday 25 June 2011-07-31
Attendance 17
Weather – fine 21°

It was a short but very enjoyable walk. In fact it was so good I want to go back again soon. The views of Mt Barney and Mt Lindsay were breathtaking. It has to be one of the most scenic spots I have been to in south east Qld as you are right amongst all the major peaks. The walk up was constantly delayed as we played spot the ridge and were regaled by stories of past trips up the various ridges of Mt Barney.

It was only about a 2 hour walk up and just over 90 minutes on the way down including stops. But it was just a magical place to visit with lots of wildflowers including the Scarlet Pea which was in profusion and a rare little white flower the *Rulingia salviifolia*.

The huge escapment was very dramatic as we were walking along the cliff face for a lot of the trip. We had an early lunch before 11.30 and on the way back Michael Simpson led the boys on a 'boy's trip' down the scungy north west spur. It was challenge but they got down safely.

Overall the trip was one of the easiest off track walks I have done and the rewards were excellent. The weather on the day was just perfect. Those of the trip were.

John Blumke, Jan Nelson, Maria Kerruish, Paddy Taylor, Michael Simpson, Terry Silk, Paul Evans, Ray Rogers (visitor), Russell Jones, Louise Jones, Alan Cox, Mary Van Velthuisen, Joe Finn, Tracy Hagger. Peter Constable, Phil Murray, Greg Endicott.

NEGLECTED MOUNTAIN
SATURDAY 2nd JULY
DAYWALK

With recent wet weather and the promise of fine weather on the day, a much anticipated walk to Neglected Mountain was greeted by 9 eager bush

walkers. We left Red Hill headed for our first regroup stop, Stinson Memorial Park. From here it was a short drive to where we parked cars and prepared for a steep descent towards Neglected Mountain.

It was obvious that there had been recent rain and so we found the track up to the summit very slippery. The shortest and most direct route was straight up the slope. It was hard work but the ridge top was eventually reached. The promised views were limited due to cloud and mist. There was a brisk breeze blowing and we quickly cooled down after the strenuous climb.

We were following a distinct track on the ridge which would take us further up the mountain. This was now easy walking apart from two rocky outcrops which slowed us up a bit. We passed the crest of the mountain and continued on to the next saddle where there was a view into the valleys on either side. We decided to turn back at this point as there were more wet and slippery rocks to negotiate and the weather was threatening to close in on us. We returned the short distance to neglected mountain and had lunch on an open grassy slope while watching a pair of eagles ride the air currents.

The return trip was much the way we came except we took a zig zag track down the steepest part of the slope as a concession to our aching knees.

After a cleanup and change of clothes at Stinson Memorial Park, we headed to Beaudesert for coffee before the drive home. Michele Johns

Mt MATHIESON
SATURDAY, 9TH JULY
DAYWALK

Eight members and two children took part in this walk on a fine and sunny day. However there were strong cold gusts of wind at times. The views from Mt Mathieson were excellent as expected; however we were unable to see the Mt Mitchell walkers, possibly because of the scunge. We had morning tea at a warm sheltered spot not far past the Mt Mathieson lookout. The short section of scrambling presented a challenge for some but we all succeeded in ascending the incline.

As we approached Governor's Chair from the historic road and heritage trail, we passed the vehicles of the Mt Mitchell walkers. The views from Governor's Chair during the lunchbreak were great, and some members of the party could even see the highrise of Brisbane on the horizon. After lunch we made our way back to the Pioneer picnic area, detouring briefly to inspect Moss's Well.

As mentioned in the previous Jilalan article, a feature of this walk is the diversity of plant species in the area, including grass trees, Sydney blue gums, strangler figs, elkhorns and staghorns, banksia, and the purple-flowering sarsaparilla vine. Colonies of bellbirds could be heard during some sections of the walk.

After visiting the Pioneer graves, we travelled to Aratula for afternoon tea, and were back at St Brigid's soon after 5pm.

Thanks to the following members for participating in this activity: Gordana, Barry, Julie, Paddy, Ray, Sofia, John B, and especially to our two young visitors Claire and Gabrielle. Graham

JTS THE TANK FRI JULY 15th

We had a good gathering for this ever popular location at the Valley end of Queen St. As usual, it was not crowded or noisy, and one could make ones way to the bar easily. The food, as usual, was good and quick to arrive. We had our usual table just inside the wall against the windows.

We solved the world's problems, but as usual, no one was listening.

Thanks to Michael & Catherine, Russ and Jan, Peggy, Peter C, Eliz R, Graham, Michele E for keeping me company. Greg.

SHEPHERD'S WALK SATURDAY 16th JULY DAYWALK

A big thank you to the fourteen brave souls who joined me for the wettest Shepherd's Walk. Fortunately, it was not as wet nor as cold as the weather forecast had predicted. Unfortunately, the number of walkers was well down with only sixty-eight doing the walk. The Society had catered for over a hundred. We had very light rain all day but we still managed to enjoy ourselves. The area has become quite overgrown but we managed to find a path through the mostly dead long grass. This year there were very few Wattle blooms in evidence, possibly because we are having a winter for a change. I suspect that a lack of recent rain and recent frosts have killed off the grass.

As we approached the saddle of the Ginbroken Range we walked through some low cloud. Consequently, the views were not as expansive as usual. For the second year in a row the crossing of the Albert River at the end of the walk was uncivilised in that you had to get wet feet!! (This year I made sure that I crossed behind Paddy so

that she could not get a photo of me.) (Also, there is talk that this crossing situation will be remedied next year. Come and do the walk and see for yourself.)

The sausage sizzle and damper lived up to their fine reputation. Also, for the second year in a row the sizzled sausages were served on bread instead of toast. It seems that a lack of volunteers has necessitated this change which is unfortunate. With the cooler temperature, the tea and coffee were very popular whilst I found the cordial to be the best ever. Once again a fine selection of homemade cakes and slices appeared right on queue. As usual there were three different varieties of damper, plain, pumpkin and sultana (aka damper with flies.). Because of the large number of no-shows, there was plenty of food. Unfortunately, our time to eat and socialise was way too short yet again and before we were ready the buses were ready to return us to Beaudesert. Whilst we were eating, Joy Drescher (aka Tail End Charlie) entertained us with some poetry reading. (This was a no-charge extra.)

Yet again our thanks must go to the Beaudesert Historical Society and the Restored Auto Club of Canungra for looking after us. The members who joined me were Ray Rowe, Paddy Taylor, Russ and Jan Nelson, Michele Johns, Julie Philippi, Therese Abernethy, Mary van Velthuisen, Mary Hood, Mary Kelly, Andrea Turner and Barry Crawford along with two visitors, Roslyn Cassidy and Robyn Savic who were on their second and first walks respectively.

I have already started a list for next year's walk as I am determined to have every club member do this walk at least once. As I have mentioned before, the future of this walk cannot be guaranteed especially as the number of volunteers is dwindling as they grow older. I strongly recommend that you join me on the third Saturday in July to sample firsthand the country hospitality of the Beaudesert Historical Society. Regards, Terry.

KNOLL 629 (aka Mt ALFORD) SATURDAY 30th JULY DAYWALK

It was a glorious day – sun shining, minor cloud, cool but with a haze over the mountains probably due to some winter burning off. One surprise was seeing water in Moogerah Dam for once.

The six walkers started off up the dirt road to Glennie's Pulpit. This was the hardest part of the day as it appeared never ending. However the cleared ridge afforded us the opportunity to turn around as look at the unfolding view s we climbed higher. And the view is impressive – you get to look

over the east, north and towards the west. Only the south was obscured by the mount itself. We could pick out all our favourite mountains.

Once beside the pulpit, the party rested and looked at the rock climbers stating their way up. About 10 minutes on, we stopped for morning tea beside the old wrought iron shed. On our feet again and we followed the track around to the left and upwards. Being in the forest now, there were no views. After about an hour or so, we reached the clearing. Here we turned sharp right and headed down to the fence. Through it and the group followed the ridge top to a knoll for lunch.

A phone call from the walkers on Mt Moon hurried us along, we packed up and moved on – did not want them to catch up to us, did we. We retraced our steps back to the clearing and went straight up. When we reached the highest point, we downed packs and clambered to the top – an excellent photo vantage point.

Now for the steep loose down back to The Pulpit and down the slope to the cars.

Thanks for: Desley, Barry, Sofia, and visitors Janelle and Marina for accompanying me. Greg

Karawatha Forest Wildflowers Daywalk Sunday 31 July 2011

Attendance

Weather – fine 21°

Another wildflower walk and so many little treasures to see. The standout was the swathes of Pea Flowers and Pink Boronia on the sandstone ridge near the picnic shelter. The other highlights were the impressive views of the Scenic Rim from Paratz's lookout. It was even suggested we could see Mt warning through the gap near Mt Tamborine. The low light for the day was clearly the accident to one of our walkers just after lunch. We had just come down of the very steep and pebbly ridge from Paratz's lookout when fate intervened and laid Sharon low. I was just in from of her when I heard a faint crack and turned around to see her flat on her back. She never once complained and was a real trooper. The only thing she said in regret was that she had a premonition that morning that perhaps she shouldn't go on the walk. But she dismissed the idea as a mere silly notion. Perhaps we should sometimes listen to our hunches. The awkward part was not knowing whether it was broken or not. With an abundance of caution we decided to play it by the book and not move her and call for the ambulance who duly came and were marvellous. Much later that evening Sharon confirmed our fears that she had a broken bone (she actually broke her fibula in 2 places) and it was

just as well that we didn't try to move her at all. She advised she doesn't need surgery to put a plate and screws in the bone.

Thanks for the concern of the other walkers on the day. We wish Sharon a speedy and pain free recovery.

The main flowers we spotted were
Hardenbergia violacea, (the purple vine)
Patersonia sericea, (the purple iris),
Boronia rosmarinifolia (Pink Boronia)
Phyllota phyllicioides (the yellow pea)
Pultanea villosa (egg and bacon plant)
Alphitonia excels (soap tree)
Xanthorrhoea media (the grass tree without a trunk)

Those on the walk were - Tracey Laing, Di Thomas (a visitor from Qld Bushwalkers) , Graham Glasse, Sophia Ramsay, Anthony Dolan (a blast from the past), Paddy Taylor, Michelle Foley, Phil Murray and Sharon Hickey. Phil

BARNEY MASS 2010 50th ANNIVERSARY DIGITAL PHOTO BOOK

Following last August's very successful celebrations of the 50th Anniversary of the Barney Mass, a record of the event has been compiled. It is a digital photo book which includes the homily, all the speeches and many photos taken on the day.

Anyone wishing to view the book needs to contact Desley who holds has the Club's copy.

Anyone wishing to order a copy of the book needs to give their name and \$47 to Terry Ph: 3355 9765. Often "specials" come and the books can be cheaper. Plan on \$47 and get change when a discount operates and we bulk order.

AROUND THE RIDGES

The Shipstern Ridge Wildflowers walk for 3rd Sept had to be postponed to next year as it clashed with the plans for the boys weekend before my son's wedding. But guess what they changed the weekend for the buck's party. Kids !!!

Shirley Strachan Memorial Walk

In the July magazine for the Brisbane Bushwalking Club I noticed they are having a memorial walk for Shirley Strahan on the 28th August 2011. When I read it I thought that's nice but who is Shirley, then the penny dropped. He was the Australian Rock Singer from the 1970's. The following is a clip from Wikipedia-

Graeme "Shirley" Strachan (January 2, 1952 - August 29, 2001) was the lead singer of Australian 1970s rock group Skyhooks. He was born in Melbourne. He was an avid surfer, and his nickname "Shirley" was given to him by his surfer friends because of his long, sunbleached and very curly hair, referring to Shirley Temple.

Skyhooks had several big hits including, "Horror Movie" (1975) - "Ego Is Not a Dirty Word" (1975) - "All My Friends Are Getting Married" (1975) - "Women in Uniform" (1978) Strachan pursued a solo singing career during his time with Skyhooks and released a number of records, the most successful of which was his cover of "Every Little Bit Hurts" in 1976.

He left Skyhooks in 1978 and then worked as a radio and television presenter. He became known to a new generation as the host of children's television series [Shirl's Neighbourhood](#) in the early 1980s. In the 1990s he was a regular presenter on home makeover program Our House where he resurrected skills from his pre-Skyhooks carpentry trade. He was also instrumental in several Skyhook reformations during the 1980s and 1990s. He also presented a breakfast radio show on the Brisbane radio station Triple M in the 1990s. Strachan left Triple M in 1999 following a pay dispute.

He was killed in a helicopter accident on 29 August 2001. He had been a fixed wing pilot for many years and had been undergoing training for a helicopter pilots licence, with a view to buying a helicopter and taking friends and family on surfing safaris. On a solo flight near Maroochydore in clear weather and inexplicably off the course planned by his instructor, Strachan encountered mountain turbulence which caused the rotor of his Bell 47G to sever the tailboom, crashing the helicopter onto a mountain slope. That mountain was Mt Archer. The actually memorial walk sounds like a very hard daywalk, off track through rainforest and up steep hills.

The Swell Sculpture Festival at Currumbin Beach.

9th – 18th September 2011.

The Swell Sculpture Festival is Queensland's premier outdoor sculpture exhibition,.

This is the e ninth annual outdoor sculpture exhibition. It will be held along Currumbin Beach from the 9th – 18th September 2011. Swell Sculpture Festival provides opportunity to experience a highly regarded exhibition set within a visually stimulating, expansive coastal landscape at an economical price as it is free. The guide book is a steal at only \$5. There are usually about 50

Exhibits. The Swell Sculpture Festival supports full freedom of expression for all forms of sculpture and is an ideal opportunity to see another way of looking at the wonder of the world.

'Floressence 2011' 29 -31 July

The Botanical Artists' Society of Queensland had their annual mid year exhibition at the Mt Coot-tha Botanical Gardens.

This exhibition highlighted the specialised art of botanical illustration along with the diversity of Australia's flora and landscape. The highlight for me was to see a past member of our Club, Anne Hayes, has joined the Botanical Artist's and was one of the main exhibitors at Floressence and I must comment that her artwork was just sensational.

The Spring Flower Show at the Mt Coot-tha Botanic Gardens 17th and 18th September

The Society for Growing Australian Plants (or SGAP as it is usually called)

Is holding its Annual Spring Flower Show at the Mt Coot-tha Botanic Gardens.

Saturday 17th September and Sunday 18th September 2011 dates:

There are spectacular displays of: native flora, landscaping ideas, displays from other organizations with similar aims, plants sales, cut flower sales, book sales, plant information and bush tucker displays. Admission is \$3.00 - children free. Phil

SEVENTH ANNUAL PHOTOGRAPHIC COMPETITION MONDAY 21st NOVEMBER

The idea of the having a photographic competition is to encourage members to bring their photos out share them with other members. A great way to share them is by entering them in the competition and also including them in the magazine, annual report and on our website.

Our goal as a club is to encourage the love of the bush and bushwalking. I trust the photos will display the spirit of the Club and the beauty of nature and why we go bushwalking. The best overall photo will go on the front cover of the Annual Report.

The categories of the competition are -

1. **Landscape** - this includes all the landscapes, waterscapes, mountains
2. **Moods of nature** - sunrises, sunsets, storm and rain or misty days

3. **Nature Close up** - plants, animals, birds, rocks, leaf litter etc
4. **People and faces** - Portraiture & Club Character
5. **Miscellaneous**- any photos that do not fit into any other category.
6. **International Walking** - photos from overseas walks
7. **Best overall** - awarded to the print deemed to be best overall by the invited judge.
8. **Peoples choice**. The best photo selected by the members.+

The Competition Rules

- entry is open to club members only
- the photographs have to be prints and displayed at the November meeting.
- size - photo approximately A5 size - 210 mm x 149 mm or smaller so it can fit on the front cover of the Annual Report (this will be strictly enforced)
- Each person may enter 2 photographs per category.
- Each photograph must be titled and have the owner's name and date.
- the photos must be from a BCBC trip or in the area in which we usually walk.
- Photographs can be entered on the night but no later than 8.00pm. There is no entry fee.
- There will be an overall winning photo which will receive a modest prize.
- The winning photo will go on the front cover of the next annual report.
- The ownership of the photo will remain that of the photographer.
- The owner agrees to allow the Club to scan their photos to use the photos in the club magazine annual report and website.

JOHN TOOHEY SOCIETY PROPOSED 2011 ITINERARY

Aug	19	The Theodore Club
Sep	16	Treasury Casino
Oct	21	The German Club
Nov	18	The Coffee Club at Riverside
Dec	16	The Cultural Centre Café Phil

TERAB PARK FARM

The Granite Belt is not only about apples and grapes. You can celebrate Christmas in July, 'Legends in the Lavender' or 'Jumpers and Jazz in July', to name a few. There are food trails and wine trails, and regular art and craft markets. Winter is also a great time to get out and enjoy the great scenery of the Downs.

Terab Park Farm is the perfect base for your Southern Downs experience, located within an easy

drive of Killarney, Warwick and Stanthorpe, and not forgetting the popular Girraween and Bald Rock national parks.

The 176 hectare property is situated on the Maryland River and surrounded by natural bushland abundant with wildlife. The Lodge is fully equipped self contained and sleeps eight comfortably.

So what are you waiting for? Pack your bags and walking shoes and come and explore our backyard. Take a look at our web site at www.terabparkfarm.com.au, or contact us on 0746861299 or email your enquiry to bookings@terabparkfarm.com.au.

The following link will give access to event information in the area.

<http://www.southerndownsholidays.info/events/events-calendar/>

Greg and Jayne Barrett.

PARK ALERTS

See:

http://www.derm.qld.gov.au/parks_and_forests/park_alerts/index.php#aroundbrisbane

D'Aguilar National Park: Mt Mee Section, Moggill Conservation Park & Lawnton's Rd Sections
Moreton Is
Springbrook
Mt Beerwah
Cononales
Cooloola
Mapleton NP
Main Range NP
Mt Barney

BUSHWALKER TRANSPORT TASMANIA

Adventure Seekers provide walker transportation to all the major walking tracks in Tasmania. If your members require a walker transfer service on their next walking tour to Tasmania please don't hesitate to get in touch.

For group discounts please ring or email for a quote. The direct link to our transport page is <http://www.adventureseekers.com.au/bushwalker-transport.html>

Stan - Adventure Seekers, : 0400 882 742

E: info@adventureseekers.com.au,
www.AdventureSeekers.com.au

EDITOR'S REPORT

ARTICLES: Please have all articles for the Sept Jilalan to me by Friday 9th September. Please check and adjust your article to comply with the Style

Guide: www.bcbc.bwq.org.au/JilalanStyleGuide.html If you have any queries, you should phone me on 3351 4092. E-mail articles to endhouse@bigpond.net.au

As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

The views expressed in Jilalan are not necessarily those of the Editor or of the

Management Committee of the Brisbane Catholic Bushwalking Club.

If you "borrow" any words or image from another source, please acknowledge that source – author, publication, issue, date, publisher.

I need your articles on time – it makes it hard to still get articles when I should be formatting.

Articles from this publication may be reproduced provided the source is acknowledged.

Look at last month's Jilalan and copy that format – especially the "headings" in Comings

Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.

Type Face is "Arial", Font Size is "12", though Date, Name of Event & Type are "14

HOW WE ORGANISE OURSELVES

VISITORS – for general enquiries contact Greg on Ph: 3351 4092.

GENERAL MEETINGS: Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower carpark.

VISITORS are always welcome.

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.
- (h) All visitors must sign an Assumption of Risk form for insurance purposes.

EMERGENCY OFFICER: If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

<http://www.bcbc.bwq.org.au/EmergOffSyst.html>

PERSONAL EQUIPMENT: The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MEMBERSHIP FEES - Membership Subscription fees are:

Ordinary Members: \$40; Associate Members: \$30; Spouse Members: \$10.00; Country: \$30.00. Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. Payment of fees can be made to the Treasurer. Pro-rata amounts apply to new members if you join during the year.

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

CONTACTS

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Federation Mountain Rescue FMR	http://fmrqld.bwq.org.au/	
Archdioceses Web Site	http://bne.catholic.net.au/asp/index.asp	
Parishes	http://bne.catholic.net.au/asp/index.asp?pgid=11463	
Jilalan Printer: Printabout, Lower Gr Floor, Boeing House, E-Mail:	myprinting.bri@cplqld.org.au Cnr Adelaide & Wharf Streets, Brisbane. Ph: 3831 6644, Fax: 3831 6650,	

For specific enquiries, contact the committee member (from above) concerned.

For Outings or Socials, contact the leader shown in the calendar or article.

Cover: Drawing by BCBC Co-Founder Raoul Mellish – the Original Jilalan Cover



5 FOR 55 LEUKAEMIA FOUNDATION FUNDRAISING WALK

Karen Frederiks

On the 13th/14th August, I will be doing a 55km fundraising walk for the Leukaemia Foundation. My mother passed away from leukaemia at 33 years of age, so this walk will be deeply personal for me. Any donations will be gratefully received. The link is http://55for5.org.au/anita_karen_frederiks.

Many thanks, Karen Frederiks (BCBC Member)

The walk is in Lamington National Park - 55 for 5 - *"It's not a walk in the park"*! It is a demanding hike that is achievable by all age groups. It is a challenge over two days to help the Leukaemia Foundation assist the 5 Queenslanders diagnosed each day with a blood cancer.

Walkers need to raise a minimum of \$555 to be eligible. 55 for 5 is a new outdoor challenge created by the Leukaemia Foundation to help raise much-needed funds for people living with leukaemias, lymphomas, myeloma and related blood disorders. Every day, five Queenslanders are diagnosed with one of these illnesses.

The 1st day will be 33.5km and the 2nd day will be 21.5km, with the overnight stop at Binna Burra Lodge camping grounds.

The Leukaemia Foundation of Queensland is a not-for-profit organisation focused on the care and support of patients and their families living with leukaemias, lymphomas, myeloma and related blood disorders. The Foundation does this by providing counselling, accommodation, transportation and practical assistance for patients and their families - free of charge. The Leukaemia Foundation also funds cutting-edge medical research seeking better treatments, higher survival rates and hopefully cures. The Foundation receives no ongoing government funding.

