

JILALAN



White Rock Daywalk Saturday 13th June

Monthly Magazine Of The

BRISBANE CATHOLIC BUSHWALKING CLUB Inc

Established 1957

Incorporated 1991

Under The Guidance of Our Lady of the Way

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May 2011

Date	Event	Leader	Phone	Type	Grade
23	Hardings Paddock to Plum Res			DW	
25	Minto Crags	Pat		DW	
28	Dinner at Bronco's	Antonia		Soc	
30/2	Goomburra Valley	Iain		BC	
May 1	Mt May	Phil		DW	
7	Buchanan's Fort	Justin		DW	
May 14	Stradbroke Island	Maxine	3490 4001	DW	M13
14	Bushwalking First Aid	St Johns	3253 0500		
14	Migratory Birds Open Day	Boondall	3403 8888		
14/15	Radio, Searching & Navigation	FMR	fmrqld@gmail.com	FMR	
14/15	Track Maintenance at Binna Burra	BWQ	3369 5530		
15	What is needed for a walk	Greg	3351 4092	Trn	
16	BCBC Meeting	Desley	3369 5530	Meet	
20	JTS – The Orient	Phil	5522 9702	Soc	
21	Annual Mass and Dinner	Liz	3356 4874	Soc	
22	Ipswich Heritage Walk	Helen	3294 6976	DW	M23
29	Mt Clunie	Richard	3353 2822	DW	L45
31	Look Sykwards – Spectuclar Star Show				
Jun 5	Mt Mistake	John	5514 0285	DW	M67
11/13	Fraser Island	Justin	3366 3193	TW	L55
12	Numinbah Gate to Wagawn			DW	S46
12	Brunch At Dolci Saponi	Antonia	3857 1387	Soc	
13	White Rock	Greg	3351 4092	DW	M33
16	Lunar Eclipse				
17	JTS – The Irish Club	Phil	5522 9702	Soc	
17/19	OXFAM Trail Walkers	Leisa	3637 4648	BC	
18	Mt Castle/Boar's Head	Justin	3366 3193	DW	L66
20	BCBC Meeting	Desley	3369 5530	Meet	
26	Campbell's Folly/Stonehenge	Phil	5522 9702	DW	M44
Jul 2	Neglected Mountain	Michele J	3353 2822	DW	M45
2	Tibrogargan Adventure Walk	Phil B	0418 716 774	FMR	
9	Mt Mitchell Traverse			DW	
9	Mt Mathieson	Graham	3371 9623	DW	
15	JTS – The Tank	Phil	5522 9702	Soc	
15/17	Mt Warning Traverse	Phil B	0418 716 774	FMR	
16	Shepherd's Walk	Terry	3355 9765	DW	
18	BCBC Meeting	Desley	3369 5530	Meet	
23	BNike Ride New Farm to St Lucia	Phil	5522 9702	SW	
24	Keperra Ridge	Justin	3366 3193	SW	
30	Mt Moon to Mt Alford	James	3844 5006	DW	
30	Mt Alford			DW	
31	Karawatha Forest Wildflowers	Phil	5522 9702	SW	
Aug 6	Pat's 50 th Anniv Walk – Ivory Rock	Pat	3366 1956	DW	
13	Noosa Trails	Terry	3355 9765	DW	
14	Toohey Forest Wildflowers	Phil	5522 9702	SW	
15/17	Barney Spur	Matthew	3876 8125	TW	
16/17	Barney Mass			DW	Various
20	Fairview Mountain	Justin	3366 3193	DW	
26/28	Pilgrimage			BC	Various
26/28	The Marathon	Phil	5522 9702	TW	L66
28	Bridge to Brisbane	Greg	3351 4092	DW	
Sep 3	Shipstern Ridgetop Wildflowers	Phil	5522 9702	SW	

The Calendar is subject to change without notice

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

KEY – Walk Types

D/W	Day Walk	½ D/W	Half Day Walk
O/N	Over Nighter	B/C	Base Camp
T/W	Through Walk	C/W	City Walk
TRN	Training	S&T	Safety & Training
FMR	Federation Mountain Rescue	SOC/SW	Social/Social Walk

KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
Short Under 10km per day	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
Medium 10-15km per day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	3 - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day
Long 15-20 km per day	5 - Rough or rocky terrain with small climbs using hands or rock hopping	5 - Moderate - Up to 6 hours walking. Up to 450m gain/loss per day. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required
Extra Long Over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	7 - High - Up to 8 hours walking. Up to 750m gain/loss per day. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required	8 - High - Up to 8 hours walking. Up to 1000m gain/loss per day. High fitness. Endurance and agility required
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	9 - Challenging - Up to 12 hours walking. Over 1000m gain/loss per day. Very high fitness. Endurance and agility required

Example: M48 is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

PRAYER OF THE MONTH

God of all wonder,
 Bless this place, the land on which we stand.
 Bless this time, eternally now.
 Bless those who gather, open to your presence.
 (Source: All Hallows' Staff Prayer, December 2007)

**OUTINGS SECRETARY
 RAMBLES**

Just a quick note from the Outings guy.
 The Outings program for 2011 is basically in very good shape with only a few trips that need leaders. Please contact me if you would like to lead one of these trips or even if you want to lead a trip that is not already on the Program.

Last month I mentioned I was keen to get bike riding back on our program. Well rather than just talk about it, it is time for action and rather make bold plans I will prefer to start small. I am going to do a survey ride on Saturday 23rd July from New Farm to the Uni via the riverside bikeways. It will be a 'pre-outing' rather than an official trip as I need to work our times and distances. So if anyone else is interested in doing the 'pre-outing' with me, please contact me. Hopefully we can slot in an official bike ride say perhaps 21st August. As I said last month hopefully in future years we can build up enough experience and endurance to attempt the Brisbane to Gold Coast bike ride.

Getting back to real bushwalking, I will just put in a plug for the 2 interstate bushwalking trips later

in the year that I am co-ordinating; one to the Blue Mountains and one to the Victorian Alps. I have had a few enquiries about the trips and have included further details in this month's issue of Jilalan. These are great trips and it is great way to meet our interstate colleagues. The main thing to note with the trips is that to get the cheap airfares you need to book several months in advance.

Looking ahead to next year I have already heard from a few people about walks to go on their wish-list for next year's program. Often when we sit down to work out the walk program it is hard to find enough walks as so few people put forward suggestions. So as a means to get the creative thinking process started I will list out some of the walks I have heard of for next year.

Easy trips: Pat's Bluff, Riverside walk

Regular walks: Mt Warning, Mt Maroon via the south ridge.

Throughwalks: a Main Range throughwalk from Spicer's Gap to Teviot Gap, Mt Ballow

I am very happy to hear about proposals for trips for next year. Phil

TREASURER'S REPORT

Balance 21/3/11	\$5076.82
Plus Receipts	\$ 250.00
	\$5326.82
Less Payments	\$1067.35
Balance 18/4/11	\$4259.47
Term Deposit	\$2362.51

Our first raffle for the year is under way with the first prize being a small pair of 8x21 Binoculars, the second prize is a seven led Headlamp and the third prize is a small three led Dynamo Torch with emergency mobile phone charger. Tickets are only a dollar each. Do not forget to purchase your club t-shirt and/or metal badge before they are sold out. Terry.

ABOUT PEOPLE

An early Club member, Jim Farrell, died of lung cancer on 4th May. He told Helen Mees how much the Club meant to him. He was the one videoing the 50th Barney Mass last August.

Greg Endicott, Ken Evans, Richard Johns, Phil Murray, Rosemary O'Brien and Joe Tottenham are celebrating their birthdays in May.

Yet another Endicott has joined our club. Congratulations to Lucy, who is our latest new member.

Aileen Tol was a visitor at our April meeting and has already clocked up her first walk by joining Peter on his Harding's Paddock to Plum Reserve walk. Michele Farrelly was also a visitor on Phil's Bridges walk. Visitors are most welcome to join us on any of our activities.

Brenda and Daniel Keough have recently returned from doing the Great Ocean Road walk in Victoria. Greg Rogers has just returned from travelling around in his motor-home.

Back in January, Denice & Ian Campbell were in NZ –and just like at home, getting bogged.

Richard & Michele Johns holidayed in NZ. in January, after Michele had completed the Heaphy Track extended walk in the NW corner of the South Is with her brother. <http://www.newzealand.com/travel/about-nz/features/great-walks/nine-great-walks/heaphy-track.cfm>

Elizabeth Richards has been holidaying in Viet-Nam,

COMING EVENTS

TRIPS still leave from St Brigid's car park at Musgrave Rd, Red Hill.

The "Leaders Guide" is on the web at: <http://www.bcbc.bwg.org.au/LeadersGuideV5-02-06.html>

Leaders: Print your own Event Nomination Form from the Club's web site.

A reminder to visitors that you are required to do 2 walks before Committee officially declared you a Member of the Club.

14th MAY, SATURDAY AMITY TO POINT LOOKOUT DAYWALK

Leader: Maxine Brophy Ph: 3409 4001, 0412 637 670

Meet at: Ferry Terminal, 3 Emmett Dr, Cleveland (end of Middle Rd)

Time: 6.30am

Cost: \$25 approx

Grade: M13

Location: Stradbroke Island

Web: http://en.wikipedia.org/wiki/north_stradbroke_island

Emerg off: Mike Brophy ph 3409 4001

Autumn will be a perfect time to explore one of Brisbane's best kept secrets...Stradbroke Island.

We will depart Cleveland ferry terminal at

6.55am and travel by water taxi to Dunwich. A maxi-taxi will get us to Amity, at the northern end of Stradbroke Island. Clear weather, we hope, will give us views over to the sand dunes on Moreton Island. Time for a drink and snack before our walk along the sea shore begins.

While it may be too early in the season to spot migrating whales travelling north, we will see dolphins playing near the shore as we head towards Pt Lookout. Lunch will be at Cylinda Beach with time to relax and enjoy a swim to recharge in the cool surf. Pt Lookout will be the highlight of the day as we follow the boardwalk around this spectacular windswept headland.

A cafe or a Gelato shop will be the place to unwind while we wait for the bus back to Dunwich and our water taxi to Cleveland. I hope you can come and experience an Island getaway all in a day. Maxine.

14th MAY, SATURDAY MIGRATORY BIRDS OPENDAY BOONDALL WETLANDS

Contact: The Wetlands Info Centre
Ph: 3403 8888

Meet at: The Environment Centre

Time: From 6.30am onwards

Cost: Free

Grading: S11

Location: 31 Paperbark Drive, Boondall

Web: <http://www.brisbane.qld.gov.au/environment-waste/bushland-waterways/environment-centres/boondall-wetlands-environment-centre/index.htm>

And: <http://www.brisbane.qld.gov.au/environment-waste/bushland-waterways/environment-centres/events-and-activities/world-migratory-bird-day-2011/index.htm>

The Boondall Wetlands are world renowned for their migratory birds, some coming in for a feed & rest all the way from Siberia. There is a bird hide out near the water for you to observe them without scarring the birds.

Come along any time after 6.30am to take part in the day. There will be rangers explaining the birds' habits, their psychic and all that.

Stay for a picnic lunch at 10am. The event finishes at 1pm.

Join the fun at Boondall Wetlands Environment Centre for [World Migratory Bird Day](#) celebrations on Saturday 14 May. Enjoy free

activities for the whole family and enter the draw for fantastic prizes.

Activities: At the Boondall Wetlands Environment Centre you can:

- participate in some of Council's [Get Wild program](#) activities
- book a [curriculum-based environmental learning program](#) for school students
- stroll through the different wetland habitats and have a picnic
- take a canoe trip through the wetlands (bring your own canoe/kayak)
- loan a self-guided walking track booklet from the centre to learn about the plants and animals of the reserve (please bring photographic identification)
- go on a [free guided walk](#) with a volunteer guide
- go on a [bike ride](#) through the wetlands to Nudgee Beach
- learn about Indigenous culture
- [Birds of Boondall Wetlands](#) (PDF - 205kb), a checklist of the birds that you might see while visiting

14th MAY, SATURDAY BUSHWALKING-SPECIFIC FIRST AID COURSE ST JOHN'S AMBULANCE

Contact: St. John's Ambulance
Ph: 3253 0500

Meet at: 225 St Pauls Tce, The Valley

Time: 8am

Cost: Approx \$300

Web: <http://www.stjohnqld.com.au/index.php/en/contact-us-mainmenu-67>

This is a 1 day course specially aimed at bushwalking; it will cover the same material that the previous 2 day St John's courses did. St John's is fast tracking it. The course has been written in conjunction with BBW – so really is aimed at our sport.

You are required to liaise direct with St John's for enrolment and payment.

A workbook is available for participants to review prior to the course. This course is also suitable as a recertification course for those First Aiders whose certificate is nearing the 3 year limit.

**14th -15th MAY, SAT-SUN
RADIO PROTOCOLS, SEARCHING
TECHNIQUES & NAVIGATION
FEDERATION MOUNTAIN RESCUE
TRAINING**

Contact: Barbara M fmrqld@gmail.com
Web: <http://www.fmrqld.bwq.org.au/>

For information on Location, Time, and Directions, watch the web site and obtain all details when you nominate.

**15th MAY, SUNDAY
WHAT IS NEEDED FOR A WALK
TRAINING**

Leader: Greg Endicott Ph: 3351 4092
Meet at: Mountain Design Shop,
The Valley
Time: 10.15am
Cost: Free
Location: 120 Wickham St,
Fortitude Valley
Web: <http://www.mountaindesigns.com/>
Contact on the Sunday: 0418 122 995

Ever wondered what you need to carry or use on bushwalks?

Seen what others use and wondered why? Want to know why that item is designed that way?

Thinking of upgrading to weekend walking and need to know what is required?

Well, here is your chance. Come along to this info morning. Learn all about what you could be using.

**16th May, MONDAY
MONTHLY MEETING**

Contact: Desley Ph: 3369 5530
Time: 7.30pm – Doors open & meeting starts soon after
Where: St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks. Ask questions of our leaders about their coming events, so that you can make up your mind as to whether come on the walk. Nominate for a walk. Nominate to lead an outing. Stay for supper. Bring those recent bushwalking snaps.

**20th MAY, FRIDAY
JOHN TOOHEY SOCIETY MEETING
THE ORIENT HOTEL**

Contact: Phil Murray Ph: 5522 9702, or
0413 307 580

Time: From 4pm till 10ish
Where: Cnr Ann & Queen Sts: yes, there is a corner

What For: For a chat, a beer and a meal

Web: <http://hotelorient.com.au/>

Emerg Off: Greg Endicott Ph: 0418 122 995

For the month of May we are meeting at the Hotel Orient.

Nestled on the corner of Queen St. and Ann St. in Brisbane's inner city lies a hotel steeped in tradition. Dating back to 1875, the Hotel Orient offers a truly unique experience. I did notice it is very close to All Hallows School.

By May we are getting into the cooler nights and we will be nestled in the pub on the corner. So come along and have a chat and a drink and a meal and start dreaming and discuss your next interstate trip or overseas trip. In particular we are interested in those who have beer tasting reports from overseas locales. Phil

**21st MAY, SATURDAY
ANNUAL MASS AND DINNER**

Contact: Liz Little Ph: 3356 4874,
lizlittle@bigpond.com

Time: 5pm

Venue: Mass: *Delamore*, 115 Turner Road, Kedron.

Dinner: Stafford Tavern,
51 Webster Rd, Stafford, at
approx 6.30pm

Cost: Mass is free. Pay individually for dinner and drinks.

Web: <http://mficaust.org.au/index.html>

AND:

<http://delamoreretirement.com.au/>

<http://www.thestafford.com.au/bars/>

The Annual Mass and Dinner is always a pleasant evening. The Franciscan Sisters at Kedron are opening their beautiful chapel to us once again. Father Terry Moynihan will celebrate with us and will be assisted by our own Deacon Russ. Peggy is providing the music.

The Chapel is at the bottom of the carpark on the left, along the verandah and at the end, turn right though the door. Delamore is a nursing

home/retirement village. It is almost opposite Jardine St at Kedron.

The Stafford Tavern is reasonably priced with main courses ranging from \$16 to \$30.

I am looking for people willing to read and take up offertory gifts. Please contact me if you can help. The Tavern is on the corner of Billabong St.

**22nd MAY, SUNDAY
IPSWICH HERITAGE WALK
DAYWALK**

Leader: Helen Mees Ph: 3294 6976,
0419 786 730,
helen.mees@bigpond.com
Meet at: Bell St opposite Ipswich Railway
Station, at entrance to mall.
Time: 8.30am
Grade: M23
Cost: \$3 plus train fare
Location: Suburban & inner city Ipswich
Web:<http://www.discoveripswich.com.au/pages/heritage-city/>
Emerg Off: Greg Endicott Ph: 0418 122 995

The walk will start from The Mall area opposite the Railway Station exit on Bell Street. We will walk past the historic old shopping area of Brisbane Street, then head up to Denmark Hill, discovering the heritage listed houses in that area. At Denmark Hill, the energetic will be rewarded with amazing views from the top of the water tower. From there the group head through parkland to the historic Ipswich Campus of the University of Queensland. The dark past of some buildings provides many ghost stories.

Appropriately we wander next through the oldest part of Ipswich Cemetery, then explore more streets with historic homes and arrive at Limestone and Queens Parks. Along the way the party will see the Burley Griffin Incinerator, now a theatre. The Queens Park kiosk offers a range of morning tea options for those travelling light.

Then it's down Chermside Road, along another heritage trail, and down to the Bremer River. Discover the history associated with the river as we wander up towards St Mary's Church. Lunch will be on the oval, and then it is on to explore the St Mary's precinct, including the now fully restored church, built over 100 years ago.

Then a short stroll past coffee shops will take us back to the train station. A pleasant walk, very comfortable for beginners, and full of interest for all.

And it is Festival Weekend!

**29th MAY, SUNDAY
M^t CLUNIE TO MT LINDESAY
DAYWALK**

Leader: Richerd Johns Ph: 3353 2822
Meet at: St Brigids, Red Hill
Time: 7am
Grade: L45
Cost: \$20
Location: Along the Q'ld/NSW border
between Boonah and
Rathdowney

Web:<http://www.southee.com/Bushwalking/C/h13-BarneyBallow.html>

Emerg Off: Greg Endicott Ph: 0418 122 995

I will be needing 2 spare drivers to carry out the car shuffle while the party is walking. It will waste too much of our time to use walders to move the cars

This is a walk from the White Swamp Border Gate to the Mt Lindesay Border Gate. We start out at the White Swap Gate and say goodbye to the cars. The point of no return has been reached.

The party starts out following the Rabbit Fence along the Border, and up Mt Clunie. This is a steep climb right beside the fence. It is worn and eroded. Once on top, admire the view – a good one and the only one. The down is just as steep. Once at the bottom, we climb over the fence into NSW and go along forestry & farm roads below Mt Ballow. This is pretty country. The walking here is not too difficult. There is a gradual climb up to the Mt Lindesay Border Gate – along the road.

The 2 spare drivers need not hang around – you can go home once the car shuffle is done.

A great walk that we have not done in about 20 years.

**5th JUNE, SUNDAY
Mt MISTAKE
DAYWALK**

Leader: John Carter Ph: 5514 0285,
0433 779 771
Meet at: St Brigid's, Red Hill
Meet Time: 6.15 am
Grading: M67
Cost: \$20
Location: South of Laidley

Web:<http://www.bonzle.com/c/a?a=p&p=22753&cmd=sp&c=1&x=152.269655&y=-27.8686&w=14277>

Mt Mistake at 1,013 metres is the highest point of the Mistake Range. Our walk is to ascend its North East Ridge from the Laidley Valley from private property.

It is mainly an open forest ridge with a climb of over 800 metres and will be steep in places with some exposed slopes. The last section of the climb is through rainforest though we will see great views on the ascent. Hopefully we will have time to explore the National Park, which lies across the plateau before we return by the same route. John

**9th – 13th JUNE, THU-MON
FRASER ISLAND- THE NORTHERN
LAKES
THROUGHWALK**

Leader: Justin Tobin Ph: 3366 3193
Meet at: St Brigid's Carpark, Red Hill
Time: 5pm Thursday
Cost: approx \$200
Grade: L55
Location: Off the coast north of the Sunshine Coast

Web:<http://www.australiannationalparks.com/queensland/fraserisland/default.htm>
AND<http://www.derm.qld.gov.au/parks/fraser/pdf/fraser-island-map.pdf>

Emerg Off: Susan Tobin Ph 3366 3193

Fraser Island, that amazing sand island with its dune and perched lakes is a great place to visit and walk.

The journey starts at the Awinya Gate on the western side and finishes at Eli Creek on the eastern beach. Four days of great walking and camping beside three of the northern lakes of Fraser Island.

Come journey with me.

**12th JUNE, SUNDAY
NUMINBAH GATE TO WAGAWN
DAYWALK**

Contact: Phil Ph: 5522 9702
Meet at: St Brigid's Carpark
Time: 7.30am
Grade: S46
Cost: \$20
Location: On the very eastern edge of Lamington Plateau and on the Border.

Web:<http://bushwalkers.com/newsletters/March.pdf>

This is a reasonably easy trip for those who like a bit of scrambling up through breaks in the cliff line and walking under rock walls. There is nothing scary in the route, but you do need to like going up and up and up. And one more up.

You start out at the Numinbah Border Gate and follow the bunny fence to the escarpment. Then we walk under the cliffs to Bushranger's Cave – a very very big overhang in the rock wall. The party will clamber along this for a short while, then hand a left and go up the escarpment through gaps in the cliffs, zig zagging to the top. It is not difficult and there is a brush trail all the way. You are in rainforest all the time and cannot see down too far anyway. It probably takes 90 minutes to get above the cliffs.

Then it is less than an hour to Wagaun – a lookout on top of the range, and truly on top of Lamington Plateau. Lunch here while absorbing the view.

The return is doing what you just did backwards – just like in the web reference above.

**12th JUNE, SUNDAY
BRUNCH AT DOLCI SAPORI
SOCIAL**

Leader: Antonia Simpson Ph: 3857 1387 or 0400 571 387
Meet at: Dolci Sapori cafe
Meet Time: 9.30am or thereabouts at the cafe
Cost: Arancini \$4.50, pastries \$3.50, biscuits \$2 – approx prices
Location: Corner Sandgate & Junction Rds, Clayfield
Web: <http://www.dolcisapori.com.au/>

A casual start on this long weekend perhaps with a typical Sicilian breakfast of brioche and lemon granita (not too daring a mixture) or just plain good coffee and a selection of freshly made pastries or biscuits. Something savoury like lasagna, frittata or arancini (deep fried rice balls with a variety of fillings) is available for the lunch part of brunch. There are house made gelati and the selection of Italian soft drinks and juices is available as an alternative to coffee or tea.

Although bookings are not needed, if there are good numbers, I could ensure that there will be enough places for us all, so, please let me know if you will be there.

NOTE: if you are driving, the car park entrance is off Junction Road and is best approached from the West along Junction Road turning left into the car park.

**13th JUNE, MONDAY
WHITE ROCK & SPRING MTN
DAYWALK**

Leader: Greg Endicott Ph: 3351 4092
Meet at: St Brigid's Red Hill
Time: 7.30am
Grade: M33
Cost: \$10
Location: In the western suburbs of Ipswich

Web: http://www.ipswich.qld.gov.au/documents/health/white_rock_spring_mountain_trails_guide.pdf

Emerg Off: Michele Endicott Ph: 3351 4092

This is the Queen's Birthday Monday Public Holiday.

This is my third time there, so am starting to know what is there.

We start out at the carpark and head along the main track for a short distance. The party will deviate to Little White Rock to have a look. Then off again, and near the next major road junction we head off along the graded track to the real White Rock. The photo of it is on the front cover. No, you do not climb to the top!

After this the group will walk along the top of the ridge to go back down to the circuit road. However, we do not return to the start – we follow the old timber tracks towards Spring Mountain, which will soon dominate our vision. It looks as though it does not get any closer, but suddenly you are under it.

Once the road climbs up to the saddle, we leave the old road – that one could still get a car along, and do a 10-minute climb to the top of the Mountain. Here you find an old WWII radar station.

Then we will retrace our steps, but bypass The Rock and follow the roads back to the cars.

Will be a good day out. Bring plenty of water and sun protection since you will be on old roads most of the day.

**17th JUNE, FRIDAY
JOHN TOOHEY SOCIETY MEETING
THE IRISH CLUB**

Contact: Phil Murray Ph: 5522 9702, or 0413 307 580 or 0416 650 160
Time: From 4pm till 10ish
Location: 175 Elizabeth St (Opposite the Hilton)
What For: For a chat and a beer and a meal
Emerg Off: Greg Endicott Ph: 0418 122 995

For the month of May we are meeting at one of our favourite places the Irish Club in Brisbane. The official name of the Club is the Irish Association of Queensland.

This is a very nice establishment and is highly recommended to come into town on a Friday night and feel the buzz of the city and meet up with a group of friends.

So come along and have a chat and a drink and a meal and start dreaming and discuss your next interstate trip or overseas trip. In particular we are interested in those who have beer tasting reports from overseas locales. Phil

**17th 19th JUNE, FRI TO SUN
OXFAM TRAILWALKER**

Oxfam is organising a very large team challenge event in the D'Aguiar National Forest in June and need volunteers from organizations such as bushwalking clubs who love the outdoors to get involved.

About Oxfam Trailwalker Brisbane – June 17-19, 2011: Oxfam Trailwalker is a team endurance event, where teams of four people walk/run 100km in under 48 hours. It's a major fundraising event for Oxfam's poverty alleviation work

Volunteers Needed For:

Trail Marker: With your fantastic navigational skills, you'll walk the trail before everyone else and place trail markings according to the maps. Your help will ensure that the walkers know where they're going.

Trail Marshal: The motivators! Not only will you help the participants pass safely along the trail, but you'll also be their motivation and support when they really need it.

Sweep Team: The all-important back-up crew – you'll follow the last team on the trail and ensure they safely reach the next checkpoint. You'll also clear the trail of all trail markings and debris as you go.

Or other roles based at one of the checkpoints along the path- we have a role for everyone! If you could please promote this opportunity to your members that would be appreciated. I have also attached a flyer for your information. If you would like to talk further about how Brisbane Catholic Bushwalkers Club may get specifically involved, then I would be really keen to talk to you about that.

To find out more or to register to be a volunteer please visit:

<http://trailwalker.oxfam.org.au/brisbane/>

**18th JUNE, SATURDAY
MT CASTLE/ BOAR'S HEAD
DAYWALK**

Leader: Justin Tobin. 3366 3193
Meet at: St Brigid's Carpark, Red Hill
Time: 5.30am
Cost: \$20
Grade: L66
Location: North of Cunningham's Gap
Web:<http://www.flickr.com/photos/21625419@N06/2117568653/in/photostream/>
Emerg Off: Susan Tobin Ph 3366 3193.

Mt Castle, this prominent peak on the Little Liverpool Range, is very spectacular especially when standing on the southern end and looking towards Boars Head and the Ramparts. It is a great mountain with its grass trees, the saddle, views and more.

The walk will probably start from the easement and access Mt Castle from the north through the cliff break and onto the saddle, where we will explore the magic that is Castle. From here it is along the razor back to Boars Head and down the south-east ridge to the cars. The walk will be steep, and exposed in places, but it will be fun so come and join me for an exciting day on the range.

**20th JUNE, MONDAY
MONTHLY MEETING**

Contact: Desley Ph: 3369 5530
Time: 7.30pm – Doors open & meeting starts soon after
Where: St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)
Web:<http://www.bcabc.bwq.org.au/page4.html>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks. Ask questions of

our leaders about their coming events, so that you can make up your mind as to whether come on the walk. Nominate for a walk. Nominate to lead an outing. Stay for supper. Bring those recent bushwalking snaps.

**26th JUNE, SUNDAY
CAMPBELLS FOLLY
DAYWALK**

Leader: Phil Murray Ph: 5522 9702, 0413 307 580

philriver@optusnet.com.au

Meet at: St Brigid's Carpark, Red Hill

Time: 7.45am

Grade: M44

Cost: \$20

Location: Between Mt Barney, Mt Ernest and Mt Lindesay

Web:<http://wikimapia.org/11631852/Campbells-Folly>

Emerg Off Susan Murray 5522 9702

Campbell's Folly is the little mountain just to the east of Mt Barney. But it has a gorge through the middle of the mountain. It is only about 600 metres high so a fairly easy climb. I plan to do a sort of a circuit trip.

We park near the quarry and ascend along the south west ridge to the south peak then zip down the north-east ridge, traipse through the gorge and then ascend the north peak and back down to the cars. (We won't be going to Stonehenge this time). To make the mountain more interesting there are lots of caves, boulders, rock spires and nooks and crannies, so it should make for an interesting day.

All up it is about 7 to 8kms in distance and only about 4- 5 hours of walking. Bring the usual daywalk stuff: lunch, raincoat water etc and perhaps bring gaiters and gloves as well.

It is a mid-winter walk so bring some warm clothes and beanies.

For those who can't come on the 26th I am doing the pre-outing on Saturday the 4th June with a few friends from the Gold Coast Bushwalking Club – Nev and Bernie and 2 others.

Phil

**2nd JULY, SATURDAY
NEGLECTED MOUNTAIN
DAYWALK**

Leader: Michele Johns Ph: 3353 2822 or 0414 635 542

Meet at: St Brigid's Carpark

Time: 7.00am
Grade: M45
Cost: \$20.00
Location: Western Fringe of Lamington National Park

Web: http://www.exploroz.com/Places/39267/QLD/Neglected_Mountain.aspx

Emerg Off: Richard Johns Ph: 0409 871 641

Neglected Mountain is situated on the north western fringes of Lamington Plateau and intersects with the Stretcher Track leading down the ridge. The track follows a ridgeline to the summit.

It is a rather easy ascent to the start of the Stretcher Track where we take a sharp right following an open plateau to Neglected Mountain. There are quite impressive views of Buchanan's Fort on our way up to the plateau. At the end of the plateau is a narrow rocky ridge which is Neglected Mountain.

Our descent will be following a short rocky ridge (not difficult) before heading back to the cars via an easy open ridge and past an impressive cave which is a short distance back to the cars.

The walk is approximately 11km and should be within the capabilities of most people. I have done it twice and each time I have enjoyed the walk.

There will be ample time to stop for coffee on our way home. Michele Johns

**16th AUGUST 2009, WEDNESDAY
BARNEY MASS
THE 51st ANNIVERSARY MASS
DAYWALK AND OVERNIGHTER**

Leader: Phil Murray Ph: 5522 9702,
0413 307 580

Email philriver@optusnet.com.au

The Barney Mass is a day for all Club members to celebrate Mass on top of a mountain. This trip is the standout tradition that helps make our Club so special.

Russ Nelson has been busy behind the scenes and has "booked in" a young priest to celebrate Mass for the Club.

I have nominated to lead South East Ridge which includes ascending the summit of East Peak and the views are sensational. There should also be a party going up Peasant's Ridge (formerly called South Ridge).

There is also the "hard" trip that Matthew Palmer is leading. This trip will be coming in from the

border fence and along Burrajum Spur and is a 3 day throughwalk. It will be a once in a lifetime chance to do the trip and enjoy the Barney Mass so it is highly recommended. There could be other trips up other ridges.

It is a longish day but very rewarding. Most people in the Club can do this trip but you may need to do some fitness training to ensure it is an enjoyable day.

It is a memorable day and is a trip all members should aspire to do. All current and former members are invited to attend. Phil

**26th to 28th AUGUST, FRI TO SUN
FEDERATION PILGRIMAGE
BASECAMP**

Each year, all SCQ bushwalking clubs meet up for combined camps (the Annual Pilgrimage) - a chance to expand your horizons and your network of fellow bush enthusiasts, and is a walking and social experience. In South East Queensland, the clubs meet each August. This year Pilgrimage 2011 is being organised by both the Sunshine Coast and Glasshouse Bushwalkers Clubs at the Kenilworth Showgrounds from Friday 26th to Sunday 28th August 2011. A Bush Dance and other social activities are organised throughout the weekend and it is an ideal time to meet and renew friendships with fellow bushwalkers. The activity is run on a non-profit basis.

This year it is being run along with the Sunshine Coast Festival of Walks.

<http://www.festivalofthewalks.com.au/>

**THE MARATHON
BLUE MOUNTAINS
SAT 27th - SUN 27th AUGUST
OVERNIGHTER**

Contact: Phil Murray Ph: 5522 9702,
0413 307 580

philriver@optusnet.com.au

Meet at: the Orient Hotel, Springwood (NSW)

Time: 6.30pm Friday 26th Aug

Grade: L66

Cost: Estimated cost \$60 each way for airfares and about \$50 for petrol costs.

Location: The Blue Mountains, west of Sydney

Web: <http://lists.anatomy.usyd.edu.au/pipermail/subw-announce/2005-July/002767.html>

Emerg Off Susan Murray Ph: 5522 9702

Book your flights now to get the cheap flights.

The Marathon is the annual race to the Club Hut (the Shack) of the Sydney Catholic Bushwalking Club. The Shack is located about 25km due south of Katoomba and 20km east north east of Kanangra Walls. This year the plan is to do the trip from Carlon's. (Carlon's is about 15km south of Blackheath) The route from Carlon's has some very interesting place names.

1. Down Carlon's Creek Track 3km (200 m d)
 2. Up Blackhorse Ridge – 3km (350 g)
 3. Traipse around the foothills of Mt Warrigal, and Mt Dingo - 3km
 4. Zip Along ridge to Little Dingo Hill – 2 km (100 m d)
 5. Down Brown Dog Ridge (very steep in places) – 2 km to River (500 m d)
 6. Cross Cox's River.
 7. Up Bungalooloo Ridge 2km (400 m g)
 8. Along Gangerang Range 1 km
 9. Along Wonga Wonga to Mt Wonga 2 km (100 m d)
 10. Down Wonga Wonga Ridge 2 km (400 m d)
 11. Cross Kowmung River
 12. Up Chapel Ridge (New Yards Ridge) to Kiaramba 2 km (300 m g)
- Total Distance 24 km

The height gain and loss from the ridges to the River's is about 400 metres each time so it is a big day. There are 2 river crossings so you need to waterproof your packs. There is a big feast on the Saturday night and a great opportunity to meet the many members of the Sydney Club. The walk out on Sunday is much shorter as we should be able to get a lift of about 10kms.

The Marathon is an event to do at least once in your lifetime. You need to carry a sleeping bag and tent with you. Book your flights tickets ASAP to get the cheapest prices. I am flying down Friday and flying back on Monday. Phil

THE GREAT AUSSIE CAMP OUT (GACO)

15th October

<http://www.greataussiecampout.org.au/index.php>

The GACO will bring together thousands of Australians for one big night where they will share the experience of camping out under the stars ... in their back yards, on a river bank, in a camp, a National park, a caravan park - in fact, anywhere they might feel like!

With the long term goal of promoting healthy active lifestyles by encouraging individuals,

families, friends and clubs to enjoy the great outdoors, GACO will coordinate a one night 'camp-out' across the country with the aim of introducing people to the fun and adventure of camping out.

People will be encouraged to stay at a residential camp or caravan park, pitch a tent, sleep under the stars, grab a Barbie, organise some games and get away from their normal weekend routine.

It is anticipated that a range of come'n'try activities will also be offered on the day of the GACO by community groups such as scouts/guides, bushwalking clubs, canoeing clubs. Residential camps will also be able to offer activities such as high ropes, flying fox, atlatl and archery. National Parks could arrange to have Park Rangers on duty to conduct interpretation activities for the night.

In this way participants will be able to sample adventure activities and experiences in the outdoors in a controlled and supported environment.

There will be plenty more information coming soon about the Great Aussie Camp Out so stay tuned.

CUP WEEKEND WALK IN THE VICTORIAN ALPS FRI 30st OCT TO TUES 3rd NOV 2008 DOUBLE THROUGHWALK

Contact: Phil Murray Ph: 5522 9702 or
0413 307 580

Meet at: tba

Time: 12 Noon Friday

Grade: L77

Cost: estimated cost \$120 each way for
airfares and about \$100 for petrol
costs

Location: The Australians Alps in Victoria

Web: http://www.parkweb.vic.gov.au/1park_display.cfm?park=41

Emerg Off Phil Ph: 0413 307 580

This is a walk by the Catholic Walking Club of Victoria. I joined their Club 2 years ago and last year I was asked to take a turn leading these trips, so this year I have put my hand up to lead the trip and I have suggested a double throughwalk. I have already got the nod to lead the trip by our Victorian colleagues and would like to invite you to join me on this trip.

The plan is to visit the 2 highest mountains in Victoria: namely Mt Feathertop and Mt Bogong.

The easiest way to do this is to do two throughwalks each of 2 days duration. You can do a 5 day walk that does both mountains but I will leave that for another year.

So we are doing a 2-day walk to Feathertop on the Saturday and Sunday. We will walk out along the Razorback Ridge on the Saturday. It is only 12kms each way so it is reasonably easy for a throughwalk. We will camp at Federation Hut. The Hut is about 1km from the summit. We will zip up to Feathertop and possibly watch the sun set from here. There may be some who may wish to join me to zip up in the morning to watch the sunrise.

Sunday afternoon it is back to the cars and drive around to the village of Mt Beauty and stay at the Tawonga Caravan Park. We will have dinner in the Bogong Pub on Sunday night.

On the Monday and Tuesday we will do a walk up to Mt Bogong. So up early Monday morning for the ascent of Mt Bogong via the Staircase Spur. After 5 hard hours we should be on top and then we traipse across the summit plateau to Cleve Cole Hut to camp for the night. It is just a marvellous place to go. We will leave early and hopefully get back to the Bogong Pub in time for the running of the Melbourne Cup.

We will drive back to Melbourne on Tuesday night and probably stay somewhere in Melbourne but details will be firmed up much later. The reason I haven't made plans to fly home on the Tuesday is that one year we didn't get back until after midnight.

It will cost a few dollars to do the trip but it is a great experience.

We are doing the trip to Feathertop first as it allows walkers to build their strength and endurance on an easy through walk as Mt Bogong is a lot harder as it is 5 hours uphill with a heavy pack.

Any trip to the Alps requires you bring gear for wild weather and that means thermals, beanies, gloves, goretex jackets (or similar) and overpants. Phil

Myrtle rust is a serious fungal disease caused by *Uredo rangellii*/*Puccinia psidii* that affects plants in the Myrtaceae family, including Australian natives like lillypillies (*Syzygium* spp.), bottle brush (*Callistemon* spp.), tea tree (*Melaleuca* spp.) and eucalypts (*Eucalyptus* spp.). It has now been discovered in over 45 locations across Queensland including Lamington National Park.

Myrtle rust cannot be eradicated and will continue to spread in Queensland, as it produces large numbers of spores that are easily spread by wind, human activity and animals.



Myrtle rust on Beach Cherry (*Eugenia reinwardtiana*) foliage

Myrtle rust is a notifiable disease in Queensland, and [Biosecurity Queensland](#) needs to know if you think you have seen myrtle rust so that they can determine the extent to which it has spread and learn more about the disease.

[READ](#) the latest **myrtle rust** update from [Biosecurity Queensland](#) and [SIGN UP](#) for the latest information when it becomes available.

If you suspect myrtle rust on your property, notify [Biosecurity Queensland](#) on 13 25 23 or the **Exotic Plant Pest Hotline** on 1800 084 881.

WE NEED LEADERS FOR THESE WALKS

Phone Phil on Ph: 5522 9702 or e-mail philriver@optusnet.com.au

Jul 9	Mt Mitchell Traverse	DW
30	Mt Alford	DW
Aug 26/28	Pilgrimage	BC
Sept 10/11	Black Canyon	TW
25	Tweed River to Kingscliffe	DW



Myrtle Rust Biosecurity Alert

What is myrtle rust?

Oct 8/9	Moreton Island	TW & BC & DW
15	Great Australian Camp-Out	BC
22	Mooloolah River to Maroochy River	DW
30	Social Walk	SW
Dec 4	Barney Falls	DW
17	Christmas Party	

PAST EVENTS

MT MAY DAYWALK 13th MARCH

Attendance 14. Weather – 22^o a dazzling sunny autumn day.

Mt May is a small mountain just north of Mt Barney. In the lead up to the trip we had several rainy days and I had very few nominations until the last few days. Then I had a veritable explosion of nominations when the weather looked as though it would be good. The weather on the day was just fantastic. It was a great day to be alive.

We met at Beaudesert just after 8am. We then drove around to the Mt May Water Reserve. Introductions were done, and Russ revealed a special bit of personal history for us. His first trip with the Club was to Mt May, which was just 41 years ago. We started walking by 9.45 am. The party had fourteen keen walkers and we zoomed up the first part of the ridge from the 'Water Reserve'. But we had to allow a few people to catch their breath after 20 minutes as we set too fast a pace. We clambered over a few rocky sections on the way up. Morning tea was eaten on the brow of the ridge which was 5 minutes short of the designated morning tea spot. There were much better views from here.

Then we continued on to the south peak and marvelled at the views of Lake Maroon which was full for the first time in decades. The views of the Moogerah peaks and the Main Range were inspiring. We then headed down into the 'glen' between north and south peaks. As the party were descended into the 'glen' the view over to north peak was somewhat intimidating as it looked surprisingly steep. We had a 5 minute break at the Glen to enjoy the ambience and make plans for having a camp here some time. (It was a lovely little spot but I can't think of what trip you could do to require camping here.)

The mountain was beckoning so we headed up the steep slope. We ascended the first cliff line

which was an easy scramble for some. When we reached the second cliff (or rocky ledge) and rather than go up and over it, we sidled to the right for about 5 minutes and joined the track from the south west ridge. We were basically on top. The views back over to north peak were very interesting and it was hard to believe we were there just 40 minutes previously. We were on top by 12.20pm so a reasonable time for the ascent. We then traipsed across to the summit proper which had 'grandstand' views of Mt Barney. They were sensational. We were busy naming all the relevant ridges and then Matthew gave us a quick outline of his walk in for the Barney Mass, that involves coming in from the far side of Barney and then across the skyline of Barney. It scared most of us off but there were a few hardy walkers who were salivating at the prospect of doing a challenging walk.

We had a quick lunch and everyone was ready before the designated time so the leader had to quickly pack up. At 1.15pm we headed down the south west ridge. There was a small rocky cliff line that had a 'chimney' that was very easy to clamber down. Then down the ridge to the 'road' by 2pm. We were back at the cars by 3pm. A quick discussion and it was decided by Russ and Dan that it was quicker to go back through Boonah. It was an awesome day. Thanks to those who came on the day. And thanks to the drivers. Those on the trip were - Phil Murray, Russ & Jan Nelson, Maria Kerruish, Paddy Taylor, Brenda & Dan Keough, Peter Constable, Michele Johns, Chris Rahmann, Matthew & Ethan Palmer, Reg & Dominic Nobbs. Phil

THE BEACH HOUSE - JTS 15th APRIL

The Beach House is lovely bar & grill in the Myer Centre, on the first floor overlooking the corner of Elizabeth and Albert Sts. It is open to the streets, and has tables of varying sizes to accommodate any number. At lunch time it is a great place to meet, eat and socialise. You overlook the streets, with the fresh breeze in your face.

However, on a Friday night, there is live music with a speaker on each post. Not only could you not hear the person next to you, but you could not hear yourself think. So we moved deep inside, where we hardly heard the musicians, but the room was enclosed so voices bounced off the walls and created new problems. But we preserved.

The main topic of discussion during the evening was Michele's thesis – which came along to its first JTS. It was passed around for all to view, hold, and read a section of. It certainly is a weighty piece of academic research.

We had a new JTS member – Lucy at her first legal "meeting". Towards the end, Michael Murray arrived to pick up dad and take him home.

Those attending: Antonia, Lucy, Eliz R, Graham, Peter C, Russ & Jan, Phil the Elder, Marie R, Michele & Greg. Apologies for Susanne and Liz. And we stumbled across past member from the 80s – Colin. Greg

BRIDGES OF BRISBANE DAYWALK 16th APRIL

Attendance 12. Weather – 23^o patchy grey overcast with a hint of showers with occasional sunshine.

This was a great little walk that I can't wait to do again. We met at the designated point at St Stephen's at 9.15am. It was a lovely walk along the riverside. We crossed all six bridges. There were a few lovely stops. The group met up with Julie Philippi at the Gardens. Then we did the walk along the boardwalk that goes through to the Mangroves. We skirted the Riverstage and on to the Goodwill Bridge.

Our first stop was on the Goodwill Bridge for morning tea; here we enjoyed the views up and down the river. On the far side of the Goodwill Bridge we were perched high above the Maritime Museum. It was a great view over the Museum and spotted was the Museums latest acquisition - Jessica Watson's little pink boat, the Ella's Pink Lady. It was sitting forlornly on the roadway on its side like a beached whale (the boat seemed so small to sail around the world in).

We then zipped through Southbank. Next we did the Victoria Bridge, Kurlipa Bridge, the Go Between Bridge and the William Jolly Bridge and back to the GOMA where we had lunch on the lawn overlooking the river. Then a quick visit to the markets and a history tour of the Plough Inn. It seemed odd that you couldn't get a XXXX here.

Next we walked along the Kangaroo Point Cliffs and watched the rock climbers practicing their skills. Up the stairs to the Cliffs Café. We had a nice afternoon tea and got a slight shower of rain, however we were sitting under cover. We visited the Anglican Church of St Mary's – a very

pretty sandstone colonial church. Finally over the Storey Bridge and finished by 3.30pm back at Riverside.

Those on the trip were: Phil Murray, Tracey Laing, Greg Endicott, Gordana Stanojevic, Michele Farrelly, Julie Philippi, Terry Silk, Mary Van Velhuizen, Graham Glasse, Peter Constable, Sophia Ramsay, Barry Crawford, and Peggy Roe, Phil

HARDING'S Paddock TO PLUM RESERVE HOLY SATURDAY 23rd APRIL DAYWALK

We left St Brigid's on time to be joined by Kerriane and Nev and Bernie from the Gold Coast Bushwalkers club at Harding's Paddock. We did a quick car shuttle to Plum Reserve and where on the track by 9.20am. The first 2.8kms to Goolman Lookout (10.25am) was a fairly well maintained track with some good up hill sections to give us a cardio workout to start the day. The lookout gave good views of the surrounding hills and country side, although they were a bit obscured by the lingering foggy morning.

After our morning tea we set off again on a cross country short cut down a ridge about 2kms to join the track again at the gate on the flanks of Mt Goolman; the track from here was less well maintained with long grass, lots of cobbler pegs and occasional land slips. We stopped for lunch at the junction of Sandy Creek and Mt Blaine tracks around 12.40pm.

After lunch the track improved again and we were happy for the last 2.5km downhill section from Mt Blain saddle arriving at Plum Reserve around 2.45pm. After picking up the car from Harding's Paddock Kerriane and the Gold Coast boys left us four Brisbaneits to go on to coffee at Maca's at Yamanto.

Thanks' Kerriane Desley, Aileen, Terry, Nev and Bernie for a grate day.
Peter.



Mt Goolman Lookout, 23/04/2011
Peter, Nev, Terry, Bernie, Aileen, Kerrienne
Photo taken by Desley Pedazzini

DINNER AT BRONCO'S

A very big roll up of members attended the buffet dinner at Broncos Leagues Club on 28th April. Around the long tables were Sophie, Desley, Graham, Peter C, Michele & Greg, Russ & Jan, Gordana, Terry, Trevor & Carol and cousin, Anne & Bob, Rebecca, Greg R and Antonia with family. A very good time was had by all and there were those jealous members amongst us counting the number of empty dessert plates in front of a certain devoted walker. Antonia

GRAND CANYON REPORT

I awoke at 4.30am today as I wanted to be on the track before daybreak. A quick drive to the Visitor Centre to catch the 5am shuttle to the South Kaibab Trailhead. This is the second most popular trail (track) to the bottom of the Grand Canyon. It is a drop of 1457m over 11.5km.

I left the top at 5.20am and set off with one companion, a Brit. I was so pleased it was still fairly dark as I descended as when the sun had risen I looked back and was shocked to see the track was basically cut into a sheer cliff and looked terrifying. As the sun rose the vista below me began to light up and what a view it was. You had the entire Grand Canyon before you and, unfortunately, words cannot begin to describe what lay in front of me. The entire valley was ablaze with colour and was littered with mesas and/or buttes. And in the distance was my objective. A small crevice in the floor of the canyon where the Colorado River lay (it was not visible until I neared the bottom).

The track contoured around a ridge before dropping off the end to a flat area (around 365m down) with a long drop toilet in the middle. Amazing. The next section involved dropping off

another cliff before zig zagging down to Skeleton Point (628m down). This is where the tourist brochures say you should turn around but I was there in under an hour so I knew I was right to keep going. Another cliff, another set of zig zagging paths before reaching the Bright Angel Plateau with another long drop toilet. This was where my Plan B was. There is a track, the Tonto Trail, that runs across the plateau to Indian Gardens, which will be mentioned later. This was it, no turning back now, once I started down from the tipoff I had to go the whole way.

It wasn't long before the river came into view. I was now starting to see people climbing out after spending the night at Phantom Ranch or the campsite at the bottom. Another serious set of zig zags saw me at the river. There was a serious suspension bridge here accessed via a tunnel cut through the rock. The river is about 50m wide and is a beautiful green in colour. It was flowing slowly and a few rafts were drifting down as the track followed the river for 400m or so before reaching another bridge which is the way up.

But first I needed to visit Phantom Ranch and a welcome rest. The gorge that the river lies in would be a tourist attraction anywhere else but here it is dwarfed by the incredible gorge it lies in. There are several buildings and a campground located up this delightful gorge with a rapidly flowing stream running down the middle. I had budgeted 3 hours for the descent and I was down in 2.75 hours so I was 15 mins ahead so I decided to rest for 45mins as my knees were killing me (I had left my sticks at home).

At 8.45am I set off for the top, a 1335m climb over 13kms. After crossing the river again the track climbs for a while and follows the river. But then it drops again almost to the river floor again at the mouth of a small creek descending from the top. It was here that the rafts wait for their customers. I followed this creek for quite a while before you suddenly reach a cliff line. The zig zags up had started. I made the top fairly quickly but I was still over 1000m from the top (a Barney climb). It was here I had a lovely conversation with an elderly couple who come here every year and I must impart part of this conservation. After discovering I bushwalk in Australia he asked me if I carried weapons on my bushwalks. To which I replied that we didn't have any dangerous animals in Australia, only snakes and they weren't really much of a problem. He mentioned that he meant two-legged critters and that he always carried a 45 calibre pistol when

he went into the bush. I was a little taken aback by that comment but I laughed it off and headed off.

The track rejoined the creek and I continued to follow it to Indian Gardens, the halfway point. I was there by 11.30am and very confident that I'd be up by 2,30pm. From here the track starts to climb and got steeper and steeper as we climbed. Not long after leaving Indian Gardens I could suddenly hear loud voices ahead of me and was I surprised when a group of people on mules suddenly appeared. I had to hug the cliff as they passed as the track was so narrow. You can do the whole trip on mule but that would be cheating wouldn't it?

I was still on track at the 4.8km rest stop (3 miles from the top) and the 2.4km rest stop (1.5 miles from the top) but then the rot set in. It took me nearly 2hrs to climb the last 2.4kms and I thought I'd never make it. But at 3.15pm I stood at the top after 6½ hours climbing and nearly 10 hours after I had started. There was now only a 5min walk back to our room but wait - there's a bus. I travelled by bus back to the lodge and collapsed in my room. We had an early dinner before I had an early night.

The views up the Bright Angel Trail were limited so I was very pleased I went down the South Kaibab Trail. The strain on my body was such that I don't think I would do anything like this again but it was well worth it and my memories will linger for a long time. Just for the stats I descended/climbed 2792m over 24.5kms in 10 hrs. Cheers Michael

ONNARW SOCIETY MEETING MJ's on Fri 29th APRIL

The Society had its inaugural and only meeting on the 29th. Michele found a table in front of the TV showing Fox Sports. Russ arrived soon after and joined her there. It was not crowded though the best seats in the house were taken. When Greg arrived, we moved to the window seats. However, this caused a problem, not readily recognised – up against the far wall was a TV showing the RW. So there was no escape. Graham arrived by 6pm, and we stayed till the "I Dos".

AROUND THE RIDGES

Andrew Lock is Australia's most accomplished mountaineer yet he is virtually unknown in his own country. He has climbed all 14 of the mountains over 8,000 metres. This month he is

once again headed for the hills. Not any little mountain - he is climbing the BIG ONE. He is doing a solo climb of Mt Everest along the North Ridge. He is also planning to do it without supplementary oxygen. It is expected he will make the climb in the second half of May. So may I ask you that you say a little prayer for a successful climb and his safe return.

The Morning Stars on 31st May 2011

There will a special show of the planets in the dawn sky this month. The brightest planet is Venus and is often called the Morning Star. This month there will be a close gathering of the planets in the dawn sky. On 17th May, Venus, Jupiter, Mars and Mercury will be close together. On 24th May, Venus, Mars and Mercury are close, with Jupiter nearby. But the must see dawn sky will be on Tuesday 31st May as the crescent of the New Moon will add a magical feeling to the dawn sky.

Total Lunar Eclipse - will take place on Thursday **June 16th**. A **lunar eclipse** occurs when the moon passes behind the earth so that the earth blocks the sun's rays from striking the moon. This can occur only when the Sun, Earth, and Moon are aligned exactly, or very closely so, with the Earth in the middle. Hence, there is always a full moon the night of a lunar eclipse.

When will the Eclipse Occur?

It will occur bright and early so remember to set your alarm clocks.

- The eclipse's total phase lasts for 100 minutes.
- The total eclipse begins at 5.22am.
- the point of the greatest eclipse occurs at 6.12am
- at the instant of greatest eclipse, it will be one of the darkest eclipses in history. -
- The total eclipse ends at 8.02am

It is a relatively rare central eclipse where the moon passes in front of the center of the Earth's shadow. The last lunar eclipse closer to the center of the earth's shadow was on July 16th, 2000. The next central total lunar eclipse will be on July 27th 2018.

16 June - Bloomsday is the celebration of Ireland's literary icon James Joyce and his most famous novel Ulysses. Each year on the 16th June the streets of Dublin are transported back to 1904, to a day in the life of Leopold Bloom, the central character in James Joyce's masterpiece Ulysses; the novel that immortalised the character of Dublin during the late 19th Century in all its gritty reality, through street theatre, costume and public readings. Phil

5 FOR 55

From: Courtenay Gardem
cgardem@leukaemia.org.au
To: "briscathbushclub@yahoo.com.au"
Sent: Wed, 20 April, 2011 4:28:48 PM
Subject: Hiking Fundraiser

Good afternoon,
I thought the below fundraiser may be of interest to your walking/hiking group.

We are also looking for 3 volunteers to participate as guides, giving up their time and in return we will cover transportation, accommodation and meals. The guide must hold a current First Aid Certificate.

Please let me know if you or anyone else is interested or if you have any queries.

Join us on the inaugural 55 for 5 hike this 13 & 14th of August at Lamington National Park! 55 for 5 - is not a walk in the park! It is a demanding hike that is achievable by all age groups.

Challenge yourself with a 55km bushwalk over two days and help the Leukaemia Foundation assist the 5 Queenslanders diagnosed each day with a blood cancer.

Raise a minimum of \$555 to be eligible and then you are on the path to fun, fitness and the reward of helping Queenslanders in need.

Register online now at www.55for5.org.au

Be quick, as the hike is limited to 90 hikers.

Courtenay Gardem | Events Coordinator,
Leukaemia Foundation of Queensland
Level 4, Mincom Central, 193 Turbot Street,
Brisbane Qld 4000

T: 07 3318 4454, www.leukaemia.org.au

Vision to Cure. Mission to Care.

DOES YOUR WALKING CLUB GO ON HOLIDAYS TOGETHER

HF Holidays are the UK's biggest walking holiday specialists and we have been arranging walking holidays for groups and individuals for nearly 100 years. During 2009 over 350 groups and walking clubs enjoyed a holiday with us.

We own and operate 17 Country Houses across the UK in National Parks and Areas of Outstanding Natural Beauty, which include the Lake District, Yorkshire Moors, Scottish Highlands, Exmoor, Dartmoor and the Cotswolds, to name a few. We offer full board

accommodation with outstanding food and a very sociable atmosphere

We can offer your club 3, 4, 5 and 7 night guided walking holidays from our Country Houses. Our walks leaders are friendly, highly skilled and are the cornerstone of our Holidays. Alternatively we can offer your group a Freedom Break, where you will stay Full Board in one of our Country Houses for the duration of your choice and lead your own walks.

We offer fantastic discounts for groups of 11 or more. We also offer a dedicated groups reservations team who will look after your group from your initial enquiry right through to your return home. With all our experience we can even tailor make a group holiday to meet your group's needs.

If you are interested in HF Holidays and would like to receive our latest groups and walking brochure or for any other information please email me on paulgoodey@hfholiday.co.uk and we will send copies to your club.

Can't wait for the brochure? Please visit our website www.hfholidays.co.uk/groups

We look forward to hearing from you in the near future.

BIBBULMUN TRACK

The world-famous Bibbulmun Track in Western Australia stretches almost 1000kms from Kalamunda in the Perth Hills to Albany on the south coast and passes through some of the most diverse and beautiful coastal, forest and rural areas of Australia's south west. The tour allows participants to experience glimpses of the very best sections as this award-winning track explodes in a burst of colour.

Registrations are once again open for our very popular '8-day Highlights of the Bibbulmun Track' tour of WA's famous long distance walk trail. This all-inclusive itinerary is limited to 16 places and show case s the very 'Best of the Bibbulmun'. Led by experienced guides from the Bibbulmun Track Foundation the 8-day tour departs Perth on 5th September 2011 in the midst of WA's famous wildflower season.

This tour has been carefully compiled to combine a variety of full and ½ day-walks with comfortable off-track accommodation. Varied landscapes from the rolling hills and jarrah forests in the northern section, through the magnificent karri and tingle forest to the spectacular ocean views and coastal heathlands

in the far south provide a unique and interesting insight into this biodiversity hotspot. Lead Guide, Steve Sertis, who has walked the length of the Track three times and knows it 'inside-out' said *"The pace of this tour is ideal to appreciate the spectacular wildflowers and diverse landscapes of the south-west"*

Participants need carry only a small daypack, and the flexible itinerary caters for all levels of experience.

Those interested are encouraged to book early as limited places fill quickly. All inclusive cost: \$2,450 (twin share).

For more information call Jean Byrne, (08) 9481 0551, send an email to events@bibbulmuntrack.org.au or go to www.bibbulmuntrack.org.au

THE BUDAWANG

This area in southern NSW was a military training area in the past, and unexploded artillery shells have been found in the Park. There are restrictions in the Wilderness Area. If you are to do a walk in the area, make some enquiries first.

JIMNA FOREST ACTION GROUP INC (JFAGI)

email: info@jimnafiretower.com
web: www.jimnafiretower.com

"Sustainable use and Forest Care"
Jimna Access Slowly Recovers From Severe Weather

Jimna Road Report: - Extensive earthworks are underway on the Jimna Range, which is expected to maintain a one lane situation for some considerable time.

Sunday Creek road is still closed due to a land slip,

Enquiries re the use of the Funnel Hut loop via Booloumba Creek Camping Area should be directed to www.derm.qld.gov.au or phone 1300 130 372.

Mount Buggery road from Imbil is now open.

Bellthorpe Road from Maleny is open, but Bellthorpe from Woodford is closed.

Monsildale Road has been repaired.

Peach Trees Camping Area, although suffering severe damage to walking tracks, is back in business.

TREKKING IN SOUTHERN AFRICA

From: Bertus Hanekom

safaritravel@westnet.com.au

To: Brisbane Catholic Bushwalking club

Sent: Tue, 12 April, 2011 5:38:42 PM

We would like to let you know about our Trekking trips to Southern Africa.

Please see the attached brochure "Southern Africa Trekking" trip. It is an amazing trip that will take you walking through some of Southern Africa's remote regions not experienced by the average tourist.

For each confirmed booking from your club we would like to offer your club a 10% donation on the advertised trip cost. It is a great way for your club to raise some funds and we are more than happy to help!

There is a Kilimanjaro Trekking trip planned for later in 2012 combined with the Serengeti Migration and Zanzibar. We will keep you posted.

Please do not hesitate to contact us if you have any further queries or would like us to forward you a Full Itinerary for the Trips. Each trip is guided by Bertus Hanekom who is a well known specialist Safari Guide with over 20 years experience.

Best Regards and Great Travels
Bertus and Lisa, Safari and Travel
PO Box 965, Kununurra WA 6743 Mobile - 0439 280 444

info@safariandtravel.com
www.safariandtravel.com

JOHN TOOHEY SOCIETY PROPOSED 2011 ITINERARY

Apr	15	Beach House
May	20	Hotel Orient
Jun	17	The Irish Club
Jul	15	The Tank
Aug	19	The Theodore Club
Sep	16	Treasury Casino
Oct	21	The German Club
Nov	18	The Coffee Club at Riverside
Dec	16	The Cultural Centre Cafe
Phil		

THEOLOGY CORNER

Walk to Emmaus

Can you imagine being given a personal explanation of the Resurrection, including referencing it to the Old Testament by Jesus? This is what happened to the two disciples who walked the 11km in a north-westerly direction from Jerusalem to Emmaus. This journey occurred on the first Easter Sunday when these two disciples were trying to recover from the shattering events associated with the arrest and execution of Christ. They were searching for a lifeline and their search begins with a journey to Emmaus which means "warm spring". The two disciples were still in a state of shock at the tragic turn of events that had taken place in Jerusalem. Without revealing his identity, little by little, Jesus guides and encourages the two disciples to see the whole picture – the prophecies, the expectations associated with the Messiah - the Anointed One, the Christ – all of which had their culmination in the suffering, the death and the resurrection of Christ.

It must have been a truly fantastic conversation to have over a period of two to three hours to have the bible explained in terms so that you could appreciate Jesus suffering, the death and the resurrection.

Finally, when they reach their destination Jesus wants to keep on walking. *No, stay with us, say the two disciples, it's getting late, you shouldn't be on the road after dark. We'll put you up for the night.* Through this act of hospitality Jesus makes Himself known to them. In the breaking of the bread, in sharing the evening meal with this stranger they are blessed to see Jesus, the risen one. No wonder the disciples immediately return to Jerusalem to spread the good news.

The journey to Emmaus and the meal are the best parallel we have in the 'New Testament' to our Mass we celebrate together. At the Last Supper, prior to the Resurrection, the Eucharist

was initiated; but at Emmaus, after the Resurrection, we have the parallel of the Liturgy of the Word when the words of scripture are explained during the long walk and then, on arrival, the two disciples and Jesus stop to break bread, what we now recognise as the Liturgy of the Eucharist.

So when we attend Mass we might remember our shared heritage with those two disciples on a long walk when their eyes and minds were opened to the love of Jesus.

EDITOR'S REPORT

ARTICLES: Please have all articles for the May Jilalan to me by Friday 10th June. Please check and adjust your article to comply with the Style Guide:

www.bcbc.bwq.org.au/JilalanStyleGuide.htm
! If you have any queries, you should phone me on 3351 4092. E-mail articles to endhouse@bigpond.net.au

As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.

If you "borrow" any words or image from another source, please acknowledge that source – author, publication, issue, date, publisher.

I need your articles on time – it makes it hard to still get articles when I should be formatting.

Articles from this publication may be reproduced provided the source is acknowledged.

Look at last month's Jilalan and copy that format – especially the "headings" in Comings

Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.

Type Face is "Arial", Font Size is "12", though Date, Name of Event & Type are "14

HOW WE ORGANISE OURSELVES

VISITORS – for general enquiries contact Greg on Ph: 3351 4092.

GENERAL MEETINGS: Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower carpark.

VISITORS are always welcome.

OUTINGS

(a) Always read the Jilalan article to check the departure point, date and time.

(b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.

- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming “lost”. Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.
- (h) All visitors must sign an Assumption of Risk form for insurance purposes.

EMERGENCY OFFICER: If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or “EO” or “Emerg Off”) for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

<http://www.bcbc.bwq.org.au/EmergOffSyst.html>

PERSONAL EQUIPMENT: The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MEMBERSHIP FEES - Membership Subscription fees are:

Ordinary Members: \$40; Associate Members: \$30; Spouse Members: \$10.00; Country: \$30.00.

Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

CONTACTS

Postal Address	PO Box 31, Red Hill, Qld 4059	
E-Mail	briscathbushclub@yahoo.com.au	
Web	www.bcbc.bwq.org.au	
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Treasurer	Terry Silk	3355 9765
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Social Secretary	Antonia Simpson	3857 1387
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Artist in Residence	Iain Renton	3870 8082
Bushwalking Q’ld	http://www.bushwalkingqueensland.org.au e-mail: info@bushwalkingqueensland.org.au BWQ Blog: http://bwq.org.au/blog/m	
Federation Mountain Rescue FMR	http://fmrqld.bwq.org.au/	
Archdioceses Web Site	http://bne.catholic.net.au/asp/index.asp	
Parishes	http://bne.catholic.net.au/asp/index.asp?pgid=11463	
Jilalan Printer: Printabout City - Lower Gr Floor, Boeing House, E-Mail: printabout@cplqld.org.au Cnr Adelaide & Wharf Streets, Brisbane. Ph: 3831 6644, Fax: 3831 6650,		

For specific enquiries, contact the committee member (from above) concerned.

For Outings or Socials, contact the leader shown in the calendar or article.

Photos: Cover: http://en.wikipedia.org/wiki/White_Rock_Conservation_Park