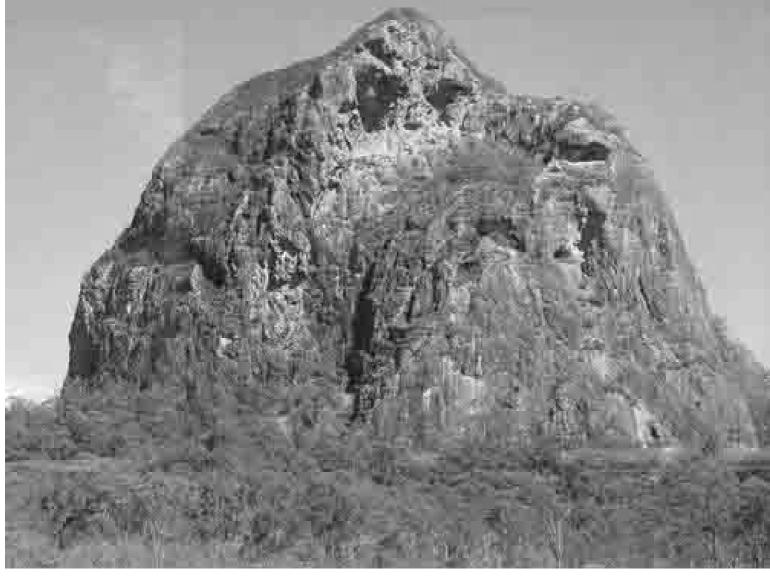
50 YEARS OF GREAT BUSHWALKING



1st December 1957 to 1st December 2007

JILALAN

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Monthly Circular Of The BRISBANE CATHOLIC BUSHWALKING CLUB Inc. Established 1957 Incorporated 1991

Under The Guidance Of Our Lady Of The Way



November 2007

DATE	EVENT	LEADER	CONTACT	TYPE	GRADE
19	JTS – Treasury Casino	Phil		Soc	
20 20/21	Gheerulla Circuit	Graham		DW TW	
20/21	Great Walk Sunshine Coast Hinterland Coffee Night – Coffee Club Sherwood	Michael Greg		Soc	
28	Bohgaban Falls	Michael		DW	
Nov 2/4	Broken Head	Paul		BC	
10	Albert River Circuit	Barbara		DW	
10 13	White's Hill BBQ & Walk Movie Night	Patricia Michael		NW Soc	
16	JTS – Chill on Queen	Phil	5522 9702	Soc	
17	Westray's Grave/Larapinta Falls	Phil	5522 9702	DW	M55
19	Meeting	Philip	3870 3710	Meet	
22	Bushwalking Qld Meeting	Michael	3351 3810	Meet	
24	Federal Election	John	(02) 6277 7700	Poll	S11
24	Northbrook Gorge	Justin	3366 3193	DW	M44
27	FMR Meeting			Meet	
28	Coffee Night – Tilley's Bakehouse	Greg	3351 4092	Soc	
	BCBC 50 th Anniv Walk – Mt				S55, S33,
Dec 1	Tibrogargan & Trachyte & Tibro Circuits	Phil	5522 9702	DW	S11
8	Nudgee to Shorncliffe and Back	Michael	3351 3810	Soc	S11
0	Christmas Party – Breakfast at The	Cueen	2200 2102	Caa	
9	Caddie Shack	Susan	3366 3193	Soc	
11	Movie Night	Michael	3351 3810	Soc	
12	Christmas Lights/Coffee Night	Justin	3366 3193	NW	S21
14	JTS – The Regatta	Phil	5522 9702	Soc	S11 to L99
15/23	South Coast Track – Tasmania	Michael	3351 3810	TW	EL88
17	Meeting	Philip	3870 3710	Meet	
26	Boxing Day Walk – Canungra Area	Liz	3356 4874	DW	
31	New Years Eve Party	Terry	3355 9765	Soc	
Jan 6	Greene's Falls/Love Ck Cct	Russ	3374 3534	DW	
12	Illinbah Circuit from Road	Greg	3351 4092	DW	
18	JTS – Story Bridge Hotel	Phil	5522 9702	Soc	
20	New Farm to Southbank and Return	Patricia	3366 6767	SW	
21	Monthly Meeting	Philip	3870 3710	Meet	
26/28	Tenterfield	Paul	3357 5254	BC	
26	Tooloona Circuit (DW) (50 th Anniv Walk)	Maxine	3203 4699	DW	M33
30	Coffee Night – Jolly's Lookout	Greg	3351 4092	Soc	
Feb 2	Booloumba Gorge	Justin	3366 3193	DW	
3	Wilston Heritage Walk	Barbara	3355 3639	SW	
10	Little Kings	Maxine	3203 4699	CW	S11
15	JTS – Fihelly's	Phil	5522 9702	Soc	
16	Mary River Rattler	Michael	3351 3810	Soc	
16/17	Mts Tuchekoi/Borumba	Michael	3351 3810	ON	
18	Monthly Meeting (AGM)	Philip	3870 3710	Meet	
23	Obi Obi Gorge Lilo Trip	Phil	5522 9702	DW	
24	Warrie Circuit & The Pinnacle	Philip	3870 3710	DW	
27	Coffee Night - Café Zanetti	Greg	3351 4092	Soc	
29	JTS Extra – Pig'n'Whistle on the Mall	Phil	5522 9702	Soc	
Mar 2	Mt Walker	James	3711 4490	DW	
9	Clean Up Australia Day			Soc	
15/16	Club Hut Feast	Maxine	3203 4699	Soc	
16	Isolated Peak	lain	3371 4672	DW	
17	Monthly Meeting			Meet	

The Calendar is subject to change without notice

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The club is not in a position to even state that all care will be taken.

KEY – Walk Types

D/W	Day Walk	1⁄2 D/W	Half Day Walk
O/N	Over Nighter	B/C	Base Camp
T/W	Through Walk	C/W	City Walk
TRN	Training	S&T	Safety & Training
FMR	Federation Mountain Rescue	SOC	Social

KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
S hort Under 10km per day	1 - Smooth reasonably flat path	 1 - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
M edium 10- 15km per day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	 3 - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day
Long 15-20 km per day	5 - Rough or rocky terrain with small climbs using hands or rock hopping	5 - Moderate - Up to 6 hours walking. Up to 450m gain/loss per day. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required
Extra Long Over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	7 - High - Up to 8 hours walking. Up to 750m gain/loss per day. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required	8 - High - Up to 8 hours walking. Up to 1000m gain/loss per day. High fitness. Endurance and agility required
	 9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength 	9 - Challenging - Up to 12 hours walking. Over 1000m gain/loss per day. Very high fitness. Endurance and agility required

Example: M48 is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

Visitors – for general enquiries contact Greg on Ph: 3351 4092. **Visitors** are always welcome.

Cover Photo From: http://www.flickr.com/photos/cyron/583183/

THE START OF THE CLUB

EXTRACT FROM CATHOLIC LEADER OCTOBER 24, 1957

"PROPOSED CATHOLIC BUSHWALKING CLUB FOR BRISBANE"

In recent years, bushwalking has become a popular pastime for many Australians. Brisbane already has two bushwalking clubs, providing in various ways, an outlet for people who have felt the urge to really get out into the open, and discover the beauties of mountain and bush in their natural and unspoiled state.

For some years now Sydney has had a variety of bushwalking clubs, including a vigorous Catholic Club. It is felt that a similar Catholic Club should be formed in Brisbane.

There are many places within easy distance of the city which would be suitable for one day trips. Properly organised, full weekend trips could also be arranged in such places, for instance, at Lamington Plateau, where Sunday Mass is often provided.

Having received His Grace's approval for the formation of a Catholic Club in Brisbane, it is proposed, a sufficient number of interested people forthcoming, to hold an inaugural meeting in early January of next year.

If anyone interested would contact Father Hayes of Yeronga and leave with him the necessary personal details, he or she will be advised in due course of the date and place for this meeting.

In the meantime, arrangements could be made for a preliminary outing, so that prospective members may get to know one another.

EXTRACT FROM CATHOLIC LEADER THURSDAY DEC 5, 1957 - PAGE 15

"FIRST OUTING OF CATHOLIC BUSHWALKING CLUB"

On last Sunday, 1st December, Father W. Hayes and twenty-six other prospective members of the proposed Brisbane Catholic Bushwalker's Club went for a days outing to the Glasshouse Mountains. This was the first outing of the new Club.

The site chosen for lunch was a spot beside a pool near the foot of Mount Tibrogargan. In the afternoon a group of twelve, including six of the girls, succeeded in reaching the top.

Visibility from the top was poor owing to the amount of bush-fire smoke in the atmosphere. The only commanding features of the view were the delicate spire of Mount Crookneck and the graceful mass of Mount Beerwah standing out like ghostly silhouettes.

On returning from the hot parched slopes of the mountain, the most welcome feature of the day was the long, refreshing swim in the shaded pool. In the cool of the evening the pleasantly tired party rounded off the day's activity with a leisurely walk to the station to catch their train.

It is proposed to hold the inaugural general meeting of the Club on Thursday, 16th January, 1958. All those concerned note time and venue of this meeting.

Plans are being made for the first official weekend outing which will be held at O'Reilly's Lamington Plateau, on the long weekend at the end of January, where Mass will be provided.

In the meantime others interested may leave personal particulars with Father Hayes, Yeronga, phone JW 2134.

PRAYER OF THE MONTH

An Australian Blessing

May you always stand as tall as a gum tree. Be as strong as the rock Uluru, As gentle and still as the morning mist, Hold the warmth of the campfire in your heart.

And may the Spirit of God, The Creator of this great south land of Australia. Always walk with you, Through Christ.

This blessing, which was written by Elizabeth (Betty) Pike, an Aboriginal Elder with the Aboriginal Catholic Ministry Melbourne, was read at the Anniversary Base camp at the Cathedral Ranges.

From The Catholic Walker, July 2007 - Page 20. Thanks to Fr Michael who supplied the text.

REFLECTIONS

Foreword to the 1983 Annual Report

Johann Strauss obviously found the Danube an inspirational scene; Mozart loved what was then the raging Rhine, and often walked in the Black Forest. In time, man conquered these wild rivers, and they now tamely meander past bustling roadways, busy streets and picnic tables. The famous Rhine is often humiliated to move with the flow of mechanical canal locks. The Black Forest may soon only appear in history books as it yields to the ill wind of yellow rain. One can only wonder of the past grandeur of the Thames which inspired Denham to write in the 17th century, "Thames, the most lov'd of all the Ocean sons."

Australian national park and conservation policies made a timely appearance at the beginning of this century; slowing the timber logging and farming in areas that are today's most popular parks, eg Lamington and Bunya Mts. Fortunate are we and so may future generations be, to see the same Lamington or the same Cougals, as our first explorers mapped them. Brisbane is particularly lucky to have many conservation areas and national parks close to the city.

There are as many reasons to visit these areas as there are to have them, conserve them and appreciate their naturalness. The more people that visit areas, the more the area loses its isolated feeling its solitude and "non-civilized" atmosphere; as rangers must build more solid paths, more picnic and parking areas and more facilities to cater for crowds.

In BCBC's 26 years of enjoyable walking, the more experienced walkers have given generous hours in showing newer members the less visited areas of our countryside.

Our policy is to walk off the tourist track, and preferably in small parties.

In 1983 our Club has offered a variety of walks; throughwalks for the keen and fit, day walks for the Sunday walker, base-camps for those who wish to escape city pace for a while, and overnighters for the Saturday shopper. Some of our socials are also steered toward the great outdoors - a car rally to Mary Cairncross Park, family bar-be-que, bush Christmas party.

One may read in the statistics of walks that 1983 had a few more walks and more walkers than 1982 despite rain cancelling some walks. Of course rain can be the heaven-sent blessing on a hot day and an uphill climb. Another measure to say that 1983 was a successful year can be noted by the keenness to walk during outings, close companionship among walkers and a jovial spirit on all outings and at meetings. If you wish to get more out of the Club and walking in 1984, the recipe is simple - get involved; I invite you to ask the secretaries and editor, "how?"

Let not the weather be the burden when nominating for a walk. If you wish to enjoy life, you'll remember much more readily the cool breeze on the ridge, rather than the hot walk uphill: the beautiful blue crayfish, rather than the leeches that ate you while you watched it; laughter and conversation in a crowded tent rather than the rain pelting outside; one colourful butterfly, rock orchids, parrots. Do you think Wordsworth thought his walk on the cold wet windy moors a waste, when he came home to write:

A violet by a mossy stone Half hidden from the eye! Fair as a star, when only one is shining in the sky.

May you have many happy hours of walking under the guidance of Our Lady of the Way.

PRESIDENT'S RAMBLINGS

How good is our Club? I reckon it's a fantastic institution. For the last 50 years we have been walking throughout the SE Qld area and places more distant, creating a good reputation with everyone we come into contact with. Just think about some of the fantastic walks we have had over the last 6 weeks, Mt Bangalore, Bushranger's Cave, Bohgaban Falls, Broken Head with Nightcap Ranges basecamp, Gheerula Circuit (day and through walk). Coming up we have Albert River Circuit, Larapinta Falls, and Mt Tibrogargan.

The Mt Tibrogargan walk marks the beginning of the Club's 50th anniversary celebrations. We have much to celebrate so let's get into the spirit of things! There will be a group climbing the Mt itself and two walks going along the circuits at the Glasshouse Mountains. It is wonderful to think that our Club has been around for 50 years and has such a strong nucleus of committed walkers.

It's not only the walking that's been so good in the last month or so, we have had some wonderful social events including our regular coffee night, the JTS for those who imbibe, and the fantastic progressive dinner and Fort Lytton & Port of Brisbane tour. We also look forward (at the time of writing) to a barbecue at White's Hill and our Christmas party in early December.

What it all boils down to is we walk together and get to know each other and have times when we celebrate life together. We also learn to respect each other and develop a real love for each other. May we always continue to be a Club that distinguishes itself from other club's by the love we show one another.

It was with much sadness we learned that Therese Abernethy's Father passed away suddenly. Therese, the entire Club sends you its love and wishes during this sad time. There are other members of our Club that have mourned the loss of loved ones this year and some member's families are suffering illness at this time. Our thoughts are with all of you during this time of suffering and loss.

May we continue to walk humbly with our God.

TREASURER'S REPORT

Balance 17/9/07	\$2538.16
Plus Receipts	<u>\$ 490.35</u>
	\$3028.51
Less Payments	<u>\$ 189.10</u>
Balance 15/10/07	\$2839.41
Term Deposit	\$2003.93

I hope to draw our current club raffle at the November meeting, so if you do not have a ticket yet, time is fast running out for a chance to win one or more of the five fantastic prizes which we have on offer. Remember that if you have not bought a Club badge it would be a good idea to buy one or more before we kick off our fiftieth celebrations. I am sure that our past members will soon purchase all our available stock. Terry.

ABOUT PEOPLE

It is with sadness that I begin this column. Therese Abernethy lost her father suddenly the other Sunday night, and his funeral was on Thursday 1st. Also recently deceased was Peter Murphy, a past BCBC President. His widow, Margaret (O'Shea) was also a past member. A past member, Paul Elliot, who did the Paddy's Plain walk with us, had a sudden operation for lung cancer in the last week.

John Blumke, Jeffrey Foremen and Gordana Stanojevic are having a birthday in November.

Pat Lawton has just returned from a walking holiday in WA, checking out the wild flowers. James Parra & Eliz Richards have just returned from walking some of the Pilgrim's Trail in Spain and Maxine has just returned from a brief holiday in N.Z.

Five intrepid members are about to go on the South Coast Track in Tassie in mid December.

We had three welcome visitors at our October Meeting, namely, Annette Todd, a former member and her cousin, Glenda Horne along with Catherine Simpson (to be called junior so as not to confuse her with Michael's wife Catherine who is no relation). Recently, we have also had enquiries from Julie Fitzgerald, Dominique

Phil.

Watson, Jenny Keogh, Ian Debert, Rozario Augustin and Tracy Hagger.

Greg Miller was joined by his father, Ron, on John's Mt. Bangalore walk and Peggy Roe joined Graham on his Gheerulla Circuit walk where she reminisced about some walks she had done as a past member.

RAMBLINGS FROM THE OUTINGS COORDINATOR

The end of the year is fast approaching with only a handful of walks left in the calendar. But we are nearing the first of our 50th Anniversary events with the climb of Tibrogargan or a walk around Tibro in early December. I believe this was the walk which preceded the formation of the Club. And there is also the chance to view Larapinta Falls and see if they are more impressive than Running Creek Falls.

The walk leaders have almost been finalised with only a handful of people I need to contact. However, if you feel you are not leading enough walks next year please let me know as things crop up from time to time and I may be able to slot you in.

I would like to congratulate Julie and Desley for completing their first throughwalk last month. Well done girls. I hope the walk has enthused you to try more.

Lastly, a few changes to the calendar for next year.

Mt Walker moved from 1 March to 2 March, Mts Tanna and Glennie moved from 9 Aug to 28 Jun and

Mt Goolman moved from 28 Jun to 9 Aug.

Michael (3351 3810, 0409 620714 or michaelesimpson@optushome.com.au)

WEB SITE DETAILS

There is a wealth of info on the BCBC web site: www.geocities.com/briscathbushclub

We have: the Leader's Notes – must read for all Leaders, new & Old;

http://www.geocities.com/briscathbushclub/Le adersGuideV5-02-06.html

Waiver of Liability Form (for Leaders to take on the Outing)

http://www.geocities.com/briscathbushclub/Vi sitorWaiverForm.html

Trip Nomination Form: (If the Outings Secretary does not give you one)

http://www.geocities.com/briscathbushclub/EventN ominationForm02-05.html

Emergency Officer System: A MUST for all Walkers

http://www.geocities.com/briscathbushclub/E mergOffSyst.html

The Club Calendar:

http://www.geocities.com/briscathbushclub/pa ge7.html

The description of Coming Outings & Socials: http://www.geocities.com/briscathbushclub/pa ge6.html

Next Year's Calendar (Not always updated with changes):

http://www.geocities.com/briscathbushclub/pa ge7a.pdf

Membership Renewal Form:

http://www.geocities.com/briscathbushclub/Ms hipRenewForm2005.html

Forms We Use:

http://www.geocities.com/briscathbushclub/pa ge14.html

Brochures, Booklets, Guides we use: http://www.geocities.com/briscathbushclub/pa

<u>ge15.html</u>

BCBC History: http://www.geocities.com/briscathbushclub/B CBCHISTORY.html

Jilalan – the last six months: http://www.geocities.com/briscathbushclub/pa ge9.html

For Visitors, How We Organise Ourselves: http://www.geocities.com/briscathbushclub/HowW eOrganiseOurselves.html

Membership Application Form: http://www.geocities.com/briscathbushclub/Ms hipApplForm2005.html

Site Map & Index: http://www.geocities.com/briscathbushclub/pa ge16.html

The Web is as much for Members as Visitors. It has useful information for everyone.

<u>TEMPORARY MEETING</u> <u>HALL</u>

We have booked the Newmarket Memorial Hall for December, and hopefully December, January & February.

It is on the corner of Enoggera Rd & Ashgrove Ave, Newmarket, just 5 minutes further on from Red Hill. Enoggera Rd is sometimes known as Kelvin Grove Rd or Samford Rd – but here it is Enoggera Rd. The Hall is over the road from the Coles Shopping Centre and the Newmarket Pub.

On the other corners are a Mobil Petrol Station, Doctor's Surgery & a Paint Shop.

Parking is in the Coles Shopping Centre carpark over the other side of Enoggera Rd.

The Meeting is still on the 3rd Monday of the Month, and commences promptly at 7.30pm.

TRIPS still leave from St Brigid's car park at Red Hill.

COMING EVENTS

16TH NOVEMBER, FRIDAY 'CHILL' ON QUEEN JOHN TOOHEY SOCIETY

- Contact: Phil Murray 5522 9702 or 0413 307 580
- Where: Level 1, MacArthur Centre, 255 Queen Street (Near the corner of Edward)
- Time: From 4pm onwards till much later.
- What For: For a chat and a drink, dinner if you want, company, friendship, news & information

Web: <u>http://www.chillongueen.com/conte</u> nt.asp

Emerg Off: Michael S - 0409 620 714

This month we will are back in the heart of town and will be in a very modern bar. It has a balcony overlooking Queen Street so when you are coming towards the bar you may see us from the street below. It is rather unusual to be above street level and looking down on the populus walking below. It should be good out there on a warm evening.

It is named "the chill bar" because one of the bars it exactly that – the "Ice Bar".

Big W is just behind – go up the escalator and turn around back towards Queen St.

This Club has a regular gathering in town for a social drink, perhaps a meal, company and a chat on the third Friday of the month. They have a selection of beers and a few Vodkas for those game enough to try one.

Phil the Elder

17TH NOVEMBER, SUNDAY LARAPINTA FALLS DAYWALK

Leader:	Phil the Elder Ph: 5522 9702,
Meet at:	St Brigid's, Red Hill
Meet Time:	6:25am
Grading:	М 55
Cost:	\$20:00
Location:	On Christmas Creek, up from
	Westray's Grave

Web:

http://au.geocities.com/redlandb ushwalkingclub/images/07gallery/larapinta_fls. jpg AND

http://www.rankin.com.au/essay

<u>4.htm</u>

Emerg Off: Susan Ph: 5522 9702

This is a walk in the southern section of Lamington National Park. Larapinta Falls is one of the best waterfalls in South East Queensland. The route in is basically along Christmas Creek, past Westray's Grave and an about an hour further on is the Falls. I think this is the Club's first trip to Larapinta Falls. After the recent rain there should be a good volume of water over the falls.

Bring the usual daywalk stuff and be prepared for some rock hopping.

You will follow the brush trail from the National Park entrance for the hour or so to The Grave. Westray was the person who survived the Stinson Wreck and went out down the creek to get help, but unfortunately he slipped over a waterfall and died. The track to The Grave was once a graded track, now somewhat worse for wear. But saying all that, it still is a track. This part is M43

From here, the party will follow alternately the creek and the bank through the rainforest for over another hour to the falls. Coming back is the reverse. This second half is the M55 (though if only a third of the whole walk, is S55.)

The easy option for walkers who don't like rock hopping is to only walk as far as Westray's Grave and then relax and enjoy a chat in the beautiful rainforest while the rest of the group goes to the falls.

19TH NOVEMBER, MONDAY FOURTH ANNUAL PHOTOGRAPHIC COMPETITION AT THE NOVEMBER MONTHLY MEETING

The idea of the having a photographic competition is to encourage members to bring their photos out and share them with other members.

A great way to share them is by entering them in the competition and also including them in the Club's magazine, annual report and on our website.

Our goal as a club is to encourage the love of the bush and bushwalking. I trust the photos will display the spirit of the Club and the beauty of nature and why we go bushwalking.

The categories of the competition are as follows -1 **Landscape** - this includes all the landscapes, waterscapes, mountains

2. **Moods of nature** – sunrises, sunsets, storm and rain or mist from a waterfall, or a shady spot in the eucalypt forest.

3 **Nature Close up** - ie approx one metre or less - plants, animals, birds, rocks, leaf litter etc

4. **People and faces** – Portraiture & Club Character - capture some interesting faces as you walk or socialise

5. **Miscellaneous**- any photos that do not fit into any other category.

6. International Walking - photos from overseas walks

6. **Best overall** - awarded to the print deemed to be best overall by the invited judge.

7. **Peoples choice**. The best overall photo selected by the members on the night.

19TH NOVEMBER, MONDAY MONTHLY MEETING

Contact: Philip K, President Ph: 3870 3710 Time: Doors open 7.30pm Venue: Newmarket Memorial Hall, cnr Enoggera Rd & Ashgrove Ave, Newmarket. Just 5 minutes from Red Hill. Cost: Free, supper provided UBD: Map 139 G17

- Includes the Photo Comp
- Come along to the Meeting to hear what the Club is going to do over the following month.
- Hear what we did over the previous month.
- Ask Leaders questions that will solve your queries about coming events – this Jilalan can not say everything about what we do, where we go and how we do it.
- Put a blow torch under Committee.
- Hear about the 50th Anniv Celebrations preparation.

24TH NOVEMBER, SATURDAY NORTHBROOK GORGE DAYWALK

Leader: Justin Tobin Ph: 3366 3193 Meet at: St Brigid's Musgrave Road, Red Hill. Time: 7:00am Cost: \$7.00 Grade: M44 Location: Below Wivenhoe L'out, on the Northbrook Parkway between Maiala & Wivenhoe

Web:

http://www.swiss.org.au/event.php?ID=718 Emerg Off: Greg Endicott Ph: 3351 4092

Warning: This is the day of the Federal Election. Arrange a Pre-Polling vote. Look at: <u>http://www.aec.gov.au/Voting/ways to vote/</u>

Northbrook Gorge you say.

Black spots come before your eyes. The shakes take hold, visions come to you of scungy ridges, unknown side creeks and gullies leading who knows where, rid yourself of these nightmares and travel with me down Matthew's ridge and discover what a tranquil, pretty creek Northbrook is. Cool off with a swim through the gorge. A short exit after lunch takes us back to the cars and coffee.

Phil Murray Ph: 5522 9702 or 0413 307 580

You will need to keep your pack dry for the gorge.

Come with me for a cool Summer walk on Brisbane's northern doorstep.

28TH NOVEMBER, WEDNESDAY COFFEE NIGHT TILLY'S CONTINENTAL BAKERY BAKERY, COFFEE SHOP & WOODFIRED PIZZAS 201 STAFFORD RD STAFFORD

Leader: Greg Endicott Ph: 3351 4092 Meet at: Tilley's, cnr Stafford Rd & Lennon St Meet Time: 6.30pm for a meal, 7.30pm for coffee & cake

This is a nice bakery with that extra – woodfired pizzas, good coffee & specialty pastries. Sit outdoors. Sample their continental pastries and cakes. Talk about outings past and holidays future. Hear what's been happening with your friends. Talk about your life. Enjoy a night out.

1ST DECEMBER 2007, SATURDAY MT TIBROGARGAN DAYWALK 50TH ANNIVERSARY WALK

Leader:	Phil Murray Ph: 5522 9702		
	Phone Phil for all 3 walks.		
Meet at:	St Brigid's, Red H	ill	
Meet Time:	• ·		
Arrival:	8.45am		
Walks:	Tibro Summit:	9am	
	Trachyte	9am	
	Tibro Circuit:	9.30am	
Lunch:	Approx	12.30pm	
Grading:	Summit:	S55	
	Trachyte:	S33	
	Tibro Circuit:	S21	
Cost:	\$10:00 if using Cl	ub transport	
	from Red Hill	-	
Location:	In the Glasshouse	Mtns, north of	
	Brisbane, up Cab	oolture way	
Web:	· •	-	
http://gldstorms.com/gallery/v/adventu			
re/tibro0703/?g2 page=2 AND			
http://www.glasshousemountains.com.au/Glas			
s House Mountains National Park.pdf			
Emerg Off: Susan Ph: 5522 9702			

3 Walks Available

1. - Climbing of Mt Tibrogargan - Phil Murray

2. - The Trachyte CircuitPhilip Kearns3. - The Tibro CircuitDesley Pedrazzini

After all the walks return to the carpark, we will boil the billy, have lunch, and cut the celebratory cake. And of course, take the photos of the group. It should be a short day, leaving approx 2pm. But it all depends.....

This trip is to commemorate the 50th Anniversary of the first trip done by the Club. It is the Glasshouse Mtn nearest the "old" highway – the eastern side looks like a monkey's face. Mount Tibrogargan (364m above sea level) is between Beerburrum and Glass House Mountains townships, off Marshs and Barrs Roads. There are picnic tables and toilets at the base of the mountain, near the carpark.

1. Mt Tibrogargan (S55) leaving 9am - is a short hard climb for all self respecting 'peak baggers' to achieve. The route is up the northern side, following a very well used trail. In fact, every man & his dog climb this one, and as a result, the trail is degraded. It is 3km return (Allow 3-4 hours) Class 5 - From Mountain View lookout, the track continues to the summit. A level of physical fitness and rockclimbing skills are required. You are not climbing a cliff face, but it is all rock. If some places you will need to use your hands to haul yourself up. In other places you will be walking up a rock slab. There is not much to catch you. It should be hot & dry.

There is a "walk in" to the mount, then you hit the rock itself. You initially climb up a 2m rock, then face the hardest part – zig zagging up a 5m rock face – easy enough for the initiated, but not so for the novice. But come to this part and try it out, then decide if you want to go on. The views from the top are spectacular.

But, for all that, it is a mountain that everyone should do at least once. Led by Phil Murray.

As Tibro is a bit of a challenge, we offer 2 shorter walks around the mountain. The 2 other walks are:-

2. The Trachyte Circuit (S33) leaving 9am - is 5.6 km return; it is a graded track. However, it is a bit open and can be hot if starting out late. There is a good lookout mid way - the Jack Ferris Lookout - not too high, but it is strategically placed.

Allow 2-3 hours Class 4 - This circuit leads through open woodland and heathland linking Mount Tibrogargan and Mount Tibberoowuccum. Interpretive signs along the track provide details of the area's special features. The Jack Ferris lookout, on Trachyte Ridge, allows for good views of the surrounding peaks. This ridge owes its name to a type of volcanic rock which forms many of the Glass House Mountains peaks. Led by Phil Kearns.

3. The Tibrogargan Circuit (S21) leaving 9.30am - is a 3.3 km circuit. It goes right around the mount without actually climbing - great views of the east face & of those caves. Is in shade most of the time. Allow 1.5 hours - Class 3 - This walking track leads around the base of Mount Tibrogargan through Casuarina groves, open eucalypt and melaleuca forests. The track allows for great views of Mount Tibrogargan. Keep an eye out for circling peregrine falcons. Led by Desley Pedrazzini.

Some details are from the EPA Q'ld web site: http://www.epa.qld.gov.au/parks and forests/find a park or forest/glass house mountains and surrounds/

The walks are expected to start at about 10ish. We will ask people to re-group back at the base of the mountain by 1.00pm. After the walks the plan is to have a short gathering with one or two speeches, and then a picnic lunch and a chance to mingle & chat.

This walk is to celebrate the walk that led to the formation of the Club.

Back in September 1957 Fr Willie Hayes of the Yeronga Parish met Raoul, a very keen bushwalker and rockclimber. They quickly came up with an idea to do buskwalk to Mt Beerwah in the Glasshouse Mountains which was Raoul's favourite haunt. The walk was very successful and the idea was floated - Why not form a catholic bushwalking club. One aim was to have a club that catered for Mass attending. The first step to forming a Club was to advertise a walk and see if anyone was interested in joining in.

So, in the last Sunday in October 1957, a short notice in the Catholic Leader invited intending members or interested people to contact Father Hayes. After receiving several enquiries, things were looking very positive and another notice was inserted in the Leader announcing that the first Club outing would take place on Sunday, 1st of December and the venue was to be Mt Tibrogargan.

The day was extremely hot and hazy but successful nevertheless, and according to the first annual report "the Club could be said to have been established on this date."

I hope many current and former members can come along and celebrate this significant milestone in the Club.

8TH DECEMBER, SATURDAY NUDGEE TO SHORNCLIFFE & BACK SOCIAL WALK

Leader:	Michael Simpson Ph: 3351 3810 or 0409 620 714
Meet at:	Nudgee Railway Station, Railway St, cnr Oakmere
Time:	1.16 pm
Cost:	\$8:00
Grading: Web:	S11
	ourbrisbane.com/living/suburbs/im
ages/png/5	
&	
http://www	ourbrishane.com/living/suburbs/nu

http://www.ourbrisbane.com/living/suburbs/nu dgee_beach/map/

We will meet at Nudgee Railway Station at 1.16pm which is a scheduled arrival using the train system. You can either drive to Nudgee or use the train system. We will be returning via Nudgee on the train at the conclusion of the walk.

We will then follow local roads and bike paths to Nudgee Beach before retracing our steps and continuing along another bike path to the Boondall Wetlands. From the wetlands we will continue along bike paths, cross Nudgee Creek and then follow local roads and bike paths to the Shorncliffe Railway Station. I haven't done a pre outing yet but I intend to in the near future. Ring me for more details closer to the event.

From Roma Street Railway Station to Nudgee Railway Station

Take	Route SBSH – Southbank to
Train	Shorncliffe
Departing 12:51pm	Roma Street Railway Station
Arriving 1:16pm	Nudgee Railway Station
Integrated	Single Adult Fare: \$3.20,
Fare	Single Concession Fare: \$1.60
	Zones travelled
	in: 1-3
Michael.	

9 DECEMBER, SUNDAY CHRISTMAS PARTY MINI GOLF AND BREAKFAST

Contact:	Susan Tobin Ph: 3366 3193		
Time:	7:15 am for Mini Golf.		
	9:00 am Breakfast at the Caddy Shack		
Where:	Victoria Park Golf Complex,		
	Herston Road, Herston.		
Cost:	\$15.00 for 18 holes of mini golf.		
	About \$10.00 for a cooked		
	breakfast.		
	For breakfast menu check		
	out the web.		
	\$5.00 Secret Santa present.		

Web: http://www.victoriaparkgolf.com.au/

Q. What's red and white and carries a big stick?A. Santa Claus playing golf.

The Christmas Party is at the mini-golf course at Victoria Park Golf Links, eighteen holes of mini-golf and breakfast at the Caddy Shack.

Come for golf, come for breakfast, come for a good time. Join B.C.B.C. early and have the rest of the day with family or other activities.

Bring a \$5.00 present for Santa's Sack. Santa Claus could be playing on the golf links and may call in.

11TH DECEMBER, TUESDAY MOVIE NIGHT

Where:	Southbank Cinemas – cnr Ernest & Grey Sts	
Meet at:	Take 5 Café – next to the cinema	
Time:	6pm	
Cost:	\$6.00 (movie only)	
Contact:	Michael S Ph: 3351 3810	
Web, to see what movies are on:		

<u>http://www.cineplex.com.au/now_scr</u> eening_southbank.php

We all meet on the 2nd Tuesday of the month at Southbank, at the cinema (the old IMAX Theatre), for dinner/light snack/coffee at 6:00pm. We then watch a movie of our choice (not necessarily the same movie) and meet back at a café for a coffee and to compare notes.

Why Tuesday? Well Tuesdays are cheap movie nights. If you are interested, let me know.

It is close to rail, bus & ferry. I believe cinema patrons get a free carpark on presentation of proof

of seeing a movie. But parking spaces are limited. Otherwise, collect carpark voucher at the Cinema Box Office when you purchase your movie ticket, and you pay only \$2.00 on exiting Southbank Parklands Parking (NB 4 hr limit applies) – this is not the parking at the Cinema, but at Southbank across the road.

Michael

12TH DECEMBER, WEDNESDAY CHRISTMAS LIGHTS AND COFFEE

Contact: Justin Ph: Ph 3366 3193 Meet at: Car Pool St Michael's Catholic Church, 250 Banks St, Dorrington.

Time: 6:30pm

Meet: Cnr Wickfield Cres and Barbour Rd, Bracken Ridge. Time: 7:00pm Web:

http://www.4kq.com.au/ARNClassic/priz eoffers/details.asp?CompId=2210

NB: NOT, repeat not, our normal Coffee Night date...... But it is a Coffee Night with a difference

Wednesday night at the Christmas Lights.

Yes it is that time again. Wednesday night out & about at the Christmas lights. This year we'll head down to Bracken Ridge and walk around Wickfield C^{res} before heading over to the Deagon Uniting Church for coffee.

If we are car pooling at Dorrington we can have a look at Dorrington Drive and maybe more coffee at Ashgrove before heading home.

Please let us know if you are going in case Plan B needs to be put in place.

14TH DECEMBER, FRIDAY REGATTA HOTEL, TOOWONG JOHN TOOHEY SOCIETY

Contact:	Phil Murray 5522 9702 or 0413 307 580
Where:	543 Coronation Dr, Toowong, cnr Sylvan Rd
Time:	From 4.30pm onwards till much later.
What For:	For a Christmas drink, a chat, dinner if you want, company, friendship, news & information
Web: NB:	http://www.regattahotel.com.au/ This one is a week early.

This Club has a regular gathering in town for a social drink, perhaps a meal, company and a chat on the third Friday of the month. Wait a minute, the 14th is the Second Friday........... To allow our members who are doing the 7 day throughwalk in Tasmania to attend. They leave for Tassie the next morning bright and early.

Commemorate the Wednesday afternoon in March 1965 when Merle Thornton and Rosalie Bognor, entered the public bar of the Regatta Hotel and ordered two beers.

This is our special out-of-the-City experience, at a historic old pub, though very modern in decor. Visitors & First Timers are more than welcome. Come along for a Christmas drink, or two.

It is now a well set tradition, where about 15 of us gather to solve the problems of the world. We have a drink, most stay for dinner, we talk, we listen, we have even been known to plan our overseas holidays. At least, some talk about theirs. Some drink beer, others wine, one just Coke. You will know us because we are the quite ones in the corner. (Too old to be rowdy?? Who said that!!)

Phil the Elder

15TH DECEMBER, SATURDAY THROUGHWALKERS LEAVE FOR TASWEGIA BRISBANE DOMESTIC AIRPORT

There are 5 Club members leaving for a 7-day throughwalk along the South Coast Track in Tasmania. This is a long walk by extended-walk standards.

Check it out on

http://www.parks.tas.gov.au/recreation/t racknotes/scoast.html

AND	http://www.john.chapm	<u>an.name/tas-</u>
sthc.	html	
AND	with	photos
http:/	//www.wises.com.au/scta	a.htm
AND		

http://members.ozemail.com.au/~bjosh/s ctrack.html

The trip is up over a mountain range and then along the coast – the hardest part is at the start. At one point, they have to row across an inlet. It is not often that we, as a Club, organise an extended trip of this calibre. All 5 need to be applauded for attempting this. It is hoped that such extended walks will become the norm every year. There is the 2008/9 Wilson's Promontory trip.

17TH DECEMBER, MONDAY MONTHLY MEETING

Contact:	Philip Kearns, President	
	Ph: 3870 3710	
Time:	Doors open 7.30pm	
Venue:	Newmarket memorial Hall, cnr	
	Enoggera Rd & Ashgrove Ave,	
	Newmarket	
Cost:	Free, supper provided	
UBD:	139 G17	
• Como o	long to the Mosting to hear what i	

- Come along to the Meeting to hear what the Club is going to do over the following month.
- Hear what we did over the previous month.
- Ask Leaders questions that will solve your queries about coming events this Jilalan can not say everything about what we do, where we go and how we do it.
- Put a blow torch under Committee.
- Hear about the 50th Anniv Celebrations preparation.

26TH DECEMBER, WEDNESDAY BOXING DAY WALK LAHEY'S TUNNEL AND KILLARNEY GLEN AT CANUNGRA PREVIEW

Leader:	Liz Little
Meet at:	St Brigid's carpark
Meet Time:	9.00 am
Cost:	\$10.00
Web:	

http://www.canungrainformation.com/pa ge9.html

And

http://www.helenthura.com/blog/2006/11/20/kill arney-glen/

For those who would like to join me on an easy walk on Boxing Day I have just the thing to do. Walk off those extra pounds you put on the day before. And note the leisurely Departure Time.

The plan for the trip is to explore Lahey's "timber tunnel" from about 10ish to 11ish. Then go to the Killarney Glen for lunch and a swim. It is only about a 20 minute walk in. Then to go for coffee at either Canungra or somewhere else. Bring your usual daywalk stuff, togs, camera and some food to share at lunchtime. You must have some left-over Christmas goodies.

Liz

31st DECEMBER, MONDAY NEW YEAR'S EVE PARTY ROMA ST PARKLANDS PREVIEW

Meet at:Roma Street ParklandsTime:6:00pmCost:B.Y.O.E for B.B.Q.Web:http://www.romastreetparkland.qld.gov.au/

This is a perfect place to meet and see out the old year and welcome in the new. Bring along your picnic tea with some nibblies to share and to enjoy the last meal for 2006. Time to talk about the events of the past year and walks you have achieved.

At 9:00pm, the children's' fireworks display commences at Southbank. We will take a short stroll to Southbank to join in the atmosphere by watching them together. The New Year Show will then happen at midnight. In the mean time we will have a coffee and chat until the Midnight fireworks start.

No cost and no need to nominate or book. Just come along and enjoy.

JOHN TOOHEY SOCIETY

PROPOSED 2008 ITINERARY

18th: Storey Bridge Hotel January February 15th: Fihellys February 29^{th*}Liz Little's place 21st: The Victory March April May 18th: Criterion 16th: Mick O'Malley's 20th: Theodore Club June 18th: Irish Club July August 15th: Union Jacks September 19th Plough Inn (talk like a pirate day) October 17th: Premier's Bar – Treasury Casino -November 21st: Milanos - Queen Street Mall December 19th: Regatta

* Friday 29th February is the fifth Friday in February and there won't be another Friday 29th February for 28 years until 2036. So we just have to have a special gathering on this day.

POETRY CORNER

I HOLD THE HEIGHTS

"I have not lost the magic of long days; I live them, dream them still. Still am I master of the starry ways, And freeman of the hill. Shattered my glass, ere half the sands had run – I hold the heights, I hold the heights, I won."

Geoffrey Winthrop Young

PAST EVENTS

MT COOT-THA LOOKOUT THE ECLIPSE COFFEE NIGHT 28th AUGUST

We had a good rollup for this dual event. One unforseen problem – the crowds. We were not the only bright sparks to think of this venue to observe the almost once in a lifetime event. It was packed. It took an hour to get a coffee from the kiosk. But we were not there for coffee, were we.

The eclipse was visible, though the sky was a bit overcast at the start. It cleared enough as the night progressed. The actual eclipse could be observed – if one was motivated enough to look through the gaps in the umbrellas sticking out of the kiosk tables. Some people even took photos.

Once again we solved the world's problems.

Thanks to all, too many to name, who came.

Greg E

GREAT AUSSIE BUSHWALK MTNS ELIMBA & MIKETEEBUMBULGRAI 9TH SEPTEMBER DAYWALK

I feel this was a very successful day. We had 9 BCBC people, incl 3 visitors and 22 people who

nominated through the Great Australian Bushwalk web site of NPAQ. <u>http://www.npaq.org.au/</u>

I thought Mt E was the easy one, but the visitors said it was the hard one – too much work to get to the site of the hill, and it's sides were rocks covered in long grass. We snaked our ways up to the top for the excellent views of the other Glasshouses. The day was fine & hot.

Mt M is a cone, so it was straight up. Everyone seemed to run up it – I could not keep up and was one of the last to summit. Everyone except me had a leisurely lunch on top. The terrain was not a rocky, or at least you could see the rocks as there was less grass covering them. And there was more tree cover. Views from the top were limited because of the vegetation.

Going down, they were just as quick. We skirted the little watercourse at the bottom, coming out at the road just short of the cars.

Thank you everyone for coming & making it such a successful day.

Greg E

MT BANGALORE 30TH SEPTEMBER, 2007 DAYWALK

This daywalk was the last of this year's mountain climbing walks, which we attempt in the cooler months of the year. The weather over the preceding days had been very warm, so I was a little worried about the heat we could experience. Fortunately there was a pleasant breeze when we needed it most.

After 9 of us gathered at Boonah from various points of the compass we drove to Teviot Brook. Mt Bangalore looked imposing as we parked our cars on the dirt road on the eastern side of the mountain. Following a nearby ridge our party slowly climbed onto the eastern flanks of the mountain. We noted that the eucalypt woodland was in good condition on the dry, stony ridge. This reflected the Nature Refuge status of the property. Our pace was steady as the ridge steepened and we had to carefully place our feet on the rocky surface.

Eventually near the summit the walkers contoured to the right into a hollow for morning tea beside a

large fallen tree. This allowed the tail to catch up. A comfortable breeze greeted us. Refreshed we walked over to the western side where there is an area of rocky pavements, which provided great views and a change in vegetation known as montane heath. A number of shrubs were in flower. All enjoyed views of the Scenic Rim towards Cunningham's Gap and Mt. Ballow. Lizard Point and Ridge was most spectacular. Past walks were recalled.

To complete a circuit walk, we moved to the southern end of the mountain and located the connecting ridge to Mt Bell by compass. The group enjoyed lunch on a narrow knoll, which had good views, above Reynold's Gorge. It was agreed that we wouldn't push onto Mt Bell and leave it for another day. Dropping into the valley, we had to traverse a part of Bangalore Gorge. This required great care as there were steep slopes and false leads. However, this was made up with us seeing beautiful flowering rock orchids (including King), wattles, native peas, glossy black cockatoos and a giant spear lily in flower in the narrow gullies.

Eventually we reached the farmer's paddocks, where we followed track which led to our vehicles, a little after 4pm. We all enjoyed the walk. Thanks to all attendees Louise, Justin, Michael S, Terry, Phil K, Dave Hill, Greg Miller and his dad Ron who was on his first Club walk.

John

BUSHRANGER'S CAVE TO BINNA BURRA 7TH OCTOBER DAYWALK

A brave group of walkers left Brisbane with me in this attempt to do a through daywalk. The cars abandoned us at the start – Numinbah Gate became the Point of No Return. We followed the Border Fence for an hour, till reaching The Cave – actually a large overhang. Lamingtons & photos here.

Then off, following the taped trail up the escarpment to the Lamington Track System. It was steep going, but there are plenty of trees to haul yourself up on. And rest stops, while "helping" the person behind you. Views were very limited because of the rainforest vegetation. The way through the one cliff line was easy to find & follow. This did not take long at all. Being dry was a great help. Soon the party was on the convex ridge, going up & up – the rock now behind us. I knew we were almost at Wagawn on the Track System.

When we found a lovely flat rainforest grove, we stopped for lunch – better than out in the sun on top. Goodies were passed around. Then off for 15mins to the lookout & sunshine. Now it was just a race back to Binna Burra – mentally the walk was over. However, we did take sidetracks out to two of the lookouts.

Thanks to Michele & Liz L for being the spare drivers, and to Lucy for being Michele's companion.

PROGRESSIVE DINNER BY BUS SATURDAY 13TH OCTOBER SOCIAL

Well! What an evening. Maxine and Justin have excelled themselves. Therese, Rick and Julie, Greg & Michele & Lucy, Philip, Mary, Ben, Liz, Desley, Catherine & Michael, Rosemary, Susan & Mary joined Maxine & Justin on a delectable tour of some of the eateries on the northside of Brisbane.

The evening started around 4pm with pre-dinner drinks at the Normanby Hotel, a heritage building, just down the road from St Brigid's. From here the mystery tour began. We boarded a 350 bus bound for the North Western suburbs. We disembarked at the flyover at Enoggera and wandered back along Wardell Street with no idea where we were going for our entrees. This turned out to be The Lotus Flower, a Chinese restaurant on the corner of Wardell Street and Samford Road. Susan, Mary, Michele, Lucy and Liz joined us here and our party was complete.

But what was in the box Maxine was carrying? Maxine would give no clues and we were told to wait.

The next leg would have been very interesting as the 350 bus was the one to catch. But no it wasn't. Justin had discovered that the timetables had changed at the beginning of the month (after the preouting) and the 359 was in fact the bus we now needed to catch. We could have ended up anywhere. Where we did end up after a tour of the western parts of Albany Creek, however, was the Albany Creek Tavern. Steaks, fish, pasta, whatever your taste-buds desired, was on the menu.

But what was in the box? Maxine revealed all. This year was Justin's 50th and the box contained a birthday cake. So we all wished Justin a belated birthday wish before heading off to catch the last bus to our coffee stop.

This journey took us to the Hypermarket where we changed buses and headed back to Ashgrove. The return journey was relatively uneventful except for a brief stop at the Albany Creek Cemetery where the bus stopped and opened the doors for a moment before closing them again and moving on. The driver told us he was letting on some ghosts but they made bad customers as they never pay.

Coffee and dessert was back at Ashgrove at The Grove. After a short stop at The Grove we caught our last bus for the night and returned to St Brigid's. We arrived just on 11pm after a great night and plans were laid to do it again next year. This time it will be by train. Stay tuned.

Michael

JTS OCTOBER GATHERING THE PREMIER'S BAR

The Premier's Bar was a terrific gathering and the prices were right, especially for a glass of champagne. We initially sat inside and then we moved outside to enjoy the balcony. The views of the sun setting over Mt Coot-tha were priceless.

There was a good roll-up and a great time was had by all. Those who were there -Phil Murray, Desley Pedrazzini, Liz Little, Graham Glasse, Michael Simpson, Catherine Simpson, Geoff Foreman and a special guest appearance by James Parra who had just returned from his trip to Spain to do the Camino.

Phil

SUNSHINE COAST HINTERLAND GREAT WALK SAT 20TH TO SUN 21ST OCTOBER THROUGH WALK AND DAY WALK

Five through walkers and three day walkers met up at Mapleton around 8am to tackle one of the newer track circuits in Queensland. After a brief car shuffle, we set off at 9am around what we called the Gheerulla Circuit. This leads up slowly onto Gheerulla Bluff where at various times great views of the Gheerulla Valley were had. After a couple of hours we arrived at Thilba Thalba walker's camp where we stopped for a late morning tea. Peggy, unfortunately, was suffering from blisters but after a little innovative first aid we managed to patch her up and she finished the walk.

The walker's camps are well laid out with separate campsites and a toilet block with water from an attached tank. We were hopeful our night stop would be similar to this. After a brief morning tea we headed off again along the relatively flat Gheerulla Bluff before reaching the end and a reasonably steep descent to Gheerulla Creek. This was to be our lunch stop. There was plenty of water in the creek and we were confident we could restock our water bottles further up the creek where the water would be running. This proved to be true. After lunch we followed the creek for several kilometres before reaching the junction around 5pm where the day walkers would leave the through walkers. The walk along the creek was delightful and proved a complete contrast to the walk along the bluff. The canopy along the creek was also a welcome relief from the exposure on the bluff.

My thanks to Graham and his two day walkers, Terry and Peggy, for walking with the through walkers and I hope they have been enthused to come through walking in the near future. Both groups had a similar distance to walk for the day and both will have walked 21km by days end. Philip joined the day walkers briefly to view Gheerulla Falls before joining us on the long climb up to Ubajee walker's camp. We were delighted to see that this campsite was similar to Thilba Thalba and as we were the only campers we spread out over the campground. Tents went up, dinner was cooked and following some banter we adjourned to our beds by 7.30pm under moonlight. However it wasn't long before a light shower passed over but it proved to be short lived and morning saw a beautiful blue sky.

We set off at 7.30am and followed a fire trail for roughly 2.5km back to our cars. After another brief car shuffle and exchanging our through packs for day packs we set of again. Firstly through the Delicia Conservation Park to the Linda Garrett Park. We were following the Gheerulla Creek again and I suspect we were nearing its source. Then a brief road bash before joining the Wompoo Circuit to the Mapleton Falls Picnic area where we stopped for morning tea. The lookout here provided great views of the Mapleton Falls as well as well the beautiful Pencil Creek valley.

Next came the highlight of the days walk. Following a lengthy road bash we re-entered the National Park and dropped quite sharply to Baxter Creek through beautiful landscape. At the bottom is a suspension bridge over the almost idyllic Baxter Creek. We took a brief side trip to Baxter Falls and a beautiful rock pool at the bottom. I wish I had my togs. Then it was a short but steep climb out the valley to the Flaxton walker's camp and a brief stop before the 1.2km walk back to our cars. A quick stop at Montville for coffee and then home after a lovely weekend.

My thanks to Rick & Julie, Philip and Desley for joining me. Also congratulations to Julie and Desley for completing their first through walk. I hope it is the first of many.

Michael.

COFFEE NIGHT 24TH OCTOBER

A small group attended this month's coffee night at Sherwood. This was a nice location and those in attendance had an enjoyable night discussing bushwalks, overseas trips, future trips and other social activities. The last coffee night for the year is on at Tilley's Bakehouse at Stafford next month and I hope to see you all there.

Those attending were Michael, Graham, Philip, Liz, Sofia and Gordana.

Michael

BOHGABAN FALLS SUNDAY 28TH OCTOBER DAY WALK

Unfortunately James was called away and unable to lead this walk. This was a shame as I know he has visited the area before but was unable to find the falls.

Philip, Michele and Therese joined me for an exploratory in the Binna Burra section of the Lamington National Park to visit Bohgaban Falls. The day was cloudy but fine, hot and humid. We set out along the Lower Bellbird Track and were

surprised to see a Great Walks sign about a kilometre down the track. They must be using the old forestry road system down to the Numinbah Valley as the connection to Lamington. We wandered along the track for a while before picking a point, turning left and heading down towards Nixon Creek. The ridge was rocky but fairly clear and after an hour or so we reached a creek and a lovely small waterfall in a lovely Piccabeen grove. It was time for morning tea. Little did we know that our destination was only a little over 10 mins further down. We arrived at the falls just before 11am much to my surprise. I was expecting to take longer to find it. The falls were worth the walk but I was sorry I forgot my togs as there is a great waterhole here.

After half an hour we started back. This time we climbed a ridge to return to the car. According to Pat's map there should be a track leading up this ridge which should connect with the Lower Bellbird Track. When we reached the start of the ridge we did indeed find a track which led us to a road near the top. Another track led off from the end of this road before disappearing among tree falls so we just headed straight up the hill and reached the track at 12.30pm. Another half hour and we were back at the car.

That left plenty of time for lunch at Binna Burra and coffee at Canungra before heading home. I really enjoyed the walk and I'm sure the others did as well. Maybe we'll return one day.

Michael.

BROKEN HEAD 2ND TO 4TH NOVEMBER BASE CAMP

The Brake's were the first to arrive around 5.30pm Friday afternoon which Desley, Gordana, Philip and myself arriving a little after 9pm. The caravan park was packed but we managed to settle in fairly quickly and settled down for a chat and coffee before heading for our beds around 11pm.

An early start on Saturday as we had a 40km drive to the Nightcap National Park where we intended to visit Minyon Falls. We arrived at the carpark around 9am and were concerned to see large piles of broken glass on the ground. It appears they have similar problems with thieves as the Glasshouse Mountains carparks. What a shame. Three trail bike riders arrived as we were preparing to leave and after a brief chat with them we headed down the track. The first stop was a lookout over the falls and down to the base where we could see a few walkers already out and about. There was not a lot of water on the falls and we found out later that this only occurs after heavy rainfall. There was no chance of that today as the weather was fine, fairly warm and very humid.

The track followed the escarpment to a spur before contouring down the steep sides of the ridge to the creek below. The vegetation changed quite dramatically from the dry treed forest on the ridge to the moist valley. Piccabeen Palms and Brush Box Gums were everywhere. This made for an enjoyable walk up the creek to the base of the falls and after a brief rock scramble we arrived to a glorious spot right beneath the falls and the lookout above. Unfortunately none of us had brought our togs and the inviting rock pool remained untouched.

After a brief morning tea we started back up following another track to Minyon Grass and then a 1.5km road bash back to our starting spot at the carpark. We had our lunch here and were surprised by a cheeky Kookaburra who would swoop in and knock food out of our hands. Rick and Julie left us here to return to Brisbane whilst we returned to Broken Head.

While Philip went for a swim the rest of us had a nap and prepared for dinner. We had dinner at a small pasta café in Suffolk Park before returning and retiring early. But not before we had a lengthy chat with a group of Gold Coast Bushwalkers camped around us.

Philip and I rose early and went for a walk around the rocky headlands and coves to the south of Broken Head returning in time for breakfast. We then broke camp, left a car behind, and headed up to Byron Bay SHS where the map showed a track leading beach. After into the almost circumnavigating the school we found the track and it did indeed lead to the beach. The weather was hot and the water cold as we wandered down the beach barefoot back to our car at Broken Head. We were told that the walk along the beach from Byron Bay to Broken Head would take 4 hours which was why we started halfway but as it only took us 1.5hrs for this section we wondered how it could possibly take 4 hours.

So we decided to head up to the lighthouse before completing the other section of beach. At the lighthouse Desley bought us icecreams (she can come again), before we headed off along the track to the most easterly point on the Australian mainland. Then it was back down to the beach and down the beach to the school where we completed the circumnavigation of the school. Interestingly the school is surrounded by high security fences which indicates they must have a serious vandalism problem.

We now headed back into Byron Bay for a coffee but the town was so crowded we decided to head off and find somewhere else for lunch. This proved to be the Humble Pie near Brunswick Heads where we had stopped last year after the Evan's Head camp. We then headed off home after another enjoyable weekend on the northern beaches of NSW.

I'm looking forward to Yuraygir next year.

Michael

WILSON'S PROM TRIP

Phil the elder's "Cup Weekend" walk with the Catholic Walking Club of Victoria got of to a good start. The trip was the classic Wilson's Prom trip to the southern most point of mainland Australia. The plan was to do the trip in an anti-clockwise direction.

- Day 1 3r Nov Tidal River to Roaring Meg via Oberon Bay
- Day 2 4th Nov Roaring Meg to Waterloo Bay via the Lighthouse
- Day 3 5th Nov Waterloo Bay to Waterloo Bay via Refuge cove
- Day 4 6th Nov Sealers Cove to Tidal River

A highlight of the trip was the drive in on the Friday night. There were Wombats galore beside the road. We spotted about a dozen. Plus we had to veer out of the way of a Koala who was strolling along the road.

The weather was very overcast and a coolish 12 degrees when we left Tidal River on Saturday morning. The views over Norman Bay and Oberon Bay were just tremendous. After the recent fires in February 2005 the place was a magical wonderland of little wildflowers. It was just superb. I had a ball identifying all the little treasures. The

beaches were fantastic. But the weather was closing in and all the mountains were covered by low cloud. By the time we left the quaint Halfway Hut the weather was looking bleak. Then it was drizzling rain until we reached the Roaring Meg campsite in the rain. We had to put up tents and cook dinner in drizzling rain.

Roaring Meg lived up to it's name. During the night the wind turned into a howling gale with torrential rain. The Creek was a raging torrent just metres from my tent. I was woken up a few times during the night by the wind and rain and the sound of cracking tree branches. The camp site was amongst 30 metre high eucalyptus trees. I was very concerned about falling branches and trees but it was too late to move. So I just closed my eyes and hoped for the best.

Next morning the news was good. It was still drizzling but no one was hurt at our campsite. However, one person in our group was flooded during the night and his sleeping bag was wet through. Several other campers had been flooded. The leader had no option but to call the walk off and return. We made a quick walk down to the lighthouse and back.

Then it was time to pack up wet and muddy tents. We then trudged back towards Tidal River. We actually went to the Telegraph Saddle where a National Park's run a bus shuttle to take you back the 4 km to Tidal River. Very civilised.

On a sad note when we got back to Melbourne we heard about the 19 year old who was killed by a falling tree at campsite near Lorne. It could so easily have had happened at the Roaring Meg campsite.

The "Prom" is a magical place and Michael Simpson has included it as a trip on the current Calendar. I am interested in leading the base camp and stay in the Cabins at Tidal River and do a few short day walks and one long day walk to places like Oberon Bay, Mt Oberon, Squeaky Beach.

Hopefully next year we can do the "Cup weekend trip" as a joint walk by both Clubs. The interim plan is to do a walk to the Cobberas which is in north east Victoria near the NSW border.

Phil

50th ANNIVERSARY CELEBRATIONS 2007-08

Event	Date	Comments	
1. Mt Tibrogargan	Saturday 1st December 2007 – Day Walk	The Club's first trip was to Mt Tibrogargan on 1st December 1957. Today we commemorate this event by copying it. We now include Trachyte Circuit & Tibro Circuit.	
2. Toolona Circuit walk	Sunday 27 th January Daywalk	The Club's first walk after its formal establishment was at O'Reilly's on the Australia Day weekend, 1958. One of the walks was the Toolona circuit.	
3. Anniversary Mass & Function.	Sun 30th March 2008	Mass at 11.00, and Lunch in the Parish hall afterwards. The venue is unknown at present, since our preferred hall is being turned into offices. Cost will be approx \$25 as BCBC will provide the lunch.	
4. Picnic in the Park at New Farm Park or a drink at Merthyr Bowls Club to be confirmed	Date to be confirmed once final travel arrangements are worked out.	The Club founder, Willie Hayes, is visiting Australia and asked if it possible to have a small informal gathering with some of the early members.	
5. Annual Mass & Dinner	Sat 24th May	Mass at Kedron & Dinner in a nearby restaurant.	
6. Barney Mass	Wed 13th August 2008 Overnighter or Daywalk	Mass at the Mass Site on the side of East Peak. Father Gerard M ^c Morrow of Chermside Parish has very kindly agreed "in principle" to do the Mass for us.	

THEOLOGY CORNER

Reflection on Scripture Reading for 19 November 2007 *Luke 18:35-43*

Have you ever encountered a special moment of grace, a once in a life-time opportunity you knew you could not pass up? Such a moment came for a blind and destitute man, named Bartimaeus. He was determined to get near the one person who could meet his need. He knew who Jesus was and had heard of his fame for healing, but until now had no means of making contact with the *Son of David*, a clear reference and title for the Messiah.

It took a lot of "guts" and persistence for Bartimaeus to get the attention of Jesus over the din of a noisy throng who crowded around Jesus as he made his way out of town. Why was the crowd annoyed with the blind man's persistent shouts? He was disturbing their peace and interrupting Jesus' discourse. It was common for a rabbi to teach as he walked with others. Jesus was on his way to celebrate the Passover in Jerusalem and a band of pilgrims followed him. When the crowd tried to silence the blind man he overpowered them with his emotional outburst and thus caught the attention of Jesus. This incident reveals something important about how God interacts with us. The blind man was determined to get Jesus' attention and he was persistent in the face of opposition. Jesus could have ignored or rebuffed him because he was disturbing his talk and his audience. Jesus showed that acting was more important than talking. This man was in desperate need and Jesus was ready, not only to empathize with his suffering, but to relieve it as well.

A great speaker can command attention and respect, but a man or woman with a helping hand and a big heart is loved more. Jesus commends Bartimaeus for recognizing who he is with the eyes of faith and grants him physical sight as well. Do you recognize your need for God's healing grace and do you seek Jesus out, like Bartimaeus, with persistent faith and trust in his goodness and mercy?

Rev Deacon Russ Nelson Deanery Pastoral Coordinator, Redland Bayside Deanery St Anthony's Catholic Church, Alexandra Hills Q 4161 Ph 07 3820 0109, Mb 0400 559 177 <u>deanery1@bigpond.net.au</u>

FOURTH ANNUAL PHOTOGRAPHIC COMPETITION

19TH NOVEMBER, MONDAY

The idea of the having a photographic competition is to encourage members to bring their photos out and share them with other members.

A great way to share them is by entering them in the competition and also including them in the Club's magazine, annual report and on our website.

Our goal as a club is to encourage the love of the bush and bushwalking. I trust the photos will display the spirit of the Club and the beauty of nature and why we go bushwalking.

The Comp is on during the November Meeting at the Newmarket Memorial Hall.

The categories of the competition are -

1 Landscape - this includes all the landscapes, waterscapes, mountains

2 **Moods of nature** – sunrises, sunsets, storm and rain or mist from a waterfall, or a shady spot in the eucalypt forest.

3 Nature Close up - ie approx one metre or less - plants, animals, birds, rocks, leaf litter etc

4 **People and faces** – Portraiture & Club Character - capture some interesting faces as you walk or socialise

- 5 Miscellaneous- any photos that do not fit into any other category.
- 6 International Walking photos from overseas walks
- 7 Best overall awarded to the print deemed to be best overall by the invited judge.

8 **Peoples choice**. The best overall photo selected by the members on the night.

The Competition Rules

- The photographs have to be prints and displayed at the November meeting.
- The size of the photographs shall be approximately A3 size 210 mm x 149 mm or smaller.
- Photographs do not need to be mounted.
- All photographs must be the competitor's owner's work.
- Each person may enter 2 photographs per category.
- Each photograph must be titled and have the owner's name and date (approx) the photo was taken.
- The photos must be from a BCBC trip or in the area in which we usually walk.

- Photographs can be entered on the night but no later than 8.00pm.
- There is no entry fee.
- There will be an independent judge.
- There will be an overall winning photo which will receive a modest prize.
- The winning photo will go on the front cover of the next annual report.
- The ownership of the photo will remain that of the photographer.
- The owner agrees to allow the Club to scan their photos to use the photos in the club magazine, annual report and website.

Photographs will be returned to the owners at the December meeting.

Further information can be obtained from Phil the Elder Ph: 5522 9702.

JAMES BOAG'S REPORT

The Great Pretender

Here I am at home Reading Trevor's latest poem Where he tells us he's got the taste For the beer from across Bass Strait.

How could someone weened On the Victorian brew Drink stuff that tastes like glue. How could a man from Swan Hill Partake in Jim's Tassie swill.

And tell us with a smile Of his love for the Apple Isle. There must be another reason Could it be the football season. And the need for AFL players, More AFL stayers Tasmanian men who are strong To play their aerial ping-pong.

Trevor sees the world in a different light To him it is all black and white He'll do anything for his beloved Pies. No, No it's the beer he cries. Trevor you great pretender It's all about the last Saturday in September.

Anon, Found Inscribed On An Old Rusty XXXX Can

THE GRAND OLD LADY OF THE RIVER



From http://www.regattahotel.com.au/about_us_hi story.html

The Regatta Hotel has been a dominant element within the suburb of Toowong for more than 128 years.

The first Regatta Hotel was established in 1874, by a Lawrence Howard Healy, and was a modest single storey wooden affair. In 1882 the license of the hotel was transferred to a William Winterford and is responsible for building, in 1886, the Regatta Hotel you see today - "Grand Lady Of The River". The three storey building with its distinctive cast iron lace verandahs was designed by noted architect of the day Richard Gailey and constructed at a cost of 4,800 pounds.

January of 1887, saw the first of many floods pass through the hotel, covering the ground floor, main bar area and submerging the cellar completely. The devastating floods of February, 1893, saw swirling muddy waters invaded the second storey, and again, a fortnight later, the muddy waters returned, only this time a few inches lower. Four months later, major flooding again was to enter the hotel nearly submerging the ground floor. The next major flooding occurred in January of 1974, known locally as the Australia Day weekend floods, and again muddy waters entered the hotel engulfing the cellar and the ground floor. Today flood markers have been erected at the front of the hotel and are a part of the guided historical tours.

Naming of the Regatta Hotel would appear to come from the rowing regattas held on the river, recorded as early as the mid 1840's. These first recorded regattas were held to celebrate Foundation Day, February 13, 1842 and later Separation Day 10th December 1859.

The Regatta Hotel hit the headlines in March, 1965 as one of the first sites of feminist insurgency, protesting against the law of the day denighing women entry to the public bar area. On a Wednesday afternoon in March, two women, Merle Thornton and Rosalie Bognor, entered the public bar of the Regatta Hotel and ordered two beers. When they were refused their beers and asked to leave, they promptly chained themselves to the footrail of the bar.

The Regatta Hotel in the 1960's, 70's and 80's became popular among university students, and today past students still return to the hotel, to relive the memories of their social life at the Regatta.

During the 1982 Commonwealth Games held in Brisbane, large crowds gathered at the Regatta Hotel to watch the marathon runners rush past. Australia's Robert de Castella took the lead near the rock wall by the Regatta Hotel to the cheering crowd.

Over the years, the Regatta has had many owners and had taken quite a lot of abuse. It was only in 1981 that the old Hotel finally received its first refurbishment. The Regatta Hotel has re-emerged as the Queen of the Brisbane River with a huge beer garden, a themed restaurant, open-planned bar and entertainment areas, and a sleek new cut-away cocktail bar/gaming lounge to replace the basement level that once housed stockmen's cattle.

<u>SAFETY & TRAINING</u> <u>SNIPPETS</u>

The article below is from Keith Cordwell the former S&T Officer of BOSQ.

Food For Thought, And For Bushwalking Too

How is your energy level during long day walks or through walks? If you walk two days in a row, do you feel jaded? Is it just age catching up with you or are there messages about your diet?

I recently read a book by an author who is qualified in exercise science and has vast experience in training endurance athletes and as a cycle coach: Joe Friel. 'Cycling Past 50', Human Kinetics, Champaign, 1998, 253 pages.

Joe Friel writes about cycling but some of his comments will apply to serious bushwalking. He tells us that it's true that aging does slow (us) down. With age, the heart delivers less blood to muscles and energy production drops. There is a loss in muscle mass, muscle elasticity, joint mobility, the amount of air inhaled and reduction in the clearing away of lactic acid, perspiration, and immunity to illness. The only things that increase with age, the author tells us, are that older people gain extra fat and pee more!

But the message from Joe Friel is that much of the slowing after age 50 is not due specifically to age but to inactivity and reduced intensity of activity. He argues that vigorous and frequent (activity) is needed. 'A sensible program that combines high-intensity training, such as hills and intervals, with strengthening, stretching, a sound diet, and adequate recovery is required to counteract the downside of aging and increase the quantity and quality of life'.

The author stresses the importance of rest and recovery and provides advice about eating and drinking to maintain and replace energy during and after strenuous bike rides (and walks?).

Other useful information about food for sporting and leisure activities may be found on the web sites:

Sports Dieticians Australia -

http://www.sportsdietitians.com.au/www/html/1773-home-page.asp;

· Australian Institute of Sport -

http://www.ais.org.au/nutrition/; and

 The Glycemic Index and Gl Database, University of Sydney http://www.glycemicindex.com/. Different carbohydrate foods (sugars and starches) behave differently. Those that break down quickly and cause a high glucose response a spike in glucose levels - have a high Gl; those that release glucose slowly into our blood stream have a low Gl.

So what does all this mean for energetic bushwalkers who undertake challenging or extended bushwalks in hot weather in SE Queensland? Each person's needs are different, but my personal action plan to fuel my walking activities includes the following:

- Have a good meal prior to the walk, e.g. a breakfast of low Glycemic Index (GI) carbohydrates and a little low-fat protein selected from juice, fruit, fortified or wholegrain breads, baked beans, low-fat yoghurt, muesli, oats, barley, bran, prunes and skim milk.
- Start the walk well hydrated, by drinking from the time I wake up till just before the activity perhaps up to 1.5 L in total.
- Drink 500-600mL per hour while walking about 2.5 to 3 L during a typical day's walk. Drink often, before I feel thirsty, using a readily accessible water bottle or hydration bladder and tube. If hungry, snack on low GI foods such as fresh or dried fruits and nuts. Bananas are a great choice for snacks. They are medium GI and help maintain blood sugar levels. But bananas are much more - in fact, nature's wonder food. Thev contain carbohydrates, protein, high levels of Vitamin B6 which helps transport oxygen to muscles, high potassium which helps muscles work

and reduces cramping, and magnesium which helps synthesis of protein and aids recovery from fatigue.

- After about three hours of continuous activity or in extreme conditions, to provide energy and delay fatigue, have a bottle of sports drink and/or a sports energy bar or dates or sweets or а banana. The high GI carbohydrates will provide a boost. The electrolytes in a sports drink will increase the uptake of carbohydrate and of water into the intestines. Remember, though, that sports drinks are acidic and should be followed by a mouthful of plain water to rinse the mouth and wash the sugar and acid from the teeth.
- After 4 to 6 hrs of walking, add high Gl carbohydrates and protein, e.g. fish or cheese sandwiches.
- IMMEDIATELY AFTER the finish of the walk, replace spent energy with a light snack of high GI carbohydrates and protein, e.g. watermelon, muesli bar, rice cakes, white bread, dates, sweets, sports drink or sweetened low-fat flavoured milk. Include, of course, another banana.
- Make the next meal one of low Gl carbohydrates and some quality protein, e.g. pasta, salad vegetables, sweet potato, Basmati rice, low-fat yoghurt, fish or lean meat or beans.
- Rehydrate after the walk to speed recovery up to 150% what I sweated during the walk. Drink about 500mL straight after the walk and up to 2-3 L in the next 6 hours after a long and arduous walk, with the remainder of the water coming from the food eaten.

That's my food plan. Do you have a strategy for eating to avoid 'hitting the wall' on harder walks?

Keith Cordwell BOSQ in Footnotes February 2006 http://www.geocities.com/bosgau/

HOW WE ORGANISE OURSELVES

Visitors – for general enguiries contact Greg on Ph: 3351 4092.

GENERAL MEETINGS: Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is Newmarket Memorial Hall, cnr Enoggera Rd & Ashgrove Ave. Park across Enoggera Rd in the Coles carpark.

VISITORS are always welcome.

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled if they are, all nominees will be notified. Do not presume that outings are cancelled - ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.
- (h) All visitors must sign an Assumption of Risk form for insurance purposes.

EMERGENCY OFFICER: If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

http://www.geocities.com/briscathbushclub/EmergOffSyst.html

EQUIPMENT HIRE: The Club has some tents and through-walk packs to hire to visitors and newer members. Borrowers are responsible for collecting and returning equipment, as well as making good any loss or damage over and above normal wear and tear. Hire rates - Packs \$10/ weekend, Tents \$5:00 – Deposit of \$20:00 required.

PERSONAL EQUIPMENT: The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following - a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

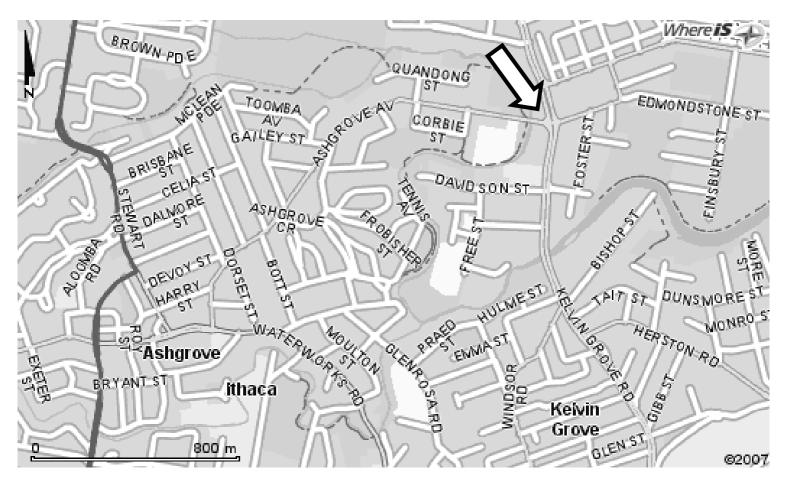
MANAGEMENT COMMITTEE: All members are most welcome to attend a meeting of the Management Committee, but please contact the President beforehand. This means you can be advised of any change of date/venue. If you feel strongly about an issue, bring it along to the Committee Meeting and we'll put it on the agenda.

MEMBERSHIP FEES - Membership Subscription fees are:

Ordinary Members: \$35; Associate Members: \$26; Spouse Members: \$9.00; Country: \$26.00. Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk. The Club is not in a position to even state that all care will be taken.



The Newmarket Memorial Hall

Corner Enoggera Rd and Ashgrove Ave, Newmarket

Parking is over Enoggera Rd in the Coles Car Park. Please cross at the lights.

Enoggera Rd is a continuation of Kelvin Grove Rd.

CONTACTS

Postal Address	PO Box 31, Red Hill, Qld 4059				
E-Mail	priscathbushclub@yahoo.com.au				
Web	www.geocities.com/briscathbushclub/				
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a/Vice President	Phil Murray	5522 9702			
Treasurer	Terry Silk	3355 9765			
Secretary	Desley Pedrazzini	3369 5530			
Outings Coordinator	Michael Simpson	3351 3810			
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Qld Federation of	http://www.geocities.com/qfbwc/				
Bushwalking Clubs					
Federation Mountain	http://www.geocities.com/fmrqld/index.htm				
Rescue					
Jilalan Printer: Printabout City - Lower Gr Floor, Boeing House,					
Cnr Adelaide & Wharf Streets, Brisbane. Ph: 3831 6644, Fax: 3831 6650,					
E-Mail: printabout@cplqld.org.au					

For specific enquiries, contact the committee member (from above) concerned. For Outings or Socials, contact the leader shown in the calendar or article.



In the carpark, after Bushranger's Cave

If undeliverable return to Brisbane Catholic Bushwalking Club Inc PO Box 31 RED HILL QLD 4059 JILALAN Print Post Approved PP 409367/0022





At Bushranger's Cave

