

JILALAN



Pilgrimage – Fri to Sun 8th to 10th September

Monthly Magazine of The

BRISBANE CATHOLIC BUSHWALKING CLUB Inc

Established 1957

Incorporated 1991

Under The Guidance of Our Lady of the Way

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AUGUST 2017

Date	Event	Leader	Phone	Type	Grade
15	Shepherd's Walk (Q)	Terry	3355 9765	DW	M34
17	General Meeting	Greg	3351 4092	Meet	
19	Norman Park to Bulimba Ferry	Greg	3351 4092	Stroll	M11
21	10th Anniv of Russ's Ordination	Russ	3374 3534	Sp	
22/23	Club Hut Working Bee	Iain	3870 8082	BC	S43
25	Movie Night – Paris Can Wait	Terry	3355 9765	Soc	
26	Teneriffe Ferry to Brunswick St Station	Greg	3351 4092	Stroll	M21
29	Newstead to West End	John	0408 004 190	Soc	
30	Mt Coochin by Train (Q)	Michele	3353 2822	DW	S44
Aug 2	Coffee Night – Café 63 Wilston	Michael	0409 620 714	Soc	
5/6	Richmond Gap to Lindesay Gap (Q)	Michael	0409 620 714	TW	L44
5	Beau Brummel (Q)	Phil	5522 9702	DW	M44
10	Mt Greville (Q)	Trevor	0411 286 885	DW ^t	M44
12	Python Rock and Castle Crag (Q)	Phil	5522 9702	DW	M33
16	Barney Mass (Q)	Michele	3351 4092	DW	S56
16	Upper Logan Road to Larkin's	Greg	3351 4092	Stroll	M22
18	JTS – London Fields	Phil	5522 9702	Soc	
19	Club Hut Working Bee (Q)	Iain	3870 8082	DW	S43
20	Mass & Walk on Macleay Island	Maxine	3409 4001	DW	S11
21	General Meeting	Greg	3351 4092	Meet	
23	Coorparoo, Norman Creek to Gabba	Greg	3351 4092	Stroll	M11
27	Brisbane Valley Rail Trail (Q)	Louise	0437 447 277	DW	L33
30	Norman Park to Buranda	Greg	3351 4092	Stroll	M11
Sep 2	Kangaroo Mountain (Q)	Iain	3870 8082	DW	S46
6	Coffee Night – Coffee Club West End	Michael	0409 620 714	Soc	
7	Plunkett Hills (Q)	Phil	5522 9702	DW ^t	S34
8/10	Pilgrimage (Q)	Michael	0409 620 714	BC	Var
15	JTS – The Criterion Hotel	Phil	5522 9702	Soc	
16	Tooway Ck to Mooloolah River	Liz	3356 4874	DW	M21
18	General Meeting	Greg	3351 4092	Meet	
23	Noosa Trails (Q)	Terry	3355 9765	DW	M23
24	Spring Spectacle	Needed		Soc	
30/2	Mt Maroon	Needed		BC	
30, 1 or 2	Mt Maroon (Q)	Trevor	0411 286 885	DW	
Oct 4	Coffee Night	Graham	3371 9623	Soc	
7	Baxter Falls (Q)	Michele	3353 2822	DW	
8	Brisbane Open House	Greg	3351 4092	Soc	
14 or 15	Retreat	Michele	3351 4092	Sp	
16	General Meeting	Greg	3351 4092	Meet	
19	Shipstern (Q)	Phil	5522 9702	DW ^t	
20	JTS – La Dolce Vita	Phil	5522 9702	Soc	
21	Bohgaban Falls (Q)	Needed		DW	
28	Toombul to Sandgate	Phil	5522 9702	Soc	
29	Ithaca & Enoggera Creeks Circuit	Liz	3356 4874	DW	
Nov 1	Coffee Night	Michael	0409 620 714	Soc	
3/7	The Crosscut Saw (Q)	Phil	5522 9702	BC	
4	Best of All to Billborough Lookouts	Kylie	0432 095 659	DW	
11	Remembrance Day Memorial Walk	Paddy, Liz	3378 4813	DW	
12	Kate Quinlan Society	Greg	3351 4092	Soc	
16	Broken Head/Byron Bay	Phil	5522 9702	DW ^t	
17	JTS – Bitter Suite Bar	Phil	5522 9702	Soc	
20	General Meeting	Greg	3351 4092	Meet	
25	Conondales (Q)	Michele	3353 2822	DW	
Dec 2	Tibrogargan – Summit (Q)	Richard	3353 2822	DW	
2	Tibrogargan – Tibrogargan Circuit	Kylie	0432 095 659	DW	
2	Tibrogargan –Trachyte Circuit (Q)	Liz	3356 4874	DW	

The Calendar is subject to change without notice

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

KEY – Walk Types

DW	Day Walk	BC	Base Camp
ON	Over Nighter	S&T	Safety & Training
TW	Through Walk	SOC/SW	Social/Social Walk
TRN	Training	SP	Spiritual Event
FMR	Federation Mountain Rescue	Q	Qualifying Walk

KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
Short Under 10km / day	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
Medium 10-15km / day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	3 - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day
Long 15-20 km per day	5 - Rough or rocky terrain with small climbs using hands or rock hopping	5 - Moderate - Up to 6 hours walking. Up to 450m gain/loss per day. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required
Extra Long Over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	7 - High - Up to 8 hours walking. Up to 750m gain/loss per day. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required	8 - High - Up to 8 hours walking. Up to 1000m gain/loss per day. High fitness. Endurance and agility required
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	9 - Challenging - Up to 12 hours walking. Over 1000m gain/loss per day. Very high fitness. Endurance and agility required

Example: M48 is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

PRAYER OF THE MONTH

Grant that in the days that lie ahead we may grow wiser, stronger, more mature and more aware of the good qualities and the needs of others. Amen
(Johnson 1986:38)



COMING EVENTS

TRIPS leave from St Brigid’s car park at 78 Musgrave Rd, Red Hill.

The “**Leaders Guide**” is on the web at:
<http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html>

Leaders: Print your own Event Nomination Form from the Club’s web site.

A reminder to visitors that you are required to do 2 walks before Committee officially declares you a Member of the Club.

LEADERS

If you make changes to your walk, such as date, where, or cancel it – please tell Michael Simpson Ph: 0409 620 714.

**FRIDAY 18th AUGUST
LONDON FIELDS
JOHN TOOHEY SOCIETY**

Leader: Phil Murray 0416 650160.
Address: Corner of Montague & Raven St.,
West End.
Time: From 4pm till 8ish.
What For: A chat, a beverage and a meal.
Web: <http://londonfields.com.au/>
Emerg Off: Phil Murray 0413 307580.

The Club has a regular gathering for a social drink and a chat on the third Friday of the month.

For the month of August we are going to a new venue at West End called London Fields. This venue was recommended by Russ.

The website describes it as follows:

"London Fields is a cool white English-style gastro-pub tucked away in a revamped retro building in an off-the-beaten track corner of West End."

Transport from the City is on Bus Route 60 which goes down Adelaide Street (you can catch the bus from Stop 43 which is near City Hall) it goes across the Victoria Bridge and stops along Montague Road. I think the nearest set down/stop is stop 10 which is at Victoria Street and then it is a walk for 3 blocks. The bus services run every 10 minutes.

Come along and see a different part of Brisbane.

**SATURDAY 19th AUGUST
CLUB HUT WORKING BEE (Q)
DAY WALK**

Leader: Iain Renton 3870 8082 or
0401 429 085.
Meet at: St Brigid's Car Park,
78 Musgrave Road, Red Hill.
Time: 6.30am.
Cost: \$20 (car pool).
Grading: S43.
Location: Mt Barney area.
Emerg Off: Greg Endicott 3351 4092.

We will be going in for the day to do some work on the hut. The main task will be to make sure that the hut and its surrounds are fully prepared for any possible bushfire season. We could also be continuing the painting and maintenance work started at the last working bee. There are a range of jobs to do from removing lantana

and weeds, cutting grass, clearing roof gutters, cleaning, painting and carpentry.

It is such a lovely spot and a day there, whatever I am doing, always lifts the spirits. Some people work most of the time, while others will do some work then relax a bit and go for a walk to the Lower Portals (even a couple of hours of work is better than none). I suspect that at this time of year nobody will be braving the cold waters for a swim. As well as your usual day-walk stuff, secateurs and gardening gloves could be useful. Join me for a convivial and invigorating day helping keep the hut in good shape.

**SUNDAY 20th AUGUST
MASS & WALK ON MACLEAY ISLAND
DAY WALK**

Leader: Maxine Brophy 0417 493 605.
Meet at: St Brigid's Car Park,
78 Musgrave Road, Red Hill OR
Redland Bay Ferry Terminal,
Banana Street, Redland Bay.
Depart: 6.45am at St Brigid's OR
7.30 at Ferry Terminal for a
7.35am ferry to Macleay Island.
Cost: \$10 (car pool) + GoCard,
\$2 (private) + GoCard.
Grade: S11
Location: Macleay Island
Emerg Off: Michael Brophy 0421 024 867.

Morning Mass at Church of the Holy Spirit before a gentle walk around the island. Ring Maxine for more information.

**MONDAY 21st AUGUST
MONTHLY MEETING**

Contact: Greg Endicott 3351 4092
Time: 7.30pm – Doors open & meeting
starts soon after.
Where: St Michael's Parish Hall,
250 Banks St, Dorrington (in the
lower carpark behind the church.
Drive down the ramp at the left.)
Web: <http://www.bcbc.bwq.org.au/page4.html>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk.

Nominate for a walk.

Nominate to lead an outing.

**WEDNESDAY 23rd AUGUST
COORPAROO [MT CARMEL],
NORMAN CREEK TO THE GABBA
EVENING STROLL**

Leader: Greg Endicott 3351 4092.
Meet at: Bus stop 32, Cavendish Rd (at Mt Carmel Church).
Bus: Route 184 & 185 Cavendish Rd, Mt Carmel Church, Stop 32
Route 202 & P208 Chatsworth Rd
cnr Stirrat St Stop 31 – some distance away.
Time: 4:30pm.
Cost: Free.
Grading: M11.
Distance: 7kms.
Duration: 1¾hours.
Location: Coorparoo, East Brisbane, Woolloongabba.

Web:<https://www.google.com.au/maps/@-27.4959321,153.0435773,15.15z/data=!5m1!1e4?hl=en>

Emerg Off: Greg 0418 122 995 – take this number with you.

We head off to the north east this time. The route still walks through streets of old 40's houses, but this time finds a lot of parks to go through also – little lost gems left over from the subdivisions. About half way along we strike the Norman Creek Bike Path and basically follow this to The Gabba Busway Station.

**SUNDAY 27th AUGUST
BRISBANE VALLEY RAIL TRAIL (Q)
DAY WALK**

Leader: Louise Jones 0437 447 277.
Meet at: St Brigid's Car Park,
78 Musgrave Road, Red Hill.
Depart: 7.00am.
Cost: \$20 (car pool), \$2 (private).
Grade: L33
Distance: 19kms.
Location: Between Toogoolawah and Esk.

This section of the trail travels adjacent to camp creek crosses Cressbrook Creek, a tributary of the Brisbane River at Toogoolawah. The trail extends through farm land including lucerne, other pasture and small crops that are important to the local economy. Both town shops have many sites of historical interest including churches, buildings and Watts Bridge memorial airfield near Toogoolawah where very events are held though out the year.

When we arrive we will drop passengers off at Toogoolawah while the drivers will do a car shuffle to Esk.

It runs parallel to the Brisbane valley high way. Here is the web site for more information www.brisbanerailtrail.org.au. Don't forget to bring the usual food and 2 litres of water

**WEDNESDAY 30th AUGUST
NORMAN PARK to BURANDA
EVENING STROLL**

Leader: Greg Endicott 3351 4092.
Meet at: Norman Park Railway Station,
Waite St.
Meet on the outbound platform.
Trains: Cannon Hill, Manly, Wynnum,
Cleveland – Not the express
though.

Time: 4:30pm.
Cost: Free.
Grading: M11.
Distance: 5kms.
Duration: 1½ hours.
Location: Norman Creek Bikeway.
Web:<https://www.cyclingbrisbane.com.au/route-planner#15/-27.4902/153.0505>
Emerg Off: Greg 0418 122 995 – take this number with you.

One of our usual starting points – because of it's convenience. This time you will be following the Norman Creek Bikeway from the Station to Buranda; finishing at either the Buranda or Stones Corner Busway Stations or the Buranda Railway Station – how convenient.

You walk beside Norman Creek most of the way – with the odd deviation along a road where the path is not completed. The Council has spent millions on the Creek catchment to improve flow and water quality; as well as sighting a lovely path.

Look at the mangroves and see the bats take off at dusk. Say "Hello" to your fellow walkers on this popular pathway. Google says it is only 4.6km and takes 56 minutes, so I'm adding a bit for sightseeing (which a computer does not do) and talking.

Come along for this different type of Stroll.

**SATURDAY 2nd SEPTEMBER
KANGAROO MOUNTAIN (Q)
DAY WALK**

Leader: Iain Renton 3870 8082 or
0401 429 085.
Meet at: St Brigid's Car Park,
78 Musgrave Road, Red Hill.
Depart: 7.00am.
Cost: \$20 (car pool), \$2 (private).
Grade: S46
Location: West of Aratula.
Emerg Off: Greg Endicott 3351 4092.

Kangaroo Mountain is a peak on the Little Liverpool Range. This range runs due north from the Main Range to beyond Mt Beau Brummel. Kangaroo Mountain is the second peak along this range. The first peak is Mt Castle, an impressive square-ish block of a mountain that stands slightly out from the Ramparts on the Main Range. Mount Castle stands like a full stop at the end of the long curving sweep of forested cliff that is the Ramparts. Kangaroo Mountain is less prominent, being a cliffed wedge rising slightly above the line of the range.

We will be driving to Aratula and then turning off to pass through the locality of Tarome. A short distance down a side track we will leave the cars and walk down a farm road and access track to head for the saddle between Mt Castle and Kangaroo Mountain. It will be a steep walk up to the saddle (or perhaps more correctly, it is a curving ridge between the two peaks). We will get views across to Mt Castle but I've decided not go there (too much up, to have to go back down again). It is open eucalypt country with some cleared land. The walk along the ridge to Kangaroo Mountain is very picturesque as it is a narrow ridge-top with views of all the peaks around. Getting up to Kangaroo Mountain you clamber over big steps of boulders (nothing difficult or exposed). The top of the mountain is like a triangular plateau covered with open forest and well grassed. It is a lofty little domain set off by itself. We return the way we came. This walk is over 4WD tracks, footpads and some off-track. The biggest challenge is probably the height gain of about 530 metres, some of it up long steep slopes. The terrain can be rough and uneven with a small amount of clambering. Join me for a wonderful day's walk.

**WEDNESDAY 6th SEPTEMBER
DINNER & COFFEE NIGHT
SOCIAL**

Leader: Michael Simpson 0409 620 714.
Meet at: Coffee Club,
209 Boundary Street, West End.
Time: 6.00 pm for dinner or
7.30pm for coffee.
Cost: Your choice – visit their website
for their menu.
Web: <http://www.coffeclub.com.au/stores/west-end/>

We're off to the south side this month. Across the river to the Coffee Club at West End. Check out their website.

Join me for either a meal and a chat of just a coffee and a chat.

**THURSDAY 7th SEPTEMBER
PLUNKET HILLS WILDFLOWERS
(QUINZEH ROCKS)
DAY WALK**

Leader: Phil Murray 5522 9702,
0416 650 160 or
philmurray16@gmail.com.
Meet at: St Brigid's Car Park,
78 Musgrave Road, Red Hill.
Depart: 7.00am.
Cost: \$10 (car pool), \$2 (private).
Grade: S34
Distance: Approximately 8kms.

This is the first and only wildflower walk of the year.

The walk is to a remnant patch of bushland in the Plunkett Regional Park. We last did this walk in August 2010. The area we are going to is also known as Quinze Rocks as per the name of the map produced by Queensland Orienteering.

This Park is about 50 kilometres south of Brisbane and 13 kilometres south of Beenleigh. It is between the 2 suburbs of Logan Village and Cedar Creek.

The actual walk starts on Quinzeh Creek Road – UBD reference Map 303 ref P10. In the UBD the Park is within the suburb of Cedar Creek.

The trip is billed as a wildflower walk and to some it may seem to be an easy trip but it is a regular bushwalk and we will be doing several up and downs and going off track a bit to see

the botanical delights of the area. So long pants and long sleeves may be preferable. Also bring gloves, gaiters and a walking pole.

There are lots of wildflowers here and some lovely viewpoints towards the scenic rim. It should be a great day.

Some of the plants I expect to see are

1. Acacia	granitica	Granite Wattle
2. Banksia	spinulosa	Hairpin Banksia
3. Boronia	polygalifolia	Little Boronia
4. Caladenia	caerulea	China Blue Orchid
5. Calytrix	tetragona	Fringe Myrtle
6. Comesperma	sphaerocarpum	Fairys Wings
7. Dillwynia	retorta	Heathy Parrot Pea
8. Goodenia	bellidifolia	Daisy Goodenia
9. Hardenbergia	violacea	Happy Wandere
10. Hibbertia	aspera	Guinea Flower
11. Hovea	ramulosa	Sandstone Hovea
12. Melichrus	adpressus	Urn Heath
13. Patersonia	sericea	Native Iris
14. Pultenaea	cunninghamii	Grey Spiny Pea Bush
15. Pultenaea	villosa	Hairy Pea Bush

As regards transport there is a chance we might not have enough drivers from the City. If that occurs plan B is for the walkers to catch the train down to Beenleigh station and I can pick the walkers up from there and then drive down to Plunkett Hills to do the walk. If walkers are catching the train it will be the 7.02 am train from Roma St and that train arrives at Beenleigh at 7.50 am.

**FRIDAY TO SUNDAY
8th TO 10th SEPTEMBER
PILGRIMAGE (Q)
BASE CAMP**

Contact: Michael Simpson 0409 620 714.

Meet at: Killarney Show Grounds.

Arrive: Anytime after 12pm Friday.

Cost: \$50 (if paid before 31 July),
\$55 (if paid after).

Grade: Various

Location: Killarney.

Web: <http://www.yhabrisbanebushwalking.org.au/Publicinfo/BushBash.html>

The Pilgrimage is an annual bushwalking and social event attracting members of affiliated clubs from throughout the south-east corner of the state and sometimes further afield.

This year it is being held in Killarney and we are co-hosting the event with YHA Bushwalkers. This is why it is very important we get any many people as possible to attend. We particularly

need helpers. Ring Greg 3351 4092 if you wish to assist with the running of the event.

I'm assuming most people will have organised their own transport but if you haven't then ring me sooner rather than later. I will try to organise something for you.

Continually check their website for details of the weekend and in particular details of the walks.

**FRIDAY 15th SEPTEMBER
THE CRITERION TAVERN
JOHN TOOHEY SOCIETY**

Leader: Greg Endicott 3351 4092.

Address: 239 George Street.

Time: From 4pm till 9ish.

What For: A chat and a beer and a meal.

Emerg Off: Greg Endicott 0418 122 995.

Web: <http://www.criteriontavern.com.au/>

The Club has a regular gathering for a social drink and a chat on the third Friday of the month.

For the month of September we are going to the Criterion Tavern which is one of the longest standing pubs in Brisbane. It was established in 1885.

It has a relaxed atmosphere of a pub in the heart of Brisbane's bustling uptown CBD. The Pub is just up the street from City Hall and we might hear the Bell Chimes every 15 minutes. The decor is modern and open. They have reasonable prices for meals and beers.

Come along to catch up friends and see if the place has changed since we last visited the Criterion in 2015.

JTS Quote of the month

"On victory, you deserve beer.

In defeat, you need one!" — Napoleon

**SATURDAY 16th SEPTEMBER
TOOWAY CREEK TO MOOLOOLAH
RIVER
DAY WALK**

Leader: Liz Little lizlittle@bigpond.com
or 3356 4874.

Meet at: St Brigid's Car Park,
78 Musgrave Road, Red Hill.

Depart: 7.00am.

Cost: \$15 (car pool), \$2 (private) +
\$3.12 adult Go Card off-peak bus
fare.

Grading: M21.

This is the second in the *Sunshine Creek to Creek Series*. It is quite different from the first walk in that it is entirely on sand and quite protected from nearby settlements. It is a 12 kilometre walk beside vegetated sand dunes. Although the Nicklen Way is only a couple of blocks away, it cannot be seen or heard from the beach.

Early in the walk, Currimundi Lake will need to be crossed. It is often possible to walk across it, but there is always the option of walking beside the lake to the bridge. It is a very pretty walk on both sides of the lake and only adds about 1.5 kms to the walk.

The downside of the long, pristine, empty beach is that it is largely unpatrolled so don't count on swimming. There may be an opportunity if Kawana Beach is patrolled.

A prompt, on-time departure will be important because we will need to do a car shuffle and make a bus connection once we get to the Sunshine Coast. Don't forget your Go Card.

MONDAY 18th SEPTEMBER MONTHLY MEETING

Contact: Greg Endicott 3351 4092
Time: 7.30pm – Doors open & meeting starts soon after.
Where: St Michael's Parish Hall,
250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)

Web: <http://www.bcbc.bwq.org.au/page4.html>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk.

Nominate for a walk.

Nominate to lead an outing.

FRIDAY TO TUESDAY 3rd TO 7th NOVEMBER THE CROSSCUT SAW (Q) WALK IN BASE CAMP

Leader: Phil Murray 0416 650 160 or philmurray16@gmail.com.
Meet at: Melbourne Airport T3.
Time: 10.30am Friday.
Grade: Days 2&3 are L45,
Days 4&5 are S33.

The trip this year to the Vic Alps will be a walk in base camp to Macalister's Springs. We will do 3 day walks in the Alps plus, a side trip to Phillip Island on the trip home and do a walk to Cape Woolamai.



The Crosscut Saw

The Crosscut Saw is one of the jewels of Australian bushwalking. It is a narrow ridgetop with huge drops either side into deep valleys. The walk is above the tree line with low grass forming lovely park like meadows. From the ridgeline there are views for hundreds of kilometres and the countryside is flecked with splashes of white from snow drifts.

We will camp for three nights at Macalister's Springs. There are tent sites that have grandstand views of the Crosscut Saw and the Devil's Staircase. It is a nice area with a natural spring for water, a toilet (with a view down the valley) and there is one hut nearby. The hut is called Vallejo Gantner Hut.



Vallejo Gantner Hut

The campsite is at a height of 1,600 metres and can get cool at night so you need good sleeping bags. As an aside on the last 3 trips to the Victorian Alps for the Cup Weekend walk we have received a dusting of snow which makes the country look like a wonderland.

We have unfinished business on the Crosscut Saw as we haven't completed the traverse of the Crosscut Saw. In 2012 we visited here but we didn't complete the traverse as the weather forecast was for heavy rain so we only did about a quarter of the range and turned down a side spur and thus we didn't get to Mt Speculation. The proposed plan for the trip is as follows:-



The Toilet With The View

Day 1 Friday – 3rd November

Fly to Melbourne by 10 am

(the Virgin flight from Brisbane

VA308 6.55 am to 10.15 am – cost \$238)

drive to Macalister Springs car park – 5 hrs

walk to Macalister's Springs –

– Distance – 5 km – about 90 minutes walk in.

Day 2 Saturday – 4th November

walk to Mt Speculation via the Crosscut Saw

– Distance – 20 km – about 8 hours walking

Day 3 Sunday – 5th November

walk to Mt Magdala via Mt Howitt

– Distance – 18 km – about 7 hours walking

Day 4 Monday – 6th November

– walk back to cars – about 90 minutes

– Bryce's Gorge loop walk

– Distance – 8 km – about 3 hours

then drive to Phillip Island about 3 to 4 hours

Stay in motel or cabins at a caravan park

Day 5 Tuesday – 7th November

– Cape Woolamai loop walk

– Distance – 8 km – about 4 hours

then drive back to Melbourne airport .

Distance – 160 km about 2 hours.

Arrive about 5 pm to 6 pm.

Allow 1-2 hour buffer for traffic delays.

Fly back to Brisbane. Leave Melbourne

airport about 8 pm. Arrive Brisbane about

9.10 pm

(the Virgin flight to Brisbane

VA353 - 8:00 pm to 9:10 pm – cost \$129)

As regards what airlines to fly with you can go with Qantas or Tiger or Jetstar just use the

Virgin flights as a guide for arrival and departure times.

I should mention the trip to the Crosscut Saw this year is likely to be the last trip there for nearly a decade as there are so many other spots to go to in Victoria. Eg. Lake Tali Karng, Mt Murray, the Cobberas, Wilsons Prom, Mt Cobler to Mt Koonika, Baw Baw, Feathertop, Mt Bogong, Grampians etc.

At this stage I have no one else coming down from Queensland but I have two starters from Victoria and one from Sydney from the Sydney Catholic Bushwalking Club.

Expected costs

Airfares approx. \$370

Car expenses approx. \$150

Motel (1 night) approx. \$50

Expected total costs approx. \$570

Anyhow, bugger the costs and do yourself a favour and come on an adventure to see a different part of Australia.

Please nominate by 31st August 2017 so I can organise camp sites etc.

PRESIDENT'S REPORT

Over the next month we have two big events – The Barney Mass and the Bushwalker's Pilgrimage. Both are important events in the Club Calendar. The Mass has almost come & gone by the time you read this; however the Pilgrimage is still a few weeks away. If you haven't nominated for one or both, now is the time.

Now for other things.

Look inside the back cover of this Jilalan – "How We Organise Ourselves".

The third bottom heading is "Personal Equipment". Have a read. It lists what is recommended for each of us to carry on a walk. We list only a minimum number of items so as not to make it too complicated or heavy. However, all are important.

You never know the weather – when it is fine at Red Hill, will it be fine in Lamington or at Cunningham's Gap? It can be blue skies at 7am – will it be so at 3pm? Always take rain protection with you – it doubles as wind protection as well. And can keep you slightly warm in an emergency. Throw in a flannelette shirt perhaps?

You can never predict what will happen on a walk, or what time it finishes. The torch is essential. Now-a-days with LED torches, they are small and light (as well as being bright). Just leave it in the bottom of your pack with some spare batteries.

Remember – Slip, Slop, Slap. Slip on a long sleeved shirt, slop on sunscreen and slap on a wide brimmed hat. And the sunglasses. Keep the sun off yourself.

The First Aid Kit is always a problem to describe, but there is a minimum to be carried. The sunscreen. The headache tablets. Your Medication. Anti-sting cream. Antiseptic cream. Needle. Bandages of various types. Safety pins. I am not going to describe everything as this causes arguments amongst experts. You can buy commercial compact ones from a chemist or camping store. They are small and light. Let them inhabit the dark recesses of your pack with the torch & spare batteries. But check on their condition every now and then. Replace items when necessary. Remember, the person who needs a first aid kit is the other person, not yourself.

And lastly THE Water. You never know how much you will need. You are different every day. Some days you drink, other days you don't. As stated above – never trust the weather. We have had hot days in winter that started out cool. Cloudy at Red Hill can still be hot and dry on the western coastal plain beyond Ipswich. You might be walking through a rocky confined gorge where the heat radiates out of the ground. You never know conditions 10 hours after you wake up. We recommend, as a minimum, 2 litres of water. More when conditions require it. Conditions are not limited to: summer, drought, heat, steep or high climb, health, type of terrain. You know yourself better than anyone else and you can sense what the weather can be like. It is better to overdo it rather than run out. Besides, it is the only item in your pack that gets lighter as the day progresses – you simply drink it. And it is shareable if anyone runs out or is suffering heat stroke.

Take precautions rather than suffer on a walk. These items are not too heavy or bulky. They are sensible.

TREASURER'S REPORT

Things have been fairly quiet on the finance front. We are currently selling tickets in our

second raffle for the year. It has three prizes with the first being a 25L red Denali Backpack, the second a red Slimline Caribee Hydra Pack with a 1.5L T P U Bladder and the third is a green travel bag. Tickets are still good value at a dollar each and, naturally, you need to be in it to win it.

Don't forget that we still have limited stock of club t-shirts and small metal badges for sale at \$35.00 and \$5.00 each respectively. Terry.

ABOUT PEOPLE

Marion Arthur, John Carter, Julia Cowan, Liz Little, Peta Matthewman, Sherryn Minetti, Iain Renton and Andrea Turner are celebrating their birthdays in August.

Helen Williams, past member (John Brack) and Nadia Meleshko were interested visitors at our July meeting. Jeanette Chiew and Helen Williams did their second walk as visitors on Terry's Shepherd's walk which also saw Anita Muecke, (Tom Houlihan's daughter) on her first walk with us. Nadia Meleshko and Steven Mitchell were first time visitors on Michele's Coochins walk. Visitors are always most welcome on any of our activities.

Congratulations to Sherryn Minetti (Richard and Michele's daughter) who recently graduated with a Diploma in Early Childhood Learning.

Michael Simpson and Karen Franklin have just returned from a road trip through several Australian States. Pat Lawton and Jonas Bernotas have also just returned from a holiday in Far North Queensland. Michael and Cath Wood recently returned from a holiday in Canada and Alaska. Allan and Paulette Schmidt have also recently returned from a holiday in the U.K. where they did some walking. Not to be outdone, Russell and Louise Jones and their daughters have just done a cruise.

VICE-PRESIDENT'S REPORT

Club Masses: Stimulus to discussion (at the August Monthly Meeting).

Written responses are also welcome – to me, please, by mail, in person or via the Club email address, by the end of August. Thanks in advance. Michele Endicott

As Vice-President, I have responsibility for spiritual matters in the Club. The most

important of these 'spiritual matters' are our Eucharistic celebrations. Because they're important, I'd like to canvass members' opinions re: the current Club Masses and pose a question re: how we should proceed in the future. Please consider the few thoughts below, penned by me, and let me know your reactions/responses.

BCBC has long had a tradition of celebrating Eucharist (Thanksgiving) together twice a year, at an Annual Mass (& Dinner) and a Barney Mass, at our Club altar stone on top of our special mountain. For most of its long history, BCBC has held its Annual Mass near the beginning of the year and the Barney Mass on Exhibition Wednesday.

Some years ago, the Annual Mass moved to the month of May, traditional (Roman Catholic) month of Marian devotion. In those years in which we had the Annual Mass in May, we were able to celebrate the feast day of Our Lady of the Way at the same time. In recent past years, we have moved back to the original tradition of having the Annual Mass at the beginning of the Club year, just as a new Committee is starting its work and all the members are starting another year of walking and socialising. At the 2017 Annual Mass, we even had a little Commissioning Ceremony (prayer/blessing) for the new BCBC Management Committee. I personally am in favour of leaving the Annual Mass in this highly suitable timeslot of February, just after the AGM and just as Club activities are really getting underway for the year.

The question then is: if the Annual Mass remains a February event, should we have an additional Mass in May, to acknowledge Mary/Our Lady, given that the Brisbane Catholic Bushwalking Club Inc, established 1957, incorporated 1991, operates "Under the Guidance of Our Lady of the Way", as stated on the front cover of every Jilalan – and on our Club badge?

These past few years, a member has organised the special additional Mass in May, as close as possible to 24 May, to acknowledge Our Lady of the Way. This member is willing to continue doing this organising, but would also be happy to see this Mass become a formal Club event organised by Committee. The Committee would like to hear the views of the general membership on this matter – hence this

stimulus paper, to get people thinking and talking about it. What do you think?

OUTINGS REPORT

There are two important events on the calendar this month, the Barney Mass and the Pilgrimage. Every member is encouraged to attend this very important event in our calendar. The Barney Mass gives you the opportunity to give thanks for our incredible environment and catch up with current and past members, The second event is the Pilgrimage which is being held in Killarney this year. We are co-hosting the event with YHA and the event always provides a great way to meet up with other bushwalkers from around the southeast corner of Queensland.

Hope to see you on the tracks.

Michael 0409 620714 or

michael.simpson@optusnet.com.au

2018 WALKS CALENDAR

As I mentioned last month I will be convening the Outings Sub-Committee shortly to complete next year's calendar. I have received a few submissions to date but I need more. Of particular need are leaders. This year we have had a more balanced leader group. Which is great. But we still need more. The calendar will be put before the Committee in September and published some time later.

OUTINGS STATISTICS

Date	Trip	Leader	Type	No
July 15	Shepherd's Walk	Terry	DW	16
July 22/23	Club Hut Working Bee	Iain	BC/DW	4/2
July 30	Mt Coochin by Train	Michele	DW	18
August 5/6	Richmond Gap to Lindsay Gap	Michael	TW/DW	5/2
August 5	Beau Brummel	Phil	DW	13

LEADER'S REQUIRED

September 30/2 Mt Maroon BC
October 21 Bohgaban Falls DW
December 9/10 Noosa Weekend BC

S&T REPORT

Required Gear on Walks

It has become apparent that many members aren't complying with the Club's list of required equipment.

It may come as a surprise to some that the Club has a list of "required gear". It is a relatively short list but the Club does have a list of required equipment.

In the Clubs monthly magazine in the information section near the back there is a list of equipment (gear) you need to take on walks. You will find the list beneath the heading the Personal Equipment as follows

“Personal Equipment: *The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment”.*

The list is reasonably short but it has become noticeable that many walkers don't have these items with them on walks. Either walkers are unaware of the list of items or alternatively have considered the items merely “optional”.

A particular item that is not complied with is the requirement to carry 2 litres of water.

An obvious question comes up is why should you carry 2 litres of water on walks.

The response is that you need to carry water for your “expected personal use” plus “extra water” to cover for emergencies. –

- Many people under estimate the water they need for personal use and it is always preferable to have too much water than not enough,
- Unexpected hot weather or steep walking necessitates a greater need for water,
- Additional water is needed in case there is an accident or first aid issue to attend to,
- Additional water is needed if you end up spending the night out in the bush. It happens about every 3 to 5 years. It happened on a walk last year,
- Additional water is needed in case someone has a leaking bottle and they need a top up from other walkers.

I also know one or two walkers who don't carry a raincoat. Unbelievable. I will need to have a chat with them. (I presume they will listen). You may not need a raincoat on a stroll but you need a raincoat on all walks. Actually the reverse logic applies – if you don't need a raincoat it isn't a walk! Phil.

PAST EVENTS

**MT COOT-THA DOUBLE TRAVERSE
SATURDAY 3rd JUNE
DAY WALK**

The weather certainly shone upon us for this walk. The crisp, cool morning blossomed into a warm day with blue sky and sunshine the whole way.

The walk began in Bardon and proceeded over the summit of Mt Coot-tha, down to the Kenmore Hills' side, along to Chapel Hill, back up to the summit and down to Bardon again. The tracks we used were Simpson Falls Track, Eugenia Circuit, Fairywren Circuit, Jacksonia Track, Cockatoo, Bellbird and Kamala Trails, Honeyeater Track, Reservoir Trail and Summit Track.

Highlights included morning tea at the Grey Gum Picnic Area, lunch at Gap Creek Reserve Picnic Area and fabulously clear views of the city and Moreton Bay from the Summit Lookout. It was a 17 kilometre walk through some very pretty vegetation and up and down some slippery, gravelly slopes, but a walk well worth doing for the views and the experience.

Thanks to Russ for being the emergency officer. Thanks also to those who joined us for the day – members, Terry Silk, Michele and Richard Johns, Louise and Rusty Jones, Maria Stalker, Sophie Ramsay, Wendy Loh and visitor, Heather Loveday. Paddy and Liz

BATHERSBY LOOKOUT BBQ SUNDAY 25th JUNE SOCIAL

The day was fine and warm and the sky was clear. We chose a picnic table out under the trees at the far end of the park area. Camp Mountain is along the road to Mt Nebo and overlooks Brisbane with the tall city building in the background. Batt's Lookout is on top of The Mount. It is a “forgotten” but lovely area with well-kept BBQ's, picnic tables and cared-for landscaping.

We all arrived about the same time, set up our 2 tables, lit up the barbie, broke open the meat pack and started some serious nibbling and eating. Everyone pitched in to butter rolls, cut salad, break open the chips/nuts and got the show on the road very quickly.

There was great conversation and much story telling. We mingled. We went over to the various lookouts to catch the views both west and south. Lunch was soon “on” so all sat down and there was quite.

We were not alone – I engaged a live Christian choir to entertain us through the afternoon. The birds were active around food time.

It all ended too soon. We broke off home about 3pm after a good afternoons socialising. Thanks to Michele E, Karen, Michael, Josh, Michele & Richard J, Terry, Louise & Rusty, John, Paddy & Graham for coming along. Greg.

PAGE'S PINNACLE SATURDAY 1st JULY DAY WALK

It was a lovely day for this walk but due to previous rain the road was a little boggy. This left most of us with muddy shoes but didn't really slow us down.

After an interesting time in Nerang regrouping we headed down the Numinbah Valley road to our starting point on the Springbrook road. There were plenty of cars packed here. Apparently they were all out training for the Kokoda Challenge to be held in a few weeks' time. The route to the top of the ridge has now been changed due to the raising of the Hinze Dam which has cut the previous route.

We walked with a few rock climbers until we reached the divide where they went down to climb and we continued along the ridge. It was also here that a few of our walkers decided to take an early lunch and avoid the razorback to the summit. Those of us who continued took various routes across the precarious razorback (which is only short) and were on the summit in no time. Here there were great views of the dam, Horseshoe Falls, the Springbrook Plateau and many others. After a short stay we returned to the waiting others for lunch.

It was now but an easy return to the waiting cars and coffee in Nerang. For the stats minded members we walked 6.6km in 3 hours and ascended and descended 350m.

Thanks to Karen, Josh, Paddy, Terry, Louise & Rusty, Benno, Pat & Jonas, Trevor and Phil for joining me. Michael

DINNER AND COFFEE NIGHT WEDNESDAY 5th JULY SOCIAL

A good attendance at our annual get away from Lang Park coffee night. This year we changed cafes and dined at the Café 63 in Racecourse Road. The night was great with various

conversations taking place and the food quite good.

Thanks to Karen, Josh, Paul, Graham, Terry, Liz, Rusty and Susan for joining me. Michael.

SHEPHERD'S WALK SATURDAY 15th JULY DAY WALK

What is it about this walk that brings about so many cancellations, especially at the last minute. With a reduced number for this walk, I made a last minute decision not to be a driver which was a first for me as leader of this walk over the last eighteen years. The Leader's day did not get off to a good start with his clock being ten minutes slow resulting in him arriving ten minutes late at the meeting place.

We arrived in Beaudesert on time after an uneventful trip except that we encountered some fog. During the trip I remembered that I had forgotten to lock the back of my car and I had left my hat at home. After boarding the two buses we headed out to the Christmas Creek Valley to visit the monument to the aboriginal attack on the Chinese shepherd's circa 1850. After a brief historical talk, we headed back down the valley to the farm where the walk was to commence.

It was a very mild winter's day with the countryside looking very fresh and green. Early on there had been some fog, but the sun soon burnt it off. As the day progressed some cloud patches moved in. This year there were over 113 walkers with members from a number of bushwalking clubs including National Parks, Y.H.A., BOSQ and Logan and Albert plus a "pop-up" group along with many locals.

This year the route across the paddocks was not too overgrown, but the spear grass was the worst I had encountered. With the larger group, progress was slow with the usual rest and regroup stops being taken. The Views of the surrounding countryside were quite clear. There was some wattle in bloom. During the walk a kangaroo was spotted along with some colourful parrots.

Running late and with the lunch spot in sight, the lead group, without our leader, veered left causing us to cover some new countryside giving us some extra walking for our money. Eventually, we all arrived safely at the lunch spot via a number of different routes. The only bonus was that a number of us found a log

which allowed us to cross the creek with dry feet. (I bet that it is not there next year.)

As usual the lunch was plentiful and good, although the cakes and slices were not quite up to their usual high standard. Needless to say, we all had plenty to eat and drink. Sadly, this year there were only two varieties of damper, plain and pumpkin.

All too soon we were boarding the buses for our return to the Historical Museum in Beaudesert followed by an early return to Brisbane. I ended up with sixteen on the walk after ten cancellations. Thanks to Paddy Taylor, John Hood, Michele and Richard Johns, Greg and Michele Endicott, Ray Rowe, Julia Cowan, Peta Matthewman, Barbara Eastoe, Pat Lawton, Tom Houlihan along with his daughter, Anita Muecke (a first time visitor) and Helen Williams and Jeanette Chiew (both on their second walk as visitors) for joining me on an adventurous Shepherd's walk. As there are still members who have not done this walk, I will once again co-ordinate this walk on the third Saturday of July next year. Everyone must do this walk at least once and I assure you that you will not regret it. Regards, Terry.

**10th ANNIVERSARY OF RUSS
NELSON'S ORDINATION AS A
DEACON
FRIDAY 21st JULY**

A celebratory Mass followed by supper was held at Our Lady of the Rosary Church, Kenmore. The principal celebrant was Bishop Brian Finnigan. The Mass was attended by people from the various groups with which Russ is involved in. During the Prayers of the Faithful, there was a prayer "for the members of the Brisbane Catholic Bushwalking Club, both past and present, who created an environment which nourished Deacon Russ' spirituality since 1970." The following Supper was enjoyed by all and a celebratory carrot cake was eaten with gusto. Thanks to all who came and those who could not attend but sent their best wishes. Jan Nelson.

**CLUB HUT WORKING BEE
SATURDAY TO SUNDAY
22th TO 23rd JULY
BASE CAMP & DAY WALK**

This Working Bee was focused on completing "Project Arbour" which was originally scheduled to be completed immediately prior to the Club

Hut 50th Anniversary on 19th March 2017. However heavy rain immediately before the event, prevented a 4WD driving to the Hut. So this weekend Mike drove his 4WD to the hut which was loaded with equipment. Project Arbour was focused on removing overhanging dead branches which might fall on the Hut. This work was undertaken on Sunday which filled in the day easily and the steps involved were –

- Set up the 6m extension ladder on the best trunk of the key tree. This involved much discussion and Iain Renton quickly drew a diagram of the competing/alternative tree trunks and this allowed the discussion to quickly come to an agreed outcome. Once the ladder was extended to its full length, almost 12m, the top of the ladder was tied to the tree and the bottom was pegged in place. In addition one member of the team always stood at the bottom to assist in keeping the ladder steady.
- The next step was to set up a safety rope that Mike could tie himself to in case he fell, which would then result in him swinging in the air rather than hitting the ground. This arrangement had to be tested which resulted in many photographs.
- Then Mike climbed the ladder and perched himself in various forks in the trunk above the top of the ladder.
- Next Mike arranged for a rope to be attached to the limb which was being cut so that we, on the ground, could apply pressure so as to make the sawing easier and then finally bring the limb down, while avoiding the hut. Arranging the rope always took a number of attempts.
- The actual cutting of the limb was mainly undertaken by a "hand saw" which had a 2m extension handle. In total five major limbs were cut down. Two were straight forward and the rest ranged from difficult to taxing. The last limb was a trunk about 180mm in diameter and Mike used a battery powered saw. He exhausted three batteries in doing this and finally finished off with a small hand saw,

Overall Project Arbour took six hours which included suitable rest breaks.

The second focus was Project "Hut Presentation" which is a continuing task. This trip involved removal of weeds, bracken and tiny trees (which in 10 years may impede our view.) In addition some serious maintenance treatment was given to the roof to ensure it remains functional which was undertaken on Saturday. Also some painting was undertaken to preserve the timber.

The workers were Iain Renton (Club Hut Curator), Mike Wood (Arborist) plus Russ and Jan Nelson along with Day Walkers – Paddy Taylor and John Hood. Russ Nelson.

MOVIE NIGHT TUESDAY 25th JULY SOCIAL

This was another successful event which saw ten of us gather at our favourite cheapest cinema with seven seeing "Paris Can Wait" and a breakaway group of three who saw "Dunkirk" which was screened in the beautifully restored Cinema one at the Balmoral Cinema in Bulimba.

Fortunately, both movies started at about the same time and finished at the same time. As usual six of us gathered at the Coffee Club for a meal before the movie which had a handy starting time of 7.05. (Naturally, later starting times are better.)

"Paris Can Wait" was a light hearted "Road Trip" movie which was better than I expected, especially after it received a poor review in "The Courier Mail". A number of us who saw "Paris Can Wait", also plan on seeing "Dunkirk" at a later date.

Unfortunately, no one stayed around for a coffee and debrief after the movies. (Perhaps they found the mid-winter night too cold.) Thanks to those who came:- Liz Little, Tracey Laing, Cath Wood, Elizabeth Richards along with Russell and Louise Jones who saw "Paris Can Wait", whilst Andrea Turner, John Hood and Michael Wood saw "Dunkirk". On the night we saw some interesting previews which have the potential to be future movie nights. So, keep an eye on your e-mails for notification of our next movie night. A bit of trivia, on the night, the south siders out numbered the north siders for a change. (six to four) Regards, Terry.

NEWSTEAD TO WEST END SATURDAY 29th JULY BIKE RIDE

We meet at Newstead Park for a leisurely 30km ride. I had mapped my ride which informed me how far I have been and what my speed was. Russell and I lost John for a short time but he met us at coffee on the Goodwill Bridge where we enjoyed the view across to the South Bank Wheel and beyond. After morning tea we were heading towards West End where there were markets and even some entertainment with a singer. At Orleigh Park we had a short comfort stop.

We then retraced our steps to the Goodwill Bridge where we said goodbye to John. We then helped a lady that asked us where was the movies at South Bank. Russell and I decide to ride home via Kangaroo Point Dockside where we had one steep climb. We were home just before 12.

Thank John and Russell for a great ride

COOCHIN HILLS SUNDAY 30th JULY DAY WALK

As advertised in the Jilalan, we were travelling to the start of this walk by train. However, on checking the Translink site beforehand, we noticed that the timetable had been changed. This made going by train impossible. Plan B was put in place and 15 met at Red Hill. Three were meeting us at Beerwah.

With morning tea and introductions out of the way, we left Beerwah by foot and headed toward Mt Coochin via footpaths, easements and a housing estate. Mt Coochin was in our view. By this time the heat of the day was upon us but it was only a short climb. Turning off Carnarvon Drive, we were headed towards the eastern boundary of the national park via a forestry track. The track up to east peak was very steep and rough with views out to the east including Caloundra Skyline, other Glasshouse Mountains, Moreton Island as well as the farms surrounding Mt Coochin.

The heat had begun to take its toll on quite a few with water stops necessary. A couple of people turned back but thankfully the remainder made it up to east peak. The faster walkers had already been here for a while so they left while the remainder stayed a while. However,

time was getting on, so the rest of us made our way down the ridge towards the saddle. Our visitor, Steven Mitchell decided he would go back the way we came and so left us at this point. We were only about ½ way down to the saddle and our first casualty for the day succumbed to the heat with severe symptoms. Fortunately, nurse Robyn came to the fore and her helpful attention soon saw the symptoms disappear and we were on our way again. By this time, everyone had left the saddle, and just 5 remained. The saddle was cool so we spent quite a bit of time here letting our patient have a breather in the coolness of a sheltering shadow.

After a while, we thought we better make tracks up to West Peak, this was easier to negotiate and before long we were on west peak with its spectacular view. Because we were running behind schedule, we didn't stay long as everyone else had left so we made our way down to the forestry track that would take us back to Beerwah. My first thoughts were 'why are there so many people at the end of the track' as the remaining 5 were quite a way behind the rest. However, lying on the ground was another casualty for the day. It turns out Peggy Roe had broken 2 bones in her ankle, finding out after she was transported by ambulance to the Kawana Hospital. Fortunately, this happened near the end of the walk where she slipped awkwardly on a steep loose gravel track. An ambulance was able to come to near where it happened.

Back at Beerwah, a coffee stop for the remainder of the group at Vianta's was very welcome before we headed back to Brisbane.

Thanks to car drivers Russ Nelson, Richard Johns and John Hood and participants Sherryn Minnetti, Paddy Taylor, Benno Guiliani, Robin Thorn, Greg Endicott, Peta Matthewman, Liz Little, Karen Fredericks, Terry Silk, Jan Nelson and Peggy Roe and visitors Kay McIntosh, Nadia Meleshko and Steven Mitchell. Michele Johns.

DINNER AND COFFEE NIGHT WEDNESDAY 2nd AUGUST SOCIAL

This month we headed back to Wilston, a popular haunt of ours. We dined in a new venue for us, Café 63, and again were not disappointed with the menu. A very good attendance with 13 attending. A great night was had by all.

Thanks to Karen, Josh, Graham, Liz, Greg, Michele & Lucy, Terry, Barbara, Pat and Russ & Jan for joining me. Michael.

BEAU BRUMMEL SATURDAY 5th AUGUST DAY WALK

Weather: Very sunny, no clouds.

Temperature: About 24°.

Distance: About 7kms.

Attendance: 13 – Phil Murray, Michele Johns, Richard Johns. Robyn Thorn, Rusty Jones, Louise Jones, Benno Giuliani, Maria Kerruish, John Hood, Terry Silk, Paddy Taylor, Ken McCarron and Monica McCarron.

The Beau Brummel walk was a lovely day. Beautiful weather. Fantastic views, Great company and lots of chatter.

The route we did was an out and back trip to the West Peak from the eastern side of the mountain. This route was not the loop walk I had hoped to do. The route we did was the route I did on the pre-outing with the BOSQ club on 22-7-2017.

The route was simply follow an old fire trail around to a spot where we cut up to the main ridge line. We had morning tea at this spot then it was up the "north ridge" to the main summit of Beau Brummel (height 700 m). We then traipsed across to the "west peak" (height 683 m) where we had a long lunch.

The ridgeline walk from the morning tea spot to the main summit was very steep in places and provided a good work out as it was steep off track walking.

There was a very steep slope near the summit with some loose rocks that could cause problems if the rocks were dislodged. Thankfully we had no problems with any rocks unlike on the pre-outing.

We finished the walk and then headed back to Rosewood for a coffee. The preferred café was closed and after a quick search we found a takeaway shop which had lovely chips but the coffee was a bit disappointing. Thanks to those who came on the walk and thanks to the drivers Richard and Benno.

The key stats were

Walk Started	9.25 am
Walk finished	2.12 pm.
Distance	7.0 km

Height Gain	540 mm
Average Speed	about 2 km per hour
Height at Start	255 m
Highest Point	700 m

As an aside the walk was graded in the magazine as M44. But on reflection it should have been a bit different and should have been graded S56. I did the pre-outing after the magazine was published so I didn't have a chance to re-grade the walk before the July magazine was published. But I did advise nominees for the walk that the walk was a bit steep in places with rock scrambling.

The walk was actually only 7 km so it should have been graded S for distance.

For Terrain it should have been graded 5 not 4 as there was a significant amount of rough or rocky terrain with small climbs using hands.

For fitness it should have been graded 6 which includes walks up 6 hours walk and up to 600 m gain/loss per day. The gain /loss was 540 metres up and 540 metres down so it gave your fitness a real test. But if you were fit it was reasonably easy. Phil.

RICHMOND GAP TO LINDESAY GAP SATURDAY TO SUNDAY 5th TO 6th AUGUST THROUGH WALK/DAY WALK

Absolutely brilliant weather for this seldom done through walk. And the highlight, I finally managed to camp at the Avocado Farm (which is now a Finger Lime Farm). This farm has the best view in Southeast Queensland.

We left Brisbane early, regrouped with a coffee in Beaudesert, and set off for Richmond Gap. A lengthy car shuffle ensued and it was 9.30am before we finally donned packs and headed off. As Pete was needed for the car shuffle, he and Karen decided to walk with us to the Long Creek Falls before returning to his car.

The start of the walk is a constant up but has tremendous views back to Mts Gipps and Chingee on one side and views over the Border Loop in NSW. There must have been recent rain as the countryside was very green and lush. We started walking on the NSW side but Karen & I decided that we preferred the Qld side and crossed back early on. It was easier walking anyway. By 1pm it was time for Pete &

Karen to turn around and head back. We said our goodbyes and continued on. The Long Creek Falls were flowing well and we decided it was time for lunch and water collecting. This is the only spot on the walk where water is readily available so we didn't miss the opportunity. It was now but a shortish up/down walk to our campsite for the night at the farm, arriving just on 4.30pm.

We were very surprised to see three other walkers, teachers from two Ipswich Catholic Schools, also setting up camp here. They were training for the Kokoda Trek and apparently did this walk quite a few times. After setting up camp and basking in the views, we cooked tea and chatted for a while before exhaustion and cold got the better of us and we headed off to bed by about 8.00pm.

Up early to again enjoy the views I was surprised how warm the morning was. Nothing like the night before. We had a leisurely breakfast, broke camp and were walking again by 7.50am. Today's walk was mainly under a canopy so there were few views but the walking was relatively easy after the day before. We had decided before the walk that we were going to bypass the ascents of Tanna and Glennie and bypass them we did (Thanks Pat for the bypass details). After a few minor navigational issues we reached the road by 1.50pm. Thanks Mike for volunteering to walk the 2kms back to the car and bring it back. We were back in Rathdowney and Russ's car by 3.15pm where we said our goodbyes and headed home.

This was a great through walk made better by the company. We have to do more of these. (BTW it took me two days to recover. It was tougher than I remembered or maybe I'm just older)

Thanks to Paul, Russ & Jan and Mike for many the weekend great and to Karen and Pete for joining us to the falls. Thanks to Russ for driving. Thanks to Mike for the 2km walk back to the car. And a particularly big thanks to Pete & Nicky for providing their car for the car shuffle. For the stats minded we walked 15.3kms in 7 hours, ascended 893m and descended 592m on Day 1. We walked 17.9kms in 5¾ hours, ascended 373m and descended 825m on Day 2. Michael.

HOW WE ORGANISE OURSELVES

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.

All visitors must sign an Assumption of Risk form for insurance purposes.

VISITORS – for general enquiries contact Greg on Ph: 3351 4092.

GENERAL MEETINGS: Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower car park.

VISITORS are always welcome.

EMERGENCY OFFICER: If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

<http://www.bcbc.bwq.org.au/EmergOffSyst.html>

PERSONAL EQUIPMENT: The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MEMBERSHIP FEES - Membership Subscription fees are:

Ordinary Members: \$20; Associate Members: \$16; Spouse Members - Ordinary: \$20;
Spouse Members – Associate: \$16; Country: \$20.

Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. There is an additional \$25 cost for Ordinary and Associate Members who elect to receive a printed Jilalan with the exception of Life & Honorary Members. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

CONTACTS

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Federation Mountain Rescue FMR	http://fmrqld.bwq.org.au/	
Archdioceses Web Site	http://bne.catholic.net.au/asp/index.asp	

For specific enquiries, contact the committee member (from above) concerned.

For Outings or Socials, contact the leader shown in the calendar or article.

Cover: Dolly From the Bottom (YHA Website)

EDITOR'S NOTE

As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.

If you “borrow” any words or image from another source, please acknowledge that source – author, publication, issue, date, publisher.

I need your articles on time – it makes it hard to still get articles when I should be formatting.

Articles from this publication may be reproduced provided the source is acknowledged.

Look at last month’s Jilalan and copy that format – especially the “headings” in Comings

Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.

Type Face is “Arial”, Font Size is “12”, though Date, Name of Event & Type are “14”

Triple Zero Awareness Work Group (TZAWG)

As a result of problems experienced by emergency call-takers and emergency services, in late 2013 TZAWG launched a free smartphone app: Emergency*. TZAWG identified that more than 66% of incoming emergency calls were now made from mobile phones; however, mobile callers often do not know exactly where they are, meaning call-processing times are longer and call-takers are then unavailable to take the next incoming emergency call.

Determining caller location is the most critical piece of information emergency call-takers need when a call comes in. If callers don't know where they are, emergency services can't send help.

Emergency+ uses the existing GPS functionality of smartphones to enable callers to provide emergency call-takers with their location information as determined by their smartphone. When activated, the built in accessibility features of a smartphone will describe aloud what appears on-screen, so a caller can use the app without seeing it.

The Emergency+ app is available for free download in Apple iOS, Android and Windows phone versions, and has already saved lives by ensuring emergency services arrive on-scene as quickly as possible to assist someone in need. One group for which Emergency+ has obvious benefits is bushwalkers, and TZAWG has numerous examples where lost or injured bushwalkers have used the app to pinpoint their location for emergency services.

If undeliverable return to
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