

JILALAN



GLASSHOUSE MOUNTAINS – SATURDAY 5TH SEPTEMBER

MONTHLY MAGAZINE OF THE

BRISBANE CATHOLIC

BUSHWALKING CLUB INC

ESTABLISHED 1957

INCORPORATED 1991

UNDER THE GUIDANCE OF OUR LADY OF THE WAY

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AUGUST 2015

Date	Event	Leader	Phone	Type	Grade
17	JTS – Theodore Club	Phil	5522 9702	Soc	
18	Shepherd's Walk	Terry	3355 9765	DW	M34
20	Pre Meeting Fish & Chips	Justin	3366 3193	Soc	
20	BCBC Meeting	Russ	3374 3534	Meet	
22	Coffee Night – The Coffee Club, Milton	Michael	0409 620714	Soc	
24/26	O'Reilly's	Cath	0428 755100	BC	Var
31	Blue Moon @ The Full Moon	Michael	0409 620714	Soc	
Aug 6	Mt May	Michael	0409 620714	DW ^t	S44
8	Dave's Creek Circuit	Peggy	3863 1464	DW	M33
11/12	Barney Mass	Greg	3351 4092	DW/BC	M56
14/16	Pilgrimage	Rusty	3399 4472	BC	Var
16	Liz's 60 th @ The Walloon Saloon	Liz	3356 4874	Soc	
17	Pre Meeting Fish & Chips	Justin	3366 3193	Soc	
17	BCBC Meeting	Russ	3374 3534	Meet	
21	JTS – Woolly Mammoth Alehouse	Phil	5522 9702	Soc	
22	Toohy Forest Wildflower Walk	Phil	5522 9702	DW	S22
26	Coffee Night – Café Conti	Michael	0409 620714	Soc	
29/30	Elanda Point	Cath	0428 755100	BC	M33
Sep 3	North Stradbroke Island	Justin	3366 3193	DW ^t	M44
4	Brisbane Writer's Festival	Russ	3374 3534	Soc	
4/6	Simulated Search & Rescue	FMR		Trg	
5	Glasshouse Mountains	Paul	0421 339311	DW	S44
6	Father's Day				
12	Noosa Trails	Terry	3355 9765	DW	M23
18	JTS – Nest Bar at the Hotel Jen	Phil	5522 9702	Soc	
19	Coolangatta to Currumbin	Phil	5522 9702	DW	M11
21	Pre Meeting Fish & Chips	Justin	3366 3193	Soc	
21	BCBC Meeting	Russ	3374 3534	Meet	
23	Coffee Night	Michael	0409 620714	Soc	
24	Broken Head	Phil	5522 9702	DW ^t	M54
25	Dinner & Play Reading	Cath	0428 755100	Soc	
26	Buchanan's Fort	John	5514 0285	DW	
Oct 1	Shipstern Wildflowers	Phil	5522 9702	DW ^t	L34
2/5	Moreton Island	Iain	3870 8082	TW	
3	Caloundra			DW	
10	Mt Allan & Summer Creek Falls	Justin	3366 3193	DW	
11	Brisbane Open House	Greg	3351 4092	Soc	
16	JTS – Tomahawk Bar	Phil	5522 9702	Soc	
17	Mt Tinbeerwah Circumnavigation	Justin	3366 3193	DW	
18	Kate Quinlan Society	Greg	3351 4092	Soc	
19	Pre Meeting Fish & Chips	Justin	3366 3193	Soc	
19	BCBC Meeting	Russ	3374 3534	Meet	
24	Retreat	Russ	3374 3534	Rel	
25	Sandgate to Scarborough & Return	Phil	5522 9702	Bike	
28	Coffee Night	Michael	0409 620714	Soc	
30/3	The Grampians	Phil	5522 9702	TW	
Nov 1	Hamilton Heritage Walk	Greg	3351 4092	DW	
5	Castle Crag	Michael	0409 620714	DW ^t	
7	Warrie Circuit	Phil	5522 9702	DW	
14	Botanical Gardens Walk	Phil	5522 9702	DW	
16	Pre Meeting Fish & Chips	Justin	3366 3193	Soc	
16	BCBC Meeting	Russ	3374 3534	Meet	
19	BWQ AGM	Michael	0409 620714	Meet	
20	JTS – The Scratch Bar	Phil	5522 9702	Soc	
21	Tallebudgera Creek	John	5514 0285	DW	

The Calendar is subject to change without notice

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

KEY – Walk Types

DW	Day Walk	½ DW	Half Day Walk
ON	Over Nighter	BC	Base Camp
TW	Through Walk	CW	City Walk
TRN	Training	S&T	Safety & Training
FMR	Federation Mountain Rescue	SOC/SW	Social/Social Walk

KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
Short Under 10km per day	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
Medium 10-15km per day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	3 - Easy - Suitable for beginners. Up to 5 hours walking. Undulating terrain
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Easy - Suitable for beginners. Up to 5 hours walking. Up to 300m gain/loss per day
Long 15-20 km per day	5 - Rough or rocky terrain with small climbs using hands or rock hopping	5 - Moderate - Up to 6 hours walking. Up to 450m gain/loss per day. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking. Up to 600m gain/loss per day. Agility required
Extra Long Over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	7 - High - Up to 8 hours walking. Up to 750m gain/loss per day. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required	8 - High - Up to 8 hours walking. Up to 1000m gain/loss per day. High fitness. Endurance and agility required
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	9 - Challenging - Up to 12 hours walking. Over 1000m gain/loss per day. Very high fitness. Endurance and agility required

Example: M48 is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

PRAYER OF THE MONTH

God be with those who explore in the cause of understanding; whose search takes them far from what is familiar and comfortable and leads them into danger or terrifying loneliness. Let us try to understand their sometimes strange or difficult ways; their confronting or unusual language; the uncommon life of their emotions, for they have been affected and shaped and changed by their struggle at the frontiers of a wild darkness, just as we may be affected, shaped and changed by the insights they bring back to us. Bless them with strength and peace. Amen.
(Leunig 1990)

COMING EVENTS

TRIPS leave from St Brigid’s car park at Musgrave Rd, Red Hill.

The “**Leaders Guide**” is on the web at:
<http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html>

Leaders: Print your own Event Nomination Form from the Club’s web site.

A reminder to visitors that you are required to do 2 walks before Committee officially declares you a Member of the Club.

LEADERS

If you make changes to your walk, such as date, where, cancel it – please tell the President Russ Nelson Ph: 3374 3534.

**FRIDAY TO SUNDAY
14th TO 16th AUGUST
PILGRIMAGE
BASE CAMP**

Leader: Russell & Louise Jones
3399 4472.
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill.
Time: After work on Friday. Earlier if it suits.
Cost: \$15 (car pool), \$2 (private) plus Pilgrimage Fees of \$55.
Grading: Various.
Location: Kalbar Showgrounds.
Emerg Off: Susan Tobin 3366 3193.
Web: <https://sites.google.com/site/qldbwc/pilgrimage-2015>

The clubs are gathering, from the North Coast to the South Coast and all clubs in between. The annual get together of the bushwalking clubs is on again and BCBC is joining in. The week-end where the clubs get together for bushwalking and socialising. This year it is being organised by QBW as you can see by their flyer it will be a great week-end and a chance to meet other clubs. Download the registration form from the QBW website, make your payment and phone Louise and Russell to put you on the club list and book you in for tea at the pub Saturday night before the bush dance. It is going to be fun.

All the information required is to found on their website. Any questions please ring us.

**SUNDAY 16th AUGUST
60th BIRTHDAY LUNCH
THE WALLOON SALOON
SOCIAL**

Leader: Liz Little 3356 4874 or
0414 252003 or
lizlittle@bigpond.com.
Meet at: Roma Street Station, Ipswich
Train Platform
Time: 10.20am for the 10.30 train
or high noon at the Saloon.
Cost: Train fare, lunch, drinks.
RSVP: 12th August.

I hope you can join me for lunch to celebrate my 60th Birthday.

Walloon is located between Ipswich and Rosewood and the Saloon is found at 1 Queen Street.

The venue offers a delightful country pub atmosphere and a variety of tasty food. Meals are priced reasonably and are obtained from a pay-as-you-order bistro. The drinks at the bar are also well priced.

Meet at Roma Street Station in time for the 10.30am train to Ipswich; change there for the 11.35am Rosewood train; alight at Walloon and walk a couple of blocks to the Saloon. The go card price is \$6.28 adult or \$3.14 concession. The return train departs at 3.13pm and arrives at Roma St at 4.33 pm. Train travel can be checked at <http://jp.translink.com.au/travel-information/journey-planner>.

Alternatively, drive to the venue and meet us at the Walloon Saloon 12 noon.

Either way, please be sure to nominate by 12th August so that I can to book you a place.

**MONDAY 17th AUGUST
PRE MEETING FISH & CHIPS
SOCIAL**

Contact: Justin Tobin 3366 3193.
Where: Fisherman's Café,
Cnr Wardell St & Samford Rd.
Time: 6.00pm.

Join us for fish and chips at Enoggera before we head up the hill to the meeting.

**MONDAY 17th AUGUST
MONTHLY MEETING**

Time: 7.30pm – Doors open & meeting starts soon after.
Where: St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)
Web: <http://www.bcbc.bwq.org.au/page4.html>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks. Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk. Nominate for a walk. Nominate to lead an outing. Stay for supper. Bring those recent bushwalking snaps.



**FRIDAY 21st AUGUST
WOOLLY MAMMOTH ALEHOUSE
JOHN TOOHEY SOCIETY**

Leader: Phil Murray 0416 650160.
Address: 633 Ann Street,
Fortitude Valley.
(It is between Kemp Place and
Brunswick St).
Time: From 4pm till 9ish.
What For: A chat and a beer and a meal.
Emerg Off: Phil Murray 0413 307580.
Web: <http://woollymammoth.com.au/>

The Club has a regular gathering in town for a social drink and a chat on a Friday once a month on the third Friday of the month.

For the month of July we are meeting at the Woolly Mammoth which is a brand new venue for the JTS.

The Mammoth has a huge range of beers on tap and we have a duty to try as many as possible. The beers aren't cheap but they are classy and this will be a one off visit to the Mammoth so don't miss out. The food includes chips, burgers and pizzas.

So come along for a good night out

**SATURDAY 22nd AUGUST
TOOHEY FOREST WILDFLOWER
WALK
HALF DAY WALK**

Leader: Phil Murray 5522 9702 or
0416 650160.
Meet at: Toohey Forest Carpark,
on Toohey Road at Nathan,
UBD 200 D1.
Time: 8.30am.
Cost: \$2.
Grading: S22.
Distance: Approximately 9kms.

Toohey Forest is a remnant patch of bushland in the middle of suburbia. We will start on the western side of the forest and walk through to the eastern side.

We will also have a quick look at the university grounds and zip up to Mt Gravatt to enjoy the views over Brisbane. I intend to have morning tea up here.

The main purpose of the day is to look for and identify the wildflowers. In particular we should see the many pea flowers, several wattles and a few orchids.

Although it is an easy wildflower walk there are still a few hills and gullies to wander up and down. Make sure you bring the usual day-walk stuff. Because of the early start the expected finish time is 12.30ish. So there is no need to bring lunch

If anyone needs to use Public Transport to get there – I can pick people up from the Holland Park bus station. Please ring and I will arrange a time to pick you up.

**WEDNESDAY 26th AUGUST
DINNER & COFFEE NIGHT
SOCIAL**

Leader: Michael Simpson 0409 620714.
Meet at: Café Conti,
Shop 1, 102 Kedron Brook Rd,
Wilston.
Time: 6.00 pm for dinner or
7.30pm for coffee.
Cost: Your choice – visit their website
for their menu.
Web: <http://cafeconti.com.au/>
Emerg Off: Michael 0409 620714.

This is a favourite area for us. Over the last few years every café I have selected in this street has either closed down or been robbed. We have never visited this restaurant but it's been in the area for a long time so I'm hoping my luck will have turned.

Anyway join me for either a meal and a chat of just a coffee and a chat.

**SATURDAY TO SUNDAY
29th TO 30th AUGUST
ELANDA POINT
BASE CAMP**

Leader: Cath Wood 3398 1465 or
0428 755 100.
Meet at: BP Burpengary.
Time: 6.00pm Friday night.
Cost: \$35 (car pool), \$15 (private).
Grading: M33.
Location: Northern Sunshine Coast.
Emerg Off: Greg Endicott 3351 4092.
Web: <http://www.elanda.com.au/tent>

Friday night we meet at the BP service station Burpengary at 6pm. We will be driving past the Sunshine Coast, turning off at Gympie and onto the Rainbow Beach Rd, where we will camp the night at Mullen's Car park with the through walking group.

Saturday morning the through walkers will leave from here and we will drive down the Cooloola Way to where the Cooloola Wilderness Trail crosses the road. From here it is about an hours walk in to Wandii waterholes, one of the prettiest around, and a chance for a swim, before returning to the cars. We then drive further along Cooloola Way to where the Harry's Hut track turns off. Again we leave the cars, follow this for a distance and then turn off onto the walking track into Fig Tree Point. This is flat walking through paperbark forest, with parts of the track following Kin Kin creek. The walk will be about 14km.

After this we drive on to Elanda Point where we set up camp for the night. This is a private camp ground on the shore of Lake Cootharaba, with showers, and a kiosk on site. Camping fees are \$12/person, included in the trip cost. See the website for further details <http://www.elanda.com.au/tent>

Sunday morning we will walk north from Elanda Point to Mill Point and then on to Kinaba, a Ranger's station built out over the water where the Noosa River flows into Lake Cootharaba. Then retrace our route back to Elanda Point. This is about 13km but very flat walking. There will be opportunities for a swim if it's warm enough (Lake Cootharaba is very shallow, much of it knee deep, and so it does warm up fairly quickly). After lunch back at Elanda we head back to Brisbane.

THURSDAY 3rd SEPTEMBER NORTH STRADBROKE ISLAND DAY WALK

Leader: Justin Tobin 3366 3193.
Meet at: Toondah Harbour,
3 Emmett Drive, Cleveland.
Stradbroke Ferries.
Time: 7.30am.
Cost: \$30 Water Taxi and Bus.
Grading: M44.
Location: Moreton Bay.
Emerg Off: Susan Tobin 3366 3193.

Come with us on our mid-week sojourn to North Straddie. Crossing the bay by water taxi to Dunwich we will catch the bus to the start of the walk at George Nothling Drive. From here we follow sand roads and tracks to Key Hole Lakes for morning tea and a swim. Then onto the Ocean Beach to Point Look-out and the cliff top where we walk around the headland hoping for a bit of Dolphin spotting, a stop for a Gelato before we continue onto Frenchmans,

Deadmans and Cylinder Beach. Beautiful Beaches, lakes and fantastic walking. Straddie is waiting lets go.

FRIDAY 4th SEPTEMBER BRISBANE WRITER'S FESTIVAL SOCIAL

Leader: Russ Nelson 3374 3534,
0427 743534 or
nelhouse@bigpond.net.au.
Venue: Maiwar Green, State Library of
Queensland, Southbank – See
[http://bwf.org.au/wp-
content/uploads/2015/05/Map.pdf](http://bwf.org.au/wp-content/uploads/2015/05/Map.pdf)
**Maiwar Green is a lawn between
the State Library of Queensland
and the Gallery of Modern Art.
It is expected that a large tent
will be erected on the site.**
Time: 6.30pm (be seated by 6.20pm).
Cost: Free – Bookings Essential.
Gathering Time:

From 5.00pm you are invited to gather at the Ship Inn (southern / downstream end of Southbank, near Maritime Museum). At 6.00pm we will depart to walk to Maiwar Green

Bookings: [http://bwf.org.au/events/solving-the-
worlds-problems-over-a-beer/](http://bwf.org.au/events/solving-the-worlds-problems-over-a-beer/)
Note - Please buy tickets directly and let Russ know that you are coming.

There is a lot going on: famine, people displaced, climate change. What can we do? Join Johann Hari, Renata Singer, Tim Flannery, Bernard Keane and Peter Singer. Jane Caro will host an open forum to talk some ideas around and see if they can solve a few of the world's problems over a beer.

SATURDAY 5th SEPTEMBER GLASSHOUSE MOUNTAINS DAY WALK

Leader: Paul Evans 0412 339311.
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill.
Time: 6.30am.
Cost: \$15 (car pool), \$2 (private).
Grading: S44.
Location: Sunshine Coast.
Emerg Off: Carolyn 0412 339322.

This is an opportunity to climb three of the Glasshouse Mountains up near the Sunshine Coast. The first will be Ngungun which is near

the Glasshouse Mountains township. It is a graded national park track starting in open forest with fern understory. The summit provides great views south of the mountains Tibrogargan and Beerwah. The distance is 2.8km return and the summit is 253m high.

Then it is off to the second which is Mt Coochin .This small twin peak is along Old Gympie Road. The aim is to climb the west peak before dropping over to the east peak and descending. The summit stands at 240m and the distance is about 2.5km .It is off track although there are well used foot pads.

The last is Mt Cooee which sits next to Mt Tibrogargan. This is a small mountain but has no track .This will require off track and climbing around small rock faces. This will be the last for the day and one of the mountains rarely done. The height is approximately 120m.

Lunch will be after Mt Coochin and can be at one of the nearby towns; there are coffee shops and bakeries if needed. It is possible to walk only one or two of the mountains but would encourage all three mountains.

For the record The Glass House Mountains were named by Lieutenant James Cook (later to become Captain James Cook) in 1770 as they reminded him of glass factory furnace stacks or Glasshouses back in Yorkshire.

SATURDAY 12th SEPTEMBER NOOSA TRAILS DAY WALK

Leader: Terry Silk 3355 9765.
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill.
Time: 7.00am.
Cost: \$20 (car pool), \$2 (private).
Grading: M23.
Location: Kin Kin – Sunshine Coast
Hinterland.

Web: <http://www.noosa.qld.gov.au/noosa-trail-network>

Emerg Off: Barry Taylor 3378 4813.

Now that we have done all the Noosa Trails, it is time to go back to the beginning. But this time we will do the walks in the opposite direction for a different perspective. Therefore, Trail no. 1 is an undulating 14 kilometre circuit with the least height gain/loss of all the Noosa Trails. (Under 100 metres.) Most of the walk is across dairy paddocks and along country roads with bridges and large stepping stones over the creek crossings. There are a couple of short steep

climbs and two tricky water crossings which I expect will be o.k. by the time of the walk providing we do not have too much rain. As usual the Sunshine Coast Hinterland has had plenty of rain. Consequently, most of the gullies were a little muddy. (I managed to do the pre-outing without getting wet feet.) Naturally, the countryside is looking quite spectacular.

The route of the track has changed a little since we last did it. So, please join me for a walk in my favourite part of our state. (I already have three nominations.)

FRIDAY 18th SEPTEMBER NEST BAR AT THE HOTEL JEN (Formerly called the Roma St Transit Centre) JOHN TOOHEY SOCIETY

Leader: Phil Murray 0416 650160.
Address: 159 Roma Street.
Time: From 4pm till 9ish.
What For: A chat and a beer and a meal.
Emerg Off: Phil Murray 0413 307580.
Web: <http://www.hoteljen.com.au/about-us/photo-gallery/nest-restaurant-bar.aspx>

The Club has a regular gathering in town for a social drink and a chat on a Friday once a month on the third Friday of the month.

For the month of September we are visiting MJs at Roma Street Station which is now called the Nest restaurant and Bar at the hotel Jen Brisbane. We were intending to visit the Caxton but it will probably be a rugby league semifinal night and we won't be able to get near the place. Also we will get to see the updated and remodelled bar and give it an inspection.

So come along for a good night out.

SATURDAY 19th SEPTEMBER COOLANGATTA TO CURRUMBIN DAY WALK

Leader: Phil Murray 5522 9702 or
0416 650160.
Meet at: St Brigid's Car Park,
78 Musgrave Rd, Red Hill.
Time: 8.00am.
Cost: \$20 (car pool), \$2 (private)
+ \$3ish for the bus (bring your
GoCard).
Grading: M11.
Distance: Approximately 14kms.

This year the trip is on again but this year the plan is to do the "Half Nelson" rather than the

“Full Monty”. So we are walking from Point Danger to Currumbin.

We leave Brisbane from Red Hill, park the cars just north of the Currumbin Creek. Then we walk over to the bus stop on the Gold Coast Highway and catch the bus to Coolangatta. We will hop off near the Twin Towns Services Club and we will walk along the Tweed River rockwalls to the end then up to Point Danger.

This year the BOSQ Club has asked to join us and we will have morning tea on the headland at Point Danger while looking for whales in the sea.

Lunch will be at a special spot along the Bilinga Beach.

We will have a longish break at Elephant Rock & Currumbin Beach to admire the sculpture festival called “Swell”. Then we walk along the Currumbin Creek up to the bridge at Thrower Drive. Then walk along the boardwalk back to the beach at Currumbin.

Come along on a lovely easy trip with magnificent views, a spot of art and culture, with a leisurely lunch and swim.

Tide times

Description	Time	Ht
High tide	11.20 am	1.53 metres
Low tide	5.36 pm	0.50 metres

**MONDAY 21st SEPTEMBER
PRE MEETING FISH & CHIPS
SOCIAL**

Contact: Justin Tobin 3366 3193.
Where: Fisherman’s Café,
Cnr Wardell St & Samford Rd.
Time: 6.00pm.

Join us for fish and chips at Enoggera before we head up the hill to the meeting.

**MONDAY 21st SEPTEMBER
MONTHLY MEETING**

Time: 7.30pm – Doors open & meeting starts soon after.
Where: St Michael’s Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)

Web: <http://www.bcbc.bwq.org.au/page4.html>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks. Ask questions of our leaders about their coming events, so that

you can make up your mind as to whether to come on the walk. Nominate for a walk. Nominate to lead an outing. Stay for supper. Bring those recent bushwalking snaps.

**THURSDAY 24th SEPTEMBER
BROKEN HEAD
DAY WALK**

Leader: Phil Murray 5522 9702 or 0416 650160.
Meet at: St Brigid’s Car Park, 78 Musgrave Rd, Red Hill.
Time: 8.00am.
Cost: \$25 (car pool), \$2 (private) + \$6ish for the bus.
Grading: M54 (lots of rock hopping using hands and a few steep climbs).
Distance: Approximately 13kms.

I have wanted to this walk since 1990. Finally I got to do it on pre-outing in mid-July this year and it was absolutely stunning with beautiful blue sky with a brisk westerly breeze to make the contrast between land and see so crisp and clean. It was probably one of the best walks I have ever done – yep – probably one of the best for me - up there with the South Coast Track in Tasmania and the Wollangambeey Canyon lilo trip in the Blue Mountains and even the Thorsbourne Trail. (A question for you to ponder – what is the best bushwalk you have ever done?)

The trip was brought forward a week as the tides need to be low when we do the rock hopping around the headlands. I can highly recommend this trip as it has gorgeous views and lovely secluded beaches and a long imposing beach. Also there is a bit of a challenge with the rock hopping to make it interesting.

The rock hopping requires care as we need sturdy shoes and gloves as the rocks are tilted metamorphic rocks that have jagged sharp edges like Currumbin Rock.

The walk is a real mixture of beach walking and rock hopping around headlands and a few steep climbs up from the beach.

	Approx Dist
Beach Walk along Tallows Beach from Suffolk park to Broken Head	1.5 km
Track walk around Broken Head (called the Two Sisters Track)	800 m
Rock Hopping	300 m

Kings Beach	300 m
Rock hopping	600 m
Brays Beach	400 m
Stairs to Road	300 m
Track to headland at Snapper Rock	300 m
Scramble down ridge	100 m
White's Beach	300 m
Stairs up to road	200 m
Old forestry road	1 km
Beach walk along Seven Mile Beach to Lennox Head – long but a bit boring	7 km
Total Approx Distance	13.1 Km

It will depend on the wind on the day where we have a swim but most likely Whites Beach. (I should note that Kings Beach is also used as a nudist beach by some locals and hence I intend to zip past very quickly.)

We will finish at the Lennox Head shopping centre and not the actual Lennox Head headland. Another day I will do the "Full Monty" walk from Lennox Head to Cape Byron.

The walk is during the school holidays and I hope you can make it. Come along on a lovely medium trip with magnificent views, lots of beach and bush, with a leisurely lunch and swim. As far as I can ascertain the Club has never done this trip before.

Tide times

Description	Time	Ht
Low tide	10.23 am	0.23 metres
High tide	5.13 pm	1.48 metres

I am not sure about the car shuffle as it will depend on numbers on the walk so I will work out the details closer to the day.

**THURSDAY 1st OCTOBER
SHIPSTERN WILDFLOWERS
DAY WALK**

- Leader:** Phil Murray 5522 9702 or 0416 650160.
- Meet at:** St Brigid's Car Park, 78 Musgrave Rd, Red Hill.
- Time:** 7.00am.
- Cost:** \$20 (car pool), \$2 (private).
- Grading:** L34.
- Distance:** Approximately 20kms.

The Broken Head beach walk couldn't go out on this date so we needed another walk. I just love the Shipstern walk which is in my top five walks.

This walk is a great walk for wildflowers and last year there were lots out. There were about 30 species in flower. The walk is mainly through rain forest until we get out to the Shipstern Ridge where there are a huge assortment of wildflowers. Please note we will be doing the full circuit this year whereas last year we did an out and back trip.

It is a wildflower trip but we will be setting a brisk pace to get out there so we can spend more time looking for the botanical treasures so it is not an easy walk.

It is a great walk with great views and lots of wildflowers. Distance about 20 km.

**SUNDAY 25th OCTOBER
SANDGATE TO SCARBOROUGH &
RETURN
BIKE RIDE**

- Leader:** Phil Murray 5522 9702 or 0416 650160.
- Meet at:** Corner Shorncliffe Parade & Allpass Parade.
- Time:** 8.30am.
- Cost:** \$2.
- Grading:** Easy.
- Distance:** Approximately 40kms.

This will be the second bike ride for the year. This is a fairly easy ride along the pathways and bikeways beside the bay.

The approximate distance is about 40 km and I hope to finish before 1 pm.

**UPDATE ON INTERSTATE
TRIPS**

**Grampians Basecamp
The Melbourne Cup Weekend Walk**

Leader Phil Murray
Friday 30th Oct to Tues 3rd November
Fly down to Melbourne, drive out to Halls Gap. We will do 5 days of walking in Victoria's prime bushwalking country.

Staying in Cabins on Friday, Saturday and Sunday night. We stay in a motel on Monday night. This trip is now fully booked out.

Kiama Basecamp
Leader Phil Murray

27 & 28th November 2015

Fly down to Sydney, catch the train to Kiama and do 2 days of beach walking in paradise.

Staying in Kiama Harbour Cabins on Friday, Saturday and Sunday night. This trip is now fully booked out.

Blue Mountains October 2016

I have been very keen to walk in the Blue Mountains to do walks like the Three Sisters and Wentworth Falls and a walk out to the Ruined Castle I was thinking of organizing an event possibly during the October school holidays next year.

PRESIDENT'S REPORT

Spring is just around the corner. Already the wattles have flowered. A highlight for this time of the year is the Toohey Forest Wildflower Walk which includes a visit to Griffith University's Nathan and Mt Gravatt campuses.

A little further in the time horizon is the Club's Retreat on Saturday, 24 October. A Retreat is different compared to a conference in that you do not know what topics the Retreat leader will explore. Usually at a Retreat the Retreat Director will speak on a topic to stimulate you to consider at least one aspect of our relationship with God. This is followed by a quiet time for reflection so as to let the busyness of our lives be set aside so that we can contemplate deeper issues. During these times conversation is kept to a minimum while at lunch normal conversation occurs. A Retreat is time for each individual to communicate with God ... to move closer to God ... to develop a deeper relationship with God. The challenge is to maintain this deeper relationship with God once we return to our normal busy lives.

I would like to remind everyone about the role of the Emergency Officer system. I would ask all leaders and walkers to understand how the system works. For more information see one of the last pages in each Jilalan, labelled "How we organise ourselves". If any leader has difficulty in identifying a person to be the Emergency Officer for their trip, they should contact the Outings Secretary for assistance. The Emergency Officer plays a key role in communications in assisting in the resolution of an incident when things go wrong. Such incidents can involve quite simple events such as car breakdowns to more dramatic issues as a day walk becoming an overnight trip because it has been delayed by the conditions.

In the meantime enjoy each the burst of colour in the bush as spring comes forth.

TREASURER'S REPORT

Balance 15/6/15	\$3727.97
Plus Receipts	\$1171.69
	\$4899.66
Less Payments	\$661.80
Balance 20/7/15	\$4237.86
Term Deposit	\$2752.88

Congratulations to Terri Evetts, Ray Rowe and Gerry Burges who won first, second and third prizes respectively in our last raffle. Our next raffle has a prize of a book set written by Robert Rankin entitled "Beyond The Horizon" and "Secrets of the Scenic Rim" donated by Justin and Susan Tobin. Tickets are a dollar each. Remember, you have to be in it to win it. Sadly, our new club t-shirts will now cost \$35.00.

ABOUT PEOPLE

Marian Arthur, John Carter, Thomas Dobson, Liz Little, Iain Renton and Andrea Turner are celebrating their birthdays in August. Matthew, Kerry, Ethan and Heidi did some walking in the Blue Mountains during the school holidays. John Blumke was joined by his daughter, Melissa, on Trevor's Mt. Mitchell walk. Congratulations to our latest new member, Maria Stalker. Peta-Anne Warwick was an interested visitor at our July Meeting. Recently, we had an enquiry from Leanne Moloney. Visitors are always most welcome on any of our activities.

PAST EVENTS

**CAMP MTN TO DOWNFALL CK
SUNDAY 12th JULY
DAY WALK**

John Hood, Paddy Taylor, Gerry Burges, Sue Walsh, Sophie Ramsay and myself met at Ashgrove shopping centre to meet our taxi which took us to the start of the walk at Camp Mountain.

After checking out Bathersby lookout we headed the old Samford, Dayboro railway easement where we continued and Samford road to the Lomandra picnic in Samford state forest.

We had smoko here, and then set off up a steep ridge up to retreat road then coming down Blue Hills Drive. After some navigational

problems, we eventually found our way to Bunyaville state forest where we had a late lunch.

After lunch we headed through Bunyaville state forest eventually coming out on Chinnook Street. We crossed old Northern road via the traffic walk lights.

We accessed a small amount of green space and walked under Hamilton road. By this time it was getting late and the troops decided that they did not want to do the Chermside Hills walk, so we walked along Hamilton road to the Raven street reserve and Down fall creek to the finish if the walk, arriving there by about 5:15pm. We then hailed our taxi to take us back to Ashgrove where our cars were parked.

Thanks to everybody for coming on the walk and to Justin for organising the logistics. Trev.

**THE THEODORE CLUB
FRIDAY 17th JULY
JOHN TOOHEY SOCIETY**

I didn't make a booking. But I didn't need to as the place was nearly empty and very quiet which is just as we like it. Plus it was indoors and out of the wind. Brisbane had its coldest day for the year. It had a lowest maximum of 16.1 degrees and it was down to 6 degrees at night and apparently it snowed in Queensland that week and the media had a 'field day' trying to get footage of the first snow in Queensland for thirty years. I heard from Michael Simpson that it snowed on Mt Mitchell during this cold spell.

It was a nice convivial evening and we had a lovely time. It was not a fancy pub and didn't have fancy prices – a pie and chips was a bargain at \$7.50 and tasted pretty good.

Liz and Kylie locked in their plans for the Kiama bushwalk. I think the favorite beer for the night was the Tooheys Old.

Those there were :- Phil Murray, Liz Little, John Hood, Jan Nelson, Russ Nelson, Michael Simpson, Karen Franklin, Graham Glasse, Kylie Moore, Also we had a special appearance by Gerry Burges, And for his first visit into town for several years we had a special appearance by Peter Constable.

I had to leave early to attend the Liverpool v Roar "football" game at 'Lang Park'. The singing of the Liverpool supporters' song of "You'll Never Walk Alone" sent a chill down the spine.

Actually the lyrics of the song are actually very relevant to bushwalking as it is a song about walking through storms and staying positive.

*When you walk through a storm
Hold your head up high
And don't be afraid of the dark*

*At the end of the storm
There's a golden sky
And the sweet silver song of a lark*

*Walk on through the wind
Walk on through the rain
Though your dreams be tossed and blown*

*Walk on walk on with hope in your heart
And you'll never walk alone
You'll never walk alone*

"You'll Never Walk Alone" was originally written by Rodgers and Hammerstein in 1945 for the Broadway musical *Carousel*, it was covered by Gerry and the Pacemakers (a Liverpool band) in November 1963 and it was adopted by Liverpool supporters as their team anthem.

As an aside I am pleased to report that there was a few Roar supporters at the game with perhaps as many as 500 out of the 52,000 fans there. The surprise was that the Roar scored the first goal and kept the score respectable at a 2-1 loss.

Russ brought it to the attention of the JTS that the date for the August meeting was wrong as it should be the 21st August not the 14th). Phil.

**SHEPHERD'S WALK
SATURDAY 18th JULY
DAY WALK**

Wow! What a fantastic day! Everything was perfect! After a week of winter weather, the westerlies of Friday fortunately abated to give us a beautifully clear day. Frost was evident on the drive to Beaudesert as well as outside the Museum. With everyone arriving promptly at Red Hill, I was able to collect the money and complete my paperwork before our timely departure for Beaudesert where we met with two more of our group who were also on time. On the way down, near Jimboomba, we saw four hot air balloons; three airborne and one on the ground.

We did not have to wait long before boarding the buses for the trip to the Monument in the Christmas Creek Valley, where, Robin, a member of the Historical Society gave a most informative account of the event which the walk commemorates. (Each year I learn something new. I reckon that the year I stop learning, will be when I will stop doing the walk, though I

doubt it.) We were soon back on the buses to travel back down the valley to the farm where the walk would start. Naturally, once we started walking, people soon warmed up, especially as we started the climb to the saddle on the Gin Broken Range for morning tea. This year the ground and the grass were drier than the last couple of years. I did not see any kangaroos this year but I did see some Galahs and white cockatoos. After a couple of rest and regroup stops we made it to the saddle for a half hour morning tea whilst enjoying the spectacular views. After morning tea it was mainly downhill to the sausage sizzle lunch at the wash pool on the Albert River in the Kerry Valley. The wattle was in bloom but not as prolific as some previous years. Before we could have lunch, we had to negotiate the water crossing. The stepping stones are long gone and you have no choice but to get wet feet. This year I got my boots and socks wet when I jumped into the water to rescue a lady's boot which was floating down the river. Just as I started to cross, the rescue ute arrived after picking up an elderly walker who had become unwell halfway down from the saddle. A lucky few managed to climb in the back of the ute to make the crossing without getting wet feet.

As usual, the lunch was very nourishing and everyone had their fill. This year a record was set for the quantity and variety of homemade cakes and slices. Initially, I was concerned as I could not see where they were hiding. Fearing that there would not be any cakes and slices, I proceeded to concentrate on sampling the three varieties of damper. (Plain, Sultana and Pumpkin.) Fortunately, as if by some sixth sense, I found myself standing by the table when the cakes and slices magically began appearing. As usual the buses left early, thus preventing me (us) from doing justice to all the food as there were still some cakes and slices left. Needless to say, I don't think that many of us were able to eat much for tea that night. As usual it was great catching up with the local volunteers. It was good to see a number of new faces, some of whom were somewhat younger. This year seven other clubs were represented. (A mini pilgrimage of BOSQ, Gold Coast, YHA, Logan and Beaudesert, Albert, Qld. Bushwalkers and Redlands.)

Another record was set this year in the number of fresh landmines (i.e. cow pats) and a number of which were detonated. Whilst walking, it is impossible to look at the ground and the spectacular views simultaneously. Some were

even hidden in long grass. On the drive back to Beaudesert, I saw a pelican on a small farm dam.

For the twenty-eighth time the Beaudesert Historical Society has run a successful event. After all these years, I find it hard to believe that we still have members who have not done this walk. I look forward to seeing you and the regulars on the third Saturday of July next year. My thanks to the nine members and three visitors who joined me. They were Paddy Taylor, Michele Johns and her daughter, Sherryn, Gerry Burges, Ray Rowe, Sofia Ramsay, Sue Walsh, Sandra Goleby (on her second walk with us), Desley Pedrazzini, Renuka Reid, John Hood and Richard Ditchfield on his first walk with us. Two other members were also there, but with other clubs in which they are also members. Phil Murray with Gold Coast and Maria Stalker with YHA. This year there were about 95 on the walk.

Coincidentally, the readings at mass on Sunday after the walk had a shepherd theme.

Trivia note, the price of petrol in Beaudesert was 10c Litre cheaper than Brisbane. Terry.

DINNER & COFFEE NIGHT WEDNESDAY 22nd JULY SOCIAL

Nine people from our club gathered at the Coffee Club, Park Road, Milton on a damp evening which fortunately was not especially cold. The menu offered a wide range of appetising meals and drinks which provided good value for money. The interior of this particular Coffee Club is very pleasant, and includes a large wall decoration featuring the Story Bridge, with the city skyline as background. The atmosphere is quiet and relaxed.

This venue would certainly merit another visit in the future. Free parking is available at the rear of the restaurant. Thanks to Liz, Gerry, Karen and Josh, Kylie, Greg and Michele, Terry, and Graham for supporting this coffee night.

O'REILLY'S FRIDAY TO SUNDAY 24th TO 26th JULY BASE CAMP

On 24th to 26th July a group headed up to O'Reilly's for a "basecamp" come social weekend. Justin and Trevor headed up early on

Friday and did some walking on Friday, before the rest of us arrived after dark. We were staying at Luke O'Reilly's farm, which included the use of Luke's house and Marie's house (the old O'Reilly family homes, complete with family photos on the walls). The houses were great, with beds for 14 and fireplaces in both houses. Some heavy rain overnight caused us to rethink the planned walk which involved creek crossings. On Saturday morning we started off with light drizzle, walking past the cabin and out to Pat's Bluff. The cloud was lifting and we had great views down the valleys. We headed along the escarpment, out onto the O'Reilly's road and then back down to the top of Moran's falls. Morning tea was at the falls lookout and then 3 of us left the group to head back to O'Reilly's, the coffee shop and the farm via the wishing tree track. The main group continued out to Castle Crag and then Lyrebird Lookout, returning via the main border track. A couple of the party decided to come back a little early, but enjoyed the walk along the road so much they just kept going. However, when it got close to dinner time they found their way home.

Saturday night we had a shared dinner at Luke's houses, with everyone contributing to part of the meal. The menu consisted of cheese, dips and crackers, followed by pumpkin soup, beef and chicken casseroles, rice, veges, steamed pudding, apple slices, sticky date pudding, accompanied by wines, cocktails and great company. We do a good feed when we all get together!

Sunday morning we strolled down to Luke's Bluff, some headed back to Brisbane early and others gathered at the café, where, with the cloud around us and light rain, the troops decided that they had done enough walking.

Thanks to Mike Wood, Jan & Russ Nelson, Anne & Bob Irons, Greg & Michelle Endicott, Paddy Taylor, Justin Tobin, Trevor Kelly, Maria Stalker, Sue Wood and Graham Paige for coming along and making it a very enjoyable weekend. Cath.

BLUE MOON AT THE FULL MOON FRIDAY 31st JULY SOCIAL

The Blue Moon certainly put on a show for us on the night with a light halo surrounding it. Most of the seventeen attendees managed to negotiate the traffic and join me for a stroll along the Sandgate foreshores. The new jetty is

a long way off finishing and maybe be ready for the next Blue Moon in 2018.

The Full Moon Hotel is a very efficient establishment with a varied and enjoyable menu. The group mingled to discuss whatever they were discussing and by 8.30pm the number began to dwindle as people drifted home.

Thanks to Karen, Peter, Paul, Russ & Jan, Greg & Michele, Cath & Mike, Chris, Karina & Malachi, John, Kylie, Terry and Trevor for joining me. Michael.

MT MAY THURSDAY 6th AUGUST DAY WALK

What a brilliant day to go walking. The sky was clear, the temperature cool and the wind virtually non-existent. After a brief stop in Boonah for coffee, it was off to the Waterfall Reserve and the drive up that terrible road to the start of the climb. It was 10am before we started climbing the 260m odd to the summit of My May. With the sky being so clear the views in all directions was amazing. Barney looked brilliant in the morning sun. Only Logan's Ridge was visible of the normal Mass routes and it looks almost impossible.

After a brief stop at the top to take those necessary photos we off down to the waterfall. Unfortunately the falls were dry but the resultant dry waterbed made a perfect stop for lunch. After a shortish stop the troops were getting cold so it was time to pack up and head off again.

We were now going into an area that the club has not been before. We headed towards Maroon for a while before heading down nondescript ridges to eventually arrive at the last creek before the normal ascent ridge. The vegetation was delightful throughout with Paddy in her element with all the wildflowers out in bloom.

After a brief scramble we were soon back on the track some 400m from our car.

Thanks to the eight walkers who joined me, Peter, Jonas, Paddy, Julie-anne, Maxine, Terry, Richard and Michele. Michael.

MBS: Guess who has suddenly become one of the last to leave our coffee nights? (Come along to our next one to see if you can work out who it is.)

HOW WE ORGANISE OURSELVES

VISITORS – for general enquiries contact Greg on Ph: 3351 4092.

GENERAL MEETINGS: Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower car park.

VISITORS are always welcome.

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.
- (h) All visitors must sign an Assumption of Risk form for insurance purposes.

EMERGENCY OFFICER: If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

<http://www.bcbc.bwq.org.au/EmergOffSyst.html>

PERSONAL EQUIPMENT: The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MEMBERSHIP FEES - Membership Subscription fees are:

Ordinary Members: \$40; Associate Members: \$30; Spouse Members: \$10.00; Country: \$30.00. Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. There is a \$10 discount for Ordinary and Associate Members who elect to receive an electronic Jilalan only. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

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Federation Mountain Rescue FMR	http://fmrqld.bwq.org.au/	
Archdioceses Web Site	http://bne.catholic.net.au/asp/index.asp	
Parishes	http://bne.catholic.net.au/asp/index.asp?pgid=11463	
Printer: Mylestones Printing, 503 Gympie Road, Strathpine, E-Mail: myprinting@cplqld.org.au Ph: 3881 2881, Fax: 3881 3132.		

For specific enquiries, contact the committee member (from above) concerned.

For Outings or Socials, contact the leader shown in the calendar or article.

Cover: View from Mt Cooee (photograph by M Simpson).

EDITOR'S NOTE

- # As Editor, I reserve the right to alter, amend, move, shorten or not print articles.
- # The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.
- # If you "borrow" any words or image from another source, please acknowledge that source – author, publication, issue, date, publisher.
- # I need your articles on time – it makes it hard to still get articles when I should be formatting.
- # Articles from this publication may be reproduced provided the source is acknowledged.
- # Look at last month's Jilalan and copy that format – especially the "headings" in Comings
- # Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.
- # Type Face is "Arial", Font Size is "12", though Date, Name of Event & Type are "14"

PARK ALERTS & WEATHER

Park Alerts: <http://www.nprsr.qld.gov.au/park-alerts/index.php>

Find a Park: <http://www.nprsr.qld.gov.au/parks/index.php>

Weather:

<http://www.bom.gov.au/weather/radar/>

<http://www.bom.gov.au/qld/>

<https://www.energex.com.au/safety/preparing-for-severe-weather/weather-centre/lightning-tracker>

Search & Rescue:

<http://www.fmrqld.bwq.org.au/overdue.html>

<http://www.fmrqld.bwq.org.au/contact.html>

Emergency Mobile Number While Out In The Wild: Ph:112

If undeliverable return to
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