

JILALAN



The Cougals – Thursday 26 July

Monthly Magazine of The

BRISBANE CATHOLIC BUSHWALKING CLUB Inc

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Under The Guidance of Our Lady of the Way

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JULY 2018

Date	Event	Leader	Phone	Type	Grade
15	JTS – Brewski	Graham	3371 9623	Soc	
15/17	Running Creek Falls (Q)	Michael	0409 620 714	BC	L45
16/17	Vertical Self Rescue Training	Phil	5522 9702	FMR	
17	Launch Dinner for 2CC	Jan	3374 3534	Soc	
17/24	The 2 Cathedrals Camino (2CC)	Russ	3374 3534	BC	L24
18	General Meeting	Greg	3351 4092	Meet	
20	Bardon Shops to Mt Coot-tha	Greg	3351 4092	Stroll	S12
22/24	Wallangarra to Bald Rock (Q)	Michael	0409 620 714	TW	M23
26	Movie Night – Brother's Nest	Greg	3351 4092	Soc	
27	Mt Coot-tha Lookout to Kenmore	Greg	3351 4092	Stroll	S12
29/1	Glen Rock (Q)	Iain	3870 8082	BC	Var
Jul 2	Committee Meeting	Greg	3351 4092	Meet	
4	Coffee Night – HUB Café Kitchen	Michael	0409 620 714	Soc	
8	Savages Ridge (Q)	Michael	0409 620 714	DW	S68
11	Yeronga to Dutton Park Place	Greg	3351 4092	Stroll	S12
13/15	BVRT Trek 4 DQ	BWQ		DW/TW	
14	Vinegar Hill (Q)	Michael	0409 620 714	DW	S34
16	General Meeting	Greg	3351 4092	Meet	
18	Roman'The Seven Hills	Greg	3351 4092	Stroll	S12
20	JTS – London Fields	Michael	0409 620 714	Soc	
21	Shepherd's Walk	Terry	3355 9765	DW	M34
24	Movie Night	Greg	3351 4092	Soc	
26	The Cougals (Q)	Russ	3374 3534	DW ^t	S46
Aug 1	Coffee Night – Six Degrees	Michael	0409 620 714	Soc	
4	Expo Art Walk	Liz	3356 4874	Soc	
5	Montserrat (Q)	Michael	0409 620 714	DW	S47
6	Committee Meeting	Greg	3351 4092	Meet	
9	Lizard Point (Q)	Michael	0409 620 714	DW	M57
11	Kobble Creek Circuit (Q)	Richard	3353 2822	DW	M46
12	GPS Navigation	Phil	5522 9702	FMR	
14/15	Barney Mass (Q)	Greg	3351 4092	BC	S56
14/15	Barney Mass (Q)	Michael	0409 620 714	TW	S56
15	Barney Mass – South East (Q)	Needed		DW	S77
15	Barney Mass (Q)	Greg	3351 4092	DW	S56
17	JTS – Fritzenberger	Michael	0409 620 714	Soc	
18	Club Hut Working Bee (Q)	Iain	3870 8082	DW	S43
18	Toohey Forest Wildflowers	Phil	5522 9702	DW	S22
19	Mt Cooroy	Michael	0409 620 714	DW	S44
20	General Meeting	Greg	3351 4092	Meet	
23	Mt Beerwah (Q)	Russ	3374 3534	DW ^t	S54
25	Archery on the Gold Coast	Russ	3374 3534	Soc	
26	Mt Lindesay Cliffs (Q)	Michael	0409 620 714	DW	S46
Sep 1	Minnages (Q)	Michael	0409 620 714	DW	S47
3	Committee Meeting	Greg	3351 4092	Meet	
5	Coffee Night – Café 63 Wilston	Michael	0409 620 714	Soc	
8	Noosa Trails (Q)	Terry	3355 9765	DW	
14/16	South Stradbroke Island (Q)	Michael	0409 620 714	TW	XL11
15	Brisbane Valley Rail Trail (Q)	Louise	3399 4472	DW	M13
17	General Meeting	Greg	3351 4092	Meet	
21	JTS – Brewhouse	Michael	0409 620 714	Soc	
23	Kate Quinlan Society	Greg	3351 4092	Soc	
27	Western Corridor via the Jacaranda Route	Russ	3374 3534	DW ^t	M12
28/1	Pilgrimage (Q)	Michael	0409 620 714	BC	Var
Oct 3	Coffee Night – Miss Kays	Michael	0409 620 714	Soc	
6	Mooloolah River to Maroochy	Liz	3356 4874	DW	M11

The Calendar is subject to change without notice

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

KEY – Walk Types

DW	Day Walk	BC	Base Camp
ON	Over Nighter	S&T	Safety & Training
TW	Through Walk	SOC/SW	Social/Social Walk
TRN	Training	SP	Spiritual Event
FMR	Federation Mountain Rescue	Q	Qualifying Walk

KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
Short Under 10km / day	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
Medium 10-15km / day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	3 - Intermediate - Suitable for fit beginners. Up to 5 hours walking and/or minor hills
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Intermediate - Suitable for fit beginners. Up to 5 hours walking and/or up to 300m gain/loss
Long 15-20 km per day	5 - Rough or rocky terrain with small climbs using hands or rock hopping	5 - Moderate - Up to 6 hours walking and/or up to 450m gain/loss. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking and/or up to 600m gain/loss. Agility required
Extra Long Over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	7 - High - Up to 8 hours walking and/or up to 750m gain/loss. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required	8 - High - Up to 8 hours walking and/or up to 1000m gain/loss. High fitness. Endurance and agility required
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	9 - Challenging - Up to 12 hours walking and/or over 1000m gain/loss. Very high fitness. Endurance and agility required

Example: M48 is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

PRAYER OF THE MONTH

God let us be serious.
Face to face.
Heart to heart.
Let us be fully present.
Strongly present.
Deeply serious.
The closest we may come
to innocence.
Amen
(Source: Leunig 1990)



COMING EVENTS

TRIPS leave from St Brigid's car park at 78 Musgrave Rd, Red Hill.

The "**Leaders Guide**" is on the web at:
<http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html>

Leaders: Print your own Event Nomination Form from the Club's web site.

A reminder to visitors that you are required to do 2 walks before Committee officially declares you a Member of the Club.

LEADERS

If you make changes to your walk, such as date, where, or cancel it – please tell Michael Simpson 0409 620 714.

**SATURDAY 14th JULY
VINEGAR HILL
DAY WALK**

Leader: Michael Simpson 0409 620 714.
Meet at: St Brigid's Car Park,
78 Musgrave Road, Red Hill.
Time: 6.00am.
Cost: \$25 (car pool) \$2 (private).
Grade: S34.
Emerg Off: Greg Endicott 3351 4092.

Vinegar Hill is a 393m hill in the Lockyer National Park some 15kms from Helidon. We will drive west to Helidon before turning north to our starting point. We will then follow old tracks down to Lilydale Creek which is attractively dotted with tree fern. We will then go off track for some distance as we climb to the ridge that leads to Vinegar Hill.

After a short break we will wander back to where we reached the ridge and follow another track back to the main road and back to our cars.

There will not be a pre outing done on this walk so it will all be exploratory. The distance of the walk is only about 8kms with some climbing.

**MONDAY 16th JULY
MONTHLY MEETING & GUEST
SPEAKER**

Contact: Greg Endicott 3351 4092
Time: 7.30pm – Doors open & meeting starts soon after.
Where: St Michael's Parish Hall,
250 Banks St, Dorrington (in the lower carpark behind the church.
Drive down the ramp at the left.)
Web: <http://www.bcbc.bwq.org.au/page4.html>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk.

Nominate for a walk.

Nominate to lead an outing.



**PRESENTATION AND COLLECTION
OF RESPONSE TO PLENARY 2020**

Presenter: Russ Nelson 0427 743 534 or
3374 3534.

The Australian Catholic Church is holding a Plenary Council which will meet twice – October 2020 and early 2021. The Plenary Council is a formal meeting of the bishops and other representatives of all the dioceses and eparchies of the Catholic Church in Australia. Its purpose is to discern what God is asking of us in Australia at this present time. While the church should be asking that question continually, a Plenary Council is a particularly graced instrument for seeking the Holy Spirit's guidance. And it has the authority to make church laws on the results of its discernment.

Although in the end it will be the bishops who will vote on any future directions for the church in Australia, they will be making those decisions in the light of listening to the Holy Spirit speaking through the voices of any of the faithful who wish to speak around Australia. This makes the Plenary Council 2020 different from the last one in 1937. Everyone has a chance to participate and to express whatever the Spirit is saying to them in their heart. This is an opportunity for members of BCBC to make their views known. There are no right or wrong answers. The process is designed to gather your reactions to -

- 1 What do you think God is asking of us in Australia at this time?
- 2 What questions do you have about the future of the Church in Australia that you would like the Plenary Council to consider?
- 3 Would you like to share a story about your experience of faith or of the Church in Australia that has shaped you?

It is expected that this will take up to an hour of the usual meeting. If you wish you can submit material after the meeting. For more information see

<http://plenarycouncil.catholic.org.au>



**WEDNESDAY 18th JULY
ROMAN' THE SEVEN HILLS
STROLL**

Leader: Greg Endicott 3351 4092.
Meet at: Morningside Railway Station – Outbound side.
Train: Cannon Hill, Manly, Wynnum, Cleveland (Do not get the Express).
Time: 4.00pm.
Cost: Free.
Distance: 8km @ 2 hours.
Grade: S12.
Web:<https://www.google.com.au/maps/@-27.4775663,153.0755523,16z/data=!5m1!1e4>
Emerg Off: Greg 0418 122 995.
Bring this number with you.

Bring a Torch

This stroll we did as a day walk some years ago – though now shortened to fit it into the late afternoon. See all Seven of them: Esquiline Hill, Viminal Hill, Caelian Hill, Aventine Hill., Quirinal Hill, Capitoline Hill & Palatine Hill. Try and find them on the map – link above. I'm sure you won't. Thus, you will have to come on this Stroll to see them for yourself.

This stroll begins and ends at Morningside Station. After walking down Richmond St and through the bushland tracks of Seven Hills Reserve, we will visit all of the seven hills, named in subdivision of the 1890s after the Seven Hills of Rome, before making our way back to the station.

**FRIDAY 20th JULY
LONDON FIELDS
JOHN TOOHEY SOCIETY**

Leader: Michael Simpson 0419 620 714.
Address: 3/404 Montague Road, West End.
Time: From 4pm till 9ish.
What For: A chat and a beer and a meal.
Web:<https://www.facebook.com/londonfieldsbne/>

The Club's monthly informal get together for July is an old favourite, London Fields. Well it not actually and old favourite as we went there for the first time last year. We loved it so much we are returning this year.

Phil described it last year as follows: "London Fields is a cool white English-style gastro-pub

tucked away in a revamped retro building in an off-the-beaten track corner of West End."

Transport from the City is on Bus Route 60 (Blue CityGlider) which goes down Adelaide Street and stops along Montague Road.

<https://translink.com.au/sites/default/files/assets/timetables/161212-60-cityglider.pdf>

So join us for a great way to spend a Friday evening.

**SATURDAY 21st JULY
SHEPHERD'S WALK (Q)
DAY WALK**

Leader: Terry Silk 3355 9765.
Meet at: St Brigid's Car Park, 78 Musgrave Rd, Red Hill.
Time: 6.45am.
Cost: \$10 + \$20 (car pool), \$2 + \$20 (private).
Grading: M34.
Location: In the Kerry Valley near Beaudesert.

Web:<http://beaudesertmuseum.org.au/main/component/content/article/1-latest-news/75-shepherds-walk.html>

Emerg Off: Carol Kelly 3269 4795.

This event is run by The Beaudesert Historical Society. They provide the Leader and Tail End Charlie. There are usually over one hundred walkers on the event and the pace is determined by the slowest walker as there is a great range of fitness and ability. Numerous rest breaks are taken and we have morning tea, (which you need to bring), on the saddle of the Gin Broken Range before we commence our descent to the famous Sausage Sizzle Lunch which The Historical Society provides.

During the walk excellent views of the surrounding countryside can be had. A number of areas in which we walk can be seen. As usual, the countryside is looking quite spectacular. (So don't forget your camera.)

I believe that all our members are capable of doing this short walk and it is my wish that all our members do it at least once. You should not delay doing this walk as I do not know how many more years it will be staged, particularly as many of the volunteers are quite elderly.

Even though this is a short walk (about three and a half hours) it is mainly off track with some long grass and uneven ground along with a steepish climb followed by a descent. At the

end of the walk there is a water crossing where, unfortunately, you will get your feet wet. (The fact that I continue to do this walk even though I get wet feet, speaks volumes about how great I think this walk is.)

The Sausage Sizzle Lunch is supported by the famous damper and syrup washed down with tea, coffee, cordial or water. There is usually plenty of food including some home baked cakes and biscuits. (The cakes and biscuits are sometimes hidden, but if you watch me, you should not miss out.)

The Historical Society provides the busses to take us to and from their complex in Beaudesert to a monument in the Christmas Creek valley where a short informative address is given on the significance of the Shepherd's Walk and the era of Chinese shepherds in the area. Then the busses take us a little way down the valley to where the walk starts. After lunch, (all too soon), the busses return us to Beaudesert, thus allowing us to return to Brisbane before dark. No coffee stop is made as usually, everyone is too full.

I highly recommend this walk as The Historical Society is famous for their country hospitality, the views are spectacular and the food is most enjoyable. What more could you want? The Historical Society does an excellent job of running this event. They charge \$20.00 for the bus trip and lunch and our club charges \$10.00 for car-pooling. Children are half price and non-walkers can wait at the lunch spot. I am sure that you will enjoy interacting with walkers from other clubs and areas. This walk has become an annual event for our club. The Historical Society has been running this walk for over a quarter of a century.

You will have to bring your own morning tea and water. Also, most importantly, you need to nominate ASAP as numbers are needed for catering purposes. I look forward to your company on the day which I am sure you will enjoy.



TUESDAY 24th JULY NEWMARKET CINEMAS MOVIE NIGHT

Leader: Greg Endicott 3351 4092.
Meet at: Schnitz Bistro, Downstairs at Plaza Level, in the Shopping Centre, Cnr Enoggera and Newmarket Rds.

<http://www.newmarket-village.com.au/>

Transport: <https://translink.com.au/>

Time: 5.30pm for dinner.

<https://schnitz.com.au/menu/>

6.30pm for the movie.

[https://readingcinemas.com.au/lo](https://readingcinemas.com.au/locations/theatre/newmarket)

[cations/theatre/newmarket](https://readingcinemas.com.au/locations/theatre/newmarket)

Location: Inner Northern suburb.

Emerg Off: Greg Endicott 0418 122 995.

Bring this number with you.

Reading Cinemas have a one price (no concession or discount) of \$10. There is ample parking below in the basement. The food court is at ground level and the theatres are above the food court.

Meet us at Schnitz Bistro about 5.30pm where we will choose a movie to see. The starting times range from approx. 6pm to 7.30pm. As you are aware, theatres never advertise their programmes in advance, so I cannot tell you what will be on in 2 weeks' time. Look up the web, see what's on and come along to help us decide.

People may want to see different movies. Wait around afterwards for coffee to de-brief what we all saw.

THURSDAY 26th JULY THE COUGALS DAY WALK

Leader: Russ Nelson 3374 3534 or 0427 743 534.

Meet at: Option A:
St Brigid's Car Park,
78 Musgrave Road, Red Hill.
Option B:
McDonald's,
The Pines Shopping Centre,
Elanora, Gold Coast – exit the
Pacific Motorway at Exit 93.

Time: Option A: 6.30am.

Option B: 8.15am.

Cost: \$25 (car pool) \$2 (private).

Grade: M44.

Emerg Off: Greg Endicott 0418 122 995.

This walk follows the border fence line to the twin summits of Mt Cougal. To begin the walk we enter Garden of Eden Road.

The distinctive rhyolite twin peaks of Mount Cougal are on the QLD/NSW border in the Upper Currumbin Valley. They are in an area which is rich in resources and abundant water that attracted the first Europeans. Settlement of the lower Currumbin Valley began in the late 1860s and reached the upper valley in the late 1920s, forcing the Yugambeh (the local indigenous people) to move to reserves or become fringe dwellers on the outskirts of nearby townships. A small community of hardy settlers coped with the rugged terrain, many creek crossings that frequently flooded, poor roads, little capital and geographic isolation from markets and stores.

There are excellent views from the top! Please contact me if you have any questions.

WEDNESDAY 1st AUGUST DINNER & COFFEE NIGHT SOCIAL

Leader: Michael Simpson 0409 620714.
Meet at: Six Degrees, 4/30 Station Road, Indooroopilly.
Time: 6.00pm for dinner or 7.30pm for coffee.
Cost: Your choice.
Web: <http://sixdegreesindooroo.wixsite.com/mysite>

This month we are heading to a new café recommended by Russ. The café offers Aussie tucker with an Asian twist. So either join me for a meal and coffee or just coffee.

SUNDAY 5th AUGUST MONTSERRAT/UPPER PORTALS DAY WALK

Leader: Michael Simpson 0409 620 714.
Meet at: St Brigid's Car Park,
78 Musgrave Road, Red Hill.
Time: 6.00am.
Cost: \$25 (car pool) \$2 (private).
Grade: S47.
Location: Mt Barney National Park – Grace's Hut.
Web: <http://www.aussiebushwalking.com/qld/mt-barney/upper-portals>
Distance: 9kms.
Ht Gain: 683m.
Emerg Off: Greg Endicott 3351 4092.

This is a great area to visit anytime but it is special during the winter months. The temperatures are down but the views of Barney from Montserrat are gorgeous as they are not too spoilt by the summer haze. The Upper Portals are magical with a narrow gorge spreading out to several pristine pools which are all so inviting. We will leave Brisbane early to avoid the traffic and allow us plenty of time to enjoy the day.

We park our cars at Cleared Ridge where Montserrat should be visible and follow the well-worn track down to Yamahra Creek and Grace's Hut. From the creek we wander up a road and then a bush track to the amazing lookout at Montserrat. The ridge is gentle with flat spots appearing whenever you start to feel tired. The views of Barney from this vantage point have to be seen as describing the view is never enough.

After tearing ourselves away we will now follow another bush track to the junction of Yamahra and Barney Creeks. From this junction it is but a short stroll to the Upper Portals and the compulsory swims. After retracing our steps to the junction we will follow the gentle track back to our cars.

So ring me to discuss the walk. Unfortunately the numbers on the walk will be limited by the number of 4WDs going as the road to Cleared Ridge is unsuitable for 2WDs. Don't forget to bring the usual equipment for a day walk, water, food etc.

THURSDAY 9th AUGUST LIZARD POINT DAY WALK

Leader: Michael Simpson 0409 620 714.
Meet at: St Brigid's Car Park,
78 Musgrave Road, Red Hill.
Time: 6.00am.
Cost: \$25 (car pool) \$2 (private).
Grade: M57.
Location: Main Range National Park – Teviot Gap.
Distance: 13kms.
Ht Gain: 675m.
Emerg Off: Greg Endicott 3351 4092.

This is one of the great walks in southeast Queensland. The views from the top of the Steamers and the Fassifern Valley are amazing.

The walk starts from The Head and follows a rough bush track virtually all day. Initially we will be in farmland before entering scatterings of rain forest. After wandering along creek banks we start the climb up Middle Ridge to the flanks of Mt Roberts. It is here we get a great view of the Steamers. Then it over Roberts down a small cliff line before reaching Lizard Point. After a break we retrace our steps to the cars.

This is not a hard walk but it is basically all along bush tracks, involves significant height gain and there is a small cliff line you need to get over. But the views are worth the effort. Don't forget to bring the usual equipment for a day walk, water, food etc.

Ring me to discuss the walk before nominating.

SATURDAY 11th AUGUST KOBBLE CREEK CIRCUIT DAY WALK

Leader: Richard Johns 3353 2822 or 0409 871 641.
Meet at: St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time: 7.00am.
Grade: M46.
Cost: \$10.00 (car pool), \$2 (private).
Location: North of Mt Glorious.
Emerg Off: Michele Johns 0414 635 542.

Middle Kobble Creek Bush Camp is a picturesque camping area beside Kobble Creek at the top of Kobble Creek Falls. It is walk in only with no facilities other than some log seats around a fire pit. It is a beautiful place to camp on a clear night. This will be the mid-point of our walk and a pleasant setting for lunch.

We will leave Red Hill at 7.00am and drive directly through Mt Glorious to the car park at Lepidozamia Rd. From the car park, we will walk roughly north along the track for about 3 kilometres until we come to a shelter and log seats, a good spot for morning tea.

After smoko, we continue along the track for another kilometre before turning right. From this point, we descend steeply (about 250 metres in 2 kilometres) to the bush camp where we can down packs, eat lunch and explore the falls.

After lunch, we will return via the Middle Kobble Break which takes us back to Lepidozamia Rd near the shelter where we had morning tea.

Hopefully, the coffee shops at Mt Glorious will still be open for some refreshments on the way home.

WEDNESDAY 15th AUGUST BARNEY MASS Exhibition Wednesday OVERNIGHTER Tues 14th & Wed 15th And DAY WALK Wed 15th

Leader: Michele Endicott 3351 4092.
Meet at: St Brigid's Car Park, 78 Musgrave Rd, Red Hill.
Nominate by: Saturday 11th August
Time: 5.15am at Red Hill for Peasant's Ridge, 7.00am at Yellowpinch – for Peasant's Ridge.
Cost: \$20 (car pool), \$2 (private).
Location: 28° 16' 56.35"S; 152° 43' 58.12"E.
Web: <http://www.npsr.qld.gov.au/parks/mount-barney/index.html>
Emerg Off: Greg Endicott 0418 122 995. I will be staying at Mt Barney Lodge from Tues evening and there is no signal.

Whatever option you choose, please let me know.

Mobile Phone Signal: Part way along Upper Logan Rd, mobile phone signal drops out. I will be staying at Mt Barney Lodge where there is no signal.

THE LOGISTICS:

Anyone with medium fitness can to do this walk, especially Peasants (South) Ridge.

Everyone in the Club should attend at least one Barney Mass in their career, and we are not getting any younger so now is the appropriate time.

If you cannot make it to Red Hill on Wednesday morning or to Yellowpinch, let me know as this should not be an obstacle to you experiencing a Barney Mass.

Visitors, family, friends, past members, older children & their friends are all welcome.

We have 4 choices for transport there –

1. Go Tuesday evening and stay/camp in the Mt Barney area – this is becoming the more popular option.
2. Go down independently on Wednesday morning (picking up friends along the way perhaps),

3. Leave from Red Hill at 5.15am on Wednesday,
4. Go with the Club Wednesday morning and be picked up along the way.

Option 1: Some of us stay at Larkin's Mt Barney Lodge, 1093 Upper Logan Road, Barney View, 07 5544 3233,

info@mtbarneylodge.com.au I have booked The Forrester's Hut so nominate early to get your place. Space is limited. There is no Club transport for this option. You should try to get a car load of walkers yourself so that you are not driving alone. The Club is not arranging the Tuesday evening travel or accommodation – you need to nominate to me and pay your share of the hut. Provide all your own food and sleeping gear. It is booked for Tuesday and Wednesday nights. There is a kitchen and a BBQ for your meals.

Option 2. Arrange with friends, pick up each other along the way and head off down the highway. However, you have to know the way to the Yellowpinch parking area. This is where the GPS helps. Arrange among yourselves where to meet. You have to leave the western outskirts of Brisbane 90 minutes prior to your walk commencing. No stopping along the way. Reimburse the driver yourselves.

Option 3: We can have a driver pass through St Brigid's if we know you will be there. Make sure you tell me you want a St Brigid's Red Hill pickup – if no one tells me I won't arrange a car to go past.

Option 4: being picked up can be arranged – with members living all over the place the aim is for you to drive to a central location out in the suburbs along one of the roads that lead to Barney. So, unless you do not have a car, you will have to meet at a central spot. I will tell you where to meet – it won't be at home but will be along the way between the city and Beaudesert.

The Red Hill option will leave at 5.15am for the Peasant's walkers – too late for the other Ridge walkers. It is approx a 2 hour drive.

Those travelling independently must be at the Yellowpinch Car Park in time for their walk's departure. Walks of this nature cannot leave Yellowpinch late.

Look at the web site:

<http://summitstories.blogspot.com/2009/05/mt-barney-south-east-queensland.html> and

read the general details, and those specifically about South Ridge.

Could all walkers doing the Barney Mass please nominate to me so that I have a full list of:

1. who to expect,
2. how they are getting down,
3. do you need help getting to Yellowpinch,
4. what time leaving Brisbane,
5. what day are they coming,
6. who they are coming with,
7. what ridge you are doing,
8. your mobile number, and
9. who is leading your party.

What to bring:

Mt Barney is a unique mountain which creates its own weather.

Bring the normal items: morning tea, lunch, goodies, hat, camera,

Plus: rain protection, torch, something to keep you warm, more water than normal, good shoes with good grip, torch. Did I say "a torch".

And: good night's sleep Monday; early to bed Tuesday; a decent breakfast Wednesday; an open mind; willingness to put up with conditions and a sense of humour.

THE WALKING:

SOUTH (*Peasant's*) RIDGE

Leader: Greg Endicott 3351 4092.

Meet at: The Yellowpinch Car Park
OR St Brigid's Car Park,
78 Musgrave Rd, Red Hill.

Time: At Yellowpinch
Carpark at 7.00am
OR 5.15am at Red Hill

Cost: \$20 (car pool), \$2 (private).

Grading: M55.

Location: 28° 16' 56.35"S; 152° 43' 58.12"E

Web: <http://www.npsr.qld.gov.au/parks/mount-barney/index.html>

Nominate by: Saturday 11th August

Walk Times: 7.00am at Yellowpinch

Web: http://www.everytrail.com/view_trip.php?trip_id=335188

Emerg Off: Greg Endicott 0418 122 995. I will be staying at Mt Barney Lodge from Tues evening and there is no signal.

The walk starts with the climb along the road over the Yellowpinch Ridge – a short sharp walk uphill along an eroded road. We then follow the road along the flats and over/through the toe deep Logan River. The party stays on

the road another 15 minutes, then branches off onto a degraded and washed out minor road. This heads gradually uphill for 60 minutes through open eucalypt, and some rainforest, and then flattens out. Past storms have caused minor landslides and eroded out the few gullies.

At the end of this trail the track then takes a sudden right turn and then goes up and up and up Mt Barney proper. The track is steepish, is dirt or rock (or even boulders) amongst eucalypt; though eroded in places. National Parks have put in new stretches of track around the worst bits. It is a constant up with a few flat places on the ridge and several good lookouts along the way.

Half way up there is a 6m steeply inclined rock slab to get up – but there is a crack in the rock to use as hand & foot holds. The oldies will help you over this obstacle. Soon after there is a chimney (a large crack in the rock a person can fit in) to go up – just like going up a steep set of steps.

Finally you go down a bit and into Rum Jungle, which is the rainforest covered saddle. You go through this to the flat sunny rock slab where we will have lunch, before partly heading up East Peak – about 200m. Then a bit of bush bashing to get to our rock which is the Mass site – well-hidden on the unused side of East Peak.

All this is about a 700m climb taking 4 to 5 hours. We have lunch first, then Mass at 12.45pm.

Everyone comes down South Ridge (Peasants) - it is the reverse of going up – just that it takes only half the time. The steep bits are manageable. The “steps” are steep and the rock slab you can sit on to work your way down. Going down can be a bit tricky and slow if the track is wet.

The walk out on the trails and road, for the slower ones, could end in the twilight. So ensure you bring a torch.

SOUTH EAST RIDGE

Leader: Please Volunteer ASAP.
Meet at: Yellowpinch Car Park.
(No St Brigid's option)
Time: 6.45am
Grade: M56.
Cost: \$20 (car pool), \$2 (private)
OR reimburse your driver.

Location: South west of Brisbane near the NSW border.

Web: <http://summitstories.blogspot.com/2009/05/mt-barney-south-east-queensland.html>

Emerg Off: Greg Endicott 0418 122 995. I will be staying at Mt Barney Lodge from Tues evening and there is no signal.

You walk for half an hour along the old timber road, perhaps getting your feet wet when crossing the Logan River (really a small creek) just before leaving the road. The unformed trail now follows the ridge through the undulating open eucalypt foothills – a series of ups and downs until you get to the ridge proper.

There is a small 2m cliff to get up at the start of the real climb. Then you are going up a 30° or more ridge for the rest of the way. Of course, there are flatter sections and steeper sections. A lot of the way is through rocks in long grass, low scrub, and rock slabs. There are a few rock gullies to cross. And another small cliff to get up. At one point you are walking for a few minutes beside the edge of and above the 300m cliff of the East Face. After several false tops and some wading over rock slabs and minor cliff lines, you reach the top. Here you are welcomed to stunning 360° views of all the surrounding mountains, peaks & hills.

Then you have to make your way down to the saddle and the Mass site. There is a brush trail to follow; now a bit overgrown with low scrub, and some well used cliffs, slopes and slabs to come down.

The total height gain on this ridge is 1000m and you get to the top of East Peak – the top of Mt Barney. It takes about 5 hours, with a further 1 hour to the Mass site, approx 300m lower.

The way back to the cars is via South (aka Peasant's) Ridge.

If anyone wants to do another ridge, please let me know.

Another Walk, But Not Up Barney

Leader: Greg Endicott 3351 4092.
Meet at: The Yellowpinch Car Park
Time: 7.00am
Grading: M33.
Location: 28° 16' 56.35"S; 152° 43' 58.12"E
Web: <http://www.nprsr.qld.gov.au/parks/mount-barney/index.html>
Nominate by: Saturday 11th August

Web:http://www.everytrail.com/view_trip.php?trip_id=335188

Emerg Off: **Greg Endicott 0418 122 995. I will be staying at Mt Barney Lodge from Tues evening and there is no signal.**

I will be wandering along the foothills of Barney along the old dirt track. Will head towards the Cascades. It is all along an old road (the original Mt Lindesay Coach Road before the current bitumen one was made). It starts out in open forest and makes it way through rainforest. If you are quite, you will see the birdlife of the mountains. This walk is a more relaxed gentle walk for those with tired bones. Lunch is at the Cascades.

Whatever option you choose to take to get to Yellowpinch on whatever day, and which route you choose to get to the top, let me know. We need to know for safety reasons who are on the mountain, where and when.

**FRIDAY 17th AUGUST
FRITZENBERGER
JOHN TOOHEY SOCIETY**

Leader: Michael Simpson 0419 620 714.
Address: 52 Petrie Terrace.
Time: From 4pm till 9ish.
What For: A chat and a beer and a meal.
Web: <https://fritzenberger.com/>

This is another new venue for us. The venue's publicity describes itself as "You've found your way to Fritzenberger frites and burger brew pub. We do frites. We do burgers. We also brew beer. It's pretty Fritzensimple, really." I think that says it all really.

Check out their website for their pretty extensive list of beers and food. See you there.

**SATURDAY 18th AUGUST
CLUB HUT WORKING BEE
DAY WALK**

Leader: Iain Renton 3870 8082 or 0401 429 085.
Meet at: St Brigid's Car Park, 78 Musgrave Rd, Red Hill.
Time: 6.30am.
Cost: \$20 (car pool).
Grading: S43.
Location: Mt Barney area.
Emerg Off: Kerry Mulligan 3876 8125.

We will be going in for the day to do some work on the hut. The main task will be to make sure that the hut and its surrounds are fully prepared for any possible bushfire season. There are a range of jobs to do from removing lantana and weeds, cutting grass, clearing roof gutters, cleaning, painting and carpentry.

It is such a lovely spot and a day there, whatever I am doing, always lifts the spirits. Some people work most of the time, while others will do some work then relax a bit and go for a walk to the Lower Portals (even a couple of hours of work is better than none). I suspect that at this time of year nobody will be braving the cold waters for a swim. As well as your usual day-walk stuff, secateurs and gardening gloves could be useful. Join me for a convivial and invigorating day helping keep the hut in good shape.

**SATURDAY 18th AUGUST
TOOHEY FOREST WILDFLOWERS
HALF DAY WALK**

Leader: Phil Murray 5522 9702 or 0416 650 160.
Meet at: Toohey Forest Carpark on Toohey Road at Nathan. UBD ref Map 200 – ref D1.
Time: 8.30 am.
Cost: \$2.00.
Grade: S22.
Distance: Approximately 9 km.

Toohey Forest is a remnant patch of bushland in the middle of suburbia. We will start on the western side of the forest and walk through to the eastern side. The main purpose of the day is to look for and identify the wildflowers. In particular we should see many pea flowers, several wattles and a few boronias.

We will also have a quick look at the university grounds and zip up to Mt Gravatt to enjoy the views over Brisbane. I intend to have morning tea up there. (We won't be having lunch at the Cafe there as last time we had lunch there they took hours to serve the meals.)

Although it is an easy wildflower walk there are still a few hills and gullies to wander up and down. Make sure you bring the usual day-walk stuff. Because of the early start the expected finish time is 12.30 ish. So there is no need to bring lunch.

If anyone needs to use Public Transport to get there – I can pick people up from the Holland

Park bus station. Please ring and I will arrange a time to pick you up.

It is a nice little walk in the heart of Brisbane and is worth the effort to get out and see the bush and the little wildflower treasures.

SUNDAY 19th AUGUST MT COOROY DAY WALK

Leader: Michael Simpson 0409 620 714.
Meet at: St Brigid's Car Park,
78 Musgrave Road, Red Hill.
Time: 5.00am.
Cost: \$25 + \$10 Entry Fee (car pool)
\$2 + \$10 Entry Fee (private).
Grade: S44.
Location: Sunshine Coast near Cooroy.
Distance: Approximately 3kms.
Ht Gain: Approximately 300m.
Web: <http://www.cooroyrotary.org.au/index.php/cooroy-mountain-spring-festival>
Emerg Off: Greg Endicott 3351 4092.

Mt Cooroy is a 438m mountain in the Sunshine Coast Hinterland. It lies on private land and is therefore very difficult to get permission to climb. The Cooroy Mountain Spring Festival is organised by the Rotary Club of Cooroy every year and part of the festival is the opportunity to climb Mt Cooroy.

You can climb the mountain between 6.30am and 3.00pm and as 2,000 people are expected to climb on the day I would like to start as early as I can. It should only take about 2 hours to complete the climb and then you can then take advantage of the festival. Or go home, or go to the beach or climb another mountain.

Don't forget to bring the usual equipment for a day walk, water, food etc.

MONDAY 20th AUGUST MONTHLY MEETING

Contact: Greg Endicott 3351 4092
Time: 7.30pm – Doors open & meeting starts soon after.
Where: St Michael's Parish Hall,
250 Banks St, Dorrington (in the lower carpark behind the church.
Drive down the ramp at the left.)
Web: <http://www.bcbc.bwq.org.au/page4.html>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk.

Nominate for a walk.

Nominate to lead an outing.

PRESIDENT'S REPORT

Assumption of Risk Form

Nominate for Outings

Now that we are in the good walking season it is timely to remind members about some safety features that we have adopted over the years.

On all outings, no matter how simple or easy they sound, please bring what we call "the usual stuff" – a torch, first aid kit, rain protection, warm or windproof clothing, medication, hat, sufficient water for the current weather and terrain, sufficient food plus spare, a charged-up mobile phone and contact numbers for your next of kin and that of the Emergency Officer.

Anything can happen out in the bush – car troubles, accidents, injury, weather problems such as flash floods or fires, inadvertently taking the wrong track (ie: getting lost), and more usually the slow walker. Walks are not guaranteed to finish by dark – especially in winter. Any hic-cup can cause a delay and that delay may be an overnight out.

So, be prepared for temperature drops, need for more food & water than expected, the next day's medication, to share your first aid supplies, and more. I, for one, have been on Club walks where pretty well all the above "emergencies" have occurred. They do happen to a well organised club like ours. And on the simplest of day walks. We are not getting any younger so the problems may increase in ways we have not yet experienced. Be prepared – it makes life easier for everybody.

An innovation we have just introduced is the "Emergency Contacts & Medical Information" form. This was in the May electronic Jilalan and is in this Jilalan as well. Phil has written an introduction elsewhere in this month's magazine. I encourage everyone to complete it as soon as possible, put it in a sealed marked envelope and to carry it in your pack in a waterproof zip lock bag. It is there so that if you are injured and cannot speak, the leader or someone responsible near you can find it and either tell Triple Zero your medical history or to hand it to the ambulance officers unopened. It

will save your life. The Club age group is getting older so we now have medical conditions that do not appear obvious but which can fell us without warning. This form will never be used for most of us and will stay sealed in our pack. For that matter, it is handy to have another in the car's glovebox and in your everyday pack as you are most likely to drop to the ground away from a walk.

And speaking of Triple Zero – have we installed the “Emergency+” App on our phones. Yet again, it is the best way for the Emergency Services to find us when called when we are out bush, or in a car accident, or collapse in the street or at home. Yet again, not only good while walking, but excellent in every day life. Your loved ones might benefit if you make the call. Get it from your Apps Store. <https://www.triplezero.gov.au/Pages/EmergencySmartphoneApp.aspx>

And while on the topic of delayed walks, let those at home know where you are going when out on a Club walk or other event. Point out the event in the latest Jilalan and leave it lying about home in an obvious place. If you are back late, they will know who to ring – the Emergency Officer after trying your mobile or that of the Leader. It is a wise move to let someone know where you are and the contact number for the event. That proverbial bus might hit you even on a Social. Remember, the most dangerous of any event is the drive there and back.

We have an “Emergency Officer System” which is described at the back of the magazine in “How We Organise Ourselves”. This is the boring section of Jilalan that no one reads. Have a read of it this month.

And please, nominate at least 4 days in advance for walks. This gives the Leader certainty – that the walk will go ahead, advise you of any changes or cancellation, and just as importantly to arrange transport. The nominated drivers need to fill up the car the day before at a minimum. If you can no longer attend the walk, ring the Leader as soon as you can to advise such. It is not a courtesy – it is good planning.

Lastly, I hope Leaders are printing off the Club website the “Acknowledgment of Risk” form and having all visitors and un-financial member complete it before the walk leaves the carpark. It is an essential piece of paperwork. We do

need it. It complements our insurance policy and is required.

[http://www.bcbc.bwq.org.au/Acknowledgment%20of%20Risks%20and%20Obligations%20of%20Temporary%20Members%20\(Visitors\).pdf](http://www.bcbc.bwq.org.au/Acknowledgment%20of%20Risks%20and%20Obligations%20of%20Temporary%20Members%20(Visitors).pdf)

Thanks for your attention.

TREASURER'S REPORT

Balance 16/4/18	\$5118.99
Plus Receipts	\$1504.52
	\$6623.51
Less Payments	\$4136.76
Balance 18/6/18	\$2486.75
Term Deposit	\$2871.01

I am still selling tickets in our first raffle for the year. It has two prizes with the first being a set of Adventure Ridge Walking Poles and the second being a Crane fast drying 60cm x 1.2m Hiking Towel in a zippered pouch. Tickets are still a dollar each and of course you have to be in it to win. Terry.

ABOUT PEOPLE

Barry Crawford, Heike Krausse, Stephen Mitchell and Allan Schmidt are celebrating their birthdays in July. Phil and Sue Murray have just returned from a holiday in Europe. Allan and Paulette Schmidt recently returned from a trip to Carnarvon George.

The Club extends its sympathy to the family of Christine Harrison following her recent death.

OUTINGS REPORT

You will find the new Medical Form accepted by Committee inserted into this month's Jilalan. Please read it carefully before completing and always carry it with you. Maybe leave it in your pack permanently.

Secondly you will see below that I will be shortly looking at next year's calendar. Your input is important to me so please send me a list of walks you would like to see in next year's calendar.

Hope to see you on the tracks.

Michael 0409 620714 or

michael.simpson@optusnet.com.au

LEADER'S NEEDED

November 17 Mt Joyce

December 26 Boxing Day Walk

OUTINGS STATISTICS

Date	Trip	Leader	Type	No
Jun 15/17	Running Creek Falls	Michael	BC	6
Jun 17/24	2CC Camino	Russ	BC	6
Jun 22/24	Wallangarra to Bald Rock	Michael	TW	4
Jun 29/1	Glen Rock	Iain	BC/DW	4/4
Jul 8	Savages Ridge	Michael	DW	7

SAFETY & TRAINING REPORT

The "Emergency Information Form".

The Emergency Information Form is to provide some basic information to assist leaders and first responders in the unlikely event of a medical emergencies that may occur on Club walks.

The Committee has introduced the requirement for all members to have a completed Emergency Information Form with them (eg in their back-pack) when they are doing club walks.

The form will be required to be completed and carried by members on walks as from 1st August 2018.

Below is a copy of the form (See Appendix 1) with the relevant "fields" that should be completed. A copy of the form will be available at the next monthly meeting and will also be available on the Club website. The obligation is on members to access the form, complete it and have it on walks.

By way of background the proposal to implement the form was mentioned in the May and June magazines and was mentioned at the May meeting. There was basically zero feedback and no criticism of the proposal. The clear presumption was that the proposal was regarded as a sensible and non-controversial protocol for the Club to implement.

The committee was keen that the form be implemented as soon as possible. It couldn't be implemented immediately as we needed to announce the implementation of the form prospectively and give a future date for its implementation. We didn't want to wait until the 1st January next year. The earliest practicable date was the 1st August as we wanted to allow

for at least 2 weeks notice by giving notice in the July magazine (issue date on or about 16th July 2018).

MEMBERSHIP REPORT

We began July with 102 members: 73 ordinary members, 20 associate members, seven life members and two honorary members.

NEXT YEAR'S CALENDAR

I am looking at completing next year's calendar by early September. It will still be going before Committee in early September, go before September's General Meeting and be placed in October's Jilalan.

To have a successful calendar I need input from as many members as possible before the Outing Sub-Committee meets. This then allows us to try and meet the needs of all members. If you don't submit anything then you are not having a say and you might have to wait another year before you get another chance.

Please submit your ideas by the end of July. Use email please as I have a terrible memory and I'd hate to forget someone. Thanks Michael.

PAST EVENTS

FRIDAY 15th JUNE

BREWSKI BAR

JOHN TOOHEY SOCIETY

Seven members and one visitor gathered at the Brewski Bar in Caxton St on a mild winter's evening. The venue wasn't especially crowded for a Friday night but became busier as the evening progressed. The noise level was comfortable except for the occasional loud vehicle passing in Caxton St. The bar was designed in the alfresco style, with many tables located on the sidewalk.

There was a wide range of craft beer available, both in bottles and on tap. Everyone agreed that the food was very tasty. Various types of burgers were available but some other dishes were also on offer. Thanks to John, Graham, Liz, Greg and Michele, Russ and Jan, and our visitor Kate for supporting this social.



**FRIDAY TO SUNDAY
15th TO 17th JUNE
RUNNING CREEK FALLS
BASE CAMP**

A very successful weekend. We all arrived at Rimfall Cottage at the foothills of Mt Gipps at various times throughout the afternoon. The weather was cool but clear and with a fire crackling we settled in for a cosy evening.

A very early start as we had a big day ahead of us or so we thought. After a hearty breakfast we headed down the road a kilometre or three before donning shoes and striding out across the farmland. After what seemed forever we finally reached the National Park. We were now on a good track covered with pink tape. Apparently BBW visit the falls about four times a year, hence the good track. After a tricky creek crossing due to the amount of water in the creek we spent most of the day on the true right of Running Creek. The forest is quite beautiful here and quite varied ranging from true rainforest to open palm forests. The track winds up and up with an occasional down as you wandered by the creek or far above it. There were a few tree falls to negotiate as well as the usual smattering of wait-a-while and Gympie Gympie but surprisingly no lantana.

We arrived at the England Creek junction much quicker than I had expected but where oh where was the campsite? It was gone and the area was regenerating. Quite a surprise. The next surprise was the sight of a track running along the true left of Running Creek. This was not there last time and what a difference it made. We were at the falls in no time. What magnificent falls. None better in southeast Queensland although one or two might disagree. There was nothing left to do now but turn around and head back to our cottage. We were back early and had plenty of time to explore our surrounds and search for the elusive Platypus. It still remains elusive. After another enjoyable night in this brilliant place we all made our separate ways home. The Running Creek valley and falls will always be in our memory banks. For the stats minded we walked nearly 16kms in just under 7 hours and climbed 622m.

Thanks to Karen, Pete, Kylie, Kerrianne and Josh for a brilliant weekend. Michael.

**SUNDAY TO SUNDAY
17th TO 24th JUNE
TWO CATHEDRALS CAMINO
“Proof of Concept” WALK
MOVING BASE CAMP**



This was the “proof of concept” walk to verify that all the components of the Camino come together and actually work.

For the Camino to succeed it needed the assistance of many people such as those who explored and defined the route, developed prayers, researched the history of the regions visited during the Camino, and support in the form of logistics and / or catering. Now that the Camino has been successfully completed, the next phase begins where the goal is to inform those outside BCBC and the broader community so that any person can enjoy the benefits of walking a Camino.

Sunday, 17 June – St Stephen’s Cathedral to Darra - Theme “Streets of Your Town”

This was the first day of a week of ideal walking weather and our first objective was the top of Highgate Hill with its great views of the city. After crossing the St Lucia campus of the University of Queensland we crossed the river for a third time at Indooroopilly and walk through avenues of grand trees through Chelmer to Sherwood Arboretum and to River Rocks Park at Seventeen Mile Rocks. There we turned south and enjoyed Edenbrooke Valley which is the rehabilitated site of the former Darra Cement works. This is a valley which was a highlight and I encourage all to visit. It can best be found under the title of Edenbrooke Bikeway. Later that evening the launch dinner for the 2CC was held at *The Lion* at Richlands.

Monday, 18 June – Darra to Ipswich – Theme “Engines of Industry”

This morning the topic of discussion was the condition of our feet. We set off and passed through industrial estates and by-passed two jails. Then we crossed the flood plain known as

Goodna and then on to Redbank Plains before going under the Cunningham Highway near St Peter Claver College. From there we were never far from the railway line. Near Booval we walked up Jacaranda Street and saw that the site of a former Dairy that marketed milk under the brand name Jacaranda Milk was now being converted into a child care centre. If there was a theme for today, it was issues of Urban Planning and the contest between housing for people to live in and industrial property where people work and earn an income which in turn provides the financial capacity to find suitable housing. That evening we enjoyed the best accommodation of the trip, namely an apartment which had its own laundry.

Tuesday, 19 June – Ipswich to Rosewood – Theme “Defence”

The condition of our feet was again a topic of conversation. After we crossed the Bremer River we left the suburban housing and found the Brassall Bikeway. At this point the RAAF put on an unexpected air show. We saw the movement of the following aircraft

- C-17A Globemaster III – Provides an unprecedented capacity for heavy airlift.
- F/A-18F Super Hornet – Fighter aircraft that is scheduled to be replaced.
- P-8A Poseidon - Maritime patrol aircraft
- C-27J Spartan - A battlefield airlifter which complements the Army helicopters, such as the CH-47F Chinook Helicopter.
- KC-30A Multi Role Tanker Transport - Based on the Airbus A330 airliner, and enables air-to-air refuelling and provides strategic air lift.

We paid a visit to Walloon State School and enjoyed hospitality provided by the Principal, Greg Noble. From there we followed the railway line to Rosewood. After sunset Rusty and Louise Jones arrived by train to start walking the Camino the next day.

Wednesday, 20 June – Rosewood to Laidley - Theme “Engines of Transport”

The state of our feet was again a key issue. Liz Little had to withdraw from the walk and catch a train home. In addition we were joined by over a dozen walkers from the “Wednesday Walkers”. They enjoyed the morning walking to Bigge’s Camp and Grandchester which was the western terminus of the first railway line in Queensland. In the afternoon we crossed a

range of hills, said goodbye to Flinders Peak which had been part of our skyline for four days, and then descended into Laidley. Our hotel was an old Queenslander which had been tastefully refurbished. This day was notable for the number of walkers doing this part of the Camino.

Thursday, 21 June – Laidley to Gatton – Theme “Agriculture”

The crisp morning with its clear sky was the feature of the morning. Views of the Little Liverpool Range were very clear and we were able to pick each ridge line. We were now in an area dominated by agriculture. After morning tea we followed the same road for quite a long time and early in the afternoon we entered Gatton, stopping at McDonalds for a fluid top up via ingestion of icecream. That evening we took advantage of a dinner special at the Gatton Bowls Club.

Friday, 22 June – Gatton to Helidon – Theme “Water”

Shortly after leaving Gatton we saw crops up close and inspected Broccoli and Carrots. This was a day dominated by flat plans which brought us to Grantham which was so devastated in the floods of 2011. From there we entered Helidon which is famous for its Spa water and its sandstone is featured at the St Lucia Campus of the University of Queensland.

Saturday, 23 June – Helidon to Toowoomba – Theme “Getting to the Top”

This day presented us with the longest distance, so an early start was required. We walked south and then turned west and walked up Silver Spur. On top of Silver Spur we had great views, especially to the north with views of Mt Davidson, Tabletop Mt and the eastern edge of Toowoomba. As we reached the suburb of Middle Ridge we were joined for lunch by Greg and Michele Endicott and Andrea Turner. Then we wound our way through the suburbs to our motel and the Cathedral of St Patrick. That evening after Mass we gathered for dinner at the Federal Hotel where we were joined by well-wishers.

Sunday, 24 June – Return to Brisbane

We exited Toowoomba in a Greyhound bus which took us back to Brisbane in 1 hour and 30 minutes instead of the seven days of walking. So ended a wonderful week which I wish was longer.

The walkers on the Camino –
7 days – Desley Pedrazzini, Russ and Jan Nelson
4 days – Rusty and Louise Jones
3 days – Liz Little
1 day – Michael Simpson, Karen Franklin, Paddy Taylor and Jeanette Chew.
Supporters – Graham Glasse, Greg and Michele Endicott, Ken and Monica McCarron, Andrea Turner and Peggy Roe

Next Year

If you want to walk the Camino in the winter of 2019, let me know and we can explore what dates might be suitable. Russ Nelson

FRIDAY TO SUNDAY 22nd TO 24th JUNE WALLANGARRA TO BALD ROCK THROUGH WALK

A very cold weekend to be through walking in the Stanthorpe area. But the cold does bring other benefits, clear skies which means excellent viewing. After leaving Brisbane around midday on Friday we headed to Stanthorpe for the night. We seemed to pick all the popular spots with dinner at O'Mara's Hotel and breakfast at Vixen's Café. Both were packed.

After a leisurely start to the day we headed to Wallangarra and the start after dropping a car at the Bald Rock Day Area. Finding our way from the Wallangarra Railway Station proved an interesting aside. We found that the Queenslanders here completely ignored "no man's land" that piece of land which lies, I believe, one chain in Queensland. There was even a building which was in both states. But we made it safely through to Girraween and Bald Rock National Parks. Unfortunately after an hour or so Kylie had to leave us and return to Brisbane so we were now three. I clearly picked the wrong way to walk as we were continually climbing but the weather was fine and gorgeous and the walking was not difficult. The forest was lovely and there was quite a bit of wildlife particularly large Grey Kangaroos. I imagine the graziers here would not be happy.

Our first stop was to be at West Bald Rock which meant finding a point on the border where we would head west to find it. However this turned out not to be a problem as the track we were following suddenly turned west and joined another track that took us directly to a point midway between West Bald Rock and Middle Rock. We climbed up West Bald Rock until we had great views of Middle Rock but time was against us so we were unable to climb higher. We now headed to our camp site at the base of South Bald Rock where we hoped to find water but alas the creek was dry. Lucky we had carried more than we needed and could get away without finding water. We set up camp and after chatting for quite a long time we headed to bed.

What an incredibly cold night we endured. It was well below freezing and the ground and tents were covered in ice. Any water left out also froze. Consequently we took a while to get going the next morning. We climbed partially up South Bald Rock before heading to Bald Rock Day Area and our car.

It was now just a matter of driving home after a great weekend. Thanks to Karen, Pete and Kylie for joining me. For the stats minded we walked 13.5kms and gained 454m on Day 1 and walked 8.75kms and gained 327m on Day 2. Michael.

WEDNESDAY 4th JULY HUB CAFÉ KITCHEN DINNER & COFFEE NIGHT

Well another Coffee Night and another forced change. My original venue, Kafe Meze, is now permanently closed so we moved to an old favourite. The HUB is always good value and with the constant closing of cafes in Brisbane I can see this venue being used a few times next year. The conversation as always revolved around walking but there were other items of interest such as members moving house and the distribution of a couple of 60th Anniversary Photo Books.

My thanks to Karen, Josh, Graham, Liz, Pat & Jonas, Anne & Bob and Michele and Richard for joining me. Til next month's drama. Michael.

HOW WE ORGANISE OURSELVES

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.

All visitors must sign an Assumption of Risk form for insurance purposes.

VISITORS – for general enquiries contact Greg on Ph: 3351 4092.

GENERAL MEETINGS: Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower car park.

VISITORS are always welcome.

EMERGENCY OFFICER: If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

<http://www.bcbc.bwq.org.au/EmergOffSyst.html>

PERSONAL EQUIPMENT: The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MEMBERSHIP FEES - Membership Subscription fees are:

Ordinary Members: \$20; Associate Members: \$16; Spouse Members - Ordinary: \$20;
Spouse Members – Associate: \$16; Country: \$20.

Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. There is an additional \$25 cost for Ordinary and Associate Members who elect to receive a printed Jilalan with the exception of Life & Honorary Members. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

CONTACTS

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Federation Mountain Rescue FMR	http://fmrqld.bwq.org.au/	
Archdioceses Web Site	http://bne.catholic.net.au/asp/index.asp	

For specific enquiries, contact the committee member (from above) concerned.

For Outings or Socials, contact the leader shown in the calendar or article.

Cover: The Cougals (M Simpson)

EDITOR'S NOTE

As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.

If you "borrow" any words or image from another source, please acknowledge that source – author, publication, issue, date, publisher.

I need your articles on time – it makes it hard to still get articles when I should be formatting.

Articles from this publication may be reproduced provided the source is acknowledged.

Look at last month's Jilalan and copy that format – especially the "headings" in Comings

Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.

Type Face is "Arial", Font Size is "12", though Date, Name of Event & Type are "14"

Triple Zero Awareness Work Group (TZAAG)

As a result of problems experienced by emergency call-takers and emergency services, in late 2013 TZAAG launched a free smartphone app: Emergency*. TZAAG identified that more than 66% of incoming emergency calls were now made from mobile phones; however, mobile callers often do not know exactly where they are, meaning call-processing times are longer and call-takers are then unavailable to take the next incoming emergency call.

Determining caller location is the most critical piece of information emergency call-takers need when a call comes in. If callers don't know where they are, emergency services can't send help.

Emergency+ uses the existing GPS functionality of smartphones to enable callers to provide emergency call-takers with their location information as determined by their smartphone. When activated, the built in accessibility features of a smartphone will describe aloud what appears on-screen, so a caller can use the app without seeing it.

The Emergency+ app is available for free download in Apple iOS, Android and Windows phone versions, and has already saved lives by ensuring emergency services arrive on-scene as quickly as possible to assist someone in need. One group for which Emergency+ has obvious benefits is bushwalkers, and TZAAG has numerous examples where lost or injured bushwalkers have used the app to pinpoint their location for emergency services.

If undeliverable return to
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