

JILALAN



Glen Rock – Fri 29 June to Sun 1 July

Monthly Magazine of The

BRISBANE CATHOLIC BUSHWALKING CLUB Inc

Established 1957

Incorporated 1991

Under The Guidance of Our Lady of the Way

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JUNE 2018

Date	Event	Leader	Phone	Type	Grade
18	JTS – Bloodhound Bar & Kitchen	Michael	0409 620 714	Soc	
19/20	Sunshine Coast Great Walk (Q)	Michael	0409 620 714	TW	M24
19	Gheerulla Circuit Track (Q)	Michael	0409 620 714	DW	M24
21	General Meeting	Greg	3351 4092	Meet	
22	Movie Night	Michael	0409 620 714	Soc	
23	Corinda to Chelmer	Susan	3379 3053	Stroll	S11
24	Flinders Peak (Q)	Russ	3374 3534	DW'	S56
26	Ballina to Lennox Head	Phil	5522 9702	DW	M33
30	The Grange Forest Park	Greg	3351 4092	Stroll	S12
Jun 1/3	Cononales (Q)	Michael	0409 620 714	BC	Var
2	Mt Coot-tha Double Traverse #2 (Q)	Liz	3356 4874	DW	L24
4	Committee Meeting	Greg	3351 4092	Meet	
6	Coffee Night – Café 63 Hamilton	Michael	0409 620 714	Soc	
9	Toms Tum/Barney Beautiful (Q)	Iain	3870 8082	DW	M67
10	Kate Quinlan Society	Greg	3351 4092	Soc	
13	The Banks Street Reserve	Greg	3351 4092	Stroll	S12
15	JTS – Brewski	Graham	3371 9623	Soc	
15/17	Running Creek Falls (Q)	Michael	0409 620 714	BC	L45
16	Running Creek Falls (Q)	Michael	0409 620 714	DW	L45
16/17	Vertical Self Rescue Training	Phil	5522 9702	FMR	
17	Launch Dinner for 2CC	Jan	3374 3534	Soc	
17/24	The 2 Cathedrals Camino (2CC)	Russ	3374 3534	BC	L24
18	General Meeting	Greg	3351 4092	Meet	
20	Bardon Shops to Mt Coot-tha	Greg	3351 4092	Stroll	S12
22/24	Wallangarra to Bald Rock (Q)	Michael	0409 620 714	TW	M23
26	Movie Night	Greg	3351 4092	Soc	
27	Mt Coot-tha Lookout to Kenmore	Greg	3351 4092	Stroll	S12
28	Mt Merino (Q)	Michael	0409 620 714	DW ^t	L34
29/1	Glen Rock (Q)	Iain	3870 8082	BC	Var
Jul 2	Committee Meeting	Greg	3351 4092	Meet	
4	Coffee Night – Kafe Meze	Michael	0409 620 714	Soc	
5	Mt Moon (Q)	Michael	0409 620 714	DW	S45
7	Savages Ridge (Q)	Michael	0409 620 714	DW	S68
11	Yeronga to Dutton Park Place	Greg	3351 4092	Stroll	S12
13/15	BVRT Trek 4 DQ	BWQ		DW/TW	
14	Vinegar Hill (Q)	Michael	0409 620 714	DW	S34
16	General Meeting	Greg	3351 4092	Meet	
18	Romen'The Seven Hills	Greg	3351 4092	Stroll	S12
20	JTS – London Fields	Michael	0409 620 714	Soc	
21	Shepherd's Walk	Terry	3355 9765	DW	M34
23	Movie Night	Greg	3351 4092	Soc	
26	The Cougals (Q)	Russ	3374 3534	DW ^t	S46
29	To Be Advised			Soc	
Aug 1	Coffee Night – Café 63 New Farm	Michael	0409 620 714	Soc	
5	Montserrat (Q)	Michael	0409 620 714	DW	M47
6	Committee Meeting	Greg	3351 4092	Meet	
9	Lizard Point (Q)	Michael	0409 620 714	DW	M57
11	Kobble Creek Circuit (Q)	Richard	3353 2822	DW	M46
12	GPS Navigation	Phil	5522 9702	FMR	
14/15	Barney Mass (Q)			BC	S56
14/15	Barney Mass (Q)	Michael	0409 620 714	TW	S56
15	Barney Mass – South East (Q)			DW	S77
15	Barney Mass (Q)			DW	S56
17	JTS – Fritzenberger	Michael	0409 620 714	Soc	
18	Club Hut Working Bee (Q)	Iain	3870 8082	DW	S43
18	Toohey Forest Wildflowers	Phil	5522 9702	DW	S22

The Calendar is subject to change without notice

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

KEY – Walk Types

DW	Day Walk	BC	Base Camp
ON	Over Nighter	S&T	Safety & Training
TW	Through Walk	SOC/SW	Social/Social Walk
TRN	Training	SP	Spiritual Event
FMR	Federation Mountain Rescue	Q	Qualifying Walk

KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
Short Under 10km / day	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
Medium 10-15km / day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	3 - Intermediate - Suitable for fit beginners. Up to 5 hours walking and/or minor hills
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Intermediate - Suitable for fit beginners. Up to 5 hours walking and/or up to 300m gain/loss
Long 15-20 km per day	5 - Rough or rocky terrain with small climbs using hands or rock hopping	5 - Moderate - Up to 6 hours walking and/ or up to 450m gain/loss. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking and/or up to 600m gain/loss. Agility required
Extra Long Over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	7 - High - Up to 8 hours walking and/or up to 750m gain/loss. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required	8 - High - Up to 8 hours walking and/or up to 1000m gain/loss. High fitness. Endurance and agility required
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	9 - Challenging - Up to 12 hours walking and/or over 1000m gain/loss. Very high fitness. Endurance and agility required

Example: M48 is a medium walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

PRAYER OF THE MONTH

Blessed are you in the land and the sky,
 In the rocks, the waters and the trees.
 Blessed are you in the animals,
 The fish and the birds,
 In the sun the moon and the stars.
 Blessed are you who breathes “yes” to life.
 (Source: All Hallows” Staff Prayer, December 2007)



COMING EVENTS

TRIPS leave from St Brigid’s car park at 78 Musgrave Rd, Red Hill.

The “**Leaders Guide**” is on the web at:
<http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html>

Leaders: Print your own Event Nomination Form from the Club’s web site.

A reminder to visitors that you are required to do 2 walks before Committee officially declares you a Member of the Club.

LEADERS

If you make changes to your walk, such as date, where, or cancel it – please tell Michael Simpson 0409 620 714.

**WEDNESDAY 13th JUNE
 THE BANKS STREET RESERVE**

**Newmarket/Ashgrove
STROLL**

Leader: Greg Endicott 3351 4092.
Meet at: Newmarket; Bus Stop – Enoggera Road Stop 20
[Corner Enoggera Road and Ashgrove Avenue].
Bus: 345; 357; 359; 360; 361; 372; 373; 390.
Time: 4.00pm.
Cost: Free.
Distance: 5km @ 1½ hours.
Grade: S12.
Web: <https://disci.smugmug.com/Nature/Banks-Street-Reserve-Brisbane-Maps-Signs-Photos/i-kGPvTqp>
<https://www.flickr.com/photos/brisbanecitycouncil/sets/72157629537119834/show/>
Emergency Officer: Greg 0418 122 995. Bring this number with you.

Bring a Torch

We stroll along the bike path to The Reserve along the creek. Then we go up hill and down dale as we transverse The Reserve several times. There are numerous tracks through this remnant piece of native forest situated in sedate old suburbia. Get to a spot where you cannot hear a car. Get to a spot where there is not a dog. Get to a spot where all you can see is our native vegetation.

End up where you started and make your way back to Newmarket. Perhaps stay on for a meal.

**FRIDAY 15th JUNE
THE BREWSKI BAR
JOHN TOOHEY SOCIETY**

Leader: Graham Glasse 3371 9623.
Address: 22 Caxton Street, Petrie Terrace.
Time: From 4pm till 9ish.
What For: A chat and a beer and a meal.
Web: <http://www.brewskibar.com.au/>

The Club meets regularly to enjoy a chat, enjoy a few craft beers and a meal. We meet somewhere in the inner City close to public transport. For the month of May we are meeting at The Brewski Bar, another new venue.

The Brewski Bar specialises in craft beers and stock over 200 kinds of bottled craft beers and rotate eight different beer taps every day. So visit their website closer to the day to check their current taps.

So join us for something different whether you enjoy craft beers or not. There is always something available for all tastes.



**FRIDAY to SUNDAY
15th TO 17th JUNE**

**RUNNING CREEK FALLS
BASE CAMP & DAY WALK**

Leader: Michael Simpson 0409 620 714.
Meet at: St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time: 12.00pm Friday (Base Camp) 5.00am Saturday (Day Walk).
Cost: Base Camp – Depends on the number coming but approx \$125.
Day Walk - \$25 (car pool) \$2 (private).
Grade: L45.
Emergency Officer: Greg Endicott 3351 4092.

This is a great opportunity to see these wonderful falls, the best in Southeast Queensland. To reach them is a very long day walk, hence the early start for the day walk. Consequently I have decided to stay in the area overnight and get a sleep in.

I have booked the Rimfall Cottage for Friday and Saturday nights but as per usual it books out quickly. There is another house on the property which I can book as well if there is enough interest. Otherwise there is the camp ground at Stinson Park which is about 30 minutes from the start of the walk.

We commence the walk by crossing farmland for about an hour before entering the National Park. From here we follow Running Creek along, hopefully, a track before reaching the England Creek campsite. It is then but a short walk off track to the falls. It will be well after lunch by the time we reach the falls and will probably be after dark by the time we return to the farmland. The day walkers will return home whilst the base campers will enjoy a night relaxing in the bush. The plan for Sunday is open but I thought a search for the old horse path from the Running Creek valley to the Stretcher Track might be fun.

**SATURDAY to SUNDAY
16th TO 17th JUNE
VERTICAL SELF RESCUE
TRAINING WEEKEND**

Leader: Phil Box.
Meet at: Murphy's Creek Escape Campground.
Cost: \$50.00
Contact: fmrgld@gmail.com.

Well known climber and trainer, Phil Box, will again be conducting this popular weekend for climbers and abseilers.

Self-rescue is the art of using the gear you normally have on your rack to get yourself or your team out of a situation that would otherwise leave you stranded (or worse). Improvising on the fly could end badly. How long has it been since you prusicked? abseiled past a knot? freed another abseiler with a jammed descender? escaped the belay? hoisted a second using half the effort of a direct haul? Could you abseil down and pluck a casualty off a cliff? Are your methods still best practice?

"Do yourself a favour" and take advantage of Phil's encyclopedic knowledge, commitment to safety and impressive abseiling platform overlooking Murphy's Creek. Sunday is usually supervised practice at Red Cliffs or nearby.

Bring your helmet, harness and hardware (ropes will be provided), camping gear and food.



**SUNDAY TO SUNDAY
17th JUNE TO 24th JUNE
TWO CATHEDRALS CAMINO**

“Proof of Concept” WALK

Leader: Russ Nelson 3374 3534 or 0427 743 534.
Meet at: Cathedral of St Stephen, Elizabeth Street, Brisbane
Time: 7.00am.
Cost: Significant - 7 nights accommodation, meals plus bus fare Toowoomba to Brisbane.
Grading: XL14 except Day 7 which is XL16.
Emergency Officer: Graham Glasse – 3371 9623

Nominations have closed. Expressions of interest for winter 2019 trip now open



This is the “proof of concept” walk to verify that all the components of the Camino come together and actually work.

The Two Cathedrals Camino (2CC) is a pilgrimage from the Cathedral of St Stephen in Brisbane to the Cathedral of St Patrick in Toowoomba. The route offers a variety of urban, rural and high country walking. The views of the last day, along Silver Topps, are spectacular and have not previously been visited by the Club.

The logo projects the image of two churches, and in this case cathedrals, and has a walking shoe print to suggest that walking and the cathedrals are linked. The colour suggests Queensland plus is a colour (red) that is highly visible. At some time in the future, track markers may use this colour to show the way.

The broad route, timetable and daily themes of the 2CC are –

Day	#	Start	Destination	Daily Theme
Sun	1	Cathedral of St Stephen, Brisbane	Darra	Streets of Your Town
Mon	2	Darra	Ipswich	Engines of Industry
Tue	3	Ipswich	Rosewood	Defence
Wed	4	Rosewood	Laidley	Engines of Transport
Thu	5	Laidley	Gatton	Agriculture
Fri	6	Gatton	Helidon	Water
Sat	7	Helidon	Cathedral of St Patrick, Tmba	Getting to the Top

The themes reflect the history and the geography of the land we walk through. These themes are reflected in our daily prayers at the start of each day. The rhythm of each day allows the walker... the pilgrim to wonder about the environment and their relationship with God. This is likely to produce quality prayer time between the pilgrim and God.



**SUNDAY 17th JUNE
LAUNCH DINNER FOR 2CC AT THE LION, RICHLANDS**

Leader: Jan Nelson 0401 030 137 or 3374 3534.

Address: 133 Pine Road, Richlands.
Time: 6:15pm.
Web: <http://www.thelion.net.au> or 3271 3636..



The venue is THE LION which was built on a love of football spanning 60 years, THE LION Richlands connects members, guests and the football family to a venue that advocates the beautiful game —and so provides a great restaurant. This is a convenient venue to celebrant the launch of the Two Cathedrals Camino. This evening is the end of Day 1 on the *Proof of Concept* walk.

Be part of this historic occasion. Some may find it convenient to go to Sunday Mass at St Mark's Catholic Church, corner Lilac and Eucalypt Streets, Inala 4077 at 5.00pm.

MONDAY 18th JUNE MONTHLY MEETING

Contact: Greg Endicott 3351 4092
Time: 7.30pm – Doors open & meeting starts soon after.
Where: St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)
Web: <http://www.bcbc.bwq.org.au/page4.html>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk.

Nominate for a walk or to lead an outing.

WEDNESDAY 20th JUNE BARDON SHOPS TO MT COOT-THA STROLL

Leader: Greg Endicott 3351 4092.
Meet at: Bardon Shopping strip, Bus Stop 15 MacGregor Terrace at Bardon. At the pedestrian lights in front of the Bakery.
Bus: 61; 375; 382; 383; 385.
Time: 4.15pm.
Cost: Free.
Distance: 7km @ 2 hours.
Grade: S12.
Web: <https://www.google.com.au/maps/@-27.4666904,152.9967016,14.86z/data=!5m1!1e4>
Emergency Officer: Greg 0418 122 995. Bring this number with you.

Bring a Torch

This stroll takes you down the quieter parts of Bardon where the houses are solid and artful. This area was THE “middle classes” between the wars so money was spent building them.

Go through a park or two. See lovely old trees meeting above the road.

We have to be finished by 6.20pm to catch our bus in front of Toowong Motors.

FRIDAY to SUNDAY 22nd TO 24th JUNE WALLANGARRA TO BALD ROCK THROUGH WALK

Leader: Michael Simpson 0409 620 714.
Meet at: TBA.
Time: TBA.
Cost: \$25 (car pool) \$2 (private).
Grade: M23.
Location: The QLD/NSW border south of Stanthorpe.
Distance: Day 1: 12.5kms, Day 2 7.5kms.
Emergency Officer: Greg Endicott 3351 4092.

This is a section of the Border that is rarely done by the Club. The walk passes through some of the most scenic areas in Queensland and New South Wales, Girraween and Bald Rock National Parks. We will, hopefully climb Mid Bald Rock, West Bald Rock and South Bald Rock over the weekend.

I plan to leave Brisbane early afternoon and travel to Stanthorpe for the night. After breakfast we will need to do a small car shuffle before heading to Wallangarra and our starting point. Whilst a short day in distance this will be extended by two climbs. The night's camp will be at the base of South Bald Rock. Water should be available from a creek nearby.

The next day we will climb South Bald Rock before continuing north to Bald Rock Carpark, climbing Little Bald Rock on the way. I also hope to walk from Amosfield to Cottonvale, the only section west of the Numinbah Valley that I have missed walking.

Give me a ring to discuss the walk. Don't miss out as I don't expect to see this walk on the calendar for many years if ever.

**TUESDAY 26th JUNE
NEWMARKET CINEMAS
MOVIE NIGHT**

Leader: Greg Endicott 3351 4092.
Meet at: Schnitz Bistro, Downstairs at Plaza Level, in the Shopping Centre, Cnr Enoggera and Newmarket Rds.
<http://www.newmarket-village.com.au/>
Transport: <https://translink.com.au/>
Time: 5.30pm for dinner.
<https://schnitz.com.au/menu/>
6.30pm for the movie.
<https://readingcinemas.com.au/locations/theatre/newmarket>
Location: Inner Northern suburb.
Emergency Officer: Greg Endicott 0418 122 995. Bring this number with you.

Reading Cinemas have a one price (no concession or discount) of \$10. There is ample parking below in the basement. The food court is at ground level and the theatres are above the food court.

Meet us at Schnitz Bistro about 5.30pm where we will choose a movie to see. The starting times range from approx. 6pm to 7.30pm. As you are aware, theatres never advertise their programmes in advance, so I cannot tell you what will be on in 2 weeks' time. Look up the web, see what's on and come along to help us decide.

People may want to see different movies.

Wait around afterwards for coffee to de-brief what we all saw.

**WEDNESDAY 27th JUNE
MT COOT-THA LOOKOUT TO KENMORE
STROLL**

Leader: Greg Endicott 3351 4092.

Meet at: The Lookout on top of Mt Coot-tha.
Bus: The 3.35pm No 471 Bus at Adelaide Street Stop 41 at Broadway, Brisbane City. This is the last bus to the Mt Coot-tha Summit.
Time: 4.15pm at Mt Coot-tha.
Cost: Free.
Distance: 6km @ 1¾ hours.
Grade: S12.
Web: <https://www.google.com.au/maps/@-27.495388,152.9560255,15z/data=!5m1!1e4>
Emergency Officer: Greg 0418 122 995. Bring this number with you.

Bring a torch

This is very unusual for a Stroll since it is covering day walk territory.

We start at The Summit and head down the western track system of The Mount into Chapel Hill and follow Cubberla Creek to Kenmore Plaza Shopping Centre. Thus, most of the way is through native vegetation or along paths beside the babbling flowing creek. Most unusual.

Come along and try to spot some wildlife.

THURSDAY 28th JUNE MT MERINO DAY WALK

Leader: Michael Simpson 0409 620 714.
Meet at: St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time: 6.00am.
Cost: \$25 (car pool) \$2 (private).
Grade: L34.
Location: Binna Burra section of Lamington National Park.
Distance: 21.6kms.
Emergency Officer: Greg Endicott 3351 4092.

This is the longest track walk in the Binna Burra, O'Reilly sections of Lamington National Park. But the walk does reward walkers with the best views of Mount Warning, McPherson and Beechmont ranges and the Gold Coast. We are starting early because the day will be long and also because we want to miss peak hour traffic.

We will probably start walking around 8.30am from Binna Burra where we will head out along the Border Track. The Border Track will be our home for almost the whole walk. The only time we leave it is to climb Mt Merino which I hope to reach around lunchtime.

Lamington National Park is renowned for its warm subtropical rainforest and variety of fauna and flora. The track is generally in good condition but again I remind walkers that it is a walk over 20kms and will take at least 8hrs.

Give me a ring to discuss the walk.



FRIDAY TO SUNDAY 29th JUNE TO 1st JULY GLEN ROCK BASE CAMP

Leader: Iain Renton 3870 8082 or 0401 429 085.
Meet at: St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time: 6.15 pm.
Cost: \$35 (car pool), \$15 (private).
Grade: M56, S44 (plus bike ride).
Emergency Officer: TBA.

STOP PRESS!! THIS BASE CAMP NOW HAS WALKS FOR CYCLISTS AND NON-CYCLISTS.

Michael Simpson has kindly agreed to lead walks on the base camp. He had planned to lead a through-walk in the area on this weekend but that has not worked out. So he is now able to put his extensive experience walking in the area to offer some great day-walks. I will still be leading my walks that need a bicycle to access more remote starting points and you will be able pick and choose which walks you will do on the weekend. **BUT we will need to know IN ADVANCE who is bringing bikes so we can make sure we have transport for the bikes.** *The bikes will need to be able to handle farm tracks.*

It may seem odd to stipulate a bicycle for a bushwalking weekend but I am keen to explore the southern end of the Glen Rock Forest Park. To reach this area you need to travel down about 7 or 8 kms. of farm track, which is a bit of a slog road-bashing if you are walking, and it wouldn't allow much time for exploring when you got there. Fortunately you are allowed to cycle this route as far as the Top Dip Yards (cattle yards) where we will leave our bikes and start walking.

Glen Rock Forest Park is south of Gatton. It is based around the upper reaches of the Blackfellow Creek valley and was a grazing property with quite a few structures left from that period. The southern edge of the park is the crest of the Great Dividing Range with Goomburra Forest Park of the other side of the crest. It is a long valley with high steep sides and a distinct character unlike the rest of south eastern Queensland. The club has done quite a few walks in the park as day walks and base camps (and even the odd through walk). Most walks have been in the northern and middle sections of the park.

On Friday night we will drive to Glen Rock and set up camp in the camping area. On Saturday morning we will don our day packs and cycle down the farm track to the cattle yards. It is a dirt track in good condition with a lot of creek crossings (many of them are rough and you need to walk the bike across). The Top Dip Yards where we leave our bikes is where the valley turns and heads east. We will be going in the opposite direction, west, over the steep ridge that forms the valley wall and down into the headwaters of Black Duck Creek. If time permits we may make it to Cookes Hut and well (about 14 kms. return). We will probably go back the way we came in. Another option could be a return via Mt Hennessey but time and energy levels may rule that out. I will be doing a pre-outing before the base camp and then will be able to give more details about the walk. Even though the cattle yards are in the middle of nowhere you may like to bring a bike lock with you.

On Sunday we will ride to the Top Dip Yards again and this time turn east to explore the head of the valley. This is a very pretty area more heavily forested than the rest of the valley. It will be less walking than Saturday, 8kms at the most. Blackfellow Falls are in the area but past attempts have found them difficult to get to, so we probably won't be going there. Join me for a great weekend in a wonderful spot and walk somewhere the club hasn't been to before.

Michael's Day Walks: I am organising two day walks whilst Iain is off peddling up the Valley. The first will follow Iain's route to reach the southern ridge top. We will then explore Mt Hennessey before returning to camp. The second will also probably wander up the valley before climbing the ridge to the north to the summit of Glen Rock. Depending on the walkers we may continue north before turning west to explore Red Rock before returning to camp.

**WEDNESDAY 4th JULY
DINNER & COFFEE NIGHT
SOCIAL**

Leader: Michael Simpson 0409 620 714.
Meet at: Kafe Meze, 56 Mollison Street, South Brisbane.
Time: 6.00 pm for dinner or 7.30pm for coffee.
Cost: Your choice – visit their website for their menu.
Web: https://www.menulog.com.au/restaurants-kafe-meze-greek/menu?utm_source=google&utm_medium=organic&utm_campaign=orderaction&utm_content=green

This is a new venue for us. We will be visiting a Greek restaurant on the south side. Check out their menu before coming to excite the palate.

Join me for either a meal and a chat of just a coffee and a chat.

**THURSDAY 5th JULY
MT MOON
DAY WALK**

Leader: Michael Simpson 0409 620 714.
Meet at: St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time: 6.00am.
Cost: \$20 (car pool) \$2 (private).
Grade: S45.
Emergency Officer: Greg Endicott 3351 4092.

This is one of my favourite mountains which lies just to the west of another of my favourite mountains, Mt Greville. The Fassifern Valley has a large number of small mountains which give great views and a different perspective of the Main Range. Mt Moon is no different. It is a twin peaked mountain and we will be climbing both peaks. In fact we will climb the smaller peak twice as we will have to return the same way. This is because access to the mountain is across private property and I only have permission from one owner.

We will approach the mountain across farm land before starting to climb via a ridge pioneered by Pat, Jonas and myself several years ago. The ridge is steep and rocky but goes directly to the South Peak. After a brief stop we descend to the saddle before continuing to climb the North Peak. This route contains several small cliff lines but present little difficulty for most people. The views from the North Peak are extensive and we will linger here for quite a while. Unfortunately as I said before we will then have to retrace our steps to the cars.

Please ring me to discuss the walk before nominating.

**SATURDAY 7th JULY
SAVAGES RIDGE
DAY WALK**

Leader: Michael Simpson 0409 620 714.
Meet at: St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time: 5.00am.
Cost: \$25 (car pool) \$2 (private).
Grade: S68.
Emergency Officer: Greg Endicott 3351 4092.

This is a very difficult ridge on the south side of Mt Barney. This ridge lies to the west of South Ridge and is separated by Egan's Creek (some may know this as Eden Creek). It provides a direct route to West Peak but more importantly offers great views of the eastern cliffs of West Peak. Because we do not want to be still on Barney after dark we will be leaving Brisbane at 5am sharp.

The start of the ridge is about an hour from Yellowpinch so I hope to be climbing by 8am. This should give us plenty of time to reach Savages Point at 1250m. From this point on the rest of the walk will be determined by time, walkers and conditions. If all looks good we continue onto West Peak and return via the usual route down to Rum Jungle and down South. If not we will retrace our steps back to the

cars. The last time I climbed this ridge there was an obvious route all the way but there is no guarantee this track will still be clear. I will not be doing a pre-outing.

Only a few people in the Club are capable of doing this walk so please ring me to discuss the walk before nominating.

**WEDNESDAY 11th JULY
YERONGA TO DUTTON PARK PLACE
STROLL**

Leader: Greg Endicott 3351 4092.
Meet at: Yeronga Railway Station – Outbound side.
Train: Beenleigh; Coopers Plains [Not the Gold Coast train].
Time: 4.00pm.
Cost: Free.
Distance: 7km @ 1½ hours.
Grade: S12.
Web: <https://www.google.com.au/maps/@-27.4886533,152.9874395,15z/data=!5m1!1e4>
Emergency Officer: Greg 0418 122 995. Bring this number with you.

Bring a Torch

This Stroll goes through the little pocket in the bend of the River that you hardly go into because it is a dead end. So, come along with us to discover this “lost” part of Brisbane. It is full of old solid houses and some beauties along the River. There are parklands, sports fields and factories as well.

Come along to explore this old tree lined forgotten suburb. It ends at the Dutton Park Place Busway Stop at the eastern end of the Eleanor Schonell Bridge.

**FRIDAY to SUNDAY
13th TO 15th JULY
BVRT TREK 4 DQ
DAY WALK/THROUGH WALK**

Organiser: Diabetes Queensland & BWQ.
Web: <https://www.diabetesqld.org.au/get-involved/what's-on/2018/july/brisbane-valley-rail-trail-trek-4-dq.aspx>
Register: bvrt.trek.4.dq@gmail.com

Lace up your hiking boots and join us for this three-day challenge along the stunning Brisbane Valley Rail Trail.

Bushwalking Queensland and Friends of Brisbane Valley Rail Trail present the BVRT Trek 4 DQ to raise vital funds for Diabetes Queensland.



**SATURDAY 14th JULY
VINEGAR HILL
DAY WALK**

Leader: Michael Simpson 0409 620 714.
Meet at: St Brigid's Car Park, 78 Musgrave Road, Red Hill.
Time: 6.00am.
Cost: \$25 (car pool) \$2 (private).
Grade: S34.
Emergency Officer: Greg Endicott 3351 4092.

Vinegar Hill is a 393m hill in the Lockyer National Park some 15kms from Helidon. We will drive west to Helidon before turning north to our starting point. We will then follow old tracks down to Lilydale Creek which is attractively dotted with tree fern. We will down go off track for some distance as we climb to the ridge that leads to Vinegar Hill.

After a short break we will wander back to where we reached the ridge and follow another track back to the main road and back to our cars.

There will not be a pre outing done on this walk so it will all be exploratory. The distance of the walk is only about 8kms with some climbing.

MONDAY 16th JULY MONTHLY MEETING & GUEST SPEAKER

Contact: Greg Endicott 3351 4092
Time: 7.30pm – Doors open & meeting starts soon after.
Where: St Michael's Parish Hall, 250 Banks St, Dorrington (in the lower carpark behind the church. Drive down the ramp at the left.)
Web: <http://www.bcbs.bwq.org.au/page4.html>

Come along to hear about what has been really happening at recent club events, as well as our coming events and past walks.

Ask questions of our leaders about their coming events, so that you can make up your mind as to whether to come on the walk.

Nominate for a walk.

Nominate to lead an outing.

PRESENTATION AND COLLECTION OF RESPONSE TO PLENARY 2020

Presenter: Russ Nelson 0427 743 534 or 3374 3534.

The Australian Catholic Church is holding a Plenary Council which will meet twice – October 2020 and early 2021. The Plenary Council is a formal meeting of the bishops and other representatives of all the dioceses and eparchies of the Catholic Church in Australia. Its purpose is to discern what God is asking of us in Australia at this present time. While the church should be asking that question continually, a Plenary Council is a particularly graced instrument for seeking the Holy Spirit's guidance. And it has the authority to make church laws on the results of its discernment.

Although in the end it will be the bishops who will vote on any future directions for the church in Australia, they will be making those decisions in the light of listening to the Holy Spirit speaking through the voices of any of the faithful who wish to speak around Australia. This makes the Plenary Council 2020 different from the last one in 1937. Everyone has a chance to participate and to express whatever the Spirit is saying to them in their heart. This is an opportunity for members of BCBC to make their views known. There are no right or wrong answers. The process is designed to gather your reactions to -

- 1 What do you think God is asking of us in Australia at this time?
- 2 What questions do you have about the future of the Church in Australia that you would like the Plenary Council to consider?
- 3 Would you like to share a story about your experience of faith or of the Church in Australia that has shaped you?

It is expected that this will take up to an hour of the usual meeting. If you wish you can submit material after the meeting. For more information see

<http://plenarycouncil.catholic.org.au>

**WEDNESDAY 18th JULY
ROMAN' THE SEVEN HILLS
STROLL**

Leader: Greg Endicott 3351 4092.
Meet at: Morningside Railway Station – Outbound side.
Train: Cannon Hill, Manly, Wynnum, Cleveland (Do not get the Express).
Time: 4.00pm.
Cost: Free.
Distance: 8km @ 2 hours.
Grade: S12.
Web: <https://www.google.com.au/maps/@-27.4775663,153.0755523,16z/data=!5m1!1e4>
Emergency Officer: Greg 0418 122 995. Bring this number with you.

Bring a Torch

This stroll we did as a day walk some years ago – though now shortened to fit it into the late afternoon. See all Seven of them: Esquiline Hill, Viminal Hill, Caelian Hill, Aventine Hill., Quirinal Hill, Capitoline Hill & Palatine Hill. Try and find them on the map – link above. I'm sure you won't. Thus, you will have to come on this Stroll to see them for yourself.

This stroll begins and ends at Morningside Station. After walking down Richmond St and through the bushland tracks of Seven Hills Reserve, we will visit all of the seven hills, named in subdivision of the 1890s after the Seven Hills of Rome, before making our way back to the station.

**FRIDAY 20th JULY
LONDON FIELDS
JOHN TOOHEY SOCIETY**

Leader: Michael Simpson 0419 620 714.
Address: 3/404 Montague Road, West End.
Time: From 4pm till 9ish.
What For: A chat and a beer and a meal.
Web: <https://www.facebook.com/londonfieldsbne/>

The Club's monthly informal get together for July is an old favourite, London Fields. Well it not actually and old favourite as we went there for the first time last year. We loved it so much we are returning this year.

Phil described it last year as follows: "London Fields is a cool white English-style gastro-pub tucked away in a revamped retro building in an off-the-beaten track corner of West End."

Transport from the City is on Bus Route 60 (Blue CityGlider) which goes down Adelaide Street and stops along Montague Road.

<https://translink.com.au/sites/default/files/assets/timetables/161212-60-cityglider.pdf>

So join us for a great way to spend a Friday evening.

**SATURDAY 21st JULY
SHEPHERD'S WALK (Q)**

DAY WALK

Leader: Terry Silk 3355 9765.
Meet at: St Brigid's Car Park, 78 Musgrave Rd, Red Hill.
Time: 6.45am.
Cost: \$10 + \$20 (car pool), \$2 + \$20 (private).
Grading: M34.
Location: In the Kerry Valley near Beaudesert.
Web: <http://beaudesertmuseum.org.au/main/component/content/article/1-latest-news/75-shepherds-walk.html>
Emergency Officer: Carol Kelly 3269 4795.

This event is run by The Beaudesert Historical Society. They provide the Leader and Tail End Charlie. There are usually over one hundred walkers on the event and the pace is determined by the slowest walker as there is a great range of fitness and ability. Numerous rest breaks are taken and we have morning tea, (which you need to bring), on the saddle of the Gin Broken Range before we commence our descent to the famous Sausage Sizzle Lunch which The Historical Society provides.

During the walk excellent views of the surrounding countryside can be had. A number of areas in which we walk can be seen. As usual, the countryside is looking quite spectacular. (So don't forget your camera.)

I believe that all our members are capable of doing this short walk and it is my wish that all our members do it at least once. You should not delay doing this walk as I do not know how many more years it will be staged, particularly as many of the volunteers are quite elderly.

Even though this is a short walk (about three and a half hours) it is mainly off track with some long grass and uneven ground along with a steepish climb followed by a descent. At the end of the walk there is a water crossing where, unfortunately, you will get your feet wet. (The fact that I continue to do this walk even though I get wet feet, speaks volumes about how great I think this walk is.)

The Sausage Sizzle Lunch is supported by the famous damper and syrup washed down with tea, coffee, cordial or water. There is usually plenty of food including some home baked cakes and biscuits. (The cakes and biscuits are sometimes hidden, but if you watch me, you should not miss out.)

The Historical Society provides the busses to take us to and from their complex in Beaudesert to a monument in the Christmas Creek valley where a short informative address is given on the significance of the Shepherd's Walk and the era of Chinese shepherds in the area. Then the busses take us a little way down the valley to where the walk starts. After lunch, (all too soon), the busses return us to Beaudesert, thus allowing us to return to Brisbane before dark. No coffee stop is made as usually, everyone is too full.

I highly recommend this walk as The Historical Society is famous for their country hospitality, the views are spectacular and the food is most enjoyable. What more could you want? The Historical Society does an excellent job of running this event. They charge \$20.00 for the bus trip and lunch and our club charges \$10.00 for car-pooling. Children are half price and non-walkers can wait at the lunch spot. I am sure that you will enjoy interacting with walkers from other clubs and areas. This walk has become an annual event for our club. The Historical Society has been running this walk for over a quarter of a century.

You will have to bring your own morning tea and water. Also, most importantly, you need to nominate ASAP as numbers are needed for catering purposes. I look forward to your company on the day which I am sure you will enjoy.

**FRIDAY 17th AUGUST
FRITZENBERGER
JOHN TOOHEY SOCIETY**

Leader: Michael Simpson 0419 620 714.
Address: 52 Petrie Terrace.
Time: From 4pm till 9ish.
What For: A chat and a beer and a meal.
Web: <https://fritzenberger.com/>

This is another new venue for us. The venue's publicity describes itself as "You've found your way to Fritzenberger frites and burger brew pub. We do frites. We do burgers. We also brew beer. It's pretty Fritzensimple, really." I think that says it all really.

Check out their website for their pretty extensive list of beers and food. See you there.

**REALLY ADVANCED NOTICE
FRIDAY TO WEDNESDAY
2nd TO 7th NOVEMBER
VICTORIAN ALPS
DAY WALK/THROUGH WALK**

Leader: Phil Murray 5522 9702.

The trip this year to the Vic Alps will be a travelling basecamp plus a 3 day through-walk. This is a great opportunity to do 5 days of magic walking in the Victorian Alps. I should mention that I have had snow 4 times on the last 5 trips to the Alps and the time it didn't snow we had severe frosts which made it colder. But the cold and snow actually add to the enjoyment.

The Three Mountains in summary

1. MT COBBLER – a day walk – 14 km
2. MT FEATHERTOP – a day walk – 20 km
3. MT BOGONG – a 3 day through walk

The Proposed Itinerary

Day 1 Friday – 2nd November

Leave Brisbane by 7:30 am ish
Fly to Melbourne by 12noon
Drive to Mansfield – about 3 hours
Drive to top of Mt Stirling
Stay in Cabins
at Mansfield Caravan Park
Dinner in pub at Mansfield

Day 2 Saturday – 3rd November

Drive to start of walk about 40 km
Mt Cobbler Height 1628 m
distance. -14 km time 6 hours
drive around to Harrietville (60 mins)
Stay in Cabins
at Harrietville Caravan Park
Dinner in pub at Harrietville

Day 3 – Sunday – 4th November

Mt Feathertop –

“up” to Feathertop **via Razorback** –
Distance 11 km – walk time 4 hours
“Down” **via Bon Accord Spur**
Distance 9 km – walk time 4 hours
Drive to Tawonga caravan Park
Distance 50 km 65 mins
Stay in Cabins Tawonga
Mt Feathertop (1922 m) is the second

highest mountain in Victoria and is known as the “Queen of the Alps”

Day 4 – Monday 5th November

Mt Bogong

via the Staircase Spur

dist. 11 km - walk time 6 hrs

there is a huge “up” of about 1,400 m

Stay in tents near Cleve Cole Hut.

Mt Bogong (1986 m) is the highest mountain in Victoria.

Day 5 – Tuesday 6th November

Mt Bogong West Peak

Amble along the Bogong plateau

Distance - 10 km. Walk time 6 hours

Stay in tents near Cleve Cole Hut.

Day 6 – Wednesday 7th November

Descend from Mt Bogong

via Eskdale Spur.

Dist. 11 km 5 hours 7 – 12 noon

Showers at Mt Beauty Caravan Park

12.30 to 1

Drive to Melbourne 340 km – 4 hrs

Allow 1 hr buffer

Arrive airport by 6 pm

Fly to Queensland on 7 pm flights

Arrive back in Brisbane by 8 pm

This will be joint walk with the Catholic Walking club of Victoria to join them on their Cup Weekend Walk. If you are interested please contact me to discuss. The Club last did Mt Bogong in 2011. It may be a while before we return. I was interested in getting numbers finalised by 31st August as we need to book cabins and plane tickets.

PRESIDENT'S REPORT

Having come back from 6 week's holidays, I had a bit of catching up to do. Reading the May Jilalan was one of these. This time I read it from cover to cover.

On the inside of the back cover I actually read the normal blurb about who is on Committee, whose photo it was on the front cover, what you can and cannot submit to the Editor in what format, and the “Emergency +” system of using Triple Zero (the 000 Emergency Phone Number). This was featured in Jilalan about 6 months ago, and as I read I realised I had not put the app on my own phone.

This App is a way of finding out your own GPS coordinates while on the phone to 000 about an emergency you are in. The Club has had to use it once already in the past year and it proved it's value immediately.

Please go to your App Store and download it right this very minute. I did mine on the train on the way to work. It is very simple and takes about 2 minutes (if, unlike me you do not read the pages of disclaimer.)

Once it is on your phone, you can use it any time anywhere in an emergency situation. It is not just for bushwalking – just think of the number of car accidents, work emergencies, public safety situations, fires. It was developed by the NSW Fire Brigade so there was the initial incentive for a correct location for the emergency services to attend.

You get on to 000 who look after fire, ambulance and police emergencies. The App will tell you the GPS coordinates of where you are - thus the Emergency Services can plug that into their GPS in the vehicle and get to the exact spot a lot faster. No thinking or guess work needed.

Please do it as soon as you read this.

Shortly, all walkers on our outings will be required to carry a “medical emergency” form in their pack. It was previewed in the May Jilalan. The format is still under review but will be operational within 3 months.

On the form, you will show any illnesses, conditions and medication. The form will stay sealed in your pack and stay there. Only if you are incapacitated and cannot speak or answer the ambulance’s questions will the leader open the form and tell Emergency Services your pre-conditions. Otherwise, it will be handed to Emergency Services (the ambos) unopened.

The form is there for your safety. Please fill it out when we refine it and bring it on every Club trip. Some leaders may even be inclined to turn you away if you do not have the sealed form in your pack.

Lastly, Leaders – are you having non-financial members and visitors complete the “Acknowledgment of Risks and Obligations of Temporary Members (Visitors)” form before they hop into the car at the start of the trip. It is a requirement of our insurance for each Non-Financial Member & Visitor to complete the form, sign it and for you to hold it on the outing and hand it in to Terry with the money.

A “non-financial member” is a member who has not paid our subscription for the current year. This includes a member who has not supplied a valid Renewal Form and/or subs for the current year – not just Visitors.

And remember, anyone under 18 has to be with a parent or guardian.

Let us enjoy our winter walking under a clear blue sky.

TREASURER’S REPORT

I am still selling tickets in our first raffle for the year. It has two prizes with the first being a set of Adventure Ridge Walking Poles and the second being a Crane fast drying 60cm x 1.2m Hiking Towel in a zippered pouch. Tickets are still a dollar each and of course you have to be in it to win.

A reminder that we still have a limited supply of club t-shirts at thirty-five dollars, small metal club badges at five dollars, 60th anniversary t-shirts at twenty-five dollars along with 60th anniversary USB devices. Terry.

ABOUT PEOPLE

John Brack, Sue Ferguson, Mervyn Galvin, Louise Jones and Elizabeth Richards are celebrating their birthdays in June. The Club offers its prayers for John Blumke who was recently diagnosed with pancreatic cancer. Veronica Forsyth and past member Ben Sotiriadis recently returned from walking the full Spanish Camino. Liz Little has recently returned from a Queensland road trip where she bumped into Ken and Monica McCarron whilst walking in the Carnarvon George. Elizabeth Richards has just returned from exploring north Western Australia where some walking was involved. Sue Ferguson recently returned from a trip to the U.K. Greg and Michele Endicott have just returned from a holiday in France. Russell and Louise Jones recently returned from a trip to China. Allan Schmidt recently returned from a work trip to Japan.

Past Member, Peter Constable was a visitor on Michael's Moreton Island walk as was past member Mary McInnes (nee Blythe) on Michael's Gheerulla Circuit walk. First time visitor, Sheena McGregor, was a visitor on Liz and Paddy's Mt. Coot-tha Double Traverse. Visitors are always most welcome on any of our activities.

OUTINGS REPORT

Some members will have noted that I am now starting all my walks at 6am. There are two main reasons why I am now starting early. They are:

1. The traffic situation in Brisbane has become intolerable. No matter what day of the week you choose by 7am it becomes a grind just getting out of the city. By leaving at 6am we are able to miss a lot of it and can have a relaxing drive to our destination. We can even have a coffee before we start. By starting early we also have a chance of finishing early which means that we can miss the traffic coming home. Double bonus.

2. The second reason is due to climate change. As you are all aware the days are becoming hotter which means climbing mountains becomes harder the later you start. By starting early we miss the heat of the day during the climb and only strike it on the descent.

A third reason is also that the best time of the day is the mornings. There is nothing lovelier than watching the new day's sun rise.

Hope to see you on the tracks.

Michael 0409 620714 or michaellesimpson@optusnet.com.au

LEADER'S NEEDED

September 15 Brisbane Valley Rail Trail

December 15 Mountains to Mangroves

December 26 Boxing Day Walk

OUTINGS STATISTICS

Date	Trip	Leader	Type	No
May 19	Gheerulla Track Circuit	Michael	DW	17
May 26	Ballina to Lennox Head	Phil	DW	4
May 31	Flinder's Peak	Russ	DW	8
June 1/3	Conondales	Michael	BC	7
June 2	Mt Coot-tha Double Traverse	Liz/Paddy	DW	7
June 9	Toms Tum	Iain	DW	4

MEMBERSHIP REPORT

Our current membership stands at 97. This total is made up of 68 ordinary members, 20 associate members, two honorary members and seven life members. We welcomed two visitors on walks last month: past member Mary McInnes (nee Blythe) and a Scottish traveller, Sheena Macgregor, a friend of Paulette and Allan Schmidt.

60th ANNIVERSARY PHOTO BOOK

A commemorative photo book of the 60th Anniversary celebrations is now available for purchase. It is a 20-page, 12inch x 12inch coloured, coffee table book which captures the highlights of the day.

Cost:

Big W Photo Books offers good discounts every two or three months. If you are happy to pay now and wait for a discount offer, the price is \$33. If you would prefer to pay and order now and take delivery after two weeks, the price is **\$55**.

To order:

Either:

- Deposit money into the Club account (QTMB BSB: 514 179 Account No: 1567184), using the reference of your name and *book*, eg Smithbook

or

- Post a covering note and a cheque to the Club (PO Box 31, Red Hill, Q 4059)

or

- Hand cash or a cheque and your name to our treasurer, Terry Silk.

BOOTS FOR SALE

A pair of Women's Kathmandu boots, size 5.5 in good condition are for sale for \$30. Contact Therese Abernethy on 3359 6473 or 0428 510 706 if you are interested. They will be displayed at the June meeting.



SHIRT FOR SALE

A Mountain Design cement coloured walking shirt, women's size 16 is for sale for \$20. It is brand new and never worn. Contact Michael Simpson on 0409 620 714 if interested. They will be displayed at the June meeting.

PAST EVENTS

THURSDAY 19th APRIL MT CORDEAUX DAY WALK

Weather: Very sunny in the morning but cloud cover moved in during the afternoon.

Temperature: 26°.

Started: 9.10am.

Finished: 2.03pm.

Ave Speed: 4.7kph.

Distance: 11.26kms.

Height Gain: 415m.

Attendance: 8 – Phil Murray, Michael Simpson, Pat Lawton, Jarrod Sefton, Richard & Michele Johns, Stephen Mitchell and Sue Walsh.

I will keep the report short and sweet.

A lovely walk up at Cunningham's Gap. The walk went off without hitches at all. Back in town at a reasonable hour.

There were several highlights, firstly the views. I had forgotten just how amazing the views were. They are sensational. The Main Range was spread out before you and Mt Barney was standing tall proudly in the distance.

We played name that mountain with Pat. The whole main range set out before us to the south, Mt Mitchell, Mt Spicer, Huntly, Panorama Point, Lizard Pt, the Steamers and Mt Roberts. I can't remember, did we actually spot Mt Superbus? Or was it obscured by Mt Roberts? Anyhow, have to go back to find out. To the south east were Mt Greville, Mt Moon, Mt Maroon, Mt Toowoona and Mt Barney. To the north east were Flinders Peak, Mt Fraser and Mt Walker. The Ramparts and Mt Castle to the north. Of note is that you can't see much of Mt Castle from Bare Rock. We had lunch at Bare Rock and the high level cloud had started to come in and started to make the view a bit hazy.

Another highlight was the number of spear lilies. I have got to come back here when they are in bloom which is late spring.

Another highlight was Pat's "history class". Every walk I go on with Pat she has so many little stories to share with you and has lots of little anecdotes about the history of walks, who built the tracks and showed us the "secret" spots where we turn off to various landmarks.

In summary a great walk and I am very keen to come back again. Hopefully next year in late spring. I should note the walk does have a significant height gain and does give you a good cardio-vascular workout.

Thanks to those who came on the walk and thank you to the drivers. Phil.

SUNDAY 22nd APRIL TOOHEY FOREST ORIENTEERING

**NAVIGATION TRAINING
S&T EVENT**

Temperature: 25°.
Weather: Cloudy & muggy.
Started: 9.15 am.
Finished: 11 am.
Distance: 6 km approx.
Attendance: 4 - Phil Murray, Jarrod Sefton, Michael Simpson and Karen Franklin.

Orienteering is a great way to improve your map reading skills. I found the navigation reasonably easy but maybe because I know Toohey Forest so well. Anyhow 4 people from the Club attended this event with the Queensland Orienteering Association.

Michael and Karen did the event as a pair and Jarrod and I did the event as individuals.

You get provided with a map, compass, a tiny little information sheet that describes the specific features of the control point, eg a gully or termite mound you are heading to and you also get issued with a tracking pen which is a device to register that you have found the 'control point' and you insert the tracking device into the hole to record your time. When you get back they printed out the time you took to complete the course.

I did a course called Hard 3 which was which was 4.4 km long as the crow flies, but I would have done about 6 km as I followed the tracks that were adjacent to the straight line route. By following the tracks around it makes a bit longer but much quicker otherwise it is a bush-bash. I took 90 minutes to complete the route

I attached a copy of the Map I used with the various "control points" indicated in red and the red line is the shortest route between the control points. The orange highlighted track is the route I followed.

Michael & Karen did the Moderate course which was 2.2 km long. Michael & Karen took 78 minutes to complete the course.

Jarrold did 2 courses. He did the easy course which was 1.9 km and he enjoyed that so much he then did the moderate course. The easy course took 36 minutes and the moderate took about 70 minutes.

Anyhow hope you can join us on the next orienteering event we do as a Club. There is an event in Burbank (which is near Capalaba) on the 22nd July. Phil.



**SATURDAY AND SUNDAY
28th AND 29th APRIL.
CLUB HUT WORKING BEE
BASE CAMP AND DAY WALK.**

11 people for the working bee, what a great roll up! Four came in for the day on Saturday (Joe, Terry, John and Nicky). Many drove down independently arriving at different times. Terry, Joe Tottenham, Khaleel and myself walked in together from the car park together, arriving at the hut where Michael

and his crew had just about finished unloading a lot of gear from his 4wd vehicle. With Mike were Karen, Kylie, Peter Constable and Nicky Read (Michael drove Peter and Nicky back out to the Lower Portals car park at the end of the day). Russ and Jan arrived soon after the rest of us. It was great weather for a working bee, not too hot with a slightly cool breeze, sunny with some cloud cover. There were showers threatening for some of the day but fortunately there was only the briefest sprinkle later in the afternoon (for a few seconds) well after paint had dried. There were also a couple of light showers in the evening.



Mike had brought in his motor mower and Joe's brush-cutter. The grass of the paddock was long and thick so the machinery was running much of the day (though the mower needed rests when it started overheating). Terry did what he often does on working bees, carrying endless loads of cut grass and bracken to the rubbish pile in the lantana off one corner of the paddock. The river pebbles around the edge of the hut walls were pulled out, dirt, grass and leaf litter removed, and the stones put back in place with a few more added where needed.

Karen and Kylie were our roof painting team. Just under half the roof had already been done and they worked on three quarters of the remainder (leaving a section needed to access other work on the roof). After preparing the surface and washing it down, they primed the metal with a coat of Penetrol on Saturday and followed with a coat of roof paint on Sunday.

Once this section has another coat of paint, the roof will be all done except for the final strip. The other big job was to remove and replace a badly rotted fascia board between the main roof and the chimney roof. Four workers were needed to move one of the triple decker bunks outside to set up as a working platform. I had several people helping me with the fascia but Khaleel was my main off-sider, sawing, drilling holes hammering nails etc. Guttering was removed, the board replaced and a few smaller rotten sections of fascia were cut out and patched with bits of timber and filler. Older fascia was scraped, sanded and cleaned and then painted with undercoat and top coats. The end of a supporting beam had also rotted and this was repaired with a lump of hardwood and plasti-bond and then painted. The probable reason the fascia has rotted is the hut roof's very shallow slope (almost flat). This means some of the water running off the roof doesn't drop straight down but runs back along the underside of the metal and ends up dripping onto the top of the fascia. Somebody at a plumbing supply shop suggested that running a thin bead of silicon along the underside of the edge may stop this happening, but we didn't have time to try this on the weekend.

The inside of the hut was cleaned, windows washed and rubbish removed. Leaves were removed from the chimney gutter. A bit of work was done on the 4wd track where it had washed out (just after it crosses the gully near the hut). One or two people brought in home-made cakes and slices and everybody enjoyed these as they were shared around. On Saturday night we sat and chatted around the campfire. The evening was cool enough to appreciate the warmth of the fire though a brief shower had us scurrying for the cover of the hut. Later we retired to bed in tents, swag and the hut.



In writing up the working bee I neglected to mention that we could be finishing relatively late on Sunday, so on Sunday morning a few people recalibrated their plans for the afternoon. I pushed the work along, but needing to allow for several coats of paint to dry and then put the guttering back in place meant we left the hut at about 3pm. It was quite a team effort getting the guttering in place and a process of trial and error working out how to click the gutter into the gutter-clips. I missed not having Mike Wood on the working bee, as a fairly large group of volunteers really needs two relatively skilled and experienced workers so one can concentrate on complex tasks and the other one can give people jobs to do, help them out and trouble shoot. Not all jobs planned in advance work out so new tasks often need to be found on the day.

It was a great weekend and everybody seemed to enjoy themselves. In the last few years there have been several major jobs on the hut needing attention. It is wonderful that most of that work has now been done and the hut is now in a very sound condition thanks to all our willing and enthusiastic helpers. Thank you to Peter, Nicky, Kylie, Karen, Russ, Jan, Khaleel, Terry, Joe and especially Michael (for driving his 4wd vehicle in and carrying a lot of gear for us). Cheers, Iain.

**SATURDAY 12th MAY
EGYPTIAN MUMMIES
SOCIAL**



What an appropriate title for a social on the Mother's Day weekend. And what a great exhibition. We met six mummies and discovered all the secrets of embalming and gained an insight into the ancient lives of some of the people in Egypt. The mummies were visualised by using state of the art CT Scanning which meant that the mummies could be examined without physical interference. Michael.

**FRIDAY 18th MAY
THE BLOODHOUND BAR
JOHN TOOHEY SOCIETY**

This was a new venue for us and despite the difficulty in driving there it was well worth the effort. As most of us arrive and leave early we avoid the crowds and the noise. The Bloodhound Bar was no different with most of us there by 5pm. The beer for the evening was the Mornington Session IPA whilst one or two of the porters proved popular as well.

Thanks to the seven who joined me, Karen, Josh, John H, Graham, Russ & Jan and Peggy. Michael.

**SATURDAY 19th MAY
GHEERULLA TRACK CIRCUIT
DAY WALK**

This proved to be a popular walk with fifteen members and one visitor joining me for a long day out in the bush. We all regrouped at Mapleton and after the obligatory coffees we headed down Delicia Road to our starting point.



The Gheerulla Track initially follows the road as you climb to the plateau before Gheerulla Bluff. So we followed the road for a short distance before joining the track. The first stop was a lookout west which provided with limited views of our return up the Gheerulla Creek. It was then onto Thilba Thalba Campground which we could smell long before we reached it. The toilets certainly need some work. The bush is very green up here and hence very beautiful. There doesn't appear to be much of the weeds here as on other tracks in Southeast Queensland. So we were constantly slowing to enjoy the vista. At the campground we met the support group for 19 walkers who were completing 32kms as a fundraiser for the Leukaemia Foundation.

We stopped for a chat and morning tea before continuing along the plateau. Just before the drop we visited another lookout which gave great views of the western mountains, in particular Kennilworth Bluff as well as the Mary Valley. And we started to pass the Leukaemia walkers who were quite spread out. The drop off the Bluff has been re-routed and is now much easier and safer than the last time I was here. It wasn't long before we were down to the creek and starting the long gradual climb back to the cars. But first lunch which was taken at a lovely spot alongside Gheerulla Creek. I had noticed that the creek was flowing strongly and I had high hopes that the waterfall would be flowing instead of the trickle I experienced last time. I was not disappointed. Gheerulla Falls were quite spectacular with plenty of water on them. After lingering for a while it was time to walk the follow the final kilometre or so back to the start. My GPS had told me we had walked nearly 22kms and climbed nearly 1200m all in 7 hours. No wonder I felt tired.

We headed back to Mapleton for coffee and then back to Brisbane after a delightful day in the country. Thanks to Karen, Pat, Trevor, Therese N, Russ & Jan, Maria, Paddy, Gerry, John H, Khaleel, Mary (visitor), Rusty, Louise, Emma and Jess for their company. Michael.

**TUESDAY 22nd MAY
MOVIE NIGHT
SOCIAL**

We started at the Yiros Shop for light refreshment before heading across to Miss Claudes for coffee and crepes. I think we'll head back to Schnitz next month. We all decided to watch I Feel Pretty which proved to be not too bad. It was a light hearted comedy which was well acted. Not my cup of tea usually but worth seeing.

Thanks to Karen, Andrea and John H for joining me. Michael,

**SATURDAY 26th MAY
LENNOX HEAD COASTAL WALK
DAY WALK**

Weather: Sunny at first but cloudy in the afternoon & windy all day.
Temperature: 21° but with the wind chill it felt like 17°.
Wind: Howling south easterly at 30kph.
Rain: Nil (but we had a heavy downpour on the drive down).
Started: 10.58am.
Finished: 3.28pm.
Walking Time: 3 hours 30 mins.
Distance: 14.14kms (according to Benno's GPS).
Ave Speed: 4.04kph.
Attendance: 4 – Phil Murray, Benno Giuliani, John Hood and Janell Sammon..

A very good beach walk in northern NSW. We walked the section from Ballina to Lennox Head.



Beach Boys at Angel Beach

Had a wonderful time. There was good news on the weather front as the rain stayed away. On the drive down to Lennox we went through a heavy downpour as we went across the Tweed River and it rained heavily for 20 minutes. The skies were very grey and ominous but the skies cleared magically as we reached Lennox Head.

The weather was kind as the skies were nice and sunny for the first half of the trip but the grey overcast conditions closed in from about 2 pm. I should mention that the wind was a stiff breeze but it added to the wild feel of the beach. The surf was about 6 feet (that 1.8 metres) and the surf was roaring.



Janell at Sharpe's Beach with the Tide Out



.Phil Walking Over White's Headland with Sharpe's Beach in the Background



Our Group at Boulder Beach with Skennar's Head in the Background. Janell, Phil, Benno & John

We arrived at Lennox Head early (at 9.55 am) for the bus. I had allowed 40 minutes for possible delays which didn't eventuate. To fill in time we had a quick drive up to Pat Morton Lookout at the top of Lennox Head and watched the numerous surfers trying to get a wave. We drove back to "town" and I am pleased to report that the bus turned up exactly on time at 10:40 am. (Well actually the bus was early as it arrived at 10:39 and 42 seconds). The bus trip down to Ballina (Shaws Bay to be precise) was uneventful but we had some nice views of the countryside which is slowly being encroached upon by the urban sprawl from Ballina. The population of Ballina is just over 30,000 but the new houses being built are very large presumably due to the "sea-change" generation moving from Sydney and Melbourne to a nice coastal town and they want big luxurious houses.

Anyhow we quickly arrived at Shaws Bay and the walk started beside the mighty Richmond River. We traipsed out to the end of the breakwater beside the Richmond River. Arguably the breakwater is not serving its purpose as the water at the mouth of the river was like a washing machine and no boats attempted the crossing of the bar. Anyhow we were quickly on the beach and walking north. I must report that Benno quickly discarded his boots and walked barefoot along the beach and actually walked the rest of the day in bare-feet.

We had lunch at Sharpes Beach where there was a mobile coffee barista making beautiful cups of coffee that were boiling hot. We sat on the delightful milk crates that were provided for seating. They were surprisingly comfortable.

The views from the clifftops near Lennox Head were inspiring with huge cliffs lines been battered by the roaring surf. We were soon at the amazing lookout at the Pat Morton Reserve. We enjoyed a leisurely break here enjoying the views. To the north was Cape Byron and to the north west was the

Nightcap Range. But we couldn't see Mt Warning as there was extensive cloud buildup in that direction. We finished the walk at 3.28 pm which was 30 minutes faster than expected. We were soon on our way home. A great day. Thanks to Janell, John and Benno for joining me and a special thanks to Benno for driving.

**THURSDAY 31st MAY
FLINDER'S PEAK
DAY WALK**

As we climbed this peak we were treated to the most magnificent weather – the sort of day which makes winter in south-east Queensland delightful. There were crystal clear outlooks, no fog and no clouds. On top for morning tea, we could see the buildings of Brisbane and Moreton Island. We watched four fighter jets, in formation, approach the main runway at Amberley RAAF base from the south. From the top we could see Wyaralong Rowing Course on Lake Wyaralong which is between Boonah and Beaudesert. On our ascent we met quite a few people including Daniel Wood, son of Mike and Cath Wood, plus a small group of people from Brazil.

The descent was a bit slippery in parts and the whole walk took most of us a leisurely five hours including breaks. As we drove from the foot of the mountain we were passed by a number of emergency vehicles. Michele, who was amongst the last to leave, spoke to the ambos, who advised that a man with the Brazilians had fallen six metres. So there was a significant response in terms of ambulances, fire engines plus a helicopter. This brought a good walk to an unexpected end. The walkers were Michael Simpson, Karen Franklin, Jonas Bernotas, Stephen Mitchell, Richard and Michele Johns and Jan and Russ Nelson.

**FRIDAY TO SUNDAY
1st TO 3rd JUNE
CONONDALES
BASE CAMP**

An intrepid seven (7) of us (Russ and Jan Nelson, Michael Simpson, Karen Franklin, Josh Cooke, Khaleel Petrus and myself) made the trip to Charlie Moreland campground for our base camp in the Conondales this past weekend. We set up camp on the Friday night and were looking forward to enjoying a quiet bevv by the fire when we discovered the campground was busier than the Valley on a Friday night – it seems this past weekend the local area had two show holidays (memo to self: check out show holiday dates as well before booking). Fortunately this didn't dampen our spirits and we were able to get a good night's rest prior to our walk on the morrow.



Our first walk took us from Booloumba Creek Falls, via the sunning Artists Cascades – easily the highlight of this walk. From there we enjoyed a brief dalliance off to the Strangler's Cairn and the Gold mine, where a British family were experiencing some consternation over the sighting of a carpet snake. Assuring them that he wouldn't eat much, they headed off and we made our way to the finish of the day's walk, at the Booloumba Creek Day Use Area.

Finding ourselves with a surprisingly free afternoon, a couple of us went into Kenilworth and potted about the shops (new hats for Karen and Kylie were sported soon after!) and others poked around exploring the campgrounds.

The evening meal was held at the Kenilworth pub, which stocked a surprising 12 ales on tap. Alas we weren't able to try them all. The food was fabulous and several of us enjoyed sampling the dessert menu. Appetites sated, a very pleasant evening was spent by the campfire, with the exception of the somewhat loud country music our neighbours felt appropriate to share with us all.

Overnight the temperature was perhaps a little cooler than the night before, but still afforded a good night's sleep. We rose at a reasonable hour and then meandered back to the Booloumba Creek Day Use Area to set off for Mt Allan Fire Tower. This was a very pleasant climb up to the top, with stunning views of the landscape all around. Particularly pleasing was that the rangers have enabled access to the tower room so that the map inside can be viewed. The walk back to Charlie Moreland was a steep 4.5km trek down the fire trail. Upon our return to the camp, Russ held a brief but poignant liturgy, and then we packed up and headed our separate ways back home – some via the Kenilworth cheese factory for a spot of sampling and purchase. Another successful weekend for BCBC.



Many thanks to Michael Simpson for organising the campground and leading the walks, and to all who attended and made it such an enjoyable weekend. Kylie Moore.

**SATURDAY 2nd JUNE
MT COOT-THA DOUBLE TRAVERSE #2
DAY WALK**

This walk, in Brisbane's backyard, covered a variety of pretty scenery and some lovely views of our city. Gerry described the walk as "a smorgasbord of hills." It was a circuit from Indooroopilly, over Mt Coot-tha, down to Bardon, over Mt Coot-tha again and back down through Kenmore Hills and Chapel Hill to Indooroopilly. We walked quite a variety of tracks including the Lookout Trail, Summit Track, Pinnacle and Powerful Owl Trails, Sir Samuel Griffith Drive, Jacksonia Track, Bellbird and Kamala Trails, Rose Robin Track, Marmindie Street and Chapel Hill Road.

A shaded table in the JC Slaughter Falls Picnic Area provided a pleasant morning tea spot and the Grey Gum Picnic Area was our choice for a lunch break. Both were pretty, well maintained little parks. We were also able to spend some time enjoying the view from the Lookout. The clear, blue skies and bright sunshine made these views magnificent.

We welcomed a delightful visitor from Scotland. Sheena was visiting Paulette and Allan Schmidt. Thanks to Russ for agreeing to be the emergency officer. Luckily, his assistance was not required on the day. Thanks also to Paddy for her co-leadership, Terry for keeping me company at the tail and Rusty, Louise and Gerry for their enthusiasm and companionship. Liz.

**WEDNESDAY 6th JUNE
CAFÉ 63 HAMILTON**

DINNER & COFFEE NIGHT

We headed back to Hamilton again this year to avoid the crowds of State of Origin. But I need not have worried. Apparently the State of Origin is on in Melbourne this year. All that worry for naught.

The evening was well attended and the food and drinks were up to standard. A little light rain did nothing to dampen spirits.

Thanks to Karen, Graham, Liz, Greg & Michele for supporting this social. Michael.

HOW WE ORGANISE OURSELVES

OUTINGS

- (a) Always read the Jilalan article to check the departure point, date and time.
- (b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.
- (c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming "lost". Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.
- (d) Walkers are responsible for their own transport to and from the departure point.
- (e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.
- (f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.
- (g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.

All visitors must sign an Assumption of Risk form for insurance purposes.

VISITORS – for general enquiries contact Greg on Ph: 3351 4092.

GENERAL MEETINGS: Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is St Michael's Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower car park.

VISITORS are always welcome.

EMERGENCY OFFICER: If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or "EO" or "Emerg Off") for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

<http://www.bcbc.bwq.org.au/EmergOffSyst.html>

PERSONAL EQUIPMENT: The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – a first aid kit, a torch, a parka/raincoat, hat, shirt, 30+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MEMBERSHIP FEES - Membership Subscription fees are:

Ordinary Members: \$20; Associate Members: \$16; Spouse Members - Ordinary: \$20;
Spouse Members – Associate: \$16; Country: \$20.

Fees cover the period 1st January to 31st December, and renewals are due and payable by end of February each year. There is an additional \$25 cost for Ordinary and Associate Members who elect to receive a printed Jilalan with the exception of Life & Honorary Members. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

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Federation Mountain Rescue FMR	http://fmrqld.bwq.org.au/	
Archdioceses Web Site	http://bne.catholic.net.au/asp/index.asp	

For specific enquiries, contact the committee member (from above) concerned.

For Outings or Socials, contact the leader shown in the calendar or article.

Cover: Glen Rock (M Simpson)

EDITOR'S NOTE

As Editor, I reserve the right to alter, amend, move, shorten or not print articles.

The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.

If you "borrow" any words or image from another source, please acknowledge that source – author, publication, issue, date, publisher.

I need your articles on time – it makes it hard to still get articles when I should be formatting.

Articles from this publication may be reproduced provided the source is acknowledged.

Look at last month's Jilalan and copy that format – especially the "headings" in Comings

Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.

Type Face is "Arial", Font Size is "12", though Date, Name of Event & Type are "14"

Triple Zero Awareness Work Group (TZAWG)

As a result of problems experienced by emergency call-takers and emergency services, in late 2013 TZAWG launched a free smartphone app: Emergency*. TZAWG identified that more than 66% of incoming emergency calls were now made from mobile phones; however, mobile callers often do not know exactly where they are, meaning call-processing times are longer and call-takers are then unavailable to take the next incoming emergency call.

Determining caller location is the most critical piece of information emergency call-takers need when a call comes in. If callers don't know where they are, emergency services can't send help.

Emergency+ uses the existing GPS functionality of smartphones to enable callers to provide emergency call-takers with their location information as determined by their smartphone. When activated, the built in accessibility features of a smartphone will describe aloud what appears on-screen, so a caller can use the app without seeing it.

The Emergency+ app is available for free download in Apple iOS, Android and Windows phone versions, and has already saved lives by ensuring emergency services arrive on-scene as quickly as possible to assist someone in need. One group for which Emergency+ has obvious benefits is bushwalkers, and TZAWG has numerous examples where lost or injured bushwalkers have used the app to pinpoint their location for emergency services.

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