

JILALAN

Monthly Magazine of the
Brisbane Catholic Bushwalking Club Inc

Established 1957 – Incorporated 1991
under the guidance of Our Lady of the Way



Granite Bay, Noosa National Park
(taken on Noosa Hill Day Walk 16 Nov 2019)

JANUARY 2020

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WARNING

All persons, adult or child, member or visitor, undertake Club activities at their own risk.

WALK TYPES

DW	Day Walk	BC	Base Camp
ON	Over Nighter	S&T	Safety & Training
TW	Through Walk	SOC/SW	Social/Social Walk
TRN	Training	SP	Spiritual Event
FMR	Federation Mountain Rescue	Q	Qualifying Walk

WALK GRADINGS

Distance	Terrain	Fitness/Endurance
Short: under 10 km per day	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor hills
Medium: 10-15 km per day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	3 - Intermediate - Suitable for fit beginners. Up to 5 hours walking and/or minor hills
	4 - Rough, unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Intermediate - Suitable for fit beginners. Up to 5 hours walking and/or up to 300m gain/loss
Long: 15-20 km per day	5 - Rough or rocky terrain with small climbs using hands or rock hopping	5 - Moderate - Up to 6 hours walking and/or up to 450m gain/loss. Agility required.
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking and/or up to 600m gain/loss. Agility required.
Extra-long: over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength needed.	7 - High - Up to 8 hours walking and/or up to 750m gain/loss. High fitness, endurance and agility required.
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required.	8 - High - Up to 8 hours walking and/or up to 1000m gain/loss. High fitness, endurance and agility required.
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills and good upper body strength required.	9 - Challenging - Up to 12 hours walking and/or over 1000m gain/loss. Very high fitness, endurance and agility required.

EXAMPLE

M48 is a medium walk, 10 to 15 kilometres long, over unformed, rough ground with obstacles, in which the trip is hard or strenuous, requiring fitness, agility and endurance.

PRAYER OF THE MONTH

Meaning does not come from what we do. It comes from what we are. If we are lovers of beauty, then beauty will fill us our days. If we are committed to justice, then justice will drive us past fatigue and failure. If we are devoted to building human community, then we will find meaning in the people whose lives we touch. (Joan Chittister)

COMING EVENTS

Trips leave from St Brigid's Car Park at 78 Musgrave Rd, Red Hill unless otherwise advised.

Leaders are asked to print their own *Nomination Forms* and to consult the *Leaders' Guide* on the Club website. (<http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html>)

If changes are made to walks (date, location, cancelation etc.) leaders are asked to advise Phil Murray on 55229702.

Visitors are required to do two walks before the Committee officially declares them Club members.

Nominations for walks are needed at least three days in advance to allow adequate time to make suitable arrangements such as carpooling.

FRIDAY 17th JANUARY 2020 BREWHOUSE JOHN TOOHEY SOCIETY

Leader Michael Simpson 0409 620 714
Meet 601 Stanley Street, South Brisbane
Time From 4pm till 8ish

We have been to the Brewhouse before and loved it so we're going back. It is in the 1863, heritage listed Clarence Corner Pub in Woolloongabba. It serves a variety of locally brewed craft beers as well as other beers from microbrewers around the world. The Brewhouse currently has eight of its own, Brisbane Brewing Company beers on tap. (<https://brewhouse.com.au/>). Do yourself a favour and join us.

SATURDAY 18th JANUARY 2020 PATS BLUFF DAYWALK

Leader Phil Murray
5522 9702 or 0416 650160
Meet St Brigid's 78 Musgrave Rd Red Hill
Time 6.30 am
Cost \$20
Grade M33
EO Sue Murray 5522 9702

The proposed walk was to be the Obi Obi Lilo trip but the drought means there is unlikely to be enough water to do the trip. The Sunshine Coast Great walk is closed. The replacement walk is up at O'Reilly's with a walk to Pat's Bluff.

This walk is about 14 kilometres long and is mainly on graded track with only a bit of off track walking. It is a circuit starting and finishing at O'Reilly's. We will descend to Moran's Creek via the Wishing Tree Track, go up to Balancing Rock, back to Moran's Falls, up to the O'Reilly's Road, out to Python Rock and back to Pat's Bluff and then O'Reilly's.

Bring the usual Daywalk stuff, plus at least 3 litres of water as it will probably be warmish. Ensure you bring raingear, namely a raincoat or an umbrella. Ensure you apply rid or other insect repellent

and that you have a change of clothes and shoes for the end of the trip. I recommend you leave a thermos of cold water in the car for the end of the trip.

**MONDAY 20th JANUARY 2020
MONTHLY MEETING**

Contact Russ Nelson 0427 743 534
Time 7.30pm
Where St Michael's Parish Hall
250 Banks St, Dorrington

Our meetings are friendly and relaxed gatherings where members and visitors can hear about recent and upcoming club events and ask questions about walks that interest them. Nominations for walks are taken after the formalities and people catch up over a companionable supper. All are welcome. The hall is in the lower carpark behind the church. Drive down the ramp at the left.

<http://www.bcbc.bwq.org.au/page4.html>

Instead of a single guest speaker this month, a couple of club members will share information on the charities BCBC supports: Vinnies and Little Kings Movement. Come along to be inspired!

**WEDNESDAY 22nd JANUARY 2020
NEW YEAR GET TOGETHER FOR ST VINNIES
SOCIAL**

Leader Greg Endicott 3351 4092
Meet Gaythorne RSL Club,
534 Samford Road, Mitchelton
Time 6pm
Cost Main courses \$12 - \$30
Emerg Off Greg 0418 122 995

At the start of every year we have a fundraiser for St Vinnies. This a dinner / coffee night. Each person donates a note or two and Terry will send a cheque to the local St Vinnies chapter.

Please RSVP by Monday 20th as I need to book a table or two.

We have been to the Gaythorne RSL a few times now and enjoyed it immensely. It is a nice club with a family atmosphere. The meals are good, the drinks well priced and we can stay & talk. Service is fast. Staff is friendly. There is no music till later. This is one event where we easily get 20 or more members, thus you can catch up with your friends and hear how the Christmas break went.

The entrance is at the back in Tel-El-Kebir Street through the carpark. There is a bus stop right out front and it is an easy walk from Mitchelton Station. There is a wide-ranging courtesy bus. Look at

their website for the area covered. Because it is a club, we will need to sign in or have a membership card from another club. You can become a life member for \$1 and go straight in. If you have any difficulties at the door, ring my mobile.

Come when you like. Leave when you like. Stay as long as you want. Come along to have a meal with friends, talk, show photos of Christmas and have a good time. Bring my mobile number with you. If you make a last-minute decision to come along, just come along. Do not worry if you have not RSVPed. I would like you there with us.

Check their web at <http://gaythornersl.com.au/dining/>

SATURDAY 25th JANUARY 2020
TOOLOONA CREEK CIRCUIT
DAYWALK

Leader **Phil Murray**
 5522 9702 or 0416 650160

Meet **St Brigid's 78 Musgrave Rd Red Hill**

Time **6.30 am**

Cost **\$25**

Grade **L35**

Emerg Off **Sue Murray 5522 9702**

This walk is a lovely long walk up at O'Reilly's. It is 18.5 kilometres long but is entirely graded track. There are a few creek crossings but usually they are not too difficult.

We will descend to Picnic Rock, visit Elabana Falls, go up along Toolona Creek to Wanungra Lookout on the Border Track. There is some gentle uphill walking which may be a bit onerous if you haven't been working on your fitness. We will have lunch at Wanungra Lookout. There should be views of Mt Warning. We will then return to O'Reilly's along the Border Track. The trip has been done several times over the years and is always a great walk.

Bring the usual Daywalk stuff, plus at least 3 litres of water as it will probably be warmish. Ensure you bring raingear, namely a raincoat or an umbrella. Ensure you apply rid or other insect repellent and that you have a change of clothes and shoes for the end of the trip. I recommend you leave a thermos of cold water in the car for the end of the trip.

Make sure you bring a mug to have a cup of tea with your Lamington cake at lunch time. Plus, bring all the usual day walk stuff and a change of clothes and shoes for the end of the trip.

HISTORY NOTE - This walk is specifically designed to commemorate the 62nd Anniversary of the Club's first walk. The Club was "officially" formed at a meeting in January 1958 and its first ever official trip was a weekend camp at O'Reilly's. The first walk was the Toolona Creek Circuit and the date of the walk was Saturday 25th January 1958. So, to mark the occasion, we are retracing the steps of the Club's first official walk. At lunch time up at Wanungra Lookout we will have a few very short speeches and cake, which of course will be lamingtons.

WEDNESDAY 29th JANUARY 2020

STABLE SWAMP CK #2 STROLL

Leader Greg Endicott 3351 4092
Meet Banoon Rail Station, Breton St,
Sunnybank
Time 4.30pm
Cost Nil
Grade S41
Emerg Off Greg 0418 122 995

This seven-kilometre, two-hour stroll will pass through Sunnybank, Coopers Plains and Salisbury as we go from Banoon Station via parks and paths to Salisbury Rail Station, just near the Beaudesert Road overpass. The relatively unknown Banoon Station comes after the Coopers Plains one. It is on the Beenleigh Line.

This stroll is along the left branch of the creek. Last month we did the right branch from Sunnybank Hills. You do want to tell your mates, when asked, that you have done ALL Stable Swamp Creek. Do not be embarrassed to answer because you have not followed this Left Branch.

The creek is in parkland for the first half and then goes into industrial landscape near Coopers Plains. There is still a semblance of a creek that we will attempt to follow. In this drought, the grass will be dry, low and easy to stroll through. We will explore the waterway as much as possible, tracing it between the warehouses and sheds. Failing that, we will follow roads beside the creek.

From Salisbury Station, trains go to the City, Ferny Grove and Beenleigh, with connections to everywhere else. Buses also go to the City or further out into suburbia. Look at the route at <https://www.openstreetmap.org/#map=15/-27.5668/153.0361> Bring my mobile number with you, as well as a torch, water, hat & weather protection.

SATURDAY 1st FEBRUARY 2020 ALBERT RIVER CIRCUIT DAYWALK

Leader Phil Murray
5522 9702 or 0416 650160
philmurray16@gmail.com
Meet St Brigid's 78 Musgrave Rd Red Hill
Time 7:00 am
Cost \$20
Grade XL35
Emerg Off Sue Murray 5522 9702

The proposed walk was to do Dianna's Bath but with the long drought there is unlikely to be enough water to make going there it worthwhile. The replacement walk is the Albert River Circuit. This is a

graded track walk up at O'Reilly's. Please note that it is a solid day walk at 20 kilometres but is relatively easy as there are no steep climbs. It is all gentle inclines.

The walk is through rainforest. Hopefully we will get to see some of the Lamington Blue Crayfish.

Bring the usual Daywalk stuff, plus at least 3 litres of water as it will probably be warmish. Ensure you bring raingear, namely a raincoat or an umbrella. Ensure you apply rid or other insect repellent and that you have a change of clothes and shoes for the end of the trip. I recommend you leave a thermos of cold water in the car for the end of the trip.

I would like to start walking before 9.30 am and hopefully finish walking before 5.30 pm.

WEDNESDAY 5th FEBRUARY 2020
DINNER & COFFEE NIGHT
SOCIAL

Leader Michael Simpson 0409 620 714
Meet Tutto Caffe Espresso Bar,
Shop 4/11 Stewart Rd, Ashgrove
Time 6.00 pm for dinner or
7.30pm for coffee
Cost Your choice

The first Coffee Night venue for the new year is an old favourite in a familiar area of town. We love this place and so we just keep going back. The meals and coffee are always great so why look elsewhere? Check out their website at <http://tuttocaffeespresso.com/> for their menu.

So, join me for either a meal and a chat or just a coffee and a chat.

SATURDAY 8TH FEBRUARY 2020
BLUE POOL
DAY WALK

Leader Michele Johns
0414 635 542
Meet St Brigid's Car Park
78 Musgrave Road,
Red Hill
Time 7am
Cost \$20 car pool, \$2 (private)
Grade M34
Emerg Off Greg Endicott 3351 4092

This walk starts at O'Riellys on the border track and then descends to 'Yerralahla' (blue pool) passing by some large rainforest trees including red cedar 'Toona ciliata', The route then follows the creek for most of its length.

We will walk up towards the multiple waterfalls along the way, culminating in the beautiful Elabana Falls just below the picnic rock. The track crosses the creek multiple times and, in places, climbs quite high up beside it affording stunning views down on the creek through the trees. If we get rain, we can expect to get our feet wet.

I look forward to your company on the walk.

**WEDNESDAY 12TH FEBRUARY 2020
ASPLEY TO DEAGON
STROLL**

Leader **Greg Endicott 3351 4092**
Meet **Aspley Hypermarket Bus Station**
 Platform B; Stop Id: 004193
Time **4.15pm**
Cost **Free**
Grade **S11**
Emerg Off **Greg 0418 122 995**

This Stroll is 9.5 kilometres long and should take 2½ hours. The height loss is 30 metres as we follow the creek down towards the Bay. This is the second last *Source to Mouth* Stroll along this creek – on the last we will get our feet wet in Moreton Bay.

We will follow the bike track beside the creek, darting across it in places and through remnant bush where it has survived. Occasionally, the track follows a quiet suburban street. The creek is still flowing. We will see it go from a small trickle into a broad tidal meandering watercourse.

The track takes us through the back blocks of Aspley, Carseldine, Taigum, Bracken Ridge and Deagon. Come see the hidden parts of our eastern suburbs that you have never been through before. There will be ample trains home from Deagon Station heading towards the City and beyond.

Check out the route on the cycling website: <https://www.bikemap.net/en/o/5539576/#/z15/-27.3385489,153.0366325/basic>

Bring your hat, water bottle, torch, rain protection and my mobile phone number.

**FRIDAY 14th FEBRUARY 2020
HOTEL CARRINGTON
JOHN TOOHEY SOCIETY**

Leader **Michael Simpson 0409 620 714**
Meet **143 Wickham Street, Fortitude Valley**
Time **From 4pm till 8ish**

This is a new venue for us. Graham recommended the hotel and a few of us have sampled it. It looks good. The hotel's website <http://thehotelcarrington.com.au/> states that "*Hotel Carrington is the newest edition in the valley, taking residence inside the heritage building (corner Wickham St and*

Gipps St) as well as the two neighbouring tenancies at 143 Wickham Street. Boasting two new secret garden areas, joined by a cool exposed brick alleyway, Hotel Carrington displays old world charm with a modern make-over”.

Join us for a great way to spend a Friday night.

**SATURDAY 15th FEBRUARY 2020
BOX FOREST CIRCUIT
DAY WALK**

Leader Michele Johns 0414 635 542
3353 2822
Meet St Brigid's, 78 Musgrave Rd, Red Hill
Time 7am
Cost \$20
Grade M34
Emerg Off Greg Endicott 0418 122 995

The Box Forest Circuit at O'Rielly's leaves the Picnic Rock track 2.7 kilometres from the park entrance and is a most rewarding circuit walk. The track winds down through stands of Brush Box and Piccabeen Palms to the lush sub-tropical rainforest along Canungra Creek. Pepper Vines cling to tall trees that often support spectacular tree gardens.

There are several waterfalls along the way, the most impressive being Box Log Falls and Elabana Falls. We will follow West Canungra Creek most of the way with several creek crossings. There will be an opportunity for a refreshing swim along the way.

We will stop at the cafe before leaving for home.

**MONDAY 17TH FEBRUARY 2020
NOTICE OF THE ANNUAL GENERAL MEETING
TO BE FOLLOWED BY
FEBRUARY MONTHLY MEETING**

Contact Russ Nelson
Location St Michael's Hall, 250 Banks St, Dorrington.
Time 7:30pm

We need a quorum of 17 members for the AGM to be held, so come along and help make up the numbers.

The business conducted will include:

- Receiving the Committee's Report and its Statement of Income & Expenditure, Assets & Liabilities for the year 2019;
- Receiving the Auditor's Report;

- Electing the Committee for 2020;
- appointing the 2020 Auditor;
- Voting in Honorary Members;

All persons are welcome to attend. Do not be put off. You are getting two meetings for the price of one.

Members should attend to carry out their democratic right of questioning, in a civilised and polite manner, the outgoing committee about the running of the Club during 2019, and to vote in the new committee. It works better if we have more than the usual number of members present.

As soon as the AGM is completed, the normal February Monthly Meeting will commence under the command of the new committee.

Visitors will find it a bit slow but will see the Club in operation. In the February Monthly Meeting visitors can ask leaders about coming trips.

**WEDNESDAY 19TH FEBRUARY 2020
RUNCORN TO GARDEN CITY
STROLL**

Leader **Greg Endicott 3351 4092**
Meet **Compton Rd at Piccadilly Way,
stop 28 Bus Stop, Stop ID: 010369**
Time **4.15pm**
Cost **Free**
Grade **S11**
Emerg Off **Greg 0418 122 995**

The generic name for this stroll is *Bulimba Creek #1: The Right Branch*. It takes us back to the beginning, a very good place to start. Just like in the alphabet *a, b, c*. If you want to complete ALL the Bulimba Creek Strolls and get an unqualified Completion Certificate, you will need to do this one.

It is not difficult to get to the beginning; just take the 138 Parkinson OR the 156 Stretton bus from the City or from the Garden City Upper Mt Gravatt Busway Station. The advantage of Garden City is that we can park there and pick up our cars at the end.

Starting at Stretton, the stroll will go along the bike tracks beside the creek and on suburban streets where there are no tracks. We will see parklands we have never been to before and see this mighty creek develop from a trickle into a broad stream. For this first part, we will finish at the Garden City Busway Station. The stroll is 9.3 kilometres and should take 2½ hours. Does anyone want to stay at Garden City for dinner?

Check out the route on: <https://www.openstreetmap.org/#map=14/-27.5867/153.1365>

Bring your hat, water bottle, torch, rain protection and my mobile phone number.

**SATURDAY 22nd FEBRUARY 2020
ANNUAL MASS AND LUNCH**

Leader Liz Little lizlittle@bigpond.com 0414 252 003
Meet St Ita's, 247 Gladstone Rd, Dutton Park / Yeronga Services Club, cnr Fairfield Rd and Kadumba St, Yeronga
Time Mass 11am
Lunch 12 Noon
Cost Pay for lunch and drinks upon ordering

The Annual Mass is a significant gathering of our Club community. It presents an opportunity to reflect upon what we do and who we are. It is a time to celebrate the beauty of creation and the precious gift of friendship. It is also the time when we give thanks for the past year of bushwalking and anticipate the upcoming programme.

To drive to the lunch venue from the church, turn right into Gladstone Rd. After one kilometre, turn right into Noble St which becomes Fairfield Rd. After two kilometres, turn right into Kadumba St and then immediately right into the car park of the Services Club.

There are also trains and buses from Dutton Park to Yeronga. Consult the Translink website.

At the Yeronga Services Club, most of the meals are \$20 or less. There are also specials for \$15 or \$12-for-members or \$10-for-Seniors. It is possible to become a member for \$2 at the Club's Reception or online at <https://yerongaservices.com.au/>.

Nominations for the lunch are essential. If you are willing to read or play a non-speaking role at the Mass, please advise Liz.

**SUNDAY 23RD FEBRUARY 2020
MOUNT COOLUM
DAYWALK**

Leader Russell and Louise Jones
0437 447 277
Meet St Brigid's, 78 Musgrave Road,
Red Hill
Time 7am
Cost \$20
Grade S33
Emerg Off Emma Jones 0410 687 311

Mount Coolum is situated north of Brisbane and overlooks the beautiful beaches of Coolum. This walk has is quite steep; however, it has been recently renovated to provide an easier journey to the

top. The track has approximately 306 steps which lead to great views towards Maroochydore. Please bring your togs as there will be plenty of time to go for a swim. There are also BBQs at Marcoola.

TUESDAY, 25th FEBRUARY 2020
PANCAKE TUESDAY
SOCIAL

Leader Russ Nelson 0427 743 534 / russnelson52@outlook.com
Meet Miss Claude's Crepes,
Village Shopping Centre
Shop 134 - 400 Newmarket Road, Newmarket
Time 6pm

Pancake Tuesday is the traditional feast day before the start of Lent on Ash Wednesday. Lent, the 40 days leading up to Easter, was traditionally a time of fasting and on Shrove (Pancake) Tuesday, Anglo-Saxon Christians went to confession and were *shriven* (absolved from their sins). A bell would be rung to call people to confession. This came to be called the *Pancake Bell* and is still rung today in many parts of England. Pancake Tuesday always falls 47 days before Easter Sunday. In 2020 Pancake Tuesday will fall on the 25 February.

Pancake Tuesday was traditionally the last opportunity to use up eggs and fats before embarking on the Lenten fast and pancakes are the perfect way of using up these ingredients. A pancake is a thin, flat cake, made of batter and fried in a frying pan. A traditional English pancake is very thin and is served immediately. Golden syrup or lemon juice and caster sugar are the usual toppings for pancakes. The pancake has a very long history and featured in cookery books as far back as 1439.

The ingredients for pancakes can be seen to symbolise four points of significance at this time of year:

Eggs: Creation

Flour: The staff of life

Salt: Wholesomeness

Milk: Purity

This is an opportunity to prepare for the beginning of Lent which is a time of preparation for EASTER, the key moment in the Christian Calendar. All are welcome! Menu details:
<https://www.missclaudes.com.au/>

WEDNESDAY 26TH FEBRUARY 2020
COOPERS PLAINS to CHELMER
STROLL

Leader Greg Endicott 3351 4092
Meet Coopers Plains Railway Station
Time 4pm
Cost Free

Grade S11
Emerg Off Greg 0418 122 995

This stroll is commonly known as *Stable Swamp Creek #3*. What a lovely name for a creek. This is the last one in the series; so is a must-do. It will be following a lot of roads as the creek goes into swampland and I do not want to go up to my thighs in mud. The road is inevitable, I'm sorry to say.

We will leave the station and walk towards Salisbury and industrial lands and factories. Once across Beaudesert Rd, we will hit parkland and zoom along paths through the well-maintained landscape, then we will return suburbia to view the post-war solid weatherboard housing of Moorooka. We will go next out to the Markets, dropping into Oxley Creek Common to revisit the creek and to chase Oxley Creek to its mouth at Chelmer. Then it is a short walk to the train station back to the City (or a bus to somewhere else.)

Check out the route on the cycling website: <https://www.openstreetmap.org/#map=14/-27.5408/153.0521>

Bring your hat, water bottle, torch, rain protection and my mobile phone number

**WEDNESDAY 4TH MARCH 2020
COFFEE NIGHT
SOCIAL**

Leader Russell and Louise Jones 0437447277
Meet Cafe 63
136 Oxford Street, Bulimba
Time 6pm for dinner and 7.30pm for coffee

This month we are heading to Cafe 63. Most of you may be familiar with the Cafe 63 in Hamilton; however, this Wednesday we are trying out the recently opened Cafe 63 at Bulimba. The cafe has a wide selection of food to please everyone. If you'd like to check out the menu beforehand you can visit 111.cafe63.com.au

**MONDAY 16th MARCH 2020
MONTHLY MEETING**

Contact Russ Nelson 0427 743 534
Time 7.30pm
Where St Michael's Parish Hall
250 Banks St, Dorrington

Our meetings are friendly and relaxed gatherings where members and visitors can hear about recent and upcoming club events and ask questions about walks that interest them. Nominations for walks are taken after the formalities and people catch up over a companionable supper. All are welcome. The hall is in the lower carpark behind the church. Drive down the ramp at the left.

<http://www.bcbc.bwq.org.au/page4.html>

PAST EVENTS

SATURDAY 16th NOVEMBER 2019 NOOSA HILL DAYWALK

A 7am start saw two cars heading north and regrouping at Sunshine Beach, south of Noosa.

By the time we arrived, it was already very warm with only a slight breeze. We started walking close to 9.30 and made it to the northern end of Sunshine Beach in record time. After a quick regroup we attempted the challenging ascent of the steep climb to the headland. As we made our way up the steps, we could see sweeping views out to sea and down to the beach we had walked along.

Once on the headland, we proceeded along a now beautified track, which previously had been closed for the construction of stone steps, cobble stones and fencing. As we walked along Alexandria Bay, we were able to catch some of the cooling sea breezes. We took a short morning tea break amongst some Pandana Palms which provided the only shade at the northern end of Alexandria Bay. A discussion was had as to whether we wanted to return the way we came or walk into Noosa and catch a bus. Three walkers decided to walk into Noosa and catch a bus back to Sunshine Beach.

With morning tea over, we commenced our walk up a short track which connected to the Tanglewood Track which would take us to Noosa Hill. The track meandered through rainforest, open eucalypt woodlands and closed woodlands. National Parks have added a connecting track which cuts off some of the Tanglewood Track and hence shortens it. Once back onto the Tanglewood Track, three of the group headed back down to the Coastal Track, while the remaining four continued to Noosa Hill. A cooling sea breeze was very pleasant as we took in the view from the top. We then continued on to join the main track.

We were surprised to see the three who left us earlier, waiting for us on the coastal track. We joined the group on a conveniently placed circular seating whilst having a lunch stop.

Saying good-bye to the three, the rest of the group commenced the long hot walk back to Sunshine Beach. We didn't stop at Tea Tree Bay for a swim but did so further along. High up in a gum tree a koala was spotted.

On this section of the track, we passed several view points, the most spectacular being Hell's Gate. Once down at Alexandria Bay, we walked along the beach bare footed in the water.

Thank you to fellow walkers for sharing this idyllic spot with me: Richard Johns, Paddy Taylor, Jonas Bernotas, Pat Lawnton, Andrea Turner and Robin Thorn.
Michele J

SATURDAY 30TH NOVEMBER 2019 PURLING BROOK FALLS DAYWALK

We left Red Hill at approximately 7:10 am to drive through the windy roads to Springbrook, arriving at 9 am. The day started off with the Purling Brook Falls Circuit, which was around 6 kilometres return. Along the way we experienced massive spiders. It was sad to see the falls with so little water and

hence, no one swimming. Even though it was a very hot and muggy day we managed to find a spot of shade to have morning tea on the tracks. After completing the walk at 11am we decided to do another short walk called Twin Falls Circuit which was 4 kilometres return. The walk ended at nice picnic shelters and a perfect lunch stop. Our coffee shop destination was at Dancing Waters, a cute café just near the Purling Brook Falls carpark. Thank you to the drivers, Rusty and Richard, as well as everyone who attended the walk: Maria, Janelle, Louise, Rusty, Richard, Robin, Wayne, Jenny, Pat and Jonas.

MONDAY 2ND DECEMBER 2019
PRINCE ALFRED HOTEL
SOCIAL

This was an impromptu social created to utilise the free rail travel on four consecutive Mondays. So, off to Booval we went to accept the thanks of QR for being such jolly fellows.

The venue was a lovely old pub recently renovated into a large open restaurant with high wooden ceilings and large windows. There was space. We virtually had the place to ourselves and, thus, experienced good service. (I should retire and have more of these.)

We all enjoyed the free train trip out towards Ipswich where we do not normally travel, looking at the unusual sights along the way. The very short walk up to the hotel from the station was hot, hot, hot and not uninteresting. The coolness of the restaurant was welcome, as were the drinks needed to rehydrate us.

The restaurant had a tempting menu, though most of us chose the cheaper option of the menu of the day. Service was fast and the food good. We stayed for hours. The bonus was a free trip home as well.

Thanks to Michele Endicott, Jan & Russ Nelson, Paddy Taylor, Liz Little and Terry Silk.
Greg.

FRIDAY 20TH DECEMBER 2019
JTS AT THE EAGLE ST PIER COFFEE CLUB
SOCIAL

We returned to the Coffee Club again to close another successful JTS calendar. Fifteen people attended which made it the largest gathering of the year. The service was a little disappointing so there is a debate as to whether we will return next year. Watch this space.

Thanks to the fourteen who joined me, Graham, Russ & Jan, Greg & Michele, Liz, Mike & Cath, Maria, Peggy, Kylie, Russell, Sue and Khaleel. Michael.

THURSDAY 26TH DECEMBER 2019
TOOHEY FOREST
DAYWALK

We left Red Hill at 7am on a cloudy Boxing Day for the short drive to Toohey Forest. The walk started around 7:40am along the Toohey Ridge Track which weaved under the South East Freeway through Griffith University and arrived at the Mount Gravatt Lookout. Due to the Christmas rain the track was a little muddy, but we still managed to make it to a shelter at Mt Gravatt for morning tea. We all shared some well-earned Christmas leftovers and then set off again, raincoats in hand. Russ was kind enough to guide the way to the old office at the Mount Gravatt Campus, then we made our way back to the carpark at around 11:30am. It was a perfect Boxing Day walk to burn off all our Christmas Puddings.

Thank you to Kaheel, Terry, Russ, Jan, Sue, Patty, John, Theresa, Maria, Russell and Louise.

PHOTOS OF PAT LAWTON

As you may know, we're planning a party (the date and location are not yet confirmed) to celebrate Pat's 80th birthday. If you have any photos (or stories) of Pat you'd like to have as part of a PowerPoint presentation on the day, please send them to desley.pedrazzini@gmail.com before 15 March 2020.

REPORTS

PAST TRIP/EVENT REPORTS

Have you led a walk or social this year? Have you sent a report in for this? We need a writeup for each one for the Annual Report which is compiled every January; so please send them to Michael by 26th January 2020.

PRESIDENT'S REPORT

As highlighted in last month's *Jilalan*, the Committee has decided not to extend the trial of the concept of *Qualifying Walks* and therefore it will not continue beyond 31 December 2019. As an alternative, if there is a walking event which the Outings Secretary and General Committee believe should not be a walk to assist in qualifying for membership, an alternative name can be used to describe the event.

As the new year has begun, so the process of annual BCBC Membership Renewal has begun. This process requires the completion of a renewal form plus the payment of a membership fee.

Completion of the renewal form is mandatory in order to activate insurance coverage for yourself.

The Committee decided not to recommend any change in the membership fee schedule. As a result, no formal motion will be moved by the Committee. That means that the fees remain at \$20.00 for Ordinary Members and \$16.00 for Associate (i.e. non-Catholic) members. These fees include a monthly electronic magazine. Those who prefer to have a hard copy of the magazine posted monthly, need to add \$25.00 to the aforementioned rates, i.e. \$45.00 and \$41.00.

Recently the committee considered an offer to purchase advertising space in *Jilalan*. It was agreed that the size of likely space would be one page in *Jilalan*, i.e. A5, and it was thought we could attract a fee of \$20 / month. Before agreeing to any advertising arrangement, the Committee would like to hear the reaction of the members to this.

Now is the time to start considering whether to serve on the General Committee of the Club after the Annual General Meeting in February 2020. In 2019 there were more vacant positions than filled ones. As a result, the Club did not function as it did in 2018. Please think deeply about taking this opportunity to serve.

Russ Nelson

TREASURER'S REPORT

Balance 21/10/19	\$1,996.51
Plus Receipts	996.25
	2,992.76
Less Payments	464.26
Balance 16/12/19	\$2,528.50

Term Deposit \$2,917.23

Congratulations to Rusty Jones and Sofia Ramsay who won first and second prizes respectively in our raffle. Remember to save some money to donate to the St. Vincent de Paul Society at our Vinnies' social at the Gaythorne R,S.L. on the 22nd January.

Terry

ABOUT PEOPLE

Michael Brophy, Michael Dowd, Terri Evetts, Maria Galvin, Tracey Laing, Khaleel Petrus, Ray Rowe, Peggy Roe, Paulette Schmidt and Jarrod Sefton are celebrating their birthdays in January. Congratulations to Terry Silk and Sue Murray who won the lucky door prizes at our successful Christmas party. They each received a copy of the latest Fireman's Calendar. (The calendars were kindly donated by Desley Pedrazzini who kept one for herself after the bargain of getting three for the price of two.) Graham Glasse recently returned from a relaxing cruise. Jenny and Wayne Bullock did their first walk as visitors on Louise's Purling Brook Falls walk. They were also interested visitors at our December meeting. Abel Stoltz, Yousif, Osama and Loord Caggi were first time visitors on Richard's West Canungra Creek walk. Visitors are always most welcome at any of our activities.

The club extends deepest sympathy to Sue Walsh on the recent death of her husband, Terry. Also, the club extends its condolences to Therese Nally on the recent passing of her father.

OUTINGS SECRETARY REPORT

The summer weather and risk of bushfires.

The risk of the bushfires continues to impact the Club's outings program. The walk to Northbrook Gorge for 4th January was cancelled as the National Park was closed. It seems that 90% of the Club's walking areas are closed at the moment. Thankfully the O'Reilly's section of Lamington National Park is still open.

Numbers on Walks - The average numbers on walks for December has taken a slight increase which is very encouraging.

Outings Summary for Dec 2019			
15 Dec	West Canungra Ck	Richard	9
26 Dec	Toohy Forest	Louise	11
Average for December		10	

Leaders Appointed

8 th Feb	Stairway Falls	Michele J
15 th Feb	Box Forest	Michele J
14 th Mar	Tibro & Ngungun	Phil
6-8 Jun	Girraween	Iain R.

Leader's Needed for Walks in 2020	
22 March	Club Hut Feast
28 March	Tomewin to Tugun
11 April	Easter Saturday
11-13 April	Easter Basecamp
If we don't get leaders for these walks by the February meeting the walks will be cancelled.	

"Walking Quote" for the month

*Walking is the great adventure,
Walking is the exact balance
between spirit and humility.*
-Gary Snyder

I liked the above quote, but I wondered who in the blazes is Gary Snyder?

Well Wikipedia advised as follows- Gary Snyder (born May 8, 1930) is an American man of letters. Perhaps best known as a poet (often associated with the Beat Generation and the San Francisco Renaissance), he is also an essayist, lecturer, and environmental activist. He has been described as the "poet laureate of Deep Ecology". His work, in his various roles, reflects an immersion in both Buddhist spirituality and nature. Snyder has translated into English Chinese and Japanese poems and other literature. Snyder was an academic at the University of California, Davis and is also a member of the California Arts Council. Snyder is a winner of a Pulitzer Prize for Poetry in 1975. *Turtle Island* is a book of poems and essays written by Gary Snyder and published in 1974. Within it, Snyder expresses his vision for humans to live in harmony with the earth and all its creatures. The book was awarded the Pulitzer Prize for Poetry in 1975. "Turtle Island" is a name for the continent of North America used by many Native American tribes.

See you on a walk soon.

Phil

ADVANCE NOTICE OF TWO UPCOMING 2020 EVENTS

**SUNDAY 13TH SEPTEMBER – MONDAY 21ST SEPTEMBER 2020
CAPE TO CAPE WALK – WA
BASECAMP**

Leader Jan Nelson 0401 030 137
Meet Perth Airport – Qantas Domestic Terminal – T3

Time 3pm (Perth Time), 13 September 2020
Cost Airfares, accommodation, meals and share of car hire and fuel
A deposit of \$70 required when nominating
Grade XL36
Emerg Off Graham Glasse 07 3371 2701

The Cape to Cape track is in the far south-western corner of Western Australia. The walk is approximately 135 kilometres and follows the Leeuwin-Naturaliste Ridge between the lighthouses of Cape Naturaliste and Cape Leeuwin. The coastal scenery is spectacular and, hopefully, the wildflowers will be in bloom.

On the first afternoon we will drive about an hour south of Perth to Mandurah where we will stay overnight. The following day we will continue down to Margaret River where we will be based for the duration of the walk. The plan at this stage is to walk for three days, then have a free day to enjoy the delights of Margaret River, and then walk for two more days. On the morning of 21st September, we will depart Margaret River to return to Perth in time to fly back to Brisbane. The distance to be walked each day will be between 23kms and 31.5kms, with the free day being between the two longest days.

Due to the demand on accommodation at Margaret River, nominations are required by **31 January 2020** (or earlier if the current level of bookings continue). Given the number of expressions of interest, two large houses have been booked and deposits paid. Accommodation costs are dependent upon the number of walkers, but accommodation costs and vehicle hire costs should be known shortly after nominations close. Fuel costs for hired vehicles will be an additional cost.

The walk is timed so that if you wish to undertake the Salvado Camino from Perth to New Norcia prior to the Cape to Cape Walk, you can do so. Two Club members have already booked on the Salvado Camino, but it usually books out by February/March, so you need to contact the organizers early if you wish to join. See the article in this magazine for further details.

Air travel suggestions: You will be responsible for making your own travel arrangements. Airfares from Brisbane to Perth are substantially cheaper on Saturday, 12 September rather than Sunday, 13 September. For those who fly over on 12 September you can stay either in the centre of Perth or near the airport where the recommended venue is Sanno Marracoonda Perth, 46 Kanowna Ave, Perth. It is 2.4 kilometres from the airport. This venue has an hourly airport shuttle service at no additional cost. The earliest homeward flight would be about 5.15pm on Monday 21 September. Both major airlines offer competitively priced flights direct to Brisbane.

SALVADO CAMINO – PERTH TO NEW NORCIA WA

The Salvado Camino is run by St Joseph's Parish, Subiaco in Perth. The walk is a seven day one from St Joseph's Church to New Norcia, a Benedictine Monastery town. In 2020 the Parish will be organizing two walks, the first from 23 – 30 August 2020 and the second trip from 6 – 13 September 2020. The cost is \$1150.

The Salvado Camino is not a BCBC trip, but the Cape to Cape Walk is timed so that if members wish to join the second Salvado Camino walk which finishes on 13 September, they are able to do so. The organisers of the Salvado Camino arrange for transport back to Perth upon completion of the walk.

Ten BCBC members walked the Salvado Camino in 2017. Jan or Russ Nelson (0401 030 137 Jan) would be happy to answer any questions about the walk, but to register for the Salvado Camino go to www.caminosalvado.com . It is suggested you make a booking by early February 2020.

Cover Photo – Michele Johns

HOW WE ORGANISE OURSELVES

OUTINGS

1. Always read the *Jilalan* article to check the departure point, date and time.
2. Walks usually depart from the Red Hill Catholic Parish Hall, 78 Musgrave Rd. Check *Jilalan* to be sure.
3. The Club usually organises transport for outings, but walkers must nominate to the leader by the Wednesday night prior unless nominations close earlier. Late nominations may not be accepted. Walkers are responsible for their own transport to and from the departure point.
4. Walks are rarely cancelled. If they are, all nominees are notified. It should not be assumed that outings are cancelled because of bad weather.
5. Walkers who must cancel are asked to notify the leader as soon as possible.
6. Walkers who run late for departure are asked to notify the leader or the emergency officer.
7. All visitors must sign an *Assumption of Risk* form for insurance purposes.

VISITORS

For general enquiries contact Greg on 3351 4092.

GENERAL MEETINGS

Are held on the 3rd Monday of each month, at 7:30 pm at St Michael's Parish Hall, Banks St, Dorrington. The hall is on the lower terrace, below the church and accessed by driving down the cement driveway to the lower carpark.

EMERGENCY OFFICER SYSTEM

If walkers have not returned from an outing by 9:00pm, their families may phone the Emergency Officer (Or EO or Emerg Off) for that outing. If the EO is not mentioned, they may phone the President or Vice President. Walks are delayed from time to time for a variety of reasons and families need not panic. The Club will organize any action that needs to be taken. (<http://www.bcbc.bwq.org.au/EmergOffSyst.html>)

PERSONAL EQUIPMENT

The Club requires all walkers to carry certain minimal basic equipment: a completed medical information form, a first aid kit, a torch, a parka/raincoat, a hat, a shirt, 50+ sunscreen and at least two litres of water. Leaders may require additional equipment on particular walks, and will advise, usually in *Jilalan*.

MEMBERSHIP FEES

1. \$20 - Ordinary Members, Ordinary Spouse Members, Country Members.
2. \$16 - Associate Members, Associate Spouse Members.
3. Pro-rata rates apply to new members who join during the year.
4. Fees cover the period 1st January to 31st December. Renewals are due and payable by the end of February each year.
5. There is an additional \$25 cost for members who elect to receive a printed *Jilalan*. Life Members and Honorary Members receive complimentary copies.

WARNING

All persons, adult or child, member or visitor, undertake all activities of the Club at their own risk.

CONTACTS

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E-Mail	briscathbushclub@yahoo.com.au	
Web	www.bcbc.bwg.org.au	
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Vice President	Vacant	
Treasurer	Terry Silk	3355 9765
Secretary	Graham Glasse	3371 9623 graham.glasse@bigpond.com
Membership Officer	Vacant	
Outings Secretary	Phil Murray	5522 9702 philmurray16@gmail.com
Social Secretary	Vacant	
Safety & Training Officer	Vacant	
"Jilalan" Editor	Desley Pedrazzini	3369 5530 bcbcjilalan@gmail.com
Artist in Residence	Iain Renton	3870 8082
Bushwalking Queensland	http://www.bushwalkingqueensland.org.au secretary@bushwalkingqueensland.org.au BWQ Blog: https://www.aussiebushwalking.com/	
Federation Mountain Rescue FMR	http://fmrqld.bwg.org.au/	
Archdiocesan Web Site	http://bne.catholic.net.au/asp/index.asp	
"Jilalan" printed by	Mylestones Printing: myprinting.org.au	

For specific enquiries, contact the relevant committee member.

For Outings or Socials, contact the leader shown in the calendar or article.

NOTICE

ELECTION 2020

Call for Nominations for All Committee Positions.

1. Elections will be held on Monday 17th February at the Annual General Meeting (AGM). The AGM is held prior to the February Monthly Meeting from 7:30pm.
2. The normal February Monthly Meeting will start straight after.
3. All existing Committee Positions are deemed vacant and all are up for election.
4. All existing Committee Members are eligible to stand for election.
5. The positions are voted on in the following order: President, Secretary, Treasurer, Editor, Outings Secretary, Social Secretary, Vice-President, Training Officer, and Membership Officer.
6. If you cannot make it to the AGM, you can vote by Proxy. The form is available on the website, in this *Jilalan* or from the Secretary. Fully complete the form and have it in the hands of the Secretary by Monday 27th January.
7. Associate Members are not eligible to be on Committee.
8. Associate Members are not entitled to vote on any matter before any meeting of the Club, i.e. vote at the election of members to Committee.
9. Nominations must be in writing, signed by the Nominator, the Secunder & the Candidate.
10. Any two (2) members of the Club may nominate any Ordinary Member for a Committee Position.
11. The Candidate cannot be his/her own Nominator or Secunder or nominate anyone else for the same position for which she/he is standing.
12. The Nomination Form must be in the hands of the Club Secretary at least 21 days prior to the AGM. This is Monday 29th January. The January Monthly Meeting is on Monday 20th January, so this is the best practicable time. They can be posted to the Club (at PO Box 31, Red Hill Qld 4059), provided they are stamped by the Post Office prior to 30th January.
13. The list of all the Nominated Candidates, their Nominators & Seconders will be emailed to all members by 3rd February.
14. A person can be nominated for more than one Committee Position. They are elected to the first position they win. If they do not win the first position nominated for, they are still in the ballot for the next nominated position until elected or remain unelected at the end of the night.
15. If only one person stands for a position by having the fully completed form in the hands of The Secretary by the required date, that person is automatically elected to that position.
16. In the event of more than one person being nominated for a Position, there shall be an election by secret ballot.
17. Should there be no candidate for a position at the start of the AGM, nominations will be called from the floor for nominations to that position.
18. Nomination Forms are enclosed in this *Jilalan*.
19. In recent years, if a position has been left vacant due to no one nominating for it, the Club has allowed any member, regardless of category, to act in the position unofficially without being formally elected. Being in the position unofficially means the person is not actually in the position, thus cannot vote at committee when a vote is necessary.

Graham Glasse, Secretary

And for those who cannot attend the Annual General Meeting on Monday 17th February, here is the way to vote – complete the Proxy Form.

BRISBANE CATHOLIC BUSHWALKING CLUB INC - RULES AND BY-LAWS

APPENDIX 1

FORM OF PROXY

APPOINTMENT OF PROXY

BRISBANE CATHOLIC BUSHWALKING CLUB INC.

(incorporated under the Associations Incorporation Act, 1981.)

I _____
(Full Name)

Of _____
(Residential Address)

being a Financial Member of the above named Association,

hereby appoint _____
(Full Name)

Of _____
(Residential Address)

whose signature appears below, and who also is a member of the Association, as my proxy to vote for me on my behalf at the *Annual General Meeting* of the Association to be held on the 17th day of *February 2019* and at any adjournment thereof.

_____/_____
(Signature of Appointer)

I _____ being a financial member of the
(Full Name)

Association hereby agree to act as a proxy for the above named member.

_____/_____
(Signature of Appointee)

(Date)

THIS FORM is also available on the Web at <http://www.bcbc.bwq.org.au/ProxyFormBCBC.pdf>

**MONDAY 16th DECEMBER 2019
ANNUAL PHOTO COMPETITION
RESULTS**

After the regular monthly meeting we held the Photo Competition. A lot of good photos were presented.

The winners were:

Landscape Andrea Turner “Chris Hemsworth”

Moods of Nature	Andrea Turner	“Sunset at Carindale”
Nature Close-Up	Khaleel Petrus	“Pelicans”
People and Faces	Paddy Taylor	“She Made It”
Miscellaneous	Louise Jones	“Barney Mass”
People’s Choice	Khaleel Petrus	“Mount Lindesay”
Overall Winner	Paddy Taylor	“She Made It”



Chris Hemsworth



Sunset at Carindale



That is enough let us go Frazer Island 9/6/2019

Pelicans



She Made It



Barney Mass



Mt. Lindesay

Nomination Form for Management Committee 2020



Brisbane Catholic Bushwalkers Club Inc
PO Box 31, Red Hill. Qld. 4059.

Position	Nominee Name	Nominee Signature	Nominator Name	Nominator Signature	Seconder Name	Seconder Signature

Committee positions are available to Ordinary Members only.

This form must be in the hands of the Club Secretary – Graham Glasse, by Monday 27th January.

Post it to the Club PO Box, or hand it to Graham at the Monthly Meeting on the 20st January.

You (the Candidate) can ask a member to nominate you and another member to second the nomination.

You can nominate for more than one position. Note that all three must sign the form.

Nominations in any other form cannot be accepted; i.e., e-mail, by word, on paper without Nominee's signature or "Seconder", - using just 3 examples.

This form is also available on the Web at

<http://www.bcbc.bwq.org.au/NominationFormForManagementCommittee.pdf>

If undeliverable return to
Brisbane Catholic Bushwalking Club Inc
PO Box 31
RED HILL QLD 4059
JILALAN
Print Post Approved
PP 409367/0022

