

JILALAN



EVANS HEAD SUN 15TH NOV

**MONTHLY MAGAZINE OF THE
BRISBANE CATHOLIC BUSHWALKING CLUB**

ISSUE N° 602

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NOVEMBER 2020

DATE	Day	DESCRIPTION	LEADER	Phone	Type	Grade
OCTOBER						
21	Wed	Chermside Hills #2	Greg			
24	Sat	Albert River Circuit	Phil			
28	Wed	Keperra Hill	Greg			
31	Sat	Mt Beerburrum and Ngungun	Michele J			
NOVEMBER						
04	Wed	A Taste to Croquet	Michele E			
04	Wed	Coffee Night @ Tibetan Kitchen	Susan			
05	Thurs	Yeronga to City	Phil			
07/08	Sat/Sun	The Barney Creek Loop	Iain			
11	Wed	Albion to Chermside Geologic	Greg	3351 4092	Stroll	M12
15	Sun	Evans Head	Phil	0416 650 160	DW	M22
16	Mon	Monthly Meeting	Russ	0427 743 534	Meeting	
18	Wed	Enoggera Reservoir	Greg	3351 4092	Stroll	S21
20	Fri	JTS @ Bitter Suite Bar & Cafe	Karen	0417 718 591	Social	
21	Sat	Retreat with Fr James Grant	Russ	0427 743 534	Event	
25	Wed	Bulimba to City	Greg	3351 4092	Stroll	M21
28	Sat	North Stradbroke Is	Phil	0416 650 160	DW	M22
30	Mon	THE Blue Moon Social	Greg	335104092	Social	
DECEMBER						
02	Wed	Wilston to the City	Greg	3351 4092	Stroll	M11
05	Sat	Coomera Creek Circuit	Khaleel	0413 314 443	DW	L35
09	Wed	Dutton Park to the City	Greg	3351 4092	Stroll	S11
12	Sat	Bribie Island	Needed		DW	M22
16	Wed	Bowen Hills to City	Greg	3351 4092	Stroll	M11
18	Fri	JTS – Coffee Club @ Park Rd, Milton	Karen	0417 718 591	Social	
19	Sat	Christmas Party @ Indooroopilly Hotel	Andrea		Social	
21	Mon	Monthly Meeting	Russ	0427 743 534	Meeting	
21	Mon	Photo Competition	Greg	3351 4092	Social	
23	Wed	Coorparoo to City	Greg	3351 4092	Stroll	M11
25	Fri	Christmas Day			Holiday	
27	Sun	Coorparoo Finger Parks & Norman Ck	Greg	3351 4092	DW	L23
30	Wed	Toowong to City Twilight Stroll	Greg	3351 4092	Stroll	M11
JANUARY 2021						
02	Sat	Warrie Circuit	Phil	0416 650 160	DW	L35
03	Sun	Mitchelton Farmers Markets	Greg	3351 4092	Social	
06	Wed	Stroll	Greg	3351 4092	Stroll	
07	Thu	Bridges of Brisbane	Phil	0416 650 160	DW	M22
9	Sat	Booloumba Falls	Needed		DW	M33
13	Wed	Stroll	Greg	3351 4092	Stroll	
15	Fri	Dinner and a Drink - JTS	Karen	0417 718 591	Soc	
16	Sat	Albert River Cct	Needed		DW	L45
18	Mon	Monthly Meeting	Russ	0427 743 534	Meeting	
20	Wed	St Vinnies at Gaythorne RSL Dinner	Greg	3351 4092	Soc	
23	Sat	Toolona Creek Circuit	Phil	0416 650 160	DW	L35
23-26	W/E	Bunya Mountains BC	Needed		BC	
26	Tue	Australia Day Celebration	Greg	3351 4092	Soc	
27	Wed	Stroll	Greg	3351 4092	Stroll	
30	Sat	Obi Obi Lilo Trip	Phil	0416 650 160	DW	L66
FEBRUARY						
03	Wed	Coffee Night	Needed		Soc	
04	Thu	Cabbage Tree Creek	Greg	3351 4092	DW	M22
07	Sun	Breakfast	Greg	3351 4092	Soc	
13	Sat	Stairway Falls	John C	0433 279 771	DW	M55
15	Mon	Annual General Meeting	Russ	0427 743 534		

The Calendar is subject to change without notice

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk

KEY – Walk Types

DW	Day Walk	BC	Base Camp
ON	Over Nighter	CW	City Walk
TW	Through Walk	SOC/SW	Social/Social Walk
TRN	Training	SP	Spiritual Event
FMR	Federation Mountain Rescue	S&T	Safety & Training

KEY – Walk Gradings

Distance	Terrain	Fitness/Endurance
Short Under 10km / day	1 - Smooth reasonably flat path	1 - Basic - Suitable for beginners. Up to 4 hours walking. Flat
	2 - Graded path/track with minor obstacles	2 - Basic - Suitable for beginners. Up to 4 hours walking. Minor Hills
Medium 10-15km / day	3 - Graded track with obstacles such as rock, roots, fallen debris or creek crossings	3 - Intermediate - Suitable for fit beginners. Up to 5 hours walking and/or minor hills
	4 - Rough unformed track or open terrain with obstacles such as rock, roots, fallen debris or creek crossings	4 - Intermediate - Suitable for fit beginners. Up to 5 hours walking and/or up to 300m gain/loss
Long 15-20 km per day	5 - Rough or rocky terrain with small climbs using hands or rock hopping	5 - Moderate - Up to 6 hours walking and/ or up to 450m gain/loss. Agility required
	6 - Steep, rough or rocky terrain with large climbs using hands or rock hopping	6 - Moderate - Up to 6 hours walking and/or up to 600m gain/loss. Agility required
Extra Long Over 20 km per day	7 - Climb/descend steep rock using hands or footholds. May be some exposure. Good upper body strength	7 - High - Up to 8 hours walking and/or up to 750m gain/loss. High fitness. Endurance and agility required
	8 - Climb/descend near vertical rock with exposure. Climbing skills may be required	8 - High - Up to 8 hours walking and/or up to 1000m gain/loss. High fitness. Endurance and agility required
	9 - Sustained climbing or descending of vertical or near vertical rock with exposure. Advanced climbing skills required. Good upper body strength	9 - Challenging - Up to 12 hours walking and/or over 1000m gain/loss. Very high fitness. Endurance and agility required

Example: M48 is a medium distance walk 10 to 15kms long, over unformed rough ground with obstacles, in which the trip is hard or strenuous for fit walkers requiring agility and endurance.

PRAYER OF THE MONTH

Blessed: A Litany by Carolyn McDade and Mary Casey

Blessed be the Universe

All: Long unbroken story— spirit in all things

Blessed be the Earth

All: Dance born of burning— turning day to night, to dawn around an ancient sun

Blessed be the sea and sky

All: Stars and rain that wash each soul in reverence, and guide us home

Blessed be all who buzz and hiss, talk, croak, and warble

All: Those who push roots and shout green. Blessed all who pass breath between them

Blessed be all that struggle for their right to be

All: That within each that will not lie down— that sings the song its heart must sing

Blessed the elders who call us deep

All: Blessed the young who deepen. Blessed the generations who love this world, faithful to its wonder

Blessed all who choose to live whole and free

All: Grateful among the Blessed

School Sisters of Notre Dame

<https://atlanticmidwest.org/posts/prayer-2020-earth-day-and-laudato-si>

OUR COVID-19 POLICY

- At any Club gathering, maintain your distance - 1.5m minimum between people.
- No physical contact between people.
- No handshaking.
- No sharing of anything – water, hats, gear, equipment, food, lollies, biscuits – nothing where you put your hand in to take something out.
- Carry hand sanitiser with you.
- The Health Dept have said that car-pooling is OK, as is going by bus, to an event.
- There is a limit of 40 persons at walks. If more than 40, we need 2 parties with 2 competent leaders separated by a reasonable distance. The parties can overtake each other, but only at a distance. No swapping groups or mingling. Watch Government announcements for any update.
- If you are experiencing Covid symptoms, please stay away. A good proportion of our members is in the danger age range. <https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/stay-informed/symptoms-of-novel-coronavirus-covid-19-comparison>

ABOUT WALKS

Trips leave from St Brigid's Car Park at 78 Musgrave Rd, Red Hill unless otherwise advised.

Leaders are asked to print their own *Nomination Forms* and to consult the *Leaders' Guide* on the Club website. <http://www.bcbc.bwq.org.au/LeadersGuideV5-02-06.html>

If changes are made to walks (date, location, cancelation etc.) leaders are asked to advise Phil Murray on Ph: 5522 9702.

Visitors are required to do two walks before the Committee officially declares them Club members.

Nominations for walks are needed at least 3 days in advance to allow adequate time to make suitable arrangements such as carpooling.

COMING EVENTS

SUNDAY, 8th NOVEMBER CONNECT TO ABORIGINAL CULTURE CULTURAL EVENT

Cost: Free
Where: Maida Lilley Community Centre, Meeting Room 2, Constance St, Fortitude Valley
Time: 1pm to 3pm
Web: <https://www.naidoc.org.au/get-involved/naidoc-week-events>

Participate in a hands-on Aboriginal art activity while learning interesting information from a traditional owner about Aboriginal history, culture, customs, protocols and identity.

This enriching art activity being held during NAIDOC Week will be an enjoyable cultural experience where you will create your own piece of art to take with you as a memento of your participation.

Register here: <https://www.eventbrite.com/e/connect-to-aboriginal-culture-presented-by-spirit-of-country-naidoc-2020-registration-126511460183>

SUNDAY 8th NOVEMBER INTERFAITH PRAYER SERVICE CULTURAL EVENT

Where: On Zoom
When: 2pm to 3pm (Site opens 1.30pm)
Cost: Free
Zoom Link: <https://zoom.us/join>
Email: seery4800@gmail.com

Zoom Link: <https://us02web.zoom.us/j/81497780515> **Meeting ID:** 814 9778 0515
Web: <https://www.naidoc.org.au/get-involved/naidoc-week-events>

The Toowoomba Baha'i Community is hosting an Interfaith Prayer Service with music, prayers, readings and stories from different religions and cultures focusing on the unity of mankind and the importance of NAIDOC Week.

Our prayer Service, *Spiritual Compass*, is held on the second Sunday of each month with the theme of Peace and Unity. As the service is via Zoom, we have people joining these meetings from overseas and across Australia.

The zoom link for the NAIDOC Week prayer service is <https://us02web.zoom.us/j/81497780515>
Meeting ID: 814 9778 0515

**MONDAY 9th NOVEMBER
TO SATURDAY 14th NOVEMBER
ART EXHIBITION
CULTURAL EVEN**

Where: Birrunga Gallery & Dining
Address: Basement Level, 300 Adelaide St, (cnr Hutton Lane}
Time: 7am to 3pm
Cost: FREE
Email: aj@birrunga.com.au
Web: <https://www.naidoc.org.au/get-involved/naidoc-week-events>
Please call 07 3705 5742 or email reception@birrunga.com.au for more information.

NAIDOC Exhibition featuring Birrunga Wiradyuri, Kane Brunjes, and introducing Stevie O'Chin.

Comprising of 21 original works, telling 9 stories. Each artist has produced 7 works each with 6 stories common to each artist.

- 3 x 'Always Was Always Will Be'
- 3 x 'Because of her we can'
- 3 x 'Truth'
- 3 x 'Treaty'
- 3 x 'Voice'
- 3 x 'The last 250 years'

Each artist also produced a free choice topic work. Bula Ngumbaay Bundadhaany - biyang giilang marks the 1st anniversary of Kane Brunjes' successful application to our 3-Year Cultural Creative Development Program and celebrates Stevie O'Chin's successful 2020 application.

Open to public on Monday, November 9th with guided tours available throughout the whole month, by appointment.

**WEDNESDAY 11th NOVEMBER
ALBION TO CHERMSIDE
A STROLL of GEOLOGIC PROPORTIONS**

Leader: Greg Endicott Ph: 3351 4092
Meet at: Crosby Rd at Comus Avenue, stop 20; Stop ID: 003613
Bus: 301 Toombul
Time: 3.26pm
Distance: 15km @ 4hrs around Albion, Windsor, Stafford, Chermshire
Grade: M12
Web: <https://nla.gov.au/nla.obj-482187821/view>
End: Chermshire Shopping Centre Bus Station
Emerg Off: Greg Ph: 0418 122 995 **Bring This Number With You** **Bring a Torch**

This is the second Stroll from my book *A Guide to Field Geology in Southeast Queensland* by N. C. Stevens. You will be following his suggested *Field Trip #2 – Windsor, Chermside* Page 10. So, on this Stroll, you will be going from old quarry to old quarry and from road cutting to road cutting. Exciting.

This starts at old quarries in Crosby Rd at Albion – now filled by factories, sheds & home units, and goes to Lutwyche Rd at Windsor, onto Stafford Rd at Stafford and onto Webster Rd at Chermside.

I will bring the “good book” with me so you can read out to us all the geologic history of the streets and suburbs. In between, there are the lovely old houses so lovely to look at.

Some words you need to know: Brisbane Tuff, Tingalpa Formation, Neranleigh-Fernvale Group, quartzites, phyllites, veins, Triassic, breccia, shale, ignimbrite, and rock – practice putting these simple words into a sentence. . Oh, the thrill.

Come along on this adventure with me to discover a new side of Brisbane.

**SATURDAY 14th NOVEMBER
FIRST NATIONS ARTISAN MARKETS
CULTURAL EVENT**

Where: Birrunga Gallery & Dining
Address: Basement Level, 300 Adelaide St, (cnr Hutton Lane}
Time: 8am to 2pm
Cost: Free
E-mail” aj@birrunga.com.au
Web: <https://www.naidoc.org.au/get-involved/naidoc-week-events>

Showcasing a variety of local, unique makers, crafters & designers. The First Nations Artisans joining us for the day are: Bomsy Studio, Nunkeri Designs, Dreaming Hart, and Desirai Art. Our resident artists Birrunga Wiradyuri, Kane Brunjes, and Stevie O'Chin, will also have their original artworks hung and available for public viewing!

Expect to see handmade goods such as jewellery, candles, soaps, art prints and more! Our First Nations Artisans will also have limited edition products available in celebration of NAIDOC week.

Set in the deadly CBD gallery space with the cafe open so you can have a bite and a coffee while you browse.

**SUNDAY 15th NOVEMBER
EVANS HEAD
DAYWALK**

Leader: Phil Murray Ph 5522 9702 or 0416 650 160
Time: 6:30am
Meet at: St Brigid's, Red Hill carpark
Cost: \$25
Distance: 9km
Grade: M22
Location: NSW Coast to the seaside of Woodburn
Web: <https://www.openstreetmap.org/search?query=Dirawong%20Reserve#map=16/-29.1320/153.4469>
Emerg Off: Sue Murray Ph: 0420 510 214
Requirement: Get your Qld Border Pass in order to return home
<https://www.qld.gov.au/border-pass>

This is a walk in northern New South Wales.

According to my interpretation of Border Restrictions on the Qld Covid-19 Website, Evans Head is Open to us - https://www.health.qld.gov.au/data/assets/pdf_file/0026/998000/map-border-zones-qld-border-restriction-direction.pdf

The walk is a lovely coastline one over headlands and along beaches. You will be walking in the Dirawong Reserve along unmarked tracks and footpads. We start by following the Laurie Wilson

Circuit along coastal cliffs, several headlands including Joggly Point, rock shelves & beaches before morning tea at Chinaman's Beach Picnic Area. The party will then head inland though coastal heath along the Ridge Track to Goanna Headland before heading back along the full length of New Zealand Beach and Chinamans Beach; passing some spectacular multi-coloured cliffs lined with pandanus trees.

You then head back to the cars by a more inland route of the Laurie Wilson Track and overlook the beaches and rock shelves we walked along earlier. Now to traipse through some coastal heath. If the weather is sunny & the wildflowers are out, this will be a spectacular walk.

The walking will be done at a leisurely pace with plenty of time for photography, and swimming for those who would like a quick dip. The low tide is one of the lowest tides for the year.

Bring all the usual day walk stuff, including lunch, morning tea and snacks. Plus bring at least 2 litres of water as it will probably be warmish.

According to the RACQ Trip Planner, the travel time from Red Hill to Evans Head is 2hr 28min. That makes it a longish trip but it is so worth the effort. If anyone else wishes to arrange an overnight stay the night before in the Evans Head area please contact me.

<https://discoverrichmondvalley.com.au/wp-content/uploads/2018/08/Dirawong-Reserve-Walking-Tracks.pdf>

Tide times

Description	Time	Ht	
High Tide	8:05 am	1.87 m.	
Low tide	2:28 pm	0.16 m.	Phil

**SUNDAY, 15th NOVEMBER-
WILD FOODS & CULTURAL FESTIVAL
CULTURAL EVENT**

Where: Beenleigh Historical Village
Address: 205 Main St
Time: 10am to 4pm
Cost: Free; Gold coin donation is appreciated for Historical village
Email: kerryn@greataustralianexperiences.com
Web: <https://www.naidoc.org.au/get-involved/naidoc-week-events>

Free community event and the first ever annual Wild Foods & Cultural festival right in your own neighbourhood. Celebrate NAIDOC week and Aboriginal culture with us as we bring you a family fun day of wild foods, cultural entertainment and kid's activities.

Free entry includes: renowned singer Adam James & *Australia's Got Talent* Chris Tamwoy, among many other artists, bush tucker food stalls, live cultural demonstrations by Australia's No. 1 Aboriginal Dance Troupe and Queensland's No.1 Must Do Experience - *Spirits of the Red Sand*.

There'll be art and food workshops, tourism information tents, bush tucker walks and tons of free activities for the kids including arts and crafts, games and face & boomerang painting & more.

This is a day not to be missed.

**MONDAY 16th NOVEMBER
MONTHLY MEETING**

Contact: Russ Nelson Ph: 0427 743 534
Time: 7.30pm
Where: St Michael's Parish Hall, 250 Banks St, Dorrington
The hall is in the lower carpark behind the church. Drive down the ramp at the left
Web: <http://www.stmichaelsdorrington.org.au/contact-us.html>

Come along to find out how we do things.

Our meetings are friendly and relaxed gatherings where members and visitors can hear about recent and upcoming club events and ask questions about walks that interest them.

Nominations for walks are taken after the formalities and people catch up over a friendly supper.

All are welcome.

**WEDNESDAY 18th NOVEMBER
ENOGGERA RESERVOIR CIRCUIT
STROLL**

Leader: Greg Endicott Ph: 3351 4092
Meet at: The Gap Park 'n' Ride; Stop ID: 009990; 1358 Waterworks Rd, The Gap
Bus: 385; P384
Time: 4pm
Distance: 9km @ 2½hr Location: Up the creek without a paddle
Grade: S21
Web: <https://www.openstreetmap.org/#map=16/-27.4454/152.9131>
Emerg Off: Greg Ph: 0418 122 995 Bring This Number With You Bring a Torch

Last time we tried this one, Covid came on the scene and the park was closed. Now, we will attempt it again. Better luck this time.

You will Stroll anti-clockwise around the dam, following the shoreline in and out of the bays. SEQ Water have put in tracks that we will be following. The going will be easy (though going up & down a lot), the track shaded, the views between the trees of the cool waters spectacular.

At 9km, this Stroll is a bargain – shorter than most. It is within the range of all Club members. This is an area we hardly ever get into.

**FRIDAY 20th NOVEMBER
BITTER SUITE BAR
JOHN TOOHEY SOCIETY**

Leader: Karen Franklin Ph: 0417 718 591.
Address: 2/75 Welsby Street, New Farm. (cnr Lamington St)
Time: From 4pm till 8ish.
What For: A chat and a beer and a meal.
Web: <http://bittersuite.com.au/>
Emerg Off: Greg Ph: 0418 122 995

We are heading back to the Bitter Suite again this year as we really like it there. It is located in residential New Farm and has a great outlook.

They have several craft beers and ciders on tap but there are plenty of other varieties available in bottles. There is food available and they are always improving their menu with their goal to provide an exceptional gastronomical experience along with their exceptional range of beers, ciders and wines.

If you've never been to a JTS this is the one to try. It is usual quiet with plenty of outdoor seating. Yes, we will be sitting outside in the balmy Spring afternoon's cool breezes and kind weather. For the first timers, this is the place to experience the hospitality of Mr John Thomas Toohey and all he stood for. Good friends, great food, palatable drinks, amazing conversation and an ambiance you did not believe still existed.

**SATURDAY, 21st NOVEMBER
RETREAT**

Organiser Russ Nelson Ph: 0427 743 534
Meet at Holy Family Parish Church, 37 Ward St, Indooroopilly
Time 1.00pm to 5.00pm
Cost \$10
Director James Grant OFMcap

Web: <https://holyfamilyindooroopilly.net.au/>

Emerg Off: Russ Ph: 0427 743 534

RSVP: Tues 17th

This year's Retreat is unusual in that the location is in the inner-city suburb of Indooroopilly. The Director of the Retreat is Fr James Grant who was one of the priests who celebrated Mass at the 60th Barney Mass.

Fr James has said that in this retreat he "will give a Franciscan reflection on Pope Francis' encyclical on 'Care for our Common Home'. He will reflect on how all things are interconnected and so how we are all called to communion with God, with each other and with nature. To do this we need to look at ourselves through the loving gaze of Jesus, who will lead us to reconciliation and praise!"

There will be time for reflection and a break for afternoon tea. Please bring something for afternoon tea. Tea and coffee will be available.



**WEDNESDAY 25th NOVEMBER
BULIMBA To The CITY
STROLL**

Contact: Greg Endicott Ph: 3351 4092

Meet at: Sts Peter & Paul Church, 25 Main Ave, Bulimba.

Off Riding Rd and between Main and Alexandra.

Meet on the steps. Plenty of parking in the street.

Bus: 230 Bulimba Bus to Riding Rd at Main Avenue, stop 33/43; Stop ID: 002801

Time: 3.30pm

Cost: Free

Grading: M21

Distance: 14km @ 3½hr

Location: Inner South-Eastern suburbs of Brisbane

Web: <https://www.openstreetmap.org/#map=16/-27.4701/153.0491>

Emerg Off: Greg Ph: 0418 122 995 **Bring This Number With You**

HISTORY: Our Strolls began in 2016 following Pope Francis' *Year of Mercy* pilgrimages. Your Club prepared six Strolls for the Archdiocese which they put up on their web for pilgrims to walk. Our members planned the routes, pre-outed them and did a dry run by placing them on our Calendar and walking them. We liked Strolling so much after doing all six, that we did them again, and then again. Then there were the withdrawal symptoms, and after a gap of six months, we commenced the Strolls proper – anywhere in Brisbane – initially from a transport hub to another transport hub. And it still goes on from there.

Over the coming weeks, we will be Strolling all six of the Pilgrimage Strolls.

The walk is an evening stroll on a balmy summer's evening. What's better?

We commence at Sts Peter & Paul's after looking through the open door at the inside. Then we head up Riding Rd, past Johnno's cottage to the Balmoral Cemetery for a look towards The City from the top of Galloway's Hill. Then head through the old leafy suburbs to the top of the ridge for views over to The Main Range.

Now down to Norman Creek and the famous bowls club. Then zip through tree covered avenues to the mouth of that creek and cross at the Canning Bridge. From here, the group will follow the back streets that run parallel with the River. Into Mowbray Park, out again and stroll along the narrow winding back streets through the old part of Kangaroo Point, under the Bradfield Highway and cross over the Story Bridge. Then wind your way down through the forgotten parts of Petrie Bight to Eagle St and The Cathedral. Then onward to your train or bus station.

As we are Strolling in a city, if you need to bail-out early, there are ample buses along the way to take you away.

Come see parts of our inner suburbs that you never knew existed.

**FRIDAY 27th NOVEMBER
RSVP DATE For The CHRISTMAS PARTY
Nominate By Today**

Contact: Andrea Turner Ph: 0422 426 876, OR
Michele Johns Ph: 0414 635 542
Where: Indooroopilly Hotel, Station Rd, Indooroopilly
Time: 6pm
Cost: \$35 a head
Emerg Off: Michele Johns Ph: 0414 635 542
RSVP: Friday 27th Nov
Payment: Pay in advance to our bank account –
pay by EFT into the Club's bank account. RACQ Bank;
BSB: 514 179 Account No: 1567184.
In the "Reference", show your Surname AND "C'mas Party"

**SATURDAY 28th NOVEMBER
NORTH STRADBROKE ISLAND
DAYWALK**

Leader: Phil Murray Ph: 5522 9702 or 0416 650 160
Meet at: Water Taxi Jetty, Toondah Harbour, 12 Emmett Street, Cleveland
Time: 7.40am for the 7.55am taxi
Cost Taxi - \$17 return \$8.50 concession
Bus fares - to be advised – approx. \$10 return
Distance 12km
Grade M22
Location: East of the mouth of the Brisbane River
Web: <https://www.openstreetmap.org/search?query=point%20lookout%20stradbroke#map=16/-27.4315/153.5352>
Emerg Off: Sue Murray Ph: 0420 510 214

It always great fun doing a beach walk in early summer and the plan is to visit North Stradbroke Island and walk from Point Lookout to Adder Rock.

We will catch the ferry over to Dunwich then get the bus out to Point Lookout. We will walk down to the patrolled beach at Point Lookout (for the water babies in the group they can have a swim here). The group will then walk around the Gorge Walk which is fabulous. Then past the shops at Point Lookout and down the long stairway to Frenchman's Beach and around the sandy headland to Cylinder Beach. You will have lunch here and a second swim. I am not planning on lunch at the hotel so you need to bring your own lunch.

After lunch we will walk along Cylinder Breach and Home Beach to Adder Rock. It is about 3km. Now walk back to the road to the little shop. I hope to be able to buy an ice cream. We will then catch the bus back to Dunwich at about 3:20pm.

It is expected to be warm and sunny so bring all your usual daywalk stuff plus togs. (And a raincoat as we could get a summer storm).

Tides

High Tide	6:53am	1.53m	
Low Tide	1:11pm	0.37m	Phil

**SATURDAY 28th NOVEMBER
FAMILY FUN DAY IN THE PARK**

CULTURAL EVENT

Where: Barujugan Park,
Address: Cnr Endeavour & Captain Cook Pde, Deception Bay
(Behind Deception Bay Library)
When: 9:15am to 3:15pm
Cost: Free
Email: projectmanager.mindlebygul@gmail.com
Web: <https://www.naidoc.org.au/get-involved/naidoc-week-events>

Come to the Mindle Bygul Aboriginal Corporation NAIDOC *Family Fun Day in the Park*

Free family fun day in the park with loads of activities for the children and their families, traditional Welcome to Country, dancers, sideshow alley, and the fabulous Roger Knox entertaining us throughout the day on the mainstage. Elders tent and much more.

Please come along and celebration the achievements and contributions that First Nation Peoples make to the wider community.

Everyone welcome.

MONDAY 30th NOVEMBER BLUE MOON At The FULL MOON SOCIAL

Leader: Greg Endicott Ph: 3351 4092
Address: 118 Eagle Terrace, Sandgate.
Time: 6:00pm
Train: 5.09pm Shorncliffe train from Roma Street Station
Web: <http://fullmoonhotel.com.au/>
Emerg Off: Greg Ph: 0418 122 995 **Bring This Number With You**
RSVP: 6pm Sat 28th

As we will be at a very popular hotel, I really do need to book the correct number of seats at our table. Please ring me to let me know you are coming

What is a Blue Moon? It is when there are two full moons in a month – there is a full moon every 28 days, so the odds are not good for two in the same month. However, this November is the lucky month, and just in time. The full moon is the 30th. Let's celebrate on the actual ~~day~~ night.

Come by car, come by train, come by yacht. Whatever you do, do come.

What better excuse do we need to enjoy a night out. This year we will again visit the Full Moon Hotel at Sandgate. We have been here a few times before and are very happy to return. It has a lovely atmosphere, a good fast bistro, lots of parking and a view over the Bar to die for. The lounge is spread out, comfortable, and not too noisy.

There is a rumour that there will be a Stroll after dinner along the foreshore track to the pier. What a coincidence.

What is a lunatic – someone who howls at a full moon; Blue or White!

As I need to make a booking, either nominate at the meeting or ring me by 9pm Thursday 26th. .

WEDNESDAY 2nd DECEMBER WILSTON To The CITY STROLL

Contact: Greg Endicott Ph: 3351 4092
Meet at: St Columba's Church, 170 Kedron Brook Rd, Wilston
Bus stop: Kedron Brook Rd at Olney Street, stop 21, Wilston ID: 000456
Bus: 346 - Carseldine
Time: 4pm

Cost: Free
Grading: M11
Distance: 11km @ 3hr
Location: Inner northern suburbs of Brisbane
Web: <https://www.openstreetmap.org/#map=16/-27.4362/153.0156>
Emerg Off: Greg Ph: 0418 122 995 **Bring This Number With You**

This is Number 2 of the Year of Mercy Pilgrimage Strolls.

The walk is an evening stroll on a balmy summer's evening. What's better?

You start at St Columba's, follow Kedron Park Rd and go past Downey Park. Then over the creek to Herston, through Victoria Park into Spring Hill and onward into the inner City.

It takes 3hrs to complete the 11km. It is part footpath and part park. Look at the houses, the trees, the streetscape, the views, and the passing traffic.

Be finished by 7pm and on the train/bus back to your car at Wilston if necessary. There are no obstacles to slow us down, so we just maybe go a bit faster.

SATURDAY 5th DECEMBER COOMERA CREEK CIRCUIT DAYWALK

Leader: Khaleel Petrus Ph: 0413 314 443
Meet at #1: St Brigid's carpark
Time #1: 7:00am
Meet at #2: Binna Burra
Time #2: 9:00 am
Cost: \$20
Distance: 17.4km
Grade: L35
Web: https://parks.des.qld.gov.au/data/assets/pdf_file/0016/162025/lamington-binna-burra-map.pdf
Emerg Off: to be advised

The Coomera Creek Circuit is a graded track walk up at Binna Burra. You will do the full Coomera Creek Circuit past Coomera Falls to Bahnamboola Falls, then up to the Border Track, and finally to the border lookouts. The highlight of the day is the Coomera Falls which are just awesome. You might be lucky to spot blue crayfish.

The walk is mainly through rainforest; but also, through a few areas where there is dry eucalyptus forest with an understorey of wildflowers.

If we are making good time and, if it is a clear sunny day, I hope to make a detour out to the Tweed Valley escarpment; in particular to the scenic spot called Bilby Lookout which has excellent views of Mt Warning. This detour is a further 1.33km each way.

Bring the usual Day walk equipment; plus at least 2 litres of water. Also, bring a ground sheet or large raincoat to sit on at lunch time as it could be damp. And why not apply Rid or other insect repellent as there could be leeches. Please ensure you have a change of clothes and shoes for the end of the trip since you will be travelling home in someone else's car. Khaleel

WEDNESDAY 9th DECEMBER DUTTON PARK To The CITY STROLL

Contact: Greg Endicott Ph: 3351 4092
Meet at: Eleanor Schonell Bridge Bus Stop, before you cross the River (Dutton Park Place)
Bus stop: Dutton Park Place - Stop ID: 018056
Buses: 28; 29; 66; 139; 169; 192; 209; P332
Driving: Park in the large car park off T J Doyle Memorial Park Dr near the Brisbane River

Time: 4pm
Cost: Free
Grading: S11
Distance: 9km @ 2½hr
Location: Inner southern suburbs of Brisbane
Web: <https://www.openstreetmap.org/#map=16/-27.4362/153.0156>
Emerg Off: Greg Ph: 0418 122 995 **Bring This Number With You**

This is the Year of Mercy Stroll #3

We have not been at the busway station at Dutton Place for a long time. Why?

Come along on our evening stroll from the heart of the old southside, through the older streets of Dutton Park and South Brisbane, then cross the River to the City and through the Botanic Gardens. See the century old workers cottages. It will be pleasant with the cool breezes along the River, walking tree-lined streets and through parks. See the sights. See the older suburbs. And finish at a bus or rail station to take you home.

Enjoy the early Summer evenings with me. Be home to see the 7.00pm TV News.

SATURDAY 12th DECEMBER BRIBIE ISLAND DAYWALK

Leader: Michele Endicott Ph: 3351 4092 or 0418 708 638
Meet Place: St Brigid's carpark
Time: 7:45am
Cost: \$15
Distance: 12km
Grade: M22
Location: Bribie Island (Southern Tip)
Web: <https://www.openstreetmap.org/search?query=woorim%20beach#map=15/-27.0843/153.1764>
Emerg Off: Greg Endicott Ph 0418 122 995

The proposed trip is around the southern tip of the island from Bellara (end of the Bribie Bridge) to Woorim, the Ocean Beach on the far side of the island. It is approximately 12km, with a mixture of path/grass walking and beach walking.

After a car shuffle, we will set off about 9:30am along the very pleasant Pumicestone Passage foreshore, from Bellara to Bongaree, where we will have morning tea in the park near the Seaside Museum. There are public toilets there – and food shops nearby, although it's best to bring all your food and drinks with you, of course.

The next section of the walk will take us past South Point and Buckley's Hole Conservation Park, where there is a lovely lagoon, complete with a bird hide for viewing the abundant birdlife.

Next stop is Red Beach, where we will have an early lunch – and probably a swim, for those who wish – before starting the beach walk proper, all the way to Woorim. The low tide is at 1:31pm, which is an ideal time for the beach-walk along the southern shore. We will set off about 1pm and should arrive at Woorim by 3pm, allowing time to grab a coffee at the café before it closes. Some of the group may wish to have a/another dip in the ocean at this stage(at the patrolled Ocean Beach), while others may prefer to sit in the shade of the beautiful grove of trees in the Lions Park and have a final cuppa or cool drink – or a well-deserved ice-cream maybe – before setting off home.

Bring all the usual daywalk items: a broad-brimmed hat, plenty of sunscreen, first-aid kit, raingear and lots of water (2L recommended). Ring me now to nominate. Michele

WEDNESDAY 16th DECEMBER BOWEN HILLS To The CITY STROLL

Contact: Greg Endicott Ph: 3351 4092
Meet at: Our Lady of Victories Church, 1 Roche Ave, Bowen Hills
Bus stop: Abbotsford Rd at Bowen Hills; Stop ID: 010920; Walk up hill to the Church
Train: Bowen Hills Station and walk around Twelfth Night Theatre to the Church
Driving: In Boyd St beside the church
Time: 3.30pm
Cost: Free
Grading: M11
Distance: 12km @ 3hr
Location: Inner northern suburbs of Brisbane
Web: <https://www.openstreetmap.org/#map=16/-27.4621/153.0396>
Emerg Off: Greg Ph: 0418 122 995 **Bring This Number With You**

Year of Mercy Stroll #4

Come along on our evening stroll from Bowen Hills, through Newstead, along the River, through New Farm, along the River Walk, through the City to The Cathedral. It should take 3 hours in the balmy afternoon just before sunset.

Enjoy seeing the old workers cottages, leafy tree-lined streets with overhanging branches, the boats on the River, passing CityCats, walk the new River Walk, see the old and the new of the Inner City.

Come join me for an interesting walk at the best time of day. It will be about 2½ hours at 7km.

FRIDAY 18th DECEMBER
COFFEE CLUB at PARK ROAD, MILTON
JOHN TOOHEY SOCIETY

Leader: Karen Franklin Ph: 0417 718 591.
Address: Shop 9-11, 32 Park Road, Milton.
Time: From 4pm till 8ish.
What For: A chat, a drink and a meal.
Web: <https://www.coffeclub.com.au/stores/park-road/>

We seem to finish the year at the Coffee Club at Eagle Street Pier, but unfortunately, they are now closing at 5.30pm. So, it was time to find a new venue. So, we're staying with Coffee Club theme but heading to Park Road in Milton. It's close to the City and has good public transport.

It will be a great way to share an evening with friends and discuss what's on over the Christmas/New Year break. See you there.

SATURDAY 19th DECEMBER
CHRISTMAS PARTY
SOCIAL

Contact: Andrea Turner Ph: 0422 426 876, OR
Michele Johns Ph: 0414 635 542
Where: Indooroopilly Hotel, Station Rd, Indooroopilly
Time: 6pm
Cost: \$35 a head
Web: <https://en.wikipedia.org/wiki/Christmas>
Emerg Off: Michele Johns Ph: 0414 635 542
RSVP: Friday 27th Nov

Come and join us to celebrate the year that changed our lives and our bushwalking calendar 2020!

We will be served a set 2 course meal, mains and dessert with alternating drops.

Catch up with friends in a relaxed atmosphere. A bar will be available for drinks.

Once again Russ will test our knowledge with a quiz.

If there are any dietary requirements needed to let us know when booking.

MONDAY 21st DECEMBER

**MONTHLY MEETING
And PHOTO COMPETITION**

Contact: Russ Nelson Ph: 0427 743 534
Time: 7.30pm
Where: St Michael's Parish Hall, 250 Banks St, Dorrington
The hall is in the lower carpark behind the church. Drive down the ramp at the left
Web: <http://www.stmichaelsdorrington.org.au/contact-us.html>

Come along to find out how we do things.

Our meetings are friendly and relaxed gatherings where members and visitors can hear about recent and upcoming club events and ask questions about walks that interest them.

Nominations for walks are taken after the formalities and people catch up over a friendly supper.

All are welcome. . !

ANNUAL PHOTO COMPETITION

MONDAY 21st DECEMBER

At St Michaels at Ashgrove from 7.30pm

This is the sixteenth time we have had this photo competition. The main reasons for the photo competition are to encourage members to bring their photographs out and to share them with other members. The other reason is to find a "cover photograph" for the Annual Report.

Our goal as a club is to encourage the love of the bush and bushwalking. I trust the photographs will display the spirit of the Club and the beauty of nature and why we go bushwalking. The best overall photograph will go on the front cover of the Annual Report.

The categories of the competition are –

1. Landscape - this includes all the landscapes, waterscapes, mountains,
2. Moods of nature - sunrises, sunsets, storm and rain or misty days,
3. Nature Close up - plants, animals, birds, rocks, leaf litter etc.,
4. People and faces - portraiture & club character,
5. Miscellaneous - any photos that do not fit into any other category,
6. Best overall - awarded to the print deemed to be best overall by the invited judge,
7. People's choice - the best photo selected by the members.

The Competition Rules

- entry is open to Cub members only,
- the photographs must be submitted in two formats,
- printed on paper and displayed at the December meeting and
- delivered electronically to bcbcjilalan@gmail.com by sunrise on 21st December,
- size - photograph must be able to fit on the front cover of the Annual Report (paper size A5). It may be submitted in a size up to A4 so long as the photograph can be reduced to a size suitable for publication,
- each person may enter 4 photographs per category,
- each photograph must be titled and have the owner's name and date,
- the photographs must be from a BCBC trip (Name of trip and date to be supplied),
- A *Club Trip* does not include Strolls, Socials, holidays, etc.
- photographs can be entered on the night but no later than 7.40pm,
- there is no entry fee,
- there will be an overall winning photograph,
- the winning photograph will go on the front cover of the next annual report,
- the ownership of each photograph will remain that of the photographer but BCBC has permission to publish the photograph in any of its publications, print or electronic.

**WEDNESDAY 23rd DECEMBER
COORPAROO To The CITY**

**“The Brisbane Camino”
Our Own “WAY Of S^t JAMES”
STROLL**

Contact: Greg Endicott Ph: 3351 4092
Meet at: St James Church, 165 Old Cleveland Rd, Coorparoo; Cnr Kirkland Ave
Bus stop: Old Cleveland Rd at Coorparoo West Stop 19; Stop ID: 002462; Buses 203; 204
Driving: If driving, park in Kirkland Ave
Time: 3:30pm
Cost: Free
Grading: M11
Distance: 11km @ 2½hr
Location: Inner southern suburbs
Web: <https://www.openstreetmap.org/#map=15/-27.4844/153.0444>
Emerg Off: Greg Ph: 0418 122 995 **Bring This Number With You**
Bring your GoCard – there is a ferry trip

Now for reliving the Fifth *Year of Mercy* Stroll

Meet on the steps of the Church – take a look of the view over towards the City and where we will end the Stroll.

The Strollers will zig zag through the old leafy suburb of Coorparoo via the back streets, to the Norman Creek Bikeway, then towards Mowbray Tce & Churchie but branch off towards Kangaroo Pt via the back streets of good old solid East Brisbane, through the narrow lanes of The Gabba, down to the river bikeway below the cliffs, cross the River by ferry and to the Cathedral.

Come for a nice evening Stroll in the cool of the coming evening. See pre-war solid housing built with style, old British colonial era trees & shrubs, natural creeks, picturesque churches, modern high-rises and a ferry trip. How could you better spend a balmy summer's evening? Ahhhhhhhh, what could be better in the early evening.

**SUNDAY 27th DECEMBER
COORPAROO FINGER PARKS To The CITY
Our Boxing Day Walk Not On Boxing Day
DAYWALK**

Contact: Greg Endicott Ph: 3351 4092
Meet at: Bus Stop cnr Cavendish & Boundary Rds, near the water reservoir
Bus Stop: Cavendish Rd at Cavendish Rd Reservoir, stop 40; Stop ID: 010394
Parking: There is a little carpark in Boundary Rd next to the Council Depot
Buses: 172; 180; 181; 184;185 (The 180 stops a little further on & you have to walk back)
Time: 8:30am
Cost: \$2
Grading: L23
Distance: 18km @ 5hr; Breaks and lunch extra
Location: Holland Park, Coorparoo, East Brisbane, Norman Park, Woolloongabba, Kangaroo Pt, CBD
Web: <https://www.openstreetmap.org/#map=16/-27.5062/153.0645>
Emerg Off: Greg Ph: 0418 122 995 **Bring This Number With You**
Bring your GoCard – there is a ferry trip

You will walk around the back streets of this forgotten end of Coorparoo while cutting through parks and reserves - maybe the first people through some of them. They are pocket sized and known as *Finger Parks* because they are long and narrow.

Why not investigate with me Mars Street Park, Octantis Street Park, Eva Street Park, Sirius Street Park, Satellite Street Park before exploring Bowies Flat Wetland.

Then the track will continue down the valley to Old Cleveland Rd where Bennetts Rd comes into it. From here, you will continue following the creek through parkland, and cross under a rail bridge to Norman Creek.

Now the track follows this Creek downstream until the Bowls Club and from here cross the creek and head for Canning Bridge and Mowbray Park. Now to follow the River as much as possible to the Holman Street Ferry to get across to the City and onward to your favourite bus or train station and home. The second half is totally different to the first half – following a creek and the river.

Bring your GoCard for the ferry journey. If it is too hot, too wet or too long for you, we cross so many roads with bus stops and the occasional train line for you to be able to bailout early.

Come along with this expert Stroller on a combination of two Strolls to make this long daywalk.

**WEDNESDAY 30th DECEMBER
TOOWONG To The CITY
A TWILIGHT STROLL**

Contact: Greg Endicott Ph: 3351 4092
Meet at: St Ignatius Church Steps, 30 Kensington Tce
Train stop: Toowong Station
Buses: High St at Toowong, stop 14A; Stop ID: 001889 OR
Sherwood Rd at Kensington Terrace, stop 21; Stop ID: 001751
Driving: If driving, park in Kensington Tce
Planning: Translink <https://jp.translink.com.au/>
Time: 5pm
Cost: Free
Grading: M11
Distance: 11km @ 2½hr
Location: Inner Northern suburbs
Web: <https://www.openstreetmap.org/#map=16/-27.4793/153.0003>
Emerg Off: Greg Ph: 0418 122 995 **Bring This Number With You**

This is our last re-living of those happy memories of the six *Year of Mercy Pilgrimage Strolls* from 2016. And this one is #6 and the last.

I'm starting this one a bit later than usual. – after all, it is just a week after the longest day. You still can be home before it is too late. Perhaps stay around in town for a quick dinner?

You start out in the heart of Toowong, through the older back streets of Toowong and Auchenflower to Milton, and then follow the River to the City while crossing The River a few times.

It will be pleasant with the cool breezes along the River, walking tree-lined streets and through parks. See the sights. See the older suburbs. See you there.

**DATE CLAIMER
SATURDAY 11th APRIL
PAT'S POSTPONED PARTY**

Earlier this year, we had planned to celebrate Pat Lawton's significant birthday with a party. However, Covid put a stop to any sort of gathering. Well, now we are planning it for April 2021.

Stay tuned for more details over the coming months.
However, put it in your diary now

PRESIDENT'S REPORT

The proposal to hold General Meetings at less than monthly frequency was discussed at the October meeting and did not receive the support of the members. Therefore, this proposal will not proceed any further.

In the meantime, the Outings Calendar for 2021, under the stewardship of Phil Murray, Outings Secretary is close to finalisation.

With summer about to arrive, the weather can impact on our walking program, especially in respect of the occurrence of storms. This unfortunately may lead to walks being cancelled or diverted.

In the next month we have a few events that may attract your interest, namely

21st November – Retreat, led by James Grant OFMcap at Indooroopilly

30th November – Blue Moon celebration. Note there will not be another Blue Moon celebration for over a year, as Blue Moons are infrequent.

21st December – Photographic Competition at the December Monthly General Meeting. The top two photographs will appear in the Annual Report.

Work is now underway to prepare the Annual Report. My thanks to all who are busy writing and polishing up their reports.

Russ Nelson, President

OUTINGS SECRETARY'S REPORT

Numbers on Walks

The participation on walks has been very good - the average numbers for October has being 11.

The weather for most trips has been excellent. But 2 trips got cancelled due to the forecast of severe storm warnings. Those trips were Albert River Circuit and the Beerburrum & Ngungun walks. The Beerburrum trip was the day that the Springfield area was pelted with hail stones the size of cricket balls and this could have happened anywhere around Brisbane. The forecast was for a severe storm with large hailstones and it was very prudent to cancel the walk as it could have hit anywhere around Brisbane, including Beerburrum.

Last month I mentioned that, according to the long-range weather forecasters, eastern Australia is supposed to be hit by a "La Nina" weather event this summer and, therefore, it should be much wetter. Or to be precise, we are 3 times more likely to have a wet summer. So, we are already getting some of this rain but it seems to be very sporadic so far as some suburbs get a deluge of rain and others miss out.

Past Outings Summary for October & early November 2020

Date	Day	Trip	Leader	No.
1 Oct	Thur	Varsity Lakes	Phil	6
3 Oct	Sat	Toolona Ck	Phil	6
10 Oct	Sat	Toowoomba	Russ	18
15 Oct	Thur	Shipstern	Phil	6
17 Oct	Sat	Coolum Beach	Liz	20
24 Oct	Sat	Albert River#	Phil	Canc.
31 Oct	Sat	Ngungun #	Michele J	Canc.
05 Nov	Thurs	Yeronga	Phil	11
		Average		11

2 trips cancelled due to storm warnings.

Coming Walks for November & December

Date	Day	Trip	Leader	Dist.
15 Nov	Sun	Evans Head	Phil	8
28-Nov	Sat	North Straddie	Phil	12
5 Dec	Sat	Coomera Crk	Khaleel	18
12 Dec	Sat	Bribie Island	Michele E	12
22 Dec	Sun	Coorparoo	Greg	12?

Outings Planning for 2021

The program for 2021 is nearly finished and will be distributed via email shortly; and will be in the December magazine. There have been a few late suggestions and we just need to rejig a few things to fit trips in. But, note there are still a few spare dates. If you have any suggestions for inclusions or other general comments, please put them forward.

Another issue of concern was that it was mentioned to me on the quiet by a few old hands in the club that I was repeating a few of my favourite trips - like the Warrie Circuit, Toolona, Shipstern and Albert River too often. I didn't agree with the comments and, on the contrary, I stand by the decision to include those walks as they are some of the best walks in South-East Queensland. Every time I re-do these trips, I actually enjoy them more and more as I see new things and, in particular, I like the feeling on being back in nature and surrounded by trees. Perhaps the vibe could be best described by the concept from Japan of "forest bathing" ("Shinrin-yoku"); of being immersed in trees. A wide range of scientific studies show that time spent in nature positively alters the biomarkers of stress and wellbeing. Our heart rates slow, blood pressure decreases, cortisol levels in the blood decline. The comments of the old hands got me thinking about possible alternatives, and I couldn't come up with any. I noted that the old hands didn't put forward other suggestions for other walks or alternative destinations for summer walks. This got me thinking that actually there are very few other similar walks for summer walks where we can walk for extended distances in rainforests. This raises the issue of whether the government should actually build more tracks through the rainforests near Brisbane. This then raises the issue of whether we should start taking action, for example, making representations to get the government to start doing this; but I will leave that issue for another day.

Future dreaming.

I did a walk with another Club (the Gold Coast bushies) recently and I found out about a private trip that 4 of them did up the Queensland coast where they did walks on Heron Island, Great Keppel Island and Magnetic island. They also did some snorkelling as well. The trip took about 2 weeks and sounded great. It got me thinking whether our Club should do a tour like that to North Queensland, and also include Mt Bartle Frere (the highest Mountain in Queensland at 1,622m) and Wallaman Falls (the highest waterfall in Queensland and Australia 268m drop). A possible trip for 2022 or 2023. It cost about \$3000 each which is not cheap but very cheap at the same time if you get my drift. Next year there are few long-distance trips especially the Cape to Cape walk in Western Australia and these trips seem very popular; but of course, they involve a financial outlay of a thousand or more.

Trips under a Covid Question Mark

The ***Evans Head walk*** in Northern NSW on 15 November has not being cancelled - yet. I live in hope it will be able to go out and the signs are very encouraging as the border was opened up to the country areas of NSW. If the Evans Head trip is cancelled the alternative trip will be up at Binna Burra; probably the Dave's Creek Circuit walk.

"Walking Quote" for the month

"I first saw Everest in 1989. Nine years later, I stood on its summit. It was a magical and awesome morning. Having been to the highest point on earth, I saw how I should live my life down in the valley. I needed to be kinder to people, to have an appreciation of God's beautiful creation and to try to preserve what we have for the generations to come.

Khoo Swee Chiow is a Singapore adventurer, the quotation above is from the little book *Everest : Reflections from the top*. (See page 27).

From Wikipedia - Khoo Swee Chiow (born November 16th 1964 in Port Dickson, Malaysia) is a Singaporean adventurer, author and motivational speaker. Khoo is the 1st South East Asian and the 4th person in the world to complete *The Explorers Grand Slam*, that is, the South Pole, the North Pole and the Seven Summits.

Books: - In August 2003, Khoo published his first book called *Journeys to the Ends of the Earth*. His second book *Singapore to Beijing on a Bike* was published in June 2007.

Everest summits

May 25, 1998

May 23, 2006

May 21, 2011

I hope to see you on the track, soon.

Phil, Outings Secretary

TREASURER'S REPORT

Balance 20/07/2020	\$4751-04
Plus Receipts	\$2635.19
	\$7386-23
Less Payments	\$3968-94
Balance 19/10/2020	\$3417-29

Term Deposit \$2933-34

I was unable to draw our raffle at our October meeting, but it will definitely be drawn at our November meeting. In the meantime, I will be selling tickets in our final raffle for the year with the prize being a Christmas Hamper which was most generously donated by Jenny & Wayne Bullock. Naturally, tickets are still only a dollar each.

I still have not been able to identify the mystery deposit to our bank account at the beginning of September. (Please contact me if you made this deposit.)

With Christmas coming up, don't forget that the Club still has a small supply of Club t-shirts, small metal club badges and USB devices containing some of the club's history from our first sixty years, all of which are for sale at reasonable prices. Terry.

MEMBERSHIP REPORT

The Club has currently 96 members and we were hoping to have 100 members by the end of December and we might just get there.

MOST WALKS LISTING

Paddy Taylor is once again leading the pack for the most walks done in 2020 (up until 31-10-2020). Of note is that 57 members have done a walk this year. For the 39 members who haven't yet done a walk, there are some lovely walks available in November and December so you have a chance to "get on the scoreboard". (I hasten to add that there is no obligation on any member or pressure to do any walks. I am a member of another club and it is 5 years since I have done an outing with them; but I maintain my membership with them just to stay in the loop).

1	Paddy	Taylor	23
2	Louise	Jones	22
3	Rusty	Jones	20
4	Phil	Murray	19
5	Liz	Little	18
6	Khaleel	Petrus	18
7	Terry	Silk	18
8	Jan	Nelson	15
9	Benno	Guiliani	14
10	Michele	Johns	13
11	Russ	Nelson	13
12	Greg	Endicott	11
13	Richard	Johns	11
14	Michele	Endicott	9
15	Sue	Walsh	9
16	Maria	Kerruish	6
17	Pat	Lawton	6
18	Jarrold	Sefton	6
19	Susan	Ware	6
20	Paula	Hill	5

21	Sofia	Ramsay	5
22	Janell	Sammon	5

SAFETY & TRAINING REPORT

<https://fmrqld.bwq.org.au/>

Nil to report as the FMR website hasn't been updated and there appears to be no training events scheduled for next year yet.

ABOUT PEOPLE

Karen Frederiks and Therese Nally are celebrating their birthdays in November.

Katrina and Neale Hall were interested visitors at our October meeting.

Emma Jones joined her parents and Terri Evetts brought her friend, Caro McLeod on Liz Little's Maroochy River to Stumers Creek walk.

Also, Antonia Simpson brought her friend, Geraldine Young, on Russ Nelson's East and West Creeks' walk.

Visitors are always most welcome on any of our activities.

Michele & Richard Johns and Liz Little have cancelled their respective land phone lines, so you can only contact them via mobile phones, Liz has also cancelled her Bigpond e-mail address.

PAST EVENTS

DARLINGTON RANGE - CANUNGRA 5th SEPTEMBER DAYWALK

It was a lovely spring day for our walk along the Darlington Range Road. As our group consisted of 19, and because of the Corona virus, we set off up Appel St in two groups, leaving 10 minutes apart.

Appel St got steeper the further up we went and it was not long before the bitumen ran out and we were into the bush. However, the road continued to climb. At a junction we took Darlington Range Rd and this climbed to the top of the range – after that, the walking was plain sailing.

On our right we looked down on the Canungra Showground (which was packed with campers) and looking back we could see all the new development, and the subdivision taking place in the town. As we continued along the Army Camp came into view on our left. This area was devastated by bush fires the year before; but it is now regenerating. The grass trees even managed to flower despite having been burnt

There were lovely rural scenes as we passed the various properties. Morning tea was enjoyed at the gate of one property and several of the group inspected the cattle in the yard. A group of donkeys were well photographed and admired. We also saw a couple of wallabies, heard of roosters crowing and generally enjoyed the country atmosphere.

I intended to walk to the end of the road – after that it becomes a non-trafficable track dropping to the valley below. However, about 500m from the end we were stopped by a farmer on his tractor who told me it was private property (he had signs up indicating this) and we had no right to be there. Even though I knew it was a gazetted road, I chose not to argue with him and agreed to turn back.

Lunch was enjoyed about midday on the side of the road before we began our descent of the range.

At one of the properties, we were invited into her place to admire the views. This property was evacuated twice in the bushfires. Michael Simpson got the surprise of his life when a kookaburra landed on his head and he became a star attraction and was much photographed. We said goodbye to the owner (Helen) and headed back to Canungra via a different route which took us to the tunnel. Even though the entrance is now closed several of the group managed to squeeze through the gate (even Michael managed that).

The old tram track was followed back to the town and before long we were back at the cars. Because of the Corona virus, we bought take aways and enjoyed a lovely time together in the park.

It was a relaxing walk and all seemed to enjoy the day out in the bush. I enjoyed taking the group into a new area for the Club.

Those who came along - Terry Silk, Paddy Taylor, Louise and Rusty Jones m, Russ and Jan Nelson, Michael Simpson , Karen Franklin, Michele & Richard Johns, Jonas Bernotas, Liz Little, Trevor Kelly, Maria Kerruish, Beno Giuliani, Janet Galos, Susan Ware, Khaleel Petros and myself.

I sent a short note of thanks to Helen (the property owner). She replied with a lovely letter and inviting us to call again when she would make a cup of tea and some biscuits. She was impressed with us and the walk we did.
Pat Lawton

**COOLANGATTA TO CURRUMBIN
SATURDAY 19th SEPTEMBER
DAYWALK**

A lovely walk on the Gold Coast in spring. Lots of nice views and special moments. We meet at the designated place and caught the bus down to Coolangatta. The party crossed over the Border next to Twin Towns Services Club.

But we only ventured interstate by a few metres. The plan was to venture out to the Breakwater on the Tweed River but as the Covid restrictions were still in place only people living on the "bubble" could legally walk into NSW. I think the rule was that if you went into NSW you had to travel down to Sydney and then fly back to Brisbane and spend 2 weeks in Quarantine in a hotel in Brisbane at the cost of \$3,000. So, 3 of group stayed pure and stayed in Qld whereas the 2 bubble residents did the walk down to NSW, albeit only by about 500m. We were mindful of maintaining social distancing while we ventured in the unclean environs of NSW. Anyhow the view from the breakwater was fantastic.

Our group regrouped up on the headland at Point Danger, then traipsed around the cliff-line and enjoyed views for miles out across the ocean. We spotted several whales and I always get a buzz when we see them. Then it was down to the Rainbow Bay Surf Club for coffee. You needed "id" to sign in but Terri left her driver's licence in her car. So, she and Judy had a coffee at Coolangatta Surf Club and the rest of us had coffee at Rainbow Bay.

We regrouped; then did the walk northwards along the beach. It was just wonderful ambling along the virtually deserted beach. It was just lovely with a soft breeze to keep us cool. We had lunch adjacent to the Tugun Surf Club. We gazed at the Swell Sculpture Festival which was up the usual high standard.

Jarrold, Judy & Terri left early, and Sally & I had a swim at the mouth of Currumbin Creek. Well, Sally had a swim and I waded in up to my knees. I should have gone in and made a promise to myself that next time when there is a chance of a swim, I will definitely have a swim.

Very happy to do this trip again. There is a special spot on the headland at Point Danger where you can see the beaches & headland stretched out to the north and Big Burleigh is calling you. So next year I will answer the call.

Number on trip :- 5 including 2 visitors. Phil Murray (Leader), Jarrold Sefton, Terri Evetts, Judy Ward (visitor), and Sally Donaldson (a visitor who has now joined the Club)

Temperature: 24^o

Weather: a fine sunny day,

Wind: 24kph

Distance: 12km,

Thanks to those who joined me on the walk –

Phil Murray.

**VARSITY LAKES to BROADBEACH
THURSDAY 1st OCTOBER
DAYWALK**

A great walk that was longer than expected. There was one yucky moment for Michele when she got separated from the group.

We met on the train in the first carriage as planned, except for Jarrod who met us at Varsity Lakes Train Station. We did the walk through the suburbs for about 500m, then did a loop through a patch of remnant bushland for about 15 minutes. It was the only real bush for the day. It was not the most attractive bushland I have visited but it was that day and it was nice to be surrounded by trees. We then trundled along the lakeside pathways. It was very pretty with views across Lake Orr with the Springbrook mountains in the background. The lake is about 300m wide and about 5km long. It was just delightful watching little sailing skiffs floating across the water. We also saw some black swans.

We had morning tea next to the lake adjacent to Bond Uni and we then did a detour through the campus to soak up the atmosphere and to improve our intelligence though osmosis. I think that's how osmosis works. (*osmosis is defined as the process of gradual or unconscious assimilation of ideas, knowledge, etc.*)

The group was going to visit the sports fields but the fence has been improved since our last visit and we had to be content with a view through the fence. We then arrived at the bridge to cross Lake Orr. Well, the Uni has now installed a lovely brand-new impressive gateway with a very substantial locked gate. There is a card sensor to let you through. But we were without the appropriate card and we had to rely on asking for assistance. After about 5 minutes another person let us through, well nearly all of us. Michele was still busily asking someone else for assistance about 50m from the gate; we got her attention and asked her to run, so she sprinted; well, it was least a fast jog, a very fast jog and she got there just in time to watch the gate close in front of her. She was not miffed, but rather, she was shocked and rendered speechless and obviously feeling alone & abandoned. It was reminiscent of the closing of the Berlin Wall except there were no machine guns involved. To say Michele was crestfallen was an example of a "gross understatement" (sorry for the oxymoron). We were starting to try to work out how to reconnect our group and asked Michele to swim around the wall that extended about 5m out into the lake. She wasn't overly enthusiastic about this idea. But thankfully another young student noticed her plight and casually sauntered over and rescued Michele by swiping her card against the swipe pad and the gate opened and we were instantly reunited - everyone was happy and smiling. But there were no hugs or handshakes in accordance with Covid guidelines.

Anyhow we kept trundling along, first through a subway, then a few laneways, then up along Whitehead St, then across the playing fields of Pizzey Park and then finally to Nobby's Beach. Here we turned right and headed south away from the final destination of Broadbeach. We had lunch at exactly the same picnic shelter we did last year. The plan after lunch was to head south for another 500m to ascend the hill at Nobby Headland. The mood of the group at this stage was a bit like asking kids to do their chores of "do we have to". Well, eventually the group was resigned to their fate of doing this additional bit of walking and it was well worth the effort as the views from Nobby were fantastic. It was a magic moment to just take in the view of the coast and the mountains.

We then trudged back along the beach. I say trudged as the breeze was a stiff wind of 48kph. We quickly did the 4km up to Broadbeach and caught the tram and train back home. Thanks to all who joined me on this outing.

Number on trip :- 6 - Phil Murray (Leader), Jarrod Sefton, Jan & Russ Nelson, Louise Jones and Michele Endicott.

Temperature: 26°

Weather: a fine sunny day,

Wind: 48kph (very breezy)

Distance: 16km,

Thanks to those who joined me on the walk.

Phil

**TOOLONA CREEK CIRCUIT
SATURDAY 3rd OCTOBER
DAYWALK**

A lovely walk up at O'Reilly's.

The walk was without any problems and we did it easily. I have done this walk several times before but each time I do the walk I see new things and get to like it more and more. I didn't take any photos so I have none to share.

We had morning tea at Picnic Rock and then traipsed up the track and enjoyed the views down into the creek. One of the things we did different from the plan was rather than have lunch at Wanungra Lookout we had lunch beside the creek just above Toolona Falls, it was an idyllic spot. The creek here is like a babbling brook and was just gently flowing along. It was a great day out and hope to go back soon.

Of note is that there were no leeches.

Number on trip :- 6 including 1 visitor. Phil Murray (Leader), Maria Purdie, Michele & Richard Johns, Genevieve Grassick (a visitor from Toowoomba) and Chris Burke.

Temperature: about 20^o (it was only 17^o when I got back to the car)

Weather: a fine sunny day,

Distance: 18km

Thanks to those who joined me on the walk.

Phil Murray.

**SHIPSTERN
THURSDAY 15th OCTOBER
DAYWALK**

A great walk up at Binna Burra. This is actually my favourite walk in Queensland. When I mentioned this on the walk, I received a few non-plussed looks. I gathered that many members haven't actually turned their mind to the idea of having a favourite walk, let alone made a conscious decision of what is their favourite walk. I suppose there is no need to have a favourite walk but, anyhow, Shipstern is my favourite and I am keen to sing its praises. Also, I like to do the walk in an anticlockwise direction.

The first part of the walk is through rainforest, then tall eucalyptus woodlands and eventually dry woodlands with heaps of wildflowers out. It was great. We arrived at Goorooburra Lookout, which is my favourite spot on the track, with magnificent views down through Numinbah Gap towards Mt Warning. It was just superb. There were heaps of wildflowers out; in fact, there were swathes of purple wildflowers to be precise - they were the Matchheads its botanical name is *Comesperma esulifolium*.

We were going to have lunch on the cliff top at Shipstern but it was super super hot here and we decided to keep walking to find another spot. Well, we didn't find a perfect spot and eventually just decided to have lunch on the track near Charraboomba Rock. It was a bit ordinary, but when you are hungry, it doesn't matter. In hindsight, we should have had lunch back at Goorooburra Lookout. The section after lunch was delightful going through palm groves and thick rainforest. Then there was the trudge uphill back to Binna Burra. It was a bit of a slog, in fact it was a bit like hard work but we finished in good time. We then sampled the drinks at Groom's Cottage which has been converted to be a café come bar under the name of the *Bushwalkers Bar*. I am pleased to report that the coffees and beers were excellent and the ambience was just right.

Number on trip :- 6 - Phil Murray (Leader), Jan & Russ Nelson, Liz Little, Paddy Taylor and Khaleel Petrus..

Temperature: 25^o

Weather: a fine sunny day,

Distance: 19km,

Thanks to those who joined me on the walk.

Phil

**MAROOCHY RIVER TO STUMER'S CREEK
SATURDAY 17th OCTOBER
DAYWALK**

We could not have asked for better weather for this delightful beach walk, the fourth in the *Sunshine Coast Creek to Creek Series*. Eighteen members and two visitors met at the southern end of North Shore Rd at Mudjimba and proceeded 500m south to the start of the walk, the Maroochy River. From there we walked north for the rest of the day. Morning Tea was enjoyed behind the dunes in the shady Power Memorial Park at Mudjimba. We had lunch on the top of the headland of Point Arkwright with magnificent views south along the coast. We also had a short break at a patrolled area before lunch to enjoy a dip in the ocean. The waves were not suitable for body surfing, but quite good for frolicking. The water temperature was ideal. Special thanks to Antonia and Jan and their friends who safeguarded the packs of the swimmers.

After lunch we continued on the high land on tracks of sand, cement and boardwalk for a couple of kilometres before returning to the beach to complete the final kilometre to Stumer's Creek. While the drivers completed the afternoon car shuffle, the rest of us walked to a nearby park and enjoyed take-away coffees.

Many thanks to Phil, Sue, Terri, Caro and Michele J for agreeing to an early gathering to complete the morning car shuffle before the rest of us arrived from Brisbane. We are also grateful to Terri for offering her seven-seater vehicle for a smooth afternoon car shuffle. Thanks also to Michele and Greg for reserving a parking space for the leader who arrived a little late at a crowded car park. Thanks to Iain for taking on the job of tail-end-Charlie. Thanks to all twenty walkers for their co-operation as I tried to facilitate a car shuffle of eight vehicles and also accommodate walkers of various abilities and speeds and keep track of everyone.

Members who participated were Iain Renton, Jan Nelson, Paddy Taylor, Maria Kerriush, Louise & Rusty Jones, Antonia Simpson, Sofie Ramsay, Khaleel Petrus, Terry Silk, Benno Giuliani, Michele & Greg Endicott, Sue & Phil Murray, Terri Evetts and Michele Johns, and visitors Caro McLeod and Emma Jones. Liz Little

**A TASTE OF CROQUET
WEDNESDAY 4th NOVEMBER
SOCIAL**

This was a fun morning at Toombul Croquet Club, Nundah, with mother-and-daughter team Hedi and Caroline Trask as our expert instructors for the morning. They introduced us to the basic techniques and some of the finer points of croquet. There was, as anticipated, quite an element of challenge, both mental and physical. Our group discovered how narrow and elusive those hoops are when you have to handle an unfamiliar mallet; deciding on the right direction and the exact amount of force to get the ball to its very small target. The whole experience was nevertheless really enjoyable – well worth having a go!



Afterwards, we moved down the road to Jabiru Café in Nundah Village, to debrief from our session and have a chat over a cappuccino/cool drink. Thanks to Marian, Di, Margaret, Pam, Liz, Terri, Selina and Janet for joining me on this first croquet social – and to those who have signed up for the second session on Nov 11: Andrea, Jenny & Wayne, Annette, Joe, Therese, and Louise M. Michele

**YERONGA to CITY BOTANICAL GARDENS
THURSDAY 5th NOVEMBER
DAYWALK**

A lovely, lovely, lovely walk on the south side of Brisbane along the Brisbane River. We started at Yeronga Station, then walked down through Fehlberg Park to the River. Here the party followed The Corso through Fairfield around to the Green Bridge (Eleanor Schonell Bridge) at Dutton Park to the Uni. From here, we took a ferry ride to West End at Orleigh Park, had a quick morning tea near the yacht club, then moved on to Southbank for lunch a quick swim. Finally, we headed over the Goodwill Bridge, through the gardens and finished the walk at the Coffee Club at the Riverside Centre.

There were lots of trees covered in flowers, particular the lilac flowers of the Jacaranda trees and the bright red of the Flame Trees. We had several view stops and just ambled along. We were finished early by about 2pm. Greg and Lorraine were taking lots of photos.

Number on trip :- 11 - Phil Murray (Leader), Liz Little, Paddy Taylor, Louise Jones, Michele & Greg Endicott, Sofia Ramsay, Susan Ware, Chris Burke, Joe Tottenham and Lorraine Nothling.

Temperature: 32^o

Weather: a fine sunny day, but there was a thunderstorm after the walk was completed

Distance: 14km

Thanks to those who joined me on the walk.



Paddy, Susan, Phil, Michele, Chris, Liz, Louise, Lorraine, Sophia & Joe



*City Of Brisbane From The Goodwill Bridge
Photos By Greg*



The Three Amigos – Joe Phil & Greg

Phil

AROUND THE RIDGES

NAIDOC WEEK

***Always Was, Always Will Be.
8th to 15th NOVEMBER***

Recognises that First Nations people have occupied and cared for this continent for over 65,000 years.

Always Was, Always Will Be.

Always Was, Always Will Be. recognises that First Nations people have occupied and cared for this continent for over 65,000 years. We are spiritually and culturally connected to this country.

This country was criss-crossed by generations of brilliant Nations.

Aboriginal and Torres Strait Islander people were Australia's first explorers, first navigators, first engineers, first farmers, first botanists, first scientists, first diplomats, first astronomers and first artists.

Australia has the world's oldest oral stories. The First Peoples engraved the world's first maps, made the earliest paintings of ceremony and invented unique technologies. We built and engineered structures - structures on Earth - predating well-known sites such as the Egyptian Pyramids and Stonehenge.

Our adaptation and intimate knowledge of Country enabled us to endure climate change, catastrophic droughts and rising sea levels.

Always Was, Always Will Be. acknowledges that hundreds of Nations and our cultures covered this continent. All were managing the land - the biggest estate on earth - to sustainably provide for their future. Through ingenious land management systems like fire stick farming we transformed the harshest habitable continent into a land of bounty.

NAIDOC Week 2020 acknowledges and celebrates that our nation's story didn't begin with documented European contact whether in 1770 or 1606 - with the arrival of the Dutch on the western coast of the Cape York Peninsula.

The very first footprints on this continent were those belonging to First Nations peoples.

Our coastal Nations watched and interacted with at least 36 contacts made by Europeans prior to 1770. Many of them resulting in the charting of the northern, western and southern coastlines – of our lands and our waters.

For us, this nation's story began at the dawn of time.

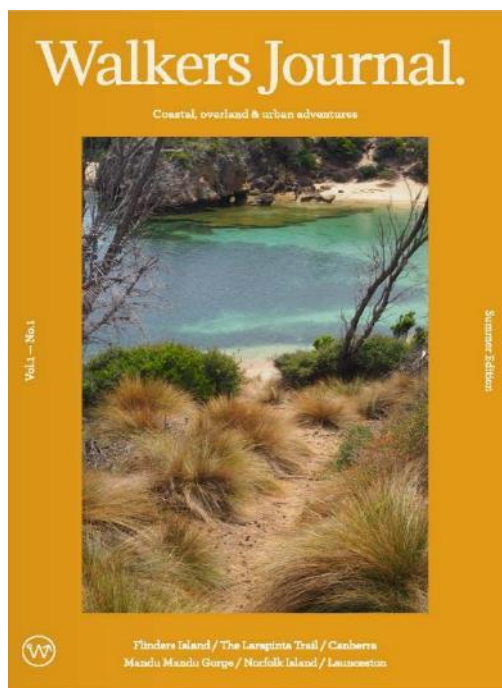
NAIDOC 2020 invites all Australians to embrace the true history of this country – a history which dates back thousands of generations.

It's about seeing, hearing and learning the First Nations' 65,000+ year history of this country - which is Australian history. We want all Australians to celebrate that we have the oldest continuing cultures on the planet and to recognise that our sovereignty was never ceded.

Always Was, Always Will Be.

WALKERS JOURNAL

A new magazine is to be published called the Walkers Journal.



The authors/publishers are Tom Bodycomb and Tamsin O'Neill. They are looking for subscribers. The website states that - *Walkers Journal is a digital and print publication that will produce engaging articles for people who are passionate about nature, exploration, food and architecture. It will feature walks along coasts, through mountains and in cities. Walkers Journal will showcase some of the country's iconic walks as well as some of the lesser known.*

See their website at : <https://www.pozible.com/profile/walkers-journal>

The website looks interesting and the proposal sounds legit and they are touting for people to become subscribers. But I am not in position to vouch for them but it looks good and I hope it succeeds and that they get it published.

BINNA BURRA UPPER CARPARK

There are now signs and a parking attendant at the end of the Binna Burra road where there is the parking, toilets, teahouse and entrance to the walking tracks. There is no long-term parking; only 2-hour parking 7am-6pm. These are the signs at the top carpark. Persons staying longer than 2 hours have to park down below the cliffs and take a shuttle bus up to the top.

HISTORY OF THE TERM “BUSHWALKING”

The Club is called a “**bushwalking**” Club. For some, the word is self-explanatory. For others, it is a rather vague term and it raises the issue of why not use the word *hiking*. For some, bushwalking is a contentious word. In fact, the word *bushwalking* has a very recent origin.

The word ‘bushwalking’ or ‘bushwalker’ is included in the **Macquarie Dictionary**.

Bushwalking *n*, the sport of making one’s way on foot through the bush, often on tracks designed for this but sometimes for longer periods through virgin terrain

By way of comparison, the word “bushwalking” is not even mentioned in the Oxford Dictionary.

In many overseas countries, other words are used to describing this type of activity; namely “hiking” in the United States, “tramping” in New Zealand, “rambling” in the United Kingdom and “hillwalking” in Ireland and also the United Kingdom.

Many older established bushwalking Clubs in Victoria and Tasmania still use the word “Walking” rather “Bushwalking” in their name. For example, - **The Melbourne Walking Club** (MWC) was founded in 1894 and is the oldest walking club in Australia; and is still doing well and uses the term ‘walking rather than Bushwalking in their name. <http://www.melbournwalkingclub.org/>

The major bushwalking club in Tasmania is called the **Hobart Walking Club** and is the oldest and largest bushwalking club in Tasmania. Established in 1929, it now has well over 800 members. <http://www.hobartwalkingclub.org.au/> To muddy the waters about the appropriate term to use, The Hobart Walking Club have an excellent journal that they publish every 2 years and it called the “**Tasmanian Tramp**”.

<http://www.hobartwalkingclub.org.au/Publicinfo/PublicationsSales.html>

Our sister Club in Melbourne is called the Catholic Walking Club of Victoria. We have strong links with this club and have done several joint walks over the years. <http://www.catholicwalkingclubvic.org.au/> They have an excellent magazine they issue each month and it is called *The Catholic Walker*.

Our sister Club in Auckland is called the “**Auckland Catholic Tramping Club**”. As an aside, it should be noted we have never done any joint walks with them. <http://www.actc.org.nz>

Our sister club in London England is called St **Francis of Assisi Catholic Ramblers Club**. <http://www.stfrancisramblers.ukwalkers.com/>. We have never done any walks with them as far as I know. But the next time in London I hope to go on a walk with them.

In the British Isles, hillwalking or fellwalking is the recreational outdoor activity of walking on hills and mountains, often with the intention of visiting their summits.

<https://www.definitions.net/definition/hillwalking>

Several clubs in England and Scotland use hillwalking in their name; for example, **Nevis Hillwalking Club** <http://www.nevishillwalking.club/>

It is noted that one of the hiking Clubs in New York USA is called the **New York Ramblers** <https://www.nyramblers.org/> Its slogan is “Exploring New York, New Jersey and Beyond since 1923”. Its website asks people to join the New York Ramblers “**hiking club**” and discover some of the most delightful hiking trails in the greater New York City area. Their weekly hikes are usually:

- Sundays
- 14-18 miles long in 8-9 hours #
- accessible by public transportation
- within 50 miles of NYC
- For Serious Hikers

I note that the walking distance mentioned above is very impressive, 14 to 18 miles is equivalent 22 to 28 kilometres. That distance is very long and perhaps it is listed as such to scare away the faint of heart. They also state “*Sorry, but our hikes are not for everyone. We hike at a brisk pace. We hike all day long. If this isn’t you, please consider a group with shorter hikes and beginner hikes.*” As an aside, for a current walk with the N.Y.R. to be held on 7/11/2020, I noted that due to the Covid concerns that the comment was made “*Participants must wear masks for duration of hike and maintain social distancing to maximum extent possible.*” I don’t think I could do a walk with a face mask on.

A good discussion about the history of bushwalking in Australia is in the book “*The ways of the Bushwalker: On foot in Australia*” by Melissa Harper which has just been re-published this year. She canvassed the issue of the derivation of the word “bushwalking” (see page 201 1st Ed) and noted that the word bushwalking has a very recent history and was mainly derived in the Sydney area and then spread out across Australia. The impetus was that several walking Clubs existed in the period from the 1890s until the 1920’s around Sydney - like the Mountain Trails Club and the Warragamba Walking Club; but the walks done by these clubs rarely stayed out overnight in the bush and, if they did, stayed overnight it was in hotels or houses. They usually did genteel walks along roads in country areas, whereas the ‘*real walkers*’ did walks in the bush in untracked country and camped overnight. Hence, the word “bushwalking” came to mean something different to a walk in the country.

A leading bushwalker of the day, a man named Myles Dunphy, pushed for the foundation of a new club. He suggested the name of the club to be the **Sydney Bush Walkers Club** (SBW). That club was founded in 1927 and the name bushwalkers was propelled into general awareness and usage. It is noted that there is a slight anomaly as the Sydney Bush Walkers uses the term “bush walkers” as 2 words not one word. <https://www.sbw.org.au/>

Also, the word bushwalking was used as a matter of distinction from hikes which came to mean something different in the 1930’s. During the 1930’s there was a huge upsurge of large hiking activities pushed by local newspapers. These hikes were very popular with hundreds attending the walks/hikes and have similarities to modern day events like the Bridge to Brisbane or the Gold Coast Marathon events where hundreds and thousands of people participated in these activities. These hikes in the 1930’s were advertised as ‘mystery hikes’ or as a ‘hiking party’ and many people used them as an excuse to dress up and act silly. The Sydney Bush Walkers Club took a stand against the rising use of the term ‘hikers’ or ‘hiking’ to describe what their club did and who they were. They saw that hikers were not ‘real’ bushwalkers, but some sort of frivolous party time and as a form of mass market tourism <https://lotsafreshair.com/2019/08/09/history-of-bushwalking-2/>

The disdain for the use of word “hikes” has permeated most bushwalking clubs and, even today, you will hear the old hands refer to a trip and say that is a “real walk” and, as an observation, is that rarely use the term “hiking” in the Club. The views against the use of the word *hiking* have started to mellow somewhat, but have not completely dissipated and you will occasionally hear leaders in the Club refer to “real walks” and a walk for the “purists”. In fact, I recently heard the term ‘purist’ used on a beach walk up at Maroochydore where the “purists” were invited to do the extra distance from the carpark down to the mouth of the river to ensure we walked from creek to creek.

The majority of members may not even be aware that there is an issue about “real walks” and that there are actually bushwalking “purists” until something is said about a particular trip is a real walk. Initially, I was puzzled when I heard “old hands” refer to “real walks” but I have seen the light and I am pleased to report that I have joined the traditionalists and I say long live the “purists” and doing “real bushwalks”. Phil

YOUR COVID SITES

QR Codes: Some privacy problems

<https://www.abc.net.au/news/2020-10-31/covid-19-check-in-data-using-qr-codes-raises-privacy-concerns/12823432>

Qld Covid Sites:

<https://www.covid19.qld.gov.au/>

Current Restrictions:

[Public Health \(Further Extension of Declared Public Health Emergency–COVID-19\) Regulation \(No. 5\) 2020¹](#) .

<https://www.covid19.qld.gov.au/government-actions/roadmap-to-easing-queenslands-restrictions>

Roadmap:

https://www.covid19.qld.gov.au/data/assets/pdf_file/0016/127150/DPC7309-COVID-19-Restrictions-roadmap.pdf?nocache-v11

Symptoms & Testing Centres:

<https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/stay-informed/testing-and-fever-clinics>

Border Restrictions:

<https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/current-status/public-health-directions/border-restrictions>

<https://www.qld.gov.au/border-pass>

<https://www.covid19.qld.gov.au/government-actions/border-closing/map>

The Stages To Recovery

https://www.covid19.qld.gov.au/government-actions/roadmap-to-easing-queenslands-restrictions#_stage-5

Going out, Travel & Recreation

<https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/current-status/public-health-directions/movements-gatherings>

ABC Coronacast News

<https://www.abc.net.au/radio/programs/coronacast/>

Corona & Long-Term Health Effects

<https://www.abc.net.au/news/health/2020-07-31/coronavirus-long-and-medium-term-health-effects/12499436>

<https://www.abc.net.au/news/2020-10-01/uk-long-covid-19-survivors-form-group-to-discuss-symptoms/12701112>

Mass at the Cathedral

<https://brisbanecatholic.org.au/multimedia/web-cast-schedule/>

<https://brisbanecatholic.org.au/multimedia/on-demand-web-casts/>

<https://brisbanecatholic.org.au/multimedia/web-cast/>

Who Has Corona?

<https://www.youtube.com/watch?v=m5R0UHGH8vA>

<https://www.youtube.com/watch?v=77ooXdkXqPU>

Social Distancing

[https://www.google.com.au/search?hl=en&authuser=0&tbm=isch&sxsrf=ALeKk00ZzNBLKcq cD2zsil9iN5cPRcRODQ%3A1601688026049&source=hp&biw=1920&bih=937&ei=2tF3X4OcAf 3G4-](https://www.google.com.au/search?hl=en&authuser=0&tbm=isch&sxsrf=ALeKk00ZzNBLKcq cD2zsil9iN5cPRcRODQ%3A1601688026049&source=hp&biw=1920&bih=937&ei=2tF3X4OcAf 3G4-EP7eqO2AU&q=abby+road+crossing+covid+meime&oq=abby+road+crossing+covid+meime &gs_lcp=CgNpbWcQDDoECCMQJzoFCAAQsQM6AqgAOggIABCxAXCDAToGCAAQBRAeOg YIABAIEB46BggAEAoQGFDzC1j5V2DPeGgAcAB4AIABvQGIAZljkqEEMC4zMJgBAKABAaoB C2d3cy13aXotaW1n&sclient=img&ved=0ahUKEwiD8dPuoJfsAhV94zqGHW21A1sQ4dUDCAc #imgrc=u39QiUZ3qCgEqM)

[EP7eqO2AU&q=abby+road+crossing+covid+meime&oq=abby+road+crossing+covid+meime &gs_lcp=CgNpbWcQDDoECCMQJzoFCAAQsQM6AqgAOggIABCxAXCDAToGCAAQBRAeOg YIABAIEB46BggAEAoQGFDzC1j5V2DPeGgAcAB4AIABvQGIAZljkqEEMC4zMJgBAKABAaoB C2d3cy13aXotaW1n&sclient=img&ved=0ahUKEwiD8dPuoJfsAhV94zqGHW21A1sQ4dUDCAc #imgrc=u39QiUZ3qCgEqM](https://www.google.com.au/search?hl=en&authuser=0&tbm=isch&sxsrf=ALeKk00ZzNBLKcq cD2zsil9iN5cPRcRODQ%3A1601688026049&source=hp&biw=1920&bih=937&ei=2tF3X4OcAf 3G4-EP7eqO2AU&q=abby+road+crossing+covid+meime&oq=abby+road+crossing+covid+meime &gs_lcp=CgNpbWcQDDoECCMQJzoFCAAQsQM6AqgAOggIABCxAXCDAToGCAAQBRAeOg YIABAIEB46BggAEAoQGFDzC1j5V2DPeGgAcAB4AIABvQGIAZljkqEEMC4zMJgBAKABAaoB C2d3cy13aXotaW1n&sclient=img&ved=0ahUKEwiD8dPuoJfsAhV94zqGHW21A1sQ4dUDCAc #imgrc=u39QiUZ3qCgEqM)

Australian Forgotten History

<https://www.youtube.com/watch?v=kZ8P01ILOeY>

Breakfast TV:

<https://www.sbs.com.au/nitv/article/2020/10/14/sbs-nitv-are-celebrating-naidoc-new-morning-show>

PREVIEW

SATURDAY 2nd JANUARY

WARRIE CIRCUIT
& THE PINNACLE

DAYWALK

Leader: Phil Murray Ph: 5522 9702 or 0416 650 160
Meet at #1: St Brigid's Carpark
Time #1: 6:30am
Meet at #2: Exit 79 on M1 (Pacific H'way) at Hungry Jacks Mudgeeraba
Time #2: 7:30am
Distance 17km
Grade L35
Web: <https://www.alltrails.com/trail/australia/queensland/warrie-loop-trail>
Emerg Off: Susan Ph: 0420 510 214

This is a wonderful walk up at Springbrook. It is mainly through rainforest, with patches of brush box forest, eucalypt woodland and montane heath. There are several lookouts with lovely views. Plus, there are plenty of waterfalls and rainforest creeks. The walk is about 17km long. You will start at Canyon Lookout walk the circuit in a clockwise direction. Lunch is at *The Meeting of the Waters*. After lunch there is an elevation gain of about 350m, so it might be a bit warm on the uphill section.

If we are making good time, there is lovely waterhole at Twin Falls for those who want to have a quick swim. It is a bit of bother getting changed, then getting in to have a swim; but I always regret it later if I don't make the effort. So, I recommend that people make the effort to have a swim.

Bring the usual daywalk stuff. I hope to finish walking by 3ish. Phil



SUNDAY 3rd JANUARY MITCHELTON FARMER'S MARKET BREAKFAST SOCIAL

Leader: Greg Endicott Ph: 3351 4092
Time: From 7.30am
Meet at: Cnr Blackwood Rd and Grovely Tce
Cost: Free – except for what you buy
Location: Mitchelton – Blackwood Rd, between Grovely Tce and Samford Rd
Web: <http://www.janpowersfarmersmarkets.com.au/mitchelton-farmers-markets/>
Emerg Off Greg Ph: 0418 122 995 **Bring this number with you**

The first Sunday of every month from 6am to 12 noon.

“Markets were the heart and soul of cities of old. They were where families connected, where the city met and mingled, argued and loved; and the farmers markets are the modern day incarnation of this, therefore, they are at the heart and soul of Brisbane.” Jan Power

Connect with your neighbours and friends when the Jan Powers Farmers Markets Mitchelton roll out the welcome mat and take over the neighbourhood on the first Sunday of every month.

The roads surrounding Blackwood St, Mitchelton are closed to traffic and filled with savvy shoppers snapping up the fresh and fabulous fare. Acoustic musicians set the mood for a laidback Sunday morning as local providers and regional farmers offer an array of homegrown produce and handmade goodies to dedicated and loyal market shoppers.

Fill your green bags with locally grown fruit and vegetables, quality meat and sustainable seafood, freshly baked bread and pastries, artisan deli lines and pantry items from spices to spelt flour.

Fuel up with a smooth coffee, sate your appetite with a satisfying snack or a hearty meal and wind down with a sweet treat from one of the many friendly food vendors on-site.

The country-meets-community vibe makes for a perfect Sunday outing for the entire family.

Foodie, commentator and city doyenne Jan Power founded Brisbane's first farmers market more than 30 years ago, indelibly changing the city's landscape and setting in motion a food revolution. Jan's initial markets concept grew from her passion for fresh produce and her long-standing commitment to supporting farmers and their livelihoods.

They changed the consumer habits of Brisbane residents by presenting them with greater choice, introducing them to farmers and producers and educating them on mindful and sustainable shopping.

Jan grew up on a farm in Stanthorpe, was educated in Brisbane, trained as a cook in London, and forged a name as Brisbane's first true foodie. She was a former food editor at The Courier-Mail, a regular guest on television programs and often contributed to radio segments in Brisbane and beyond.

Jan's vision was to offer more than just premium quality fresh food at each market. She was adamant each Farmers Market would also connect shoppers with farmers, showcase the diversity of food grown and created locally and offer a feel-good, grassroots experience with a welcoming sense of community.

Markets were more than a business to her; they were a passion, a calling that ran in her family's blood. Jan's great-grandfather and pre-eminent Brisbane businessman, politician and philanthropist, T C Beirne, ran market stalls in Fortitude Valley in the early 1900s.

THURSDAY 7th JANUARY BRIDGES OF BRISBANE DAYWALK

Leader: Phil Murray Ph: 5522 9702 or 0416 650 160 or philmurray16@gmail.com

Meet at: St Stephen's Cathedral Park, Near the stairs next to the chapel
249 Elizabeth St

Time: 8:00am (to be confirmed)

Cost: free

Grade: M22

Distance: 11km

Web: <https://www.openstreetmap.org/#map=15/-27.4673/153.0354>

Emerg Off: Sue Murray Ph: 0420 510 214

The party will meet at St Stephen's and do a long loop of the walkways beside the river. There is a ferry trip up to Sydney Str in New Farm. The old City Hopper service was discontinued in July, so hopefully the new KittyKat ferry's will be in service by January. The service is meant to recommence in November.

We will catch the Ferry at 8:13am from Riverside to the Sydney Street Ferry Terminal and walk back towards the City, then up through the Botanical Gardens. Now we cross the river via the Goodwill Bridge. The group will have a short break for a quick coffee, tea or hot chocolate at Brendan's Café on the Goodwill Bridge.

We will then meander through Southbank and cross the Victoria Bridge; then along North Quay to the Kurilpa Bridge. Soon we cross the Go Between Bridge, then back along the William Jolly Bridge and along Southbank for lunch and a swim. Some may wish to take an early mark.

The stayers will then head back across the Goodwill Bridge and make a detour up through the Gardens to Old Government House for a spot of culture to see the William Robinson Gallery. We will spend about 30 minutes to look at the exhibition and enjoy the air conditioning.
<https://www.wrgallery.qut.edu.au/whats-on/exhibitions/william-robinson-by-the-book>

Now for a quick amble down through The Gardens and find a spot for a coffee or cold drink. Phil

HOW WE ORGANISE OURSELVES

OUTINGS

(a) Always read the Jilalan article to check the departure point, date and time.

(b) Walk departures are usually from Red Hill Parish Hall, 78 Musgrave Rd. Check "Jilalan" to determine the location to be sure.

(c) The Club will usually organise transport for each outing, but you must nominate in advance to the leader. Contacting someone else may lead to your nomination becoming “lost”. Nominations should preferably be made by the Wednesday night prior to the activity so that transport etc. can be arranged. Note that nominations for some walks may close well in advance of this. Late nominations may not be accepted.

(d) Walkers are responsible for their own transport to and from the departure point.

(e) Walks are rarely cancelled – if they are, all nominees will be notified. Do not presume that outings are cancelled – ie, because of bad weather.

(f) Should you change your mind and decide not to come to a Club event, please notify the leader as soon as possible.

(g) If you are running late for the departure point, ring the Emergency Officer, or if the leader shows a mobile phone number, phone the leader.

All visitors must sign an Assumption of Risk form for insurance purposes.

VISITORS – for general enquiries contact Greg on Ph: 3351 4092.

GENERAL MEETINGS: Meetings are held on the 3rd Monday of every month, at 7:30pm. The location is St Michael’s Parish Hall, Banks St, Dorrington. The hall is on the terrace below the church, out of sight – drive down to the lower car park.

VISITORS are always welcome.

EMERGENCY OFFICER: If you have not returned from an outing by 9:00pm, your family may ring the Emergency Officer (Or “EO” or “Emerg Off”) for that outing – but please they are not to panic. If the EO is not mentioned, ring either the President or Vice President. IF any action is to occur, the Club will arrange it.

<https://fmrqld.bwq.org.au/bushwalkers-overdue/>

PERSONAL EQUIPMENT: The Club requires that all walkers on all trips should carry certain minimal basic equipment. This should comprise the following – medical information form, a first aid kit, a torch, a parka/raincoat, hat, shirt, 50+ sunscreen and at least 2 litres of water. Leaders may require that walkers carry other equipment. Advice of this will be given in Jilalan and/or by the leader.

MEMBERSHIP FEES - Membership Subscription fees are:

Ordinary Members: \$20; Associate Members: \$16; Spouse Members - Ordinary: \$20; Spouse Members – Associate: \$16; Country: \$20.

Fees cover the period 1st January to 31st December. There is an additional \$25 cost for Ordinary and Associate Members who elect to receive a printed Jilalan with the exception of Life & Honorary Members. Payment of fees can be made to the Treasurer.

Pro-rata amounts apply to new members if you join during the year.

WARNING: All persons, adult or child, member or visitor, undertakes all activities of the Club at their own risk.

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For specific enquiries, contact the committee member (from above) concerned.
For Outings or Socials, contact the leader shown in the calendar or article.

Cover, - <https://discoverrichmondvalley.com.au/wp-content/uploads/2018/08/Dirawong-Reserve-Walking-Tracks.pdf>

Back Cover: <https://www.designboom.com/design/social-distancing-album-covers-the-beatles-abbey-road-activista-03-24-2020/>

EDITOR'S NOTE

- # The views expressed in Jilalan are not necessarily those of the Editor or of the Management Committee of the Brisbane Catholic Bushwalking Club.
- # As Editor, I reserve the right to alter, amend, move, shorten or not print articles.
- # If you "borrow" any words or image from another source, please acknowledge that source – author, publication, issue, date, publisher.
- # Look at last month's Jilalan and copy that format – especially the "headings" in Comings
- # Type your article as a Word document, then attach it to the e-mail. A4 please, not in Columns.
- # Type Face is "Arial", Font Size is "12", though Date, Name of Event & Type are "14"
- # I need your articles on time – it makes it hard to fit in articles when I have started formatting.
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What happens when you forget your mask?